

# Nutrient Detail Report

Organization: Garden Grove USD  
Session: 2024-2025 School Year  
Menu: 2024-2025 High School Lunch Menu  
Number Source: Planned  
Dates: 11-01-2024 to 11-22-2024

## Nutrient Summary

Date(s): 11-01-2024 to 11-22-2024

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	791.601*		750 min / 850 max	Pass		
Protein (g)	30.986*	15.657%				
Total Fat (g)	21.219*	24.125%				
Saturated Fat (g)	5.990*	6.811%	< 10%	Pass		
Trans Fat (g)	0.019*					
Carbohydrates (g)	120.534*	60.906%				
Cholesterol (mg)	56.277*					
Sodium (mg)	1,072.515*		≤ 1280	Pass		
Potassium (mg)	407.000*					
Fiber (g)	9.441*					
Sugars (g)	63.698*					
Added Sugars (g)	0.249*	0.126%				
Iron (g)	3.583*					
Calcium (mg)	418.260*					
Vitamin A (IU)	3,467.720*					
Vitamin C (mg)	57.417*					
Vitamin D (mcg)	0.288*					

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 11-01-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Italian Pasta Salad 2M/4G	1381337	1 serving	100	717.122	93.524
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Seasoned Popcorn Chicken w/ Waffle Fries & Sweet Chili Sauce + Chocolate Chip Cookie 2M/2G	79109	1 serving	1500	520.450	54.397
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	8.077
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				754.304*	113.503*

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
% of Calories					60.189%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 11-04-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Italian Pasta Salad 2M/4G	1381337	1 serving	100	717.122	93.524
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Breaded Chicken Fillet w/ Hamburger Bun 4", 2M/3G	1308461	1 serving	1500	390.000	51.000
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	500	52.480	11.152
<b>Fruit</b>					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Strawberry Mango Italian Ice Cup	1647919	1 each	1500	90.000	23.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
<b>Misc.</b>					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				777.59*	127.714*
% of Calories					65.697%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 11-05-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Italian Pasta Salad 2M/4G	1381337	1 serving	100	717.122	93.524
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Spaghetti w/ Bosco's Cheesy Breadstick (INT/HS) 2M/3G	79194	1 serving	1500	410.786*	50.692*
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Fruit</b>					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
<b>Misc.</b>					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				751.578*	119.607*
% of Calories					63.656%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 11-06-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Italian Pasta Salad 2M/4G	1381337	1 serving	100	717.122	93.524
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Bacon Western Cheeseburger Meal 2.5M/2.25G	79146	1 serving	1500	719.109	66.909
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Beans, Assorted, 1/2 cup	83041	1/2 cup	500	120.537	21.128
<b>Fruit</b>					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
<b>Misc.</b>					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				856.129*	126.584*
% of Calories					59.143%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 11-07-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Italian Pasta Salad 2M/4G	1381337	1 serving	100	717.122	93.524
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Whole Muscle Breaded Chicken Bites (7 pcs), Crinkle Cut Fries & Special Dipping Sauce + Texas Toast	1182539	1 serving/7 pcs chix + 1/2 c fries+ sauce cup + toast	1500	566.524	58.697
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
<b>Fruit</b>					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
<b>Misc.</b>					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				798.299*	122.008*
% of Calories					61.134%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 11-12-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Italian Pasta Salad 2M/4G	1381337	1 serving	100	717.122	93.524
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
General Tso Chicken w/ Vegetable Fried Rice & Cookie 2M/2G	79080	1 serving	1500	453.000	73.800
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
<b>Fruit</b>					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
<b>Milk</b>					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				764.242*	126.539*
% of Calories					66.23%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 11-13-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Italian Pasta Salad 2M/4G	1381337	1 serving	100	717.122	93.524
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Chicken Wings (5 pcs) w/ Buffalo Sauce & Ranch Dressing + Dinner Roll 2.5M/2G	1337037	1 serving/5 wings + 1 dinner roll	1500	698.990	31.336
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Beans, Assorted, 1/2 cup	83041	1/2 cup	500	120.537	21.128
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				850.093*	115.913*
% of Calories					54.541%

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 11-14-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000



Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Italian Pasta Salad 2M/4G	1381337	1 serving	100	717.122	93.524
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Creamy Cajun Chicken Pasta w/ Texas Toast 2.5M/2.25G	1423602	1 serving/1 cup + garlic toast	1500	575.898	46.147
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
<b>Fruit</b>					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
<b>Misc.</b>					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				801.112*	118.243*
% of Calories					59.04%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 11-15-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Italian Pasta Salad 2M/4G	1381337	1 serving	100	717.122	93.524
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Seasoned Popcorn Chicken w/ Waffle Fries & Sweet Chili Sauce + Chocolate Chip Cookie 2M/2G	79109	1 serving	1500	520.450	54.397
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
<b>Fruit</b>					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
<b>Misc.</b>					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				784.477*	120.718*
% of Calories					61.553%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 11-18-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Italian Pasta Salad 2M/4G	1381337	1 serving	100	717.122	93.524
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	500	52.480	11.152
Lettuce, Iceberg, Shredded, 1/2 cup	79088	0.5 cup	1000	5.040	1.069
<b>Fruit</b>					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
<b>Misc.</b>					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				634.598*	105.728*
% of Calories					66.643%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 11-19-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Italian Pasta Salad 2M/4G	1381337	1 serving	100	717.122	93.524
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Teriyaki Chicken with Garlic Noodles 3M/2G	1149738	1 serving./#8 scoop chix + #4 scoop noodles	1500	444.894	47.292
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
<b>Fruit</b>					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
<b>Misc.</b>					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				761.81*	118.587*
% of Calories					62.266%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 11-20-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Italian Pasta Salad 2M/4G	1381337	1 serving	100	717.122	93.524
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Bacon Western Cheeseburger Meal 2.5M/2.25G	79146	1 serving	1500	719.109	66.909
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Beans, Assorted, 1/2 cup	83041	1/2 cup	500	120.537	21.128
<b>Fruit</b>					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
<b>Misc.</b>					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				856.129*	126.584*
% of Calories					59.143%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 11-21-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Italian Pasta Salad 2M/4G	1381337	1 serving	100	717.122	93.524
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Herb Roasted Chicken with Mashed Potatoes, Glazed Baby Carrots and Dinner Roll 2M/2G	1687689	1 serving	1500	884.710*	64.471*
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
<b>Fruit</b>					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
<b>Misc.</b>					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				893.755*	123.741*
% of Calories					55.38%

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 11-22-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
<b>Lunch Entree</b>					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	431.972*	60.566*
Italian Pasta Salad 2M/4G	1381337	1 serving	100	717.122	93.524
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Whole Muscle Breaded Chicken Bites (7 pcs), Crinkle Cut Fries & Special Dipping Sauce + Texas Toast	1182539	1 serving/7 pcs chix + 1/2 c fries+ sauce cup + toast	1500	566.524	58.697
<b>Vegetables</b>					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
<b>Fruit</b>					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
<b>Milk</b>					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				798.299*	122.008*
% of Calories					61.134%

\* Indicates missing Nutrient Information.

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