

# Nutrient Detail Report

Organization: Garden Grove USD

Session: 2024-2025 School Year

Menu: 2024-2025 High School Breakfast Menu

Number Source: Planned

Dates: 05-01-2025 to 05-30-2025

## Nutrient Summary

Date(s): 05-01-2025 to 05-30-2025

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	585.925		450 min / 600 max	Pass		
Protein (g)	17.687	12.074%				
Total Fat (g)	15.029	23.086%				
Saturated Fat (g)	5.948	9.137%	< 10%	Pass		
Trans Fat (g)	0.000*					
Carbohydrates (g)	95.512	65.204%				
Cholesterol (mg)	76.533					
Sodium (mg)	583.546		≤ 640	Pass		
Potassium (mg)	184.125*					
Fiber (g)	5.870*					
Sugars (g)	61.235*					
Added Sugars (g)	4.182*	2.855%				
Iron (g)	1.928*					
Calcium (mg)	340.483*					
Vitamin A, RAE (mcg)	0.000*					
Vitamin C (mg)	37.805*					
Vitamin D (mcg)	0.266*					

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 05-01-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	4.000	52.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	9.867	26.626	737.588
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	7.961	53.815	1,041.299
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	10.463	47.072	719.396
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	14.730	43.200	953.835
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	3.500	32.000	320.000
Cereal Cups, Assorted 2G	1741805	1 each	500	N/A*	N/A*	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	4.500	37.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	0.756	50.902	117.053
"Bionicos" Fruit Salad w/ Granola 1M/1.25G	1344691	1 serving	100	363.787	3.138	71.308	91.741
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	1.605	59.277	67.964
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	1.624	52.812	80.606
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	400	570.775	12.807	90.331	348.103
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	1000	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	2.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	1.000	110.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				588.328	5.918	96.314	578.138
<b>% of Calories</b>					9.052%	65.483%	

\* Indicates missing Nutrient Information.

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Menu Detail

Date: 05-02-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	4.000	52.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	9.867	26.626	737.588
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	7.961	53.815	1,041.299
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	10.463	47.072	719.396
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	14.730	43.200	953.835
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	3.500	32.000	320.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	4.500	37.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	0.756	50.902	117.053
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	1.605	59.277	67.964
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	1.624	52.812	80.606
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	12.807	90.331	348.103
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	1000	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	2.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	1.000	110.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				592.468	6.111	96.694	583.265
<b>% of Calories</b>					9.283%	65.282%	

\* Indicates missing Nutrient Information.

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Menu Detail

Date: 05-05-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	4.000	52.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	9.867	26.626	737.588
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	7.961	53.815	1,041.299
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	10.463	47.072	719.396
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	14.730	43.200	953.835
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	3.500	32.000	320.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	4.500	37.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	0.756	50.902	117.053
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	1.605	59.277	67.964
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	1.624	52.812	80.606
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	12.807	90.331	348.103
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	1000	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	2.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	1.000	110.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				592.468	6.111	96.694	583.265
<b>% of Calories</b>					9.283%	65.282%	

\* Indicates missing Nutrient Information.

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Menu Detail

Date: 05-06-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	4.000	52.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	9.867	26.626	737.588
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	7.961	53.815	1,041.299
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	10.463	47.072	719.396
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	14.730	43.200	953.835
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	400	320.000	3.500	32.000	320.000
Cereal Cups, Assorted 2G	1741805	1 each	100	N/A*	N/A*	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	4.500	37.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	0.756	50.902	117.053
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	1.605	59.277	67.964
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	1.624	52.812	80.606
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	12.807	90.331	348.103
Breakfast Bowl 2M	1381358	1 serving/#4 scoop	200	393.167	11.198	16.421	916.607
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	1000	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	2.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	1.000	110.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				578.964	5.977	93.098	599.605
<b>% of Calories</b>					9.291%	64.32%	

\* Indicates missing Nutrient Information.

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Menu Detail

Date: 05-07-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	4.000	52.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	9.867	26.626	737.588
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	7.961	53.815	1,041.299
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	10.463	47.072	719.396
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	14.730	43.200	953.835
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	3.500	32.000	320.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	4.500	37.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	0.756	50.902	117.053
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	1.605	59.277	67.964
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	1.624	52.812	80.606
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	12.807	90.331	348.103
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	200	178.905	0.857	36.924	136.731
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	1000	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	2.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	1.000	110.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				576.793	5.633	94.558	574.81
<b>% of Calories</b>					8.789%	65.575%	

\* Indicates missing Nutrient Information.

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Menu Detail

Date: 05-08-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	4.000	52.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	9.867	26.626	737.588
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	7.961	53.815	1,041.299
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	10.463	47.072	719.396
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	14.730	43.200	953.835
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	3.500	32.000	320.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	4.500	37.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	0.756	50.902	117.053
"Bionicos" Fruit Salad w/ Granola 1M/1.25G	1344691	1 serving	100	363.787	3.138	71.308	91.741
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	1.605	59.277	67.964
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	1.624	52.812	80.606
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	400	570.775	12.807	90.331	348.103
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	1000	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	2.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	1.000	110.000
Total			5000				
Weighted Daily Average				588.328	5.918	96.314	578.138
% of Calories					9.052%	65.483%	

\* Indicates missing Nutrient Information.

