

# Nutrient Detail Report

Organization: Garden Grove USD  
Session: 2024-2025 School Year  
Menu: 2024-2025 Intermediate Breakfast Menu  
Number Source: Planned  
Dates: 10-01-2024 to 10-31-2024

## Nutrient Summary

Date(s): 10-01-2024 to 10-31-2024

| Nutrient          | Menu Average | % of Calories | Target            | Pass / Fail | Shortfall / Overage | Notes / Errors                          |
|-------------------|--------------|---------------|-------------------|-------------|---------------------|---|
| Calories (kcal)   | 537.466      |               | 400 min / 550 max | Pass        |                     |   |
| Protein (g)       | 16.171       | 12.035%       |                   |             |                     |   |
| Total Fat (g)     | 15.877       | 26.587%       |                   |             |                     |   |
| Saturated Fat (g) | 6.573        | 11.007%       | < 10%             | Fail        | 1.007               | Too much Saturated Fat (11.01 of 10.00) |
| Trans Fat (g)     | 0.000*       |               |                   |             |                     |   |
| Carbohydrates (g) | 84.549       | 62.924%       |                   |             |                     |   |
| Cholesterol (mg)  | 97.055*      |               |                   |             |                     |   |
| Sodium (mg)       | 528.896      |               | ≤ 600             | Pass        |                     |   |
| Potassium (mg)    | 230.385*     |               |                   |             |                     |   |
| Fiber (g)         | 4.728*       |               |                   |             |                     |   |
| Sugars (g)        | 52.282*      |               |                   |             |                     |   |
| Added Sugars (g)  | 6.247*       | 4.649%        |                   |             |                     |   |
| Iron (g)          | 2.256*       |               |                   |             |                     |   |
| Calcium (mg)      | 321.112*     |               |                   |             |                     |   |
| Vitamin A (IU)    | 697.527*     |               |                   |             |                     |   |
| Vitamin C (mg)    | 30.423*      |               |                   |             |                     |   |
| Vitamin D (mcg)   | 0.531*       |               |                   |             |                     |   |

\* Indicates missing Nutrient Information.  
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## Menu Detail

Date: 10-01-2024

| Recipe Name  | Recipe # | Portion Size                              | Plan Quantity | Calories (kcal) | Carbohydrates (g) |
|--|----------|---|---------------|-----------------|-------------------|
| Breakfast Entree   |          |   |               |                 |                   |
| Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G             | 1617430  | 1 serving/2 links + 3 french toast sticks | 50            | 360.000         | 48.667            |
| Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G                              | 79884    | 1 each                                    | 50            | 461.741         | 35.274            |
| Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G                               | 78775    | 1 serving                                 | 50            | 558.657         | 43.886            |
| Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G                           | 78727    | 1 serving                                 | 50            | 478.320         | 39.690            |
| Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G                             | 78746    | 1 serving                                 | 50            | 586.477         | 43.200            |
| Homemade Banana Bread Muffin 2G  | 1434500  | 1 each                                    | 50            | 500.775         | 80.331            |
| Homemade Choc Chip Banana Bread Muffin 2G  | 1434501  | 1 each                                    | 100           | 570.775         | 90.331            |
| Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G | 78843    | 1 each                                    | 100           | 320.000         | 32.000            |
| Breakfast Bars, Assorted 2G  | 78866    | 1 each                                    | 200           | 285.000         | 47.500            |
| Pan Dulce, Assorted 2G   | 78803    | 1 each                                    | 150           | 200.000         | 34.000            |
| Pop Tart & String Cheese 1M/1G   | 78821    | 1 serving                                 | 100           | 260.000         | 37.500            |
| Cereal w/ String Cheese 1M/1G  | 78643    | 1 serving                                 | 50            | 187.143         | 23.286            |
| Fruit  |          |   |               |                 |                   |
| Fruit, Fresh, Assorted (BKF)   | 78657    | 1 each                                    | 400           | 81.357          | 20.974            |
| Fruit Cup, Assorted  | 78625    | 0.5 cup                                   | 200           | 82.200          | 19.800            |
| Dried Fruit, Assorted  | 78632    | 1 each                                    | 100           | 112.500         | 28.000            |
| Juice, Assorted, 4 oz, Clearbrook Farms  | 1221539  | 1 each                                    | 700           | 60.000          | 14.000            |
| Milk   |          |   |               |                 |                   |
| Milk, 1% Low Fat, Clearbrook Farms   | 1225774  | 1 each                                    | 200           | 120.000         | 16.000            |
| Milk, Chocolate, Fat-free, Clearbrook Farms                                      | 1221537  | 1 each                                    | 400           | 120.000         | 23.000            |
| Misc.  |          |   |               |                 |                   |
| Ketchup  | 78887    | 1 tablespoon                              | 200           | 20.000          | 4.000             |
| Hot Sauce (Del Sol)  | 79899    | 1 packet                                  | 100           | 5.000           | 1.000             |
| Total  |          |   | 1000          |                 |                   |
| Weighted Daily Average   |          |   |               | 537.466         | 84.549            |
| % of Calories  |          |   |               |                 | 62.924%           |

