

# Nutrient Detail Report

Organization: Garden Grove USD

Session: 2024-2025 School Year

Menu: 2024-2025 Intermediate Breakfast Menu

Number Source: Planned

Dates: 05-01-2025 to 05-30-2025

## Nutrient Summary

Date(s): 05-01-2025 to 05-30-2025

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	497.016		400 min / 550 max	Pass		
Protein (g)	13.594	10.941%				
Total Fat (g)	12.716	23.025%				
Saturated Fat (g)	5.054	9.152%	< 10%	Pass		
Trans Fat (g)	0.000*					
Carbohydrates (g)	83.551	67.242%				
Cholesterol (mg)	53.433					
Sodium (mg)	450.711		≤ 600	Pass		
Potassium (mg)	187.144*					
Fiber (g)	4.670*					
Sugars (g)	52.645*					
Added Sugars (g)	4.619*	3.718%				
Iron (g)	1.993*					
Calcium (mg)	288.853*					
Vitamin A, RAE (mcg)	0.000*					
Vitamin C (mg)	28.939*					
Vitamin D (mcg)	0.511*					

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 05-01-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	48.667	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	25.727	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	47.072	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	39.080	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	43.200	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	90.331	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	23.000	360.833
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	200	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
Total			1000				
Weighted Daily Average				497.016	5.054	83.551	450.711
% of Calories					9.152%	67.242%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 05-02-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	48.667	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	25.727	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	47.072	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	39.080	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	43.200	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	90.331	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	23.000	360.833
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	200	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
<b>Total</b>			1000				
<b>Weighted Daily Average</b>				497.016	5.054	83.551	450.711
<b>% of Calories</b>					9.152%	67.242%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 05-05-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	48.667	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	25.727	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	47.072	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	39.080	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	43.200	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	90.331	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	23.000	360.833
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	200	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
<b>Total</b>			1000				
<b>Weighted Daily Average</b>				497.016	5.054	83.551	450.711
<b>% of Calories</b>					9.152%	67.242%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 05-06-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	48.667	430.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	25.727	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	47.072	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	39.080	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	43.200	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	90.331	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	23.000	360.833
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	200	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
<b>Total</b>			1000				
<b>Weighted Daily Average</b>				497.016	5.054	83.551	450.711
<b>% of Calories</b>					9.152%	67.242%	

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## Menu Detail

Date: 05-07-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	48.667	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	25.727	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	47.072	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	39.080	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	43.200	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	90.331	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	23.000	360.833
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	200	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
<b>Total</b>			1000				
<b>Weighted Daily Average</b>				497.016	5.054	83.551	450.711
<b>% of Calories</b>					9.152%	67.242%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 05-08-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	48.667	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	25.727	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	47.072	719.396

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	39.080	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	43.200	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	90.331	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
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<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	200	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
<b>Total</b>			1000				
<b>Weighted Daily Average</b>				497.016	5.054	83.551	450.711
<b>% of Calories</b>					9.152%	67.242%	

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## Menu Detail

Date: 05-09-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	48.667	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	25.727	916.854
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Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	90.331	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	23.000	360.833
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	200	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
<b>Total</b>			1000				
<b>Weighted Daily Average</b>				497.016	5.054	83.551	450.711
<b>% of Calories</b>					9.152%	67.242%	

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## Menu Detail

Date: 05-12-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	48.667	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	25.727	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	47.072	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	39.080	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	43.200	953.835

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	90.331	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	23.000	360.833
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	200	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
<b>Total</b>			1000				
<b>Weighted Daily Average</b>				497.016	5.054	83.551	450.711
<b>% of Calories</b>					9.152%	67.242%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 05-13-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	48.667	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	25.727	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	47.072	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	39.080	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	43.200	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	90.331	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	23.000	360.833
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	200	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
<b>Total</b>			1000				
<b>Weighted Daily Average</b>				497.016	5.054	83.551	450.711
<b>% of Calories</b>					9.152%	67.242%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 05-14-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	48.667	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	25.727	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	47.072	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	39.080	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	43.200	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	90.331	348.103

