

Nutrient Detail Report

Organization: Garden Grove USD
Session: 2024-2025 School Year
Menu: 2024-2025 Afterschool Snack Menu
Number Source: Planned
Dates: 05-01-2025 to 05-30-2025

Nutrient Summary

Date(s): 05-01-2025 to 05-30-2025

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	215.714					
Protein (g)	2.000	3.709%				
Total Fat (g)	3.905	16.291%				
Saturated Fat (g)	1.005	4.192%				
Trans Fat (g)	0.000					
Carbohydrates (g)	43.333	80.353%				
Cholesterol (mg)	0.952					
Sodium (mg)	138.333					
Potassium (mg)	288.571*					
Fiber (g)	1.048					
Sugars (g)	27.333					
Added Sugars (g)	3.000*	5.563%				
Iron (g)	0.702					
Calcium (mg)	50.238					
Vitamin A, RAE (mcg)	0.000*					
Vitamin C (mg)	0.000*					
Vitamin D (mcg)	0.000*					

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 05-01-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
Grains							
Strawberry Chex Snack Mix 1G	1141496	1 package	3000	120.000	1.000	23.000	55.000
Total			3000				
Weighted Daily Average				216.667	1	47	68.333
% of Calories					4.154%	86.769%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 05-02-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
Grains							
Crackers, Assorted 1G	78763	1 each	3000	116.667	1.167	19.000	135.000
Total			3000				
Weighted Daily Average				213.333	1.167	43	148.333
% of Calories					4.922%	80.625%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 05-05-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
Desserts							
Honey Belly Bear Crackers 1G	78605	1 package	3000	130.000	0.000	20.000	100.000
Total			3000				
Weighted Daily Average				226.667	0	44	113.333
% of Calories					0%	77.647%	

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Menu Detail

Date: 05-06-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
Grains							
Baked Cheese Cheetos 1.25G	1648134	1 each	3000	120.000	1.000	16.000	200.000
Total			3000				
Weighted Daily Average				216.667	1	40	213.333
% of Calories					4.154%	73.846%	

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Menu Detail

Date: 05-07-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
Grains							
Chocolate Tiger Bites 1G	1648220	1 package	3000	120.000	1.000	20.000	125.000
Total			3000				
Weighted Daily Average				216.667	1	44	138.333
% of Calories					4.154%	81.231%	

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Menu Detail

Date: 05-08-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
Grains							
Chocolate Caramel Chex Snack Mix 1G	1671461	1 package	3000	130.000	0.500	22.000	50.000
Total			3000				
Weighted Daily Average				226.667	0.5	46	63.333
% of Calories					1.985%	81.176%	

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Menu Detail

Date: 05-09-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
Grains							
Crackers, Assorted 1G	78763	1 each	3000	116.667	1.167	19.000	135.000
Total			3000				
Weighted Daily Average				213.333	1.167	43	148.333
% of Calories					4.922%	80.625%	

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Menu Detail

Date: 05-12-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
Grains							
Rainbow Goldfish Cheese Crackers 1G	78702	1 package	3000	100.000	0.600	14.000	170.000
Total			3000				
Weighted Daily Average				196.667	0.6	38	183.333
% of Calories					2.746%	77.288%	

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Menu Detail

Date: 05-13-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Grains							
Sun Chips, Garden Salsa 1.25G	79116	1 each	3000	140.000	1.000	19.000	150.000
Total			3000				
Weighted Daily Average				236.667	1	43	163.333
% of Calories					3.803%	72.676%	

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Menu Detail

Date: 05-14-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
Grains							
Crackers, Graham Sticks, Scooby, Cinnamon	78923	1 bag	3000	120.000	1.000	21.000	100.000
Total			3000				
Weighted Daily Average				216.667	1	45	113.333
% of Calories					4.154%	83.077%	

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Menu Detail

Date: 05-15-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
Grains							
Strawberry Chex Snack Mix 1G	1141496	1 package	3000	120.000	1.000	23.000	55.000
Total			3000				
Weighted Daily Average				216.667	1	47	68.333
% of Calories					4.154%	86.769%	

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Menu Detail

Date: 05-16-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
Grains							
Crackers, Assorted 1G	78763	1 each	3000	116.667	1.167	19.000	135.000
Total			3000				
Weighted Daily Average				213.333	1.167	43	148.333
% of Calories					4.922%	80.625%	

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Menu Detail

Date: 05-19-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
Grains							
Crackers, Assorted 1G	78763	1 each	3000	116.667	1.167	19.000	135.000
Total			3000				
Weighted Daily Average				213.333	1.167	43	148.333
% of Calories					4.922%	80.625%	

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Menu Detail

Date: 05-20-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
Grains							
Crackers, Assorted 1G	78763	1 each	3000	116.667	1.167	19.000	135.000
Total			3000				
Weighted Daily Average				213.333	1.167	43	148.333

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
% of Calories					4.922%	80.625%	

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Menu Detail

Date: 05-21-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
Grains							
Crackers, Assorted 1G	78763	1 each	3000	116.667	1.167	19.000	135.000
Total			3000				
Weighted Daily Average				213.333	1.167	43	148.333
% of Calories					4.922%	80.625%	

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Menu Detail

Date: 05-22-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
Grains							
Crackers, Assorted 1G	78763	1 each	3000	116.667	1.167	19.000	135.000
Total			3000				
Weighted Daily Average				213.333	1.167	43	148.333
% of Calories					4.922%	80.625%	

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Menu Detail

Date: 05-23-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
Grains							
Crackers, Assorted 1G	78763	1 each	3000	116.667	1.167	19.000	135.000
Total			3000				
Weighted Daily Average				213.333	1.167	43	148.333
% of Calories					4.922%	80.625%	

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Menu Detail

Date: 05-27-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
Grains							
Crackers, Assorted 1G	78763	1 each	3000	116.667	1.167	19.000	135.000
Total			3000				
Weighted Daily Average				213.333	1.167	43	148.333
% of Calories					4.922%	80.625%	

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Menu Detail

Date: 05-28-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
Grains							
Crackers, Assorted 1G	78763	1 each	3000	116.667	1.167	19.000	135.000
Total			3000				
Weighted Daily Average				213.333	1.167	43	148.333
% of Calories					4.922%	80.625%	

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Menu Detail

Date: 05-29-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
Grains							
Crackers, Assorted 1G	78763	1 each	3000	116.667	1.167	19.000	135.000
Total			3000				
Weighted Daily Average				213.333	1.167	43	148.333
% of Calories					4.922%	80.625%	

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Menu Detail

Date: 05-30-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
Grains							
Crackers, Assorted 1G	78763	1 each	3000	116.667	1.167	19.000	135.000
Total			3000				
Weighted Daily Average				213.333	1.167	43	148.333
% of Calories					4.922%	80.625%	

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