

Nutrient Detail Report

Organization: Garden Grove USD

Session: 2024-2025 School Year

Menu: 2024-2025 Elementary Breakfast Menu

Number Source: Planned

Dates: 11-01-2024 to 11-22-2024

Nutrient Summary

Date(s): 11-01-2024 to 11-22-2024

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	488.493		400 min / 500 max	Pass		
Protein (g)	16.091	13.176%				
Total Fat (g)	8.712*	16.051%				
Saturated Fat (g)	3.075	5.666%	< 10%	Pass		
Trans Fat (g)	0.000					
Carbohydrates (g)	86.541	70.864%				
Cholesterol (mg)	54.712					
Sodium (mg)	490.282		≤ 540	Pass		
Potassium (mg)	441.468*					
Fiber (g)	4.354					
Sugars (g)	61.382					
Added Sugars (g)	2.724*	2.23%				
Iron (g)	2.452*					
Calcium (mg)	450.783*					
Vitamin A (IU)	833.266*					
Vitamin C (mg)	38.594*					
Vitamin D (mcg)	1.217*					

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 11-01-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G	78730	1 container	1000	107.143	23.286
Pork Sausage Links (2) & French Toast Sticks (2) 1M/1G	1595485	1 serving/2 links + 2 french toast sticks	4000	240.000	18.667
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	4000	120.000	23.000
Misc.					
String Cheese 1M	78782	1 each	995	80.000	0.000
Syrup Cup	78716	1 each	4000	120.000	30.000
Total			5000		
Weighted Daily Average				570.496	95.907
% of Calories					67.245%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 11-04-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G	78730	1 container	1000	107.143	23.286
Pan Dulce, Assorted 2G	78803	1 each	4000	200.000	34.000
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	4000	120.000	23.000
Misc.					
String Cheese 1M	78782	1 each	995	80.000	0.000
Total			5000		
Weighted Daily Average				442.496	84.174
% of Calories					76.09%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 11-05-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G	78730	1 container	1000	107.143	23.286
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	4000	210.000	26.000
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	4000	120.000	23.000
Misc.					
String Cheese 1M	78782	1 each	995	80.000	0.000
Total			5000		
Weighted Daily Average				450.496	77.774
% of Calories					69.056%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 11-06-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G	78730	1 container	1000	107.143	23.286
Trix Yogurt w/ Mini Muffin 1M/1G	78927	1 serving	4000	218.000	34.650
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	4000	120.000	23.000
Misc.					
String Cheese 1M	78782	1 each	995	80.000	0.000
Total			5000		
Weighted Daily Average				456.896	84.694
% of Calories					74.147%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 11-07-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G	78730	1 container	1000	107.143	23.286
Mini Chocolate Chip French Toast Bites 2G	78756	1 serving	4000	210.000	35.000
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	4000	120.000	23.000
Misc.					
String Cheese 1M	78782	1 each	995	80.000	0.000
Total			5000		
Weighted Daily Average				450.496	84.974
% of Calories					75.449%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 11-12-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G	78730	1 container	1000	107.143	23.286

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Cinnamon Roll w/ Glaze 2.25G (Bake Crafters)	1295610	1 each	4000	300.000	54.000
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	4000	120.000	23.000
Misc.					
String Cheese 1M	78782	1 each	995	80.000	0.000
Total			5000		
Weighted Daily Average				522.496	100.174
% of Calories					76.689%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 11-13-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G	78730	1 container	1000	107.143	23.286
Colby Cheese Omelet w/ Mini Chocolate Chip Muffin 2M/1G	1149433	1 each	4000	228.947	20.794
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	4000	120.000	23.000
Misc.					
String Cheese 1M	78782	1 each	995	80.000	0.000
Total			5000		
Weighted Daily Average				465.653	73.609
% of Calories					63.231%

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Menu Detail

Date: 11-14-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G	78730	1 container	1000	107.143	23.286
"POFFITZ" Mini Pancake Bites 2G	1595500	1 package	4000	250.000	37.000
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	4000	120.000	23.000
Misc.					
String Cheese 1M	78782	1 each	995	80.000	0.000
Syrup Cup	78716	1 each	4000	120.000	30.000
Total			5000		
Weighted Daily Average				578.496	110.574
% of Calories					76.456%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 11-15-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G	78730	1 container	1000	107.143	23.286
Turkey Sausage Egg Bites (2 pcs) 3M	1587727	1 serving/2 pcs	4000	240.000	6.000
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	4000	120.000	23.000
Misc.					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
String Cheese 1M	78782	1 each	995	80.000	0.000
Total			5000		
Weighted Daily Average				474.496	61.774
% of Calories					52.076%

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Menu Detail

Date: 11-18-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G	78730	1 container	1000	107.143	23.286
Pan Dulce, Assorted 2G	78803	1 each	4000	200.000	34.000
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	4000	120.000	23.000
Misc.					
String Cheese 1M	78782	1 each	995	80.000	0.000
Total			5000		
Weighted Daily Average				442.496	84.174
% of Calories					76.09%

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Menu Detail

Date: 11-19-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G	78730	1 container	1000	107.143	23.286
Breakfast Sausage Pizza 1M/1.5G	78684	1 serving	4000	210.000	26.000
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	4000	120.000	23.000
Misc.					
String Cheese 1M	78782	1 each	995	80.000	0.000
Total			5000		
Weighted Daily Average				450.496	77.774
% of Calories					69.056%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 11-20-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G	78730	1 container	1000	107.143	23.286
Trix Yogurt w/ Mini Muffin 1M/1G	78927	1 serving	4000	218.000	34.650
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	4000	120.000	23.000
Misc.					
String Cheese 1M	78782	1 each	995	80.000	0.000
Total			5000		
Weighted Daily Average				456.896	84.694
% of Calories					74.147%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 11-21-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G	78730	1 container	1000	107.143	23.286
Pork Sausage Links (2) & French Toast Sticks (2) 1M/1G	1595485	1 serving/2 links + 2 french toast sticks	4000	240.000	18.667
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	4000	120.000	23.000
Misc.					
String Cheese 1M	78782	1 each	995	80.000	0.000
Syrup Cup	78716	1 each	4000	120.000	30.000
Total			5000		
Weighted Daily Average				570.496	95.907
% of Calories					67.245%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 11-22-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Special Meal (B)	1341338	1 serving	1	N/A*	N/A*
Cereal, Assorted 1G	78730	1 container	1000	107.143	23.286
Breakfast Bar, Banana Chocolate 2G	78768	1 each	4000	280.000	48.000
Fruit					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Fruit, Fresh, Assorted	78755	1 each	5000	65.147	16.717
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	1000	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	4000	120.000	23.000
Misc.					
String Cheese 1M	78782	1 each	995	80.000	0.000
Total			5000		
Weighted Daily Average				506.496	95.374
% of Calories					75.321%

* Indicates missing Nutrient Information.

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