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Menu Detail

Date: 05-09-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	4.000	52.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	9.867	26.626	737.588
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	7.961	53.815	1,041.299
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	10.463	47.072	719.396
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	14.730	43.200	953.835
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	3.500	32.000	320.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	4.500	37.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	0.756	50.902	117.053
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	1.605	59.277	67.964
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	1.624	52.812	80.606
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	12.807	90.331	348.103
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	1000	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	2.000	25.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	1.000	110.000
Total			5000				
Weighted Daily Average				592.468	6.111	96.694	583.265
% of Calories					9.283%	65.282%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 05-12-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	4.000	52.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	9.867	26.626	737.588
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	7.961	53.815	1,041.299
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	10.463	47.072	719.396
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	14.730	43.200	953.835
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	3.500	32.000	320.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	4.500	37.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	0.756	50.902	117.053
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	1.605	59.277	67.964
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	1.624	52.812	80.606
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	12.807	90.331	348.103
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	1000	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	2.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	1.000	110.000
Total			5000				
Weighted Daily Average				592.468	6.111	96.694	583.265
% of Calories					9.283%	65.282%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 05-13-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	4.000	52.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	9.867	26.626	737.588
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	7.961	53.815	1,041.299
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	10.463	47.072	719.396
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	14.730	43.200	953.835
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	400	320.000	3.500	32.000	320.000
Cereal Cups, Assorted 2G	1741805	1 each	100	N/A*	N/A*	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	4.500	37.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	0.756	50.902	117.053
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	1.605	59.277	67.964
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	1.624	52.812	80.606
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	12.807	90.331	348.103
Breakfast Bowl 2M	1381358	1 serving/#4 scoop	200	393.167	11.198	16.421	916.607
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	1000	115.000	0.000	28.500	2.500

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	2.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	1.000	110.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				578.964	5.977	93.098	599.605
<b>% of Calories</b>					9.291%	64.32%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 05-14-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	4.000	52.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	9.867	26.626	737.588
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	7.961	53.815	1,041.299
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	10.463	47.072	719.396
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	14.730	43.200	953.835
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	3.500	32.000	320.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	4.500	37.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	0.756	50.902	117.053
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	1.605	59.277	67.964
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	1.624	52.812	80.606
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	12.807	90.331	348.103
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	200	178.905	0.857	36.924	136.731
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	1000	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	2.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	1.000	110.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				576.793	5.633	94.558	574.81
<b>% of Calories</b>					8.789%	65.575%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 05-15-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	4.000	52.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	9.867	26.626	737.588
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	7.961	53.815	1,041.299
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	10.463	47.072	719.396
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	14.730	43.200	953.835
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	3.500	32.000	320.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	4.500	37.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	0.756	50.902	117.053
"Bionicos" Fruit Salad w/ Granola 1M/1.25G	1344691	1 serving	100	363.787	3.138	71.308	91.741
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	1.605	59.277	67.964
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	1.624	52.812	80.606

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	400	570.775	12.807	90.331	348.103
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	1000	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	2.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	1.000	110.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				588.328	5.918	96.314	578.138
<b>% of Calories</b>					9.052%	65.483%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 05-16-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	4.000	52.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	9.867	26.626	737.588
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	7.961	53.815	1,041.299
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	10.463	47.072	719.396
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	14.730	43.200	953.835
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	3.500	32.000	320.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	4.500	37.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	0.756	50.902	117.053
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	1.605	59.277	67.964
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	1.624	52.812	80.606
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	12.807	90.331	348.103
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	1000	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	2.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	1.000	110.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				592.468	6.111	96.694	583.265
<b>% of Calories</b>					9.283%	65.282%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 05-19-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	4.000	52.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	9.867	26.626	737.588
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	7.961	53.815	1,041.299
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	10.463	47.072	719.396
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	14.730	43.200	953.835
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	3.500	32.000	320.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	4.500	37.500	395.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	0.756	50.902	117.053
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	1.605	59.277	67.964
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	1.624	52.812	80.606
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	12.807	90.331	348.103
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	1000	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	2.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	1.000	110.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				592.468	6.111	96.694	583.265
<b>% of Calories</b>					9.283%	65.282%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 05-20-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	4.000	52.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	9.867	26.626	737.588
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	7.961	53.815	1,041.299
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	10.463	47.072	719.396
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	14.730	43.200	953.835
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	400	320.000	3.500	32.000	320.000
Cereal Cups, Assorted 2G	1741805	1 each	100	N/A*	N/A*	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	4.500	37.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	0.756	50.902	117.053
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	1.605	59.277	67.964
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	1.624	52.812	80.606
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	12.807	90.331	348.103
Breakfast Bowl 2M	1381358	1 serving/#4 scoop	200	393.167	11.198	16.421	916.607
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	1000	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	2.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	1.000	110.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				578.964	5.977	93.098	599.605
<b>% of Calories</b>					9.291%	64.32%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 05-21-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	4.000	52.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	9.867	26.626	737.588
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	7.961	53.815	1,041.299
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	10.463	47.072	719.396
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	14.730	43.200	953.835



Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	3.500	32.000	320.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	4.500	37.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	0.756	50.902	117.053
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	1.605	59.277	67.964
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	1.624	52.812	80.606
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	12.807	90.331	348.103
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	200	178.905	0.857	36.924	136.731
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	1000	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	2.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	1.000	110.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				576.793	5.633	94.558	574.81
<b>% of Calories</b>					8.789%	65.575%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 05-22-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	4.000	52.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	9.867	26.626	737.588
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	7.961	53.815	1,041.299
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	10.463	47.072	719.396
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	14.730	43.200	953.835
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	3.500	32.000	320.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	4.500	37.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	0.756	50.902	117.053
"Bionicos" Fruit Salad w/ Granola 1M/1.25G	1344691	1 serving	100	363.787	3.138	71.308	91.741
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	1.605	59.277	67.964
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	1.624	52.812	80.606
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	400	570.775	12.807	90.331	348.103
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	1000	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	2.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	1.000	110.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				588.328	5.918	96.314	578.138
<b>% of Calories</b>					9.052%	65.483%	

\* Indicates missing Nutrient Information.

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Menu Detail

Date: 05-23-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	4.000	52.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	9.867	26.626	737.588
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	7.961	53.815	1,041.299
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	10.463	47.072	719.396
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	14.730	43.200	953.835
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	3.500	32.000	320.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	4.500	37.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	0.756	50.902	117.053
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	1.605	59.277	67.964
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	1.624	52.812	80.606
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	12.807	90.331	348.103
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	1000	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	2.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	1.000	110.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				592.468	6.111	96.694	583.265
<b>% of Calories</b>					9.283%	65.282%	

\* Indicates missing Nutrient Information.

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Menu Detail

Date: 05-27-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	4.000	52.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	9.867	26.626	737.588
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	7.961	53.815	1,041.299
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	10.463	47.072	719.396
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	14.730	43.200	953.835
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	400	320.000	3.500	32.000	320.000
Cereal Cups, Assorted 2G	1741805	1 each	100	N/A*	N/A*	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	4.500	37.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	0.756	50.902	117.053
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	1.605	59.277	67.964
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	1.624	52.812	80.606
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	12.807	90.331	348.103
Breakfast Bowl 2M	1381358	1 serving/#4 scoop	200	393.167	11.198	16.421	916.607
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	1000	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	2.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	1.000	110.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				578.964	5.977	93.098	599.605
<b>% of Calories</b>					9.291%	64.32%	

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 05-28-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	4.000	52.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	9.867	26.626	737.588
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	7.961	53.815	1,041.299
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	10.463	47.072	719.396
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	14.730	43.200	953.835
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	3.500	32.000	320.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	4.500	37.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	0.756	50.902	117.053
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	1.605	59.277	67.964
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	1.624	52.812	80.606
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	12.807	90.331	348.103
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	200	178.905	0.857	36.924	136.731
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	1000	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	2.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	1.000	110.000
<b>Total</b>			5000				
<b>Weighted Daily Average</b>				576.793	5.633	94.558	574.81
<b>% of Calories</b>					8.789%	65.575%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 05-29-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	4.000	52.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	9.867	26.626	737.588
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	7.961	53.815	1,041.299
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	10.463	47.072	719.396
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	14.730	43.200	953.835
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	3.500	32.000	320.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	4.500	37.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	0.756	50.902	117.053
"Bionicos" Fruit Salad w/ Granola 1M/1.25G	1344691	1 serving	100	363.787	3.138	71.308	91.741
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	1.605	59.277	67.964
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	1.624	52.812	80.606
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	400	570.775	12.807	90.331	348.103
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	1000	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	2.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	1.000	110.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Total			5000				
Weighted Daily Average				588.328	5.918	96.314	578.138
% of Calories					9.052%	65.483%	

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 05-30-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	4.000	52.000	960.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	9.867	26.626	737.588
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	7.961	53.815	1,041.299
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	10.463	47.072	719.396
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	14.730	43.200	953.835
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	3.500	32.000	320.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	4.500	37.500	395.000
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	0.756	50.902	117.053
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	1.605	59.277	67.964
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	1.624	52.812	80.606
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	12.807	90.331	348.103
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	1000	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	2.000	25.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	0.000	1.000	110.000
Total			5000				
Weighted Daily Average				592.468	6.111	96.694	583.265
% of Calories					9.283%	65.282%	

\* Indicates missing Nutrient Information.

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