Nutrient Detail Report

Organization: Garden Grove USD **Session:** 2023-24 School Year

Menu: 2023-2024 Intermediate Breakfast Menu

Number Source: Planned **Dates:** 05-01-2024 to 05-31-2024

Nutrient Summary

Date(s): 05-01-2024 to 05-31-2024

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	526.927		400 min / 550 max	Pass		
Protein (g)	16.773	12.732%				
Total Fat (g)	16.267	27.784%				
Saturated Fat (g)	6.163*	10.526%	< 10%	Fail	0.526	Too much Saturated Fat (10.53 of 10.00)
Trans Fat (g)	0.004					
Carbohydrates (g)	79.791	60.571%				
Cholesterol (mg)	103.304					
Sodium (mg)	565.353		≤ 600	Pass		
Potassium (mg)	216.126					
Fiber (g)	4.692					
Sugars (g)	47.657					
Iron (g)	2.069					
Calcium (mg)	321.379					
Vitamin A (IU)	555.066					
Vitamin C (mg)	34.347					
Vitamin D (mcg)	0.633					

^{*} Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 05-01-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	59.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	26.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	26.000
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	43.873
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	40.757
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	43.187
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	200	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	23.329
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	50.887
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	57.398
Fruit					
Fruit Cup, Assorted	78625	0.5 cup	100	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	100	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				520.7	78.748
% of Calories					60.494%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 05-02-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	59.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	26.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	26.000
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	43.873
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	40.757
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	43.187
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	23.329
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	50.887
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	57.398
Fruit					
Fruit Cup, Assorted	78625	0.5 cup	100	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	100	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average			•	529.2	80.098
% of Calories			•		60.542%

^{*} Indicates missing Nutrient Information.

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Menu Detail Date: 05-03-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	59.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	26.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	26.000
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	43.873
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	40.757
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	43.187
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	23.329
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	50.887
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	57.398
Fruit					
Fruit Cup, Assorted	78625	0.5 cup	100	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Misc.					<u>, </u>
Ketchup	78887	1 tablespoon	100	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				529.2	80.098
% of Calories			<u>.</u>	<u>.</u>	60.542%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 05-06-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) w/ French Toast Slice & Syrup 1.75M/1.5G	78765	1 serving/2 links + 1 french toast slice	50	430.000	59.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	26.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	26.000
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	43.873
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	40.757
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	43.187
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	23.329
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	50.887
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	57.398
Fruit					
Fruit Cup, Assorted	78625	0.5 cup	100	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Milk		,			
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	100	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average			-	526.7	80.098
% of Calories			•	•	60.83%

^{*} Indicates missing Nutrient Information.

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Menu Detail Date: 05-07-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	59.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	26.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	26.000
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	43.873
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	40.757
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	43.187
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	23.329
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	50.887
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	57.398
Fruit					
Fruit Cup, Assorted	78625	0.5 cup	100	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	100	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average			-	529.2	80.098
% of Calories					60.542%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 05-08-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	59.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	26.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	26.000
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	43.873
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	40.757
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	43.187
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	200	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	23.329
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	50.887
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	57.398
Fruit					
Fruit Cup, Assorted	78625	0.5 cup	100	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Milk		<u></u>			,
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Misc.			-		
Ketchup	78887	1 tablespoon	100	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				520.7	78.748
% of Calories					60.494%

^{*} Indicates missing Nutrient Information.

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Menu Detail Date: 05-09-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	59.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	26.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	26.000
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	43.873
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	40.757
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	43.187
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	23.329
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Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	100	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average			-	529.2	80.098
% of Calories					60.542%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 05-10-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	59.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	26.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	26.000
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Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
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Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	23.329
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Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	57.398
Fruit					
Fruit Cup, Assorted	78625	0.5 cup	100	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
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Misc.					
Ketchup	78887	1 tablespoon	100	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				529.2	80.098
% of Calories				-	60.542%

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Menu Detail Date: 05-13-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) w/ French Toast Slice & Syrup 1.75M/1.5G	78765	1 serving/2 links + 1 french toast slice	50	430.000	59.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	26.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	26.000
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Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
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Milk					
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Misc.					
Ketchup	78887	1 tablespoon	100	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				526.7	80.098
% of Calories					60.83%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 05-14-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	59.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	26.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	26.000
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Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	40.757
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	43.187
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	23.329
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	50.887
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	57.398
Fruit					
Fruit Cup, Assorted	78625	0.5 cup	100	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Misc.			-		
Ketchup	78887	1 tablespoon	100	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				529.2	80.098
% of Calories			•		60.542%

^{*} Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 05-15-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	59.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	26.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	26.000
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	43.873
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	40.757
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	43.187
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	200	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	23.329
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	50.887
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	57.398
Fruit					
Fruit Cup, Assorted	78625	0.5 cup	100	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	100	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				520.7	78.748
% of Calories					60.494%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 05-16-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	59.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	26.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	26.000
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	43.873
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	40.757
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	43.187
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	23.329
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	50.887
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	57.398
Fruit					
Fruit Cup, Assorted	78625	0.5 cup	100	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Milk			_		
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	100	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				529.2	80.098
% of Calories			•		60.542%

^{*} Indicates missing Nutrient Information.