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	23.000	360.833
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	200	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
<b>Total</b>			1000				
<b>Weighted Daily Average</b>				497.016	5.054	83.551	450.711
<b>% of Calories</b>					9.152%	67.242%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 05-15-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	48.667	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	25.727	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	47.072	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	39.080	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	43.200	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	90.331	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	23.000	360.833
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	200	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
<b>Total</b>			1000				
<b>Weighted Daily Average</b>				497.016	5.054	83.551	450.711
<b>% of Calories</b>					9.152%	67.242%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 05-16-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	48.667	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	25.727	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	47.072	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	39.080	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	43.200	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	90.331	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	32.000	320.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Bars, Assorted 2G</b>							
Pan Dulce, Assorted 2G	78866	1 each	400	285.000	3.000	47.500	230.000
Pop Tart & String Cheese 1M/1G	78803	1 each	150	200.000	1.500	34.000	90.000
Cereal w/ String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	23.000	360.833
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	200	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
Total			1000				
Weighted Daily Average				497.016	5.054	83.551	450.711
% of Calories					9.152%	67.242%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 05-19-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	48.667	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	25.727	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	47.072	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	39.080	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	43.200	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	90.331	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	23.000	360.833
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	200	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
Total			1000				
Weighted Daily Average				497.016	5.054	83.551	450.711
% of Calories					9.152%	67.242%	

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## Menu Detail

Date: 05-20-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	48.667	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	25.727	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	47.072	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	39.080	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	43.200	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	90.331	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	34.000	90.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	23.000	360.833
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	200	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
<b>Total</b>			1000				
<b>Weighted Daily Average</b>				497.016	5.054	83.551	450.711
<b>% of Calories</b>					9.152%	67.242%	

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## Menu Detail

Date: 05-21-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	48.667	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	25.727	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	47.072	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	39.080	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	43.200	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	90.331	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	23.000	360.833
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	200	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
<b>Total</b>			1000				
<b>Weighted Daily Average</b>				497.016	5.054	83.551	450.711
<b>% of Calories</b>					9.152%	67.242%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 05-22-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	48.667	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	25.727	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	47.072	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	39.080	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	43.200	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	90.331	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	23.000	360.833



Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	200	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
<b>Total</b>			1000				
<b>Weighted Daily Average</b>				497.016	5.054	83.551	450.711
<b>% of Calories</b>					9.152%	67.242%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 05-23-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	48.667	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	25.727	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	47.072	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	39.080	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	43.200	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	90.331	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	23.000	360.833
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	200	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
<b>Total</b>			1000				
<b>Weighted Daily Average</b>				497.016	5.054	83.551	450.711
<b>% of Calories</b>					9.152%	67.242%	

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## Menu Detail

Date: 05-27-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	48.667	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	25.727	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	47.072	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	39.080	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	43.200	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	90.331	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	23.000	360.833
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	20.974	0.890

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	200	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
<b>Total</b>			1000				
<b>Weighted Daily Average</b>				497.016	5.054	83.551	450.711
<b>% of Calories</b>					9.152%	67.242%	

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## Menu Detail

Date: 05-28-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	48.667	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	25.727	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	47.072	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	39.080	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	43.200	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	90.331	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	23.000	360.833
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	200	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
<b>Total</b>			1000				
<b>Weighted Daily Average</b>				497.016	5.054	83.551	450.711
<b>% of Calories</b>					9.152%	67.242%	

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## Menu Detail

Date: 05-29-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	48.667	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	25.727	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	47.072	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	39.080	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	43.200	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	90.331	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	23.000	360.833
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	28.500	2.500

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	200	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
<b>Total</b>			1000				
<b>Weighted Daily Average</b>				497.016	5.054	83.551	450.711
<b>% of Calories</b>					9.152%	67.242%	

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## Menu Detail

Date: 05-30-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Breakfast Entree</b>							
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	25	360.000	5.167	48.667	430.000
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	25	417.617	9.630	25.727	916.854
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	25	466.942	10.463	47.072	719.396
Burrito, Breakfast, Egg, Ham, Potato & Cheese 4.25M/2.25G	78727	1 serving	25	478.852	10.403	39.080	935.919
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	25	586.477	14.730	43.200	953.835
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	10.307	80.331	348.103
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	50	570.775	12.807	90.331	348.103
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	3.500	32.000	320.000
Breakfast Bars, Assorted 2G	78866	1 each	400	285.000	3.000	47.500	230.000
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	1.500	34.000	90.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	4.500	37.500	395.000
Cereal w/ String Cheese 1M/1G	78643	1 serving	25	188.333	3.500	23.000	360.833
<b>Fruit</b>							
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	0.065	20.974	0.890
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	0.000	19.800	0.200
Dried Fruit, Assorted	78632	1 each	100	115.000	0.000	28.500	2.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	0.000	14.000	3.333
<b>Milk</b>							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	0.000	23.000	200.000
<b>Misc.</b>							
Ketchup	78887	1 tablespoon	200	20.000	0.000	4.000	50.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	0.000	1.000	110.000
<b>Total</b>			1000				
<b>Weighted Daily Average</b>				497.016	5.054	83.551	450.711
<b>% of Calories</b>					9.152%	67.242%	

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