

OFFERED DAILY BREAKFAST

Berry Banana Yogurt Smoothie & Pretzels
Tropical Fruit Yogurt Smoothie & Pretzels
Pork Sausage Links with French Toast & Syrup
Turkey Sausage Breakfast Pizza
Homemade Breakfast Sandwich
pork sausage/egg/cheese/english muffin
Homemade Burritos
chicken & rice
pork sausage/egg/cheese/potato
egg/cheese/potato
Peanut Butter & Jelly Uncrustables Sandwich
Breakfast Bars
Pan Dulce
Pop Tart & String Cheese
Yogurt Parfait with Granola

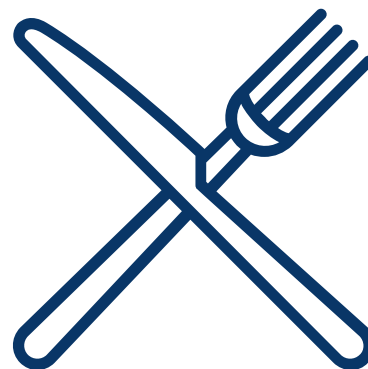
LUNCH

SPECIAL OF THE DAY (see back page)
Orange Chicken Rice Bowl
Domino's or Papa John's Pizza
Hamburger/Cheeseburger with Fries
Spicy Chicken Burger with Fries
Chef Salad
Asian Chicken Wrap
Chinese Chicken Salad
Homemade Turkey Sandwiches
Spicy Chicken Wrap
PB & Jelly Uncrustables Sandwich
Yogurt Parfait with Fruit & Granola

SIDES & BEVERAGES

1% Low-fat Unflavored Milk or Fat-free
Chocolate Milk
100% Fruit Juice
Assorted Fruits
Assorted Vegetables (lunch only)

Menu subject to change based on product availability.



**2022-2023
GGUSD**

**HIGH SCHOOL
MENU**

DAILY LUNCH SPECIALS

MARCH 2023

MON

TUES

WED

THURS

FRI



1
Bacon Western
Cheeseburger
Assorted Chips
BBQ Sauce

2
General Tso Chicken
Fried Rice
Chocolate Chip Cookie

3
Seasoned Popcorn Chicken
Waffle Cut Fries
Sweet Chili Sauce
Chocolate Chip Cookie

6
Chicken Fillet Sandwich
Pickles
Cherry/Lime Italian Ice Cup

7
Chicken Alfredo with
Penne Pasta
Garlic Knot Roll

8
Buffalo Chicken Wings
Ranch Dressing
Dinner Roll

9
Spaghetti with Meat Sauce
Cheesy Bread Stick

10
Macaroni & Cheese
Chocolate Chip Cookie

13
General Tso Chicken
Fried Rice
Chocolate Chip Cookie

14
Teriyaki Chicken with Garlic
Noodles
Topped with Scallions

15
Bacon Western Cheeseburger
Assorted Chips
BBQ Sauce

16
Tuscan Chicken Pasta
Cheesy Breadstick

17
Breaded Chicken Bites
Crinkle Cut Fries
Special Dipping Sauce

20
Chicken Fillet Sandwich
Pickles
Cherry/Lime Italian Ice Cup

21
Chicken Alfredo with
Penne Pasta
Garlic Knot Roll

22
Seasoned Popcorn Chicken
Waffle Cut Fries
Sweet Chili Sauce
Chocolate Chip Cookie

23
Spaghetti with Meat Sauce
Cheesy Bread Stick

24
Macaroni & Cheese
Chocolate Chip Cookie



28

29

30

31

Spring Break



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This institution is an equal opportunity employer and provider.



Adult/Ala Carte
Breakfast: \$3.00
Lunch: \$5.00

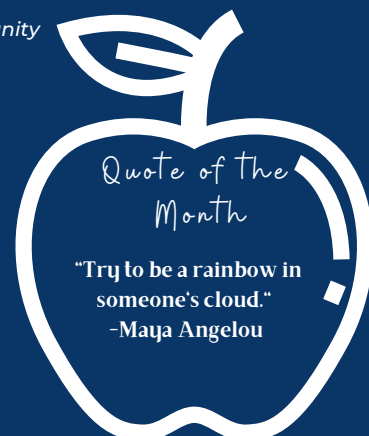


Scan QR code to
download menu



Meals are available for all
GGUSD students at no cost.

For more information about our menus, please visit:
gardengrove.healtheliving.net



Quote of the
Month

"Try to be a rainbow in
someone's cloud."
-Maya Angelou