OFFERED DAILY

SPECIAL OF THE DAY (see calendar menu)

SANDWICHES:

Tuna Salad Egg Salad Veggie Turkey & Cheese Grilled Cheese Turkey Wrap

SALADS:

Chef Salad Classic Spinach Signature Green Taco Salad

SOUP: Tortilla

PARFAIT: Vanilla Yami Yogurt (Lactose Free) with Berries & Granola - \$6.50

SMOOTHIE: Freshly Made 12 oz Strawberry Banana Smoothie \$4.50





Menu subject to change based on product availabilty.









APPLE CART CAFE MENU



DAILY LUNCH SPECIALS



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MON	TUES	WED	THURS	FRI
3 Soup: Tortilla Salad: Santa Fe Entree: Cajun Blackened Chicken Sandwich or *Protein Style Served with Cheese Bread and Side of Potato Salad	4 Soup: Chicken Noodle Salad: Italian Pasta Entree: Homemade Chicken & Rice Burrito Served w/ Pico de Gallo, Rice, Refried Beans & Tortilla Chips	5 Soup: Tortilla Salad: Grilled Corn w/Tomato & Bulgur Entree: Apple Cart Beef Sliders (2) with Cheese, Lettuce, Tomato, Grilled Onions, Mushrooms & Potato Wedges	Mashed Potatoes, Glazed Baby	7 Soup: Tortilla Apple, Cheese & Fig Jam Panini Assorted Salads and Boar's Head Deli Meat Sandwiches Gluten Free Bread available upon request
10 Soup: Tortilla Salad: Arugula, Dried Cranberry, Grape w/ Feta Cheese Entree: Arroz con Pollo Steamed Vegetables Served with Dinner Roll	11 Soup: Minestrone Salad: Chinese Chicken Entree: Bone-In Chicken Wings w/ BBQ or Buffalo Sauce, Potato Salad, Celery and Carrot Sicks w/ Ranch Dressing & Mini Carrot Cake	Served w/ Bok Choy, Basil, Green Onions, Lime, Cilantro, Jalapeños,	13 Soup: Tortilla Salad: Cobb Entree: Breakfast for Lunch Potato, Sausage or Bacon Burrito Filled w/ Egg and Cheese Served w/ Iced Coffee	14 Soup: Tortilla Apple, Cheese & Fig Jam Panini Assorted Salads and Boar's Head Deli Meat Sandwiches Gluten Free Bread available upon request
17 St. Patrick's*		19" ICI BI		21
24 Soup: Tortilla Salad: Chinese Chicken Entree: General Tso Chicken Served with Chow Mein, Steamed Veggies and a Fortune Cookie	25 Soup: Toscana Salad: The Apple Cart Entree: Baked Potato Choice of Steamed Broccoli, Carrots & Cheddar Cheese or Chili with Beans & Green Onions	26 Soup: Tortilla Salad: Broccoli Entree: Pork Chile Verde Served with 2 Corn Tortillas Side of Refried Beans & Spanish Rice	27Soup: Italian Wedding Salad: Chicken Waldorf Entree: Garlic Chicken with Broccoli and Spinach Served w/ Rotini Pasta & Texas Toast	28 Soup: Tortilla Apple, Cheese & Fig Jam Panini Assorted Salads and Boar's Head Deli Meat Sandwiches Gluten Free Bread available upon request
31 Soup: Tortilla Salad: Winter Fresh Entree: Chicken Parmesan with Herbed Noodles, Side Salad & a Bite Size Brownie				
Café Pricing: Soup Bowl: \$5.50 Soup Cup: \$4.00 Whole Sandwich: \$6.50	Scan QR code to download menu	oppol	nstitution is an equal rtunity employer and provider.	All entrees are \$7.00 unless
1/2 Sandwich: \$3.50 Regular Salad: \$6.50 Petite Salad: \$5.50 Soda, Water or Iced Tea: \$1.00	For more i	Did you know that you can add money to your account via cash or check? nformation about our menus		indicated. Iced Tea or Spa Water Included with Purchase of an Entrée

For more information about our menus, please visit: gardengrove.healtheliving.net.

Chips: \$1.00