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Menu Detail Date: 05-17-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	59.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	26.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	26.000
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	43.873
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	40.757
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	43.187
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	23.329
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	50.887
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	57.398
Fruit					
Fruit Cup, Assorted	78625	0.5 cup	100	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	100	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				529.2	80.098
% of Calories					60.542%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 05-20-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) w/ French Toast Slice & Syrup 1.75M/1.5G	78765	1 serving/2 links + 1 french toast slice	50	430.000	59.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	26.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	26.000
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	43.873
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	40.757
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	43.187
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	23.329
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	50.887
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	57.398
Fruit					
Fruit Cup, Assorted	78625	0.5 cup	100	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	100	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				526.7	80.098
% of Calories	•		•	•	60.83%

^{*} Indicates missing Nutrient Information.

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Menu Detail Date: 05-21-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	59.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	26.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	26.000
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	43.873
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	40.757
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	43.187
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	23.329
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	50.887
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	57.398
Fruit					
Fruit Cup, Assorted	78625	0.5 cup	100	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	100	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average			-	529.2	80.098
% of Calories					60.542%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 05-22-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	59.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	26.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	26.000
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	43.873
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	40.757
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	43.187
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	200	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	23.329
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	50.887
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	57.398
Fruit					
Fruit Cup, Assorted	78625	0.5 cup	100	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	100	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average			•	520.7	78.748
% of Calories					60.494%

^{*} Indicates missing Nutrient Information.

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Menu Detail Date: 05-23-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	59.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	26.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	26.000
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	43.873
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	40.757
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	43.187
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	23.329
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	50.887
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	57.398
Fruit					
Fruit Cup, Assorted	78625	0.5 cup	100	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Misc.					
Ketchup	78887	1 tablespoon	100	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average			-	529.2	80.098
% of Calories					60.542%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 05-24-2024

Micha Betain						
Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)	
Breakfast Entree		<u>, </u>	_			
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	59.000	
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	26.000	
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	26.000	
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	43.873	
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	40.757	
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	43.187	
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000	
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500	
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000	
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500	
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	23.329	
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	50.887	
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	57.398	
Fruit						
Fruit Cup, Assorted	78625	0.5 cup	100	82.200	19.800	
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000	
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	20.974	
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000	
Milk						
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	23.000	
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000	
Misc.		1	<u> </u>	T		
Ketchup	78887	1 tablespoon	100	20.000	4.000	
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000	
Total			1000			
Weighted Daily Average				529.2	80.098	
% of Calories					60.542%	

^{*} Indicates missing Nutrient Information.

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Menu Detail Date: 05-28-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	59.000
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	26.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	26.000
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	43.873
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	40.757
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	43.187
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	100	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	23.329
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	50.887
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	57.398
Fruit					
Fruit Cup, Assorted	78625	0.5 cup	100	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Misc.					1
Ketchup	78887	1 tablespoon	100	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				529.2	80.098
% of Calories		<u> </u>	<u>.</u>	<u>.</u>	60.542%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 05-29-2024

Wiena Betain						
Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)	
Breakfast Entree		<u>, </u>	_			
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	59.000	
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	50	210.000	26.000	
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	100	414.999	26.000	
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	551.793	43.873	
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	476.856	40.757	
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	100	579.613	43.187	
Sandwich, Peanut Butter & Jelly, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	50	320.000	32.000	
Breakfast Bars, Assorted 2G	78866	1 each	100	285.000	47.500	
Pan Dulce, Assorted 2G	78803	1 each	200	200.000	34.000	
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500	
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.321	23.329	
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	50	263.705	50.887	
Homemade Blueberry Muffin 2G	1317061	1 each	50	392.133	57.398	
Fruit						
Fruit Cup, Assorted	78625	0.5 cup	100	82.200	19.800	
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000	
Fruit, Fresh, Assorted (BKF)	78657	1 each	500	81.357	20.974	
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000	
Milk			_			
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	300	120.000	23.000	
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000	
Misc.		1	<u> </u>	T		
Ketchup	78887	1 tablespoon	100	20.000	4.000	
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000	
Total			1000			
Weighted Daily Average				520.7	78.748	
% of Calories					60.494%	

^{*} Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 05-30-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (3) w/ French Toast Slice & Syrup 2M/1.5G	78796	1 serving/3 links + 1 french toast slice	50	480.000	59.000
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Misc.					
Ketchup	78887	1 tablespoon	100	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				529.2	80.098
% of Calories			•		60.542%

^{*} Indicates missing Nutrient Information.

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
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Total			1000		
Weighted Daily Average			•	529.2	80.098
% of Calories					60.542%

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