Nutrient Detail Report

Organization: Garden Grove USD **Session:** 2024-2025 School Year

Menu: 2024-2025 Intermediate Breakfast Menu

Number Source: Planned **Dates:** 10-01-2024 to 10-31-2024

Nutrient Summary

Date(s): 10-01-2024 to 10-31-2024

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	537.466		400 min / 550 max	Pass		
Protein (g)	16.171	12.035%				
Total Fat (g)	15.877	26.587%				
Saturated Fat (g)	6.573	11.007%	< 10%	Fail	1.007	Too much Saturated Fat (11.01 of 10.00)
Trans Fat (g)	0.000*					
Carbohydrates (g)	84.549	62.924%				
Cholesterol (mg)	97.055*					
Sodium (mg)	528.896		≤ 600	Pass		
Potassium (mg)	230.385*					
Fiber (g)	4.728*					
Sugars (g)	52.282*					
Added Sugars (g)	6.247*	4.649%				
Iron (g)	2.256*					
Calcium (mg)	321.112*					
Vitamin A (IU)	697.527*					
Vitamin C (mg)	30.423*					
Vitamin D (mcg)	0.531*					

^{*} Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 10-01-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)			
Breakfast Entree								
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667			
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274			
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886			
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690			
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200			
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331			
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331			
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000			
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500			
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000			
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500			
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286			
Fruit								
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974			
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800			
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000			
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000			
Milk				1				
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000			
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000			
Misc.					1			
Ketchup	78887	1 tablespoon	200	20.000	4.000			
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000			
Total			1000					
Weighted Daily Average				537.466	84.549			
% of Calories					62.924%			

^{*} Indicates missing Nutrient Information.

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Menu Detail Date: 10-02-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)			
Breakfast Entree								
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667			
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274			
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886			

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
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Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				537.466	84.549
% of Calories	•			•	62.924%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 10-03-2024

					
Recipe Name Breakfast Entree	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886
	78727		50	478.320	39.690
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G		1 serving			
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500		50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average			•	537.466	84.549
% of Calories					62.924%

^{*} Indicates missing Nutrient Information.

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Menu Detail Date: 10-04-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)				
Breakfast Entree									
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667				
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274				
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886				
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690				
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200				
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331				
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331				
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000				
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500				
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000				

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				537.466	84.549
% of Calories		·			62.924%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 10-07-2024

Recipe Name		Portion Size	Plan Quantity	(Calories (kcal)	Carbohydrates (g)
Breakfast Entree	Recipe #	1 010011 0126	i ian Quantity	oalones (kcai)	Carbonyarates (g)
ork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667
andwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690
Surrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200
omemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
lomemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
andwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1	78843	1 each	100	320.000	32.000
reakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
an Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
op Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
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ruit					
ruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
ruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
ried Fruit, Assorted	78632	1 each	100	112.500	28.000
uice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
1ilk					
lilk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
lilk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
lisc.	•				
Cetchup	78887	1 tablespoon	200	20.000	4.000
lot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
otal			1000		
Veighted Daily Average			•	537.466	84.549
6 of Calories					62.924%

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Menu Detail Date: 10-08-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)				
Breakfast Entree									
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667				
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274				
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886				
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690				
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200				
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331				
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331				
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000				
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500				
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000				
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500				
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286				
Fruit									
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974				
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800				
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000				
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000				

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				537.466	84.549
% of Calories					62.924%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 10-09-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886
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Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
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Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				537.466	84.549
% of Calories					62.924%

^{*} Indicates missing Nutrient Information.

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Menu Detail Date: 10-10-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274
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Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk	1				
Milk, 1% Low Fat, Clearbrook Farms	1225774		200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.	1			ı	
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Weighted Daily Average				537.466	84.549
% of Calories					62.924%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 10-11-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886
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Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted		0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk			T		•
Milk, 1% Low Fat, Clearbrook Farms	1225774		200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.	I =====				4.000
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				537.466	84.549
% of Calories		<u>-</u>		·	62.924%

^{*} Indicates missing Nutrient Information.

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Menu Detail Date: 10-14-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)			
Breakfast Entree								
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667			
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274			
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886			
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690			
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200			
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331			
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331			
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000			
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500			
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000			
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500			
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286			
Fruit								
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974			
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800			
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000			
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000			
Milk	_							
Milk, 1% Low Fat, Clearbrook Farms	1225774		200	120.000	16.000			
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000			
Misc.	T							
Ketchup	78887	1 tablespoon	200	20.000	4.000			
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000			
Total 1000								
Weighted Daily Average				537.466	84.549			
% of Calories					62.924%			

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 10-15-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.	•				
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				537.466	84.549
% of Calories					62.924%

^{*} Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 10-16-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					(9)
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted		0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774		200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.	1		ı		
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				537.466	84.549
% of Calories					62.924%

^{*} Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 10-17-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				537.466	84.549
% of Calories					62.924%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 10-18-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree	· · · · ·		<u> </u>		(g/
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				537.466	84.549
% of Calories					62.924%

^{*} Indicates missing Nutrient Information.

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Menu Detail Date: 10-21-2024

Recipe Name	Recipe #	Portion Size	Blan Quantity	Calarias (kasl)	Carbohydrates (g)
Breakfast Entree	Recipe #	Fortion Size	Fian Quantity	Calories (KCai)	carbonyurates (g)
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				537.466	84.549
% of Calories		·			62.924%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 10-22-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk	,				
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.	,				
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				537.466	84.549
% of Calories				•	62.924%

^{*} Indicates missing Nutrient Information.

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Menu Detail Date: 10-23-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)				
Breakfast Entree									
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667				
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274				
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886				
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690				
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200				
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331				
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331				
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000				
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500				
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000				
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500				
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286				
Fruit									
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974				
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800				
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000				
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000				
Milk									

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				537.466	84.549
% of Calories	•				62.924%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 10-24-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree				<u> </u>	, ,
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total 1000					
Weighted Daily Average			•	537.466	84.549
% of Calories					62.924%

^{*} Indicates missing Nutrient Information.

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Menu Detail Date: 10-25-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.	70007		000	00.000	4.000
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				537.466	84.549

Recipe Name	Recipe #	Portion Size	Plan Quantity Calories (kcal) Carbohydrates (g)
% of Calories			62.924%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 10-28-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					2 - 107
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286
Fruit	,				
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk				1	1
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.				1	1
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total 1000					
Weighted Daily Average				537.466	84.549
% of Calories					62.924%

^{*} Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 10-29-2024

Breakfast Entree				- and not (notal)	Carbohydrates (g)
SiedkidSt Lilliee					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/10	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total .			1000		
Neighted Daily Average				537.466	84.549
% of Calories				•	62.924%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 10-30-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.	•				
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total 1000					
Weighted Daily Average				537.466	84.549
% of Calories					62.924%

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Menu Detail Date: 10-31-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					(9)
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted		0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774		200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.	1		ı		
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				537.466	84.549
% of Calories					62.924%

^{*} Indicates missing Nutrient Information.

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