

Nutrient Detail Report

Organization: Garden Grove USD

Session: 2023-24 School Year

Menu: 2023-2024 Elementary Lunch Menu

Number Source: Planned

Dates: 05-01-2024 to 05-31-2024

Nutrient Summary

Date(s): 05-01-2024 to 05-31-2024

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	615.076		600 min / 650 max	Pass		
Protein (g)	25.535	16.606%				
Total Fat (g)	17.833	26.094%				
Saturated Fat (g)	5.576*	8.159%	< 10%	Pass		
Trans Fat (g)	0.047					
Carbohydrates (g)	89.185	57.999%				
Cholesterol (mg)	54.952					
Sodium (mg)	843.810		≤ 1110	Pass		
Potassium (mg)	198.814					
Fiber (g)	5.010					
Sugars (g)	53.667					
Iron (g)	2.607					
Calcium (mg)	486.334					
Vitamin A (IU)	2,905.519					
Vitamin C (mg)	26.494					
Vitamin D (mcg)	0.587					

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 05-01-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Breaded Chicken Fillet w/ Hamburger Bun 4", 2M/3G	1308461	1 serving	16800	390.000	51.000
Sandwich, Grilled Cheese 2M/2G	78850	1 each	1000	309.100	32.800
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	8.077
Broccoli, raw, 1/2 cup	80769	0.5 cup	1000	15.470	3.021
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Fresh Apple Slices, IW	78677	1 each	5000	30.159	7.037
Grains					
Goldfish Mickey Cheese Crackers 1G	1296634	1 each	20000	100.000	14.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Total			20000		
Weighted Daily Average				743.374	112.654
% of Calories					60.618%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 05-02-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Creamy Tomato Chicken Pasta w/ Garlic Toast 1.75M/2G	1468426	1 serving/#6 scoop + garlic toast	16800	481.283	39.562*
Cocoa Sandwich 1M/1.5G	1291535	1 serving	1000	260.000	31.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	8.077
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	5000	82.200	19.800
Tango Mandarin	1560238	1 each	5000	46.640	11.739
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Total			20000		
Weighted Daily Average				741.494	94.93
% of Calories					51.21%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 05-03-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Sicilian Cheese Pizza Calzone 2M/2G	218496	1 serving	16800	310.000	34.000
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	1000	570.000	45.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	8.077
Beans, Kidney, Canned 1/2 cup	79124	0.5 cup	1000	104.000	18.995
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Cool Tropic Fruit Slush, Assorted	1227508	1 each	5000	73.333	18.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Total			20000		
Weighted Daily Average				604.439	88.524
% of Calories					58.582%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 05-06-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Chicken Corn Dog 2M/2G	78802	1 each	16800	238.000	27.800
Sandwich, Grilled Cheese 2M/2G	78850	1 each	1000	309.100	32.800
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Corn, Yellow, Canned 1/4 cup	78811	1/4 cup	5000	26.240	5.576
Fruit					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	14.000
Mixed Fruit, Canned 1/2 cup	78845	1/2 cup	5000	59.989	14.994
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Total			20000		
Weighted Daily Average				499.659	75.479
% of Calories					60.424%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 05-07-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Pork Sausage Patties (2) w/ French Toast (1) 2M/1.5G	1136899	1 serving/2 pork patties + 1 french toast	16800	570.000	30.000
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	1000	570.000	45.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Jicama sticks, raw, 1/2 cup	78994	0.5 cup	1000	23.000	5.500
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	14.000
Banana, Fresh	78890	1 each	5000	89.890	23.068
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Syrup Cup	78716	1 each	16800	120.000	30.000
Total			20000		
Weighted Daily Average				894.449	104.037
% of Calories					46.525%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 05-08-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Breaded Popcorn Chicken (10 pcs) 2M/1G	1173755	10 pieces	16800	240.000	18.000
Sandwich, Grilled Cheese 2M/2G	78850	1 each	1000	309.100	32.800
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Broccoli, raw, 1/2 cup	80769	0.5 cup	1000	15.470	3.021
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	14.000
Fresh Apple Slices, IW	78677	1 each	5000	30.159	7.037
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Chocolate Chip Cookie (Fat Cat) 1G	81803	1 each	20000	148.000	23.800
Total			20000		
Weighted Daily Average				636.095	87.815
% of Calories					55.221%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 05-09-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Meatballs (5 pcs) with Marinara Sauce & Garlic Knot Roll 2M/2G	1149970	1 serving/5 meatballs + garlic knot	16800	343.201	33.495
Cocoa Sandwich 1M/1.5G	1291535	1 serving	1000	260.000	31.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Fruit					
Dried Fruit, Assorted	78632	1 each	5000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	5000	82.200	19.800
Cara Cara Oranges, 1/2 cup	1323865	0.5 cup	5000	61.570	15.393
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Total			20000		
Weighted Daily Average				622.458	89.429
% of Calories					57.468%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 05-10-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Pizza, Cheese, French Bread, Tony's 2M/2G	78719	1 each	4000	350.000	35.000
Pizza, Pepperoni, French Bread, Tony's 2M/2G	1227496	1 serving	12800	350.000	35.000
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	1000	570.000	45.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	1000	105.000	16.992
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Cool Tropic Fruit Slush, Assorted	1227508	1 each	5000	73.333	18.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	12000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Total			20000		
Weighted Daily Average				584.81	77.744
% of Calories					53.176%

