



November 2021 APPLE CART CAFÉ DAILY MENU











Menu Subject to Change

<p>Served Daily Tuna Salad - Buttermilk Bread Egg Salad - Buttermilk Bread Veggie - Multi Grain Bread Turkey & Cheddar - Whole Wheat Bread</p>	<p>Served Daily Tortilla Soup - Cup or Bowl Yogurt Parfait Vanilla Yogurt Assorted Berries Topped With Granola</p>	<p>Served Daily - Petite or Regular Chef Salad Chicken Caesar Salad Signature Green Salad Choice of Dinner Roll or Muffin Ranch, Italian or Balsamic Vinegar</p>
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SPECIALS OF THE DAY

Monday 1-Nov-2021	<p>Mediterranean Pasta Salad Tortellini, Asparagus, Red Bell Pepper, Mozzarella Cheese, Grape Tomatoes, Black Olives, Artichoke Hearts, Ham, Fresh Basil, Mixed w/ Balsamic Vinaigrette Dressing</p>	<p>Turkey Burger Served on a Whole Wheat Bun, Topped With Tomato Slices, Lettuce & Red Onion Rings Served With Seasoned Potato Wedges</p>
Tuesday 2-Nov-2021	<p>Chinese Chicken Salad Romaine Lettuce, Diced Chicken, Mandarin Oranges, Green Onions, Celery, Cilantro, Won Tons, Chow Mein Noodles, Mixed w/ Oriental Dressing Served w/ a Fortune Cookie</p>	<p>B.L.A.T. Wrap Flour Tortilla Filled With Deli Turkey, Bacon, Lettuce, Tomatoes & Guacamole Served With Fresh Fruit</p>
Wednesday 3-Nov-2021	<p>Southwest Salad Romaine, Diced Chicken, Tomatoes, Black Beans, Corn, Red Bell Pepper, Red Onion, Shredded Cheese, Black Olives & Pico de Gallo Topped With a Spicy Avocado Dressing - Served With a Corn Bread Muffin or Dinner Roll</p>	<p>Spaghetti With Meat Sauce or Marinara Sauce Served With Small Green Salad & Garlic Cheese Toast</p> 
Thursday 4-Nov-2021	<p>Assorted Daily Salads, Sandwiches & Soup</p>	
Friday 5-Nov-2021	<p>Café Closed</p>	<p>Non-Student Day</p> 
Monday 8-Nov-2021	<p>Cobb Salad Mixed Greens, Black Olives, Shredded Cheddar Cheese, Chopped Chicken, Chopped Tomatoes & Hard Cooked Egg Served With Choice of Dinner Roll or Muffin</p>	<p>Mexican Chicken Fajita Plate Chicken Fajita, Sautéed Bell Peppers, Onions, Refried Beans, Mexican Rice, Cheese & Pico De Gallo (2) Flour Tortillas</p> 
Tuesday 9-Nov-2021	<p>Chipotle Chicken Salad Romaine Lettuce, Diced Chicken, Bell Pepper, Green Onions, Celery, Cilantro Served With Creamy Chipotle Dressing & Tortilla Straws</p>	<p>California Chicken Sandwich Grilled Chicken Breast on a Buttery Bun Topped with Bacon Strips Melted Mozzarella Cheese & Avocado Served w Macaroni Salad</p>
Wednesday 10-Nov-2021	<p>The Apple Cart Salad Romaine, Diced Chicken, Celery, Mandarin Oranges, Diced Apples, Dried Cranberries, Feta Cheese, Red Onion Rings, Topped With Bleu Cheese Served With A Muffin or Dinner Roll</p>	<p>Cheese Enchiladas (2) Corn Tortillas Filled With Cheese Covered In A Mild Red Sauce Topped With Melted Cheddar Cheese Served with Refried Beans & Spanish Rice Tortilla Chips & Salsa</p> 
Thursday 11-Nov-2021	<p>Holiday</p> 	<p>Veteran's Day</p> 
Friday 12-Nov-2021	<p>Assorted Daily Salads, Sandwiches & Soup</p>	
Monday 15-Nov-2021	<p>Cobb Salad Mixed Greens, Black Olives, Shredded Cheddar Cheese, Chopped Chicken, Chopped Tomatoes & Hard Cooked Egg Served With Choice of Dinner Roll or Muffin</p>	<p>El Dorado Casserole Served with Fresh Fruit</p> 

<p>Tuesday 16-Nov-2021</p>	<p>Santa Fe Salad Mixed Greens, Chicken Strips, Tomatoes, Jicama, Cheddar Cheese, Black Olives Topped With Salsa Dressing & Tortilla Straws</p>	<p>Teriyaki Chicken Bowl Filled With Teriyaki Chicken Steamed White Rice Topped With Broccoli & Carrots Served With A Chinese Almond Cookie</p>
<p>Wednesday 17-Nov-2021</p>	<p>BBQ Chicken Salad Chopped Lettuce, Chicken, Corn, Black Beans, Red Onions, Tomatoes, Jicama, Cheddar Cheese Topped With Tortilla Strips & BBQ Ranch Dressing Served With A Cheese Bread Stick</p>	<p>Spaghetti With Meat Sauce or Marinara Sauce Served With Small Green Salad & Garlic Cheese Toast</p>
<p>Thursday 18-Nov-2021</p>	<p>Classic Spinach Salad Spinach, Sliced Mushrooms, Tomatoes, Red Onions, Bacon & Hard Cooked Sliced Egg Topped With Dijon Mustard Dressing & Croutons Served With A Muffin</p>	<p>Homemade Chicken & Rice Burrito Served With Pico de Gallo, Spanish Rice & Refried Beans & Tortilla Chips </p>
<p>Friday 19-Nov-2021</p>	  	<p>Assorted Daily Salads, Sandwiches & Soup</p>
<p>Monday 22-Nov-2021</p>	<p>Closed for Thanksgiving Break</p>	<p>November 22 - November 26 Happy Thanksgiving </p>
<p>Monday 29-Nov-2021</p>	<p>Italian Pasta Salad  Spiral Pasta, Salami, Ham, Turkey, Mozzarella Cheese, Garbanzo Beans, Broccoli, Black Olives, Pepperoncini, Grape Tomatoes Mixed With Italian Dressing Served With A Garlic Cheese Breadstick</p>	<p>Apple Cart Beef Sliders (2) Seasoned Ground Beef Patties Topped With Melted Cheddar Cheese, Shredded Lettuce, Tomato Slices Grilled Onions & Mushrooms Served With Seasoned Potato Wedges </p>
<p>Tuesday 30-Nov-2021</p>	<p>Asian Chicken Slaw Shredded Chicken Mixed With Celery, Sugar Peas, Red Bell Pepper, Onion, Slaw Mix & Water Chestnuts Vinaigrette Dressing Mixed With Soy Sauce, Toasted Almonds & Sesame Seeds Served On A Bed Of Curly Lettuce</p>	<p>Orange Chicken Bowl Served With Chow Mein, Fried Rice With Carrots & Peas - Served With A Lucky Fortune Cookie Sweet & Sour Sauce Available on Request </p>