\* Indicates missing Nutrient Information.  
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## Menu Detail

Date: 10-02-2024

| Recipe Name  | Recipe # | Portion Size                              | Plan Quantity | Calories (kcal) | Carbohydrates (g) |
|--|----------|---|---------------|-----------------|-------------------|
| Breakfast Entree   |          |   |               |                 |                   |
| Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G | 1617430  | 1 serving/2 links + 3 french toast sticks | 50            | 360.000         | 48.667            |
| Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G                  | 79884    | 1 each                                    | 50            | 461.741         | 35.274            |
| Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G                   | 78775    | 1 serving                                 | 50            | 558.657         | 43.886            |

| Recipe Name  | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Carbohydrates (g) |
|--|----------|--------------|---------------|-----------------|-------------------|
| Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G                           | 78727    | 1 serving    | 50            | 478.320         | 39.690            |
| Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G                             | 78746    | 1 serving    | 50            | 586.477         | 43.200            |
| Homemade Banana Bread Muffin 2G  | 1434500  | 1 each       | 50            | 500.775         | 80.331            |
| Homemade Choc Chip Banana Bread Muffin 2G  | 1434501  | 1 each       | 100           | 570.775         | 90.331            |
| Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G | 78843    | 1 each       | 100           | 320.000         | 32.000            |
| Breakfast Bars, Assorted 2G  | 78866    | 1 each       | 200           | 285.000         | 47.500            |
| Pan Dulce, Assorted 2G   | 78803    | 1 each       | 150           | 200.000         | 34.000            |
| Pop Tart & String Cheese 1M/1G   | 78821    | 1 serving    | 100           | 260.000         | 37.500            |
| Cereal w/ String Cheese 1M/1G  | 78643    | 1 serving    | 50            | 187.143         | 23.286            |
| Fruit  |          |              |               |                 |                   |
| Fruit, Fresh, Assorted (BKF)   | 78657    | 1 each       | 400           | 81.357          | 20.974            |
| Fruit Cup, Assorted  | 78625    | 0.5 cup      | 200           | 82.200          | 19.800            |
| Dried Fruit, Assorted  | 78632    | 1 each       | 100           | 112.500         | 28.000            |
| Juice, Assorted, 4 oz, Clearbrook Farms  | 1221539  | 1 each       | 700           | 60.000          | 14.000            |
| Milk   |          |              |               |                 |                   |
| Milk, 1% Low Fat, Clearbrook Farms   | 1225774  | 1 each       | 200           | 120.000         | 16.000            |
| Milk, Chocolate, Fat-free, Clearbrook Farms                                      | 1221537  | 1 each       | 400           | 120.000         | 23.000            |
| Misc.  |          |              |               |                 |                   |
| Ketchup  | 78887    | 1 tablespoon | 200           | 20.000          | 4.000             |
| Hot Sauce (Del Sol)  | 79899    | 1 packet     | 100           | 5.000           | 1.000             |
| Total  |          |              | 1000          |                 |                   |
| Weighted Daily Average   |          |              |               | 537.466         | 84.549            |
| % of Calories  |          |              |               |                 | 62.924%           |

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## Menu Detail

Date: 10-03-2024

| Recipe Name  | Recipe # | Portion Size                              | Plan Quantity | Calories (kcal) | Carbohydrates (g) |
|--|----------|---|---------------|-----------------|-------------------|
| Breakfast Entree   |          |   |               |                 |                   |
| Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G             | 1617430  | 1 serving/2 links + 3 french toast sticks | 50            | 360.000         | 48.667            |
| Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G                              | 79884    | 1 each                                    | 50            | 461.741         | 35.274            |
| Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G                               | 78775    | 1 serving                                 | 50            | 558.657         | 43.886            |
| Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G                           | 78727    | 1 serving                                 | 50            | 478.320         | 39.690            |
| Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G                             | 78746    | 1 serving                                 | 50            | 586.477         | 43.200            |
| Homemade Banana Bread Muffin 2G  | 1434500  | 1 each                                    | 50            | 500.775         | 80.331            |
| Homemade Choc Chip Banana Bread Muffin 2G  | 1434501  | 1 each                                    | 100           | 570.775         | 90.331            |
| Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G | 78843    | 1 each                                    | 100           | 320.000         | 32.000            |
| Breakfast Bars, Assorted 2G  | 78866    | 1 each                                    | 200           | 285.000         | 47.500            |
| Pan Dulce, Assorted 2G   | 78803    | 1 each                                    | 150           | 200.000         | 34.000            |
| Pop Tart & String Cheese 1M/1G   | 78821    | 1 serving                                 | 100           | 260.000         | 37.500            |
| Cereal w/ String Cheese 1M/1G  | 78643    | 1 serving                                 | 50            | 187.143         | 23.286            |
| Fruit  |          |   |               |                 |                   |
| Fruit, Fresh, Assorted (BKF)   | 78657    | 1 each                                    | 400           | 81.357          | 20.974            |
| Fruit Cup, Assorted  | 78625    | 0.5 cup                                   | 200           | 82.200          | 19.800            |
| Dried Fruit, Assorted  | 78632    | 1 each                                    | 100           | 112.500         | 28.000            |
| Juice, Assorted, 4 oz, Clearbrook Farms  | 1221539  | 1 each                                    | 700           | 60.000          | 14.000            |
| Milk   |          |   |               |                 |                   |
| Milk, 1% Low Fat, Clearbrook Farms   | 1225774  | 1 each                                    | 200           | 120.000         | 16.000            |
| Milk, Chocolate, Fat-free, Clearbrook Farms                                      | 1221537  | 1 each                                    | 400           | 120.000         | 23.000            |
| Misc.  |          |   |               |                 |                   |
| Ketchup  | 78887    | 1 tablespoon                              | 200           | 20.000          | 4.000             |
| Hot Sauce (Del Sol)  | 79899    | 1 packet                                  | 100           | 5.000           | 1.000             |
| Total  |          |   | 1000          |                 |                   |
| Weighted Daily Average   |          |   |               | 537.466         | 84.549            |
| % of Calories  |          |   |               |                 | 62.924%           |

