



March 2024

GO GREEN APPLE CART CAFE

REVISED

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



BRING YOUR
Own
bowl or plate
SCAN THE QR CODE
FOR MORE INFO



Soup:
Tortilla Soup

Entrée:
Grilled Cheese,
Apple & Fig Jam Panini
Assorted Salads &
Sandwiches

Salad:
Southwest
Soup:
Red Lentil

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Entrée:
Beef Sliders (2) with Melted
Cheese, Shredded Lettuce,
Grilled Onions and Mushrooms
w/ Seasoned Potato Wedges

Salad:
Italian Pasta
Soup:
Albondiga

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Entrée:
Homemade Chicken
& Rice Burrito
Served with Pico de Gallo,
Spanish Rice, Refried Beans
& Tortilla Chips

Salad:
Chicken Waldorf
Soup:
Pasta Fagioli

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Entrée:
Teriyaki Chicken Bowl
Steamed White Rice, Broccoli
and Carrots, Teriyaki Sauce
and a Fortune Cookie

Salad:
The Apple Cart
Soup:
Moroccan Chicken &
Butternut Squash

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Entrée:
Cheese Enchiladas (2)
Served with Refried Beans,
Spanish Rice and Red Salsa

Soup:
Tortilla Soup

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Entrée:
Grilled Cheese,
Apple & Fig Jam Panini
Assorted Salads &
Sandwiches

Served Daily

Sandwiches: Tuna Salad, Egg Salad, Veggie,
Turkey & Cheese, Grilled Cheese, Turkey Wrap

Salads: Chef Salad, Classic Spinach, Signature Green, Taco Salad
Soup: Tortilla Soup



Parfait: Vanilla Yami Yogurt (Lactose Free)
with Berries & Granola - **\$6.25**



**All entrees are
\$7.00 unless
indicated.**

**Iced Tea Included with
Purchase of an Entrée**

Café Pricing:

Soup bowl: \$5.50 Soup Cup: \$4.00
Whole Sandwich: \$5.00 1/2 Sandwich: \$3.50
Regular Salad: \$6.50 Petite Salad: \$5.50
Soda, Water or Iced Tea: \$1.00
Chips: \$1.00 Cookies (pack of 2): \$1.00

Salad:

BBQ Chicken

Soup:

Wasatch Mountain Chili

Entrée:

Spaghetti w/ Meat or
Marinara Sauce w/ Small
Green Salad & Garlic Bread

11**Salad:**

Chinese Chicken Salad

Soup:

Italian Minestrone

Entrée:

Cuban Pork & Ham Sub
on a Grilled French Roll
with Mustard & Pickles and
Melted Mozzarella Cheese

12**Soup:**

Tortilla Soup

**Entrée: \$8.50**

Chicken Pho
Served with Fresh Herbs, Bok
Choy, Sliced Jalapeños, Hoisin
Sauce & Sriracha Chili Sauce

13**Salad:**

Santa Fe

Soup:

Golden Squash Soup

Entrée:

Breakfast for Lunch
Potato, Sausage or Bacon Burrito
Filled with Egg & Cheese
& Iced Coffee

14**Soup:**

Tortilla Soup

Entrée:

Grilled Cheese
Apple & Fig Jam Panini
Assorted Salads &
Sandwiches

15**18**

Spring Break

**19****20****21****22****Salad:**

Tri-Salad

Soup:

Beef Barley

Entrée:

Arroz con Pollo
Steamed Vegetables
and a Dinner Roll

25**Salad:**

Asian Chicken Slaw

Soup:

Navy Bean Soup

Entrée:

Beef Taco and Chicken Fajita Taco
Spanish Rice and Refried Beans
Served with Red Salsa

26**Salad:**

Classic Mexican
Summer with Lime Dressing

Soup:

Asian Soup

Entrée:

General Tso Chicken
Served with Brown Rice
and Steamed Veggies
& a Fortune Cookie

27**Salad:**

Cranberry Chicken
Salad on a Ciabatta Bread

Soup:

French Onion

Entrée:

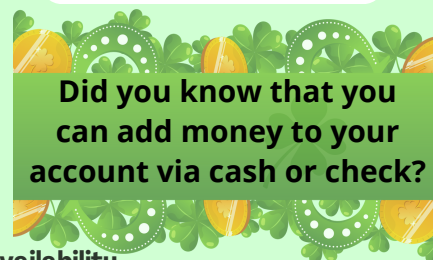
Tuscan Chicken with Rotini Pasta
Chicken Breast, Cherry
Tomatoes, Spinach, Heavy Cream
Served with Cheese Breadstick

28**Soup:**

Tortilla Soup

Entrée:

Grilled Cheese
Apple & Fig Jam Panini
Assorted Salads &
Sandwiches

29

This institution is an equal opportunity provider. Menu is subject to change depending on product availability.