* Indicates missing Nutrient Information.

Menu Detail

Date: 05-13-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Cheesy Pull Apart Bread 2M/2G	78936	1 serving	16800	260.000	29.000
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	1000	570.000	45.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	5000	52.480	11.152
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	14.000
Peaches, Diced, Canned 1/2 cup	78905	1/2 cup	5000	60.968	14.226
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Marinara Sauce Cup	78948	1 each	16800	15.000	3.000
Total			20000		
Weighted Daily Average				550.589	80.819
% of Calories					58.715%

* Indicates missing Nutrient Information.

Menu Detail

Date: 05-14-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Breaded Chicken Drumstick with Belgian Waffle 2M/2.75G	1417412	1 serving	16800	380.000	37.000
Cocoa Sandwich 1M/1.5G	1291535	1 serving	1000	260.000	31.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Cucumbers, sliced, 1/2 cup	78772	0.5 cup	5000	7.800	1.888
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	14.000
Banana, Fresh	78890	1 each	5000	89.890	23.068
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Syrup Cup	78716	1 each	16800	120.000	30.000
Pickles	78984	1 serving	1000	1.667	0.000
Total			20000		
Weighted Daily Average				720.233	109.414
% of Calories					60.766%

* Indicates missing Nutrient Information.

Menu Detail

Date: 05-15-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Hamburger (2.25 oz) w/ 4" Knot Bun 2M/2G	79057	1 serving	17800	278.000	32.500
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	8.077
Broccoli, raw, 1/2 cup	80769	0.5 cup	5000	15.470	3.021
Lettuce, Iceberg, Shredded, 1/2 cup	79088	0.5 cup	5000	5.040	1.069
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Mandarin Oranges Fruit Cup (NuHealth)	1346079	1 serving	5000	70.000	17.000
Grains					
Baked Doritos (Nacho Cheese Flavor) 1.5G	1173820	1 package	20000	130.000	20.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Cheese Slice 0.5M	79062	1 slice	14000	55.686	1.012
Pickles	78984	1 serving	5000	1.667	0.000
Total			20000		
Weighted Daily Average				731.45	107.17
% of Calories					58.607%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 05-16-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Seasoned Chicken w/ Buttered Noodles 2M/1.25G #2A (FINAL 2)	1320389	1 serving/1 CUP	16800	368.016	29.393*
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	1000	570.000	45.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	8.077
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	5000	82.200	19.800
Apple, Fresh	78919	1 each	5000	52.520	13.948
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Total			20000		
Weighted Daily Average				663.319	87.641
% of Calories					52.85%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 05-17-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Chicken Tenders (3 pcs), Gold Kist 2M/1G	1263517	1 serving/3 pieces	16800	190.000	13.000
Sandwich, Grilled Cheese 2M/2G	78850	1 each	1000	309.100	32.800

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	8.077
Beans, Kidney, Canned 1/2 cup	79124	0.5 cup	1000	104.000	18.995
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Cool Tropic Fruit Slush, Assorted	1227508	1 each	5000	73.333	18.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Total			20000		
Weighted Daily Average				490.594	70.274
% of Calories					57.297%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 05-20-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Chicken Double Dogs 2M/2G	78987	1 each	16800	260.000	31.500
Sandwich, Grilled Cheese 2M/2G	78850	1 each	1000	309.100	32.800
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	5000	52.480	11.152
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	14.000
Mixed Fruit, Canned 1/2 cup	78845	1/2 cup	5000	59.989	14.994
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Total			20000		
Weighted Daily Average				524.699	79.981
% of Calories					60.973%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 05-21-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Macaroni and Cheese (#6 Scoop) 2M/1G	78766	1 serving	16800	290.015	32.002
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	1000	570.000	45.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Jicama sticks, raw, 1/2 cup	78994	0.5 cup	1000	23.000	5.500
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	14.000
Banana, Fresh	78890	1 each	5000	89.890	23.068
Milk					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Chocolate Chip Cookie (Fat Cat) 1G	81803	1 each	20000	148.000	23.800
Total			20000		
Weighted Daily Average				706.462	104.318
% of Calories					59.065%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 05-22-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Breaded Chicken Fillet w/ Hamburger Bun 4", 2M/3G	1308461	1 serving	16800	390.000	51.000
Sandwich, Grilled Cheese 2M/2G	78850	1 each	1000	309.100	32.800
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Mini Cucumbers	1563100	1 each	5000	7.800	1.888
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	14.000
Pineapple Tidbits Fruit Cup (NuHealth)	82636	1 each	5000	80.000	18.000
Grains					
Goldfish Mickey Cheese Crackers 1G	1296634	1 each	20000	100.000	14.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Pickles	78984	1 serving	5000	1.667	0.000
Total			20000		
Weighted Daily Average				728.149	108.797
% of Calories					59.766%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 05-23-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Chicken, Orange Popcorn, Ling's 2M (Revised)	78999	1 serving/1 cup scoop	16800	160.000	21.000
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Cocoa Sandwich 1M/1.5G	1291535	1 serving	1000	260.000	31.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	5000	34.615	8.077
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	15000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	5000	82.200	19.800
Apple, Fresh	78919	1 each	5000	52.520	13.948
Grains					
White Rice, Steamed, 1/2 cup	1408037	1/2 cup	16800	174.845	37.816
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Total			20000		
Weighted Daily Average				590.677	104.737
% of Calories					70.927%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 05-24-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	2000	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	14800	310.000	31.000
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	1000	570.000	45.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	8.077
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	1000	105.000	16.992
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Cool Tropic Fruit Slush, Assorted	1227508	1 each	5000	73.333	18.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Total			20000		
Weighted Daily Average				604.489	85.903
% of Calories					56.844%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 05-28-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Sliders, Mini Cheeseburger 2M/2G	78922	1 serving	16800	272.000	31.300
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	1000	570.000	45.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	5000	52.480	11.152
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Peaches, Diced, Canned 1/2 cup	78905	1/2 cup	5000	60.968	14.226
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Pickles	78984	1 serving	5000	1.667	0.000
Total			20000		
Weighted Daily Average				577.764	87.15
% of Calories					60.336%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 05-29-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Turkey, Cheese, Cracker Stacker Lunchables 2M/1G	1400143	1 serving	16800	275.300	19.250
Tortilla Chips & Cheese Cup w/ Honey Roasted Sunflower Seeds 2M/2G	83060	1 serving	1000	570.000	45.000
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	5000	52.480	11.152
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Mandarin Oranges Fruit Cup (NuHealth)	1346079	1 serving	5000	70.000	17.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Brookie Treat, 1G	1480324	1 serving	20000	150.070	23.005
Total			20000		
Weighted Daily Average				732.448	100.727
% of Calories					55.008%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 05-30-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	8.077
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Total			20000		
Weighted Daily Average				292.006	52.264
% of Calories					71.593%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 05-31-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Assorted Yami Yogurt w/ Granola 2M/2G	78993	1 serving	2000	440.000	82.000
Lunch Pal	1252730	1 bag	100	214.615	45.077
Special Meal (L)	1340566	1 serving	100	N/A*	N/A*
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	5000	15.000	3.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Grab-it Carrots, 1/2 cup	78824	0.5 cup	10000	34.615	8.077
Fruit					
Dried Fruit, Assorted	78632	1 each	2000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	20000	60.000	14.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	16000	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	4000	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	2000	20.000	4.000
Mustard Packet	78839	1 packet	500	5.000	0.000
Ranch Dressing Cup	1241604	1 each	5000	130.000	1.000
Total			20000		
Weighted Daily Average				292.006	52.264
% of Calories					71.593%

* Indicates missing Nutrient Information.

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