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 10-04-2024

| Recipe Name  | Recipe # | Portion Size                              | Plan Quantity | Calories (kcal) | Carbohydrates (g) |
|--|----------|---|---------------|-----------------|-------------------|
| Breakfast Entree   |          |   |               |                 |                   |
| Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G             | 1617430  | 1 serving/2 links + 3 french toast sticks | 50            | 360.000         | 48.667            |
| Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G                              | 79884    | 1 each                                    | 50            | 461.741         | 35.274            |
| Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G                               | 78775    | 1 serving                                 | 50            | 558.657         | 43.886            |
| Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G                           | 78727    | 1 serving                                 | 50            | 478.320         | 39.690            |
| Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G                             | 78746    | 1 serving                                 | 50            | 586.477         | 43.200            |
| Homemade Banana Bread Muffin 2G  | 1434500  | 1 each                                    | 50            | 500.775         | 80.331            |
| Homemade Choc Chip Banana Bread Muffin 2G  | 1434501  | 1 each                                    | 100           | 570.775         | 90.331            |
| Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G | 78843    | 1 each                                    | 100           | 320.000         | 32.000            |
| Breakfast Bars, Assorted 2G  | 78866    | 1 each                                    | 200           | 285.000         | 47.500            |
| Pan Dulce, Assorted 2G   | 78803    | 1 each                                    | 150           | 200.000         | 34.000            |

| Recipe Name                                 | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Carbohydrates (g) |
|---|----------|--------------|---------------|-----------------|-------------------|
| Pop Tart & String Cheese 1M/1G              | 78821    | 1 serving    | 100           | 260.000         | 37.500            |
| Cereal w/ String Cheese 1M/1G               | 78643    | 1 serving    | 50            | 187.143         | 23.286            |
| Fruit                                       |          |              |               |                 |                   |
| Fruit, Fresh, Assorted (BKF)                | 78657    | 1 each       | 400           | 81.357          | 20.974            |
| Fruit Cup, Assorted                         | 78625    | 0.5 cup      | 200           | 82.200          | 19.800            |
| Dried Fruit, Assorted                       | 78632    | 1 each       | 100           | 112.500         | 28.000            |
| Juice, Assorted, 4 oz, Clearbrook Farms     | 1221539  | 1 each       | 700           | 60.000          | 14.000            |
| Milk  |          |              |               |                 |                   |
| Milk, 1% Low Fat, Clearbrook Farms          | 1225774  | 1 each       | 200           | 120.000         | 16.000            |
| Milk, Chocolate, Fat-free, Clearbrook Farms | 1221537  | 1 each       | 400           | 120.000         | 23.000            |
| Misc.                                       |          |              |               |                 |                   |
| Ketchup                                     | 78887    | 1 tablespoon | 200           | 20.000          | 4.000             |
| Hot Sauce (Del Sol)                         | 79899    | 1 packet     | 100           | 5.000           | 1.000             |
| Total                                       |          |              | 1000          |                 |                   |
| Weighted Daily Average                      |          |              |               | 537.466         | 84.549            |
| % of Calories                               |          |              |               |                 | 62.924%           |

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 10-07-2024

| Recipe Name  | Recipe # | Portion Size                              | Plan Quantity | Calories (kcal) | Carbohydrates (g) |
|--|----------|---|---------------|-----------------|-------------------|
| Breakfast Entree   |          |   |               |                 |                   |
| Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G             | 1617430  | 1 serving/2 links + 3 french toast sticks | 50            | 360.000         | 48.667            |
| Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G                              | 79884    | 1 each                                    | 50            | 461.741         | 35.274            |
| Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G                               | 78775    | 1 serving                                 | 50            | 558.657         | 43.886            |
| Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G                           | 78727    | 1 serving                                 | 50            | 478.320         | 39.690            |
| Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G                             | 78746    | 1 serving                                 | 50            | 586.477         | 43.200            |
| Homemade Banana Bread Muffin 2G  | 1434500  | 1 each                                    | 50            | 500.775         | 80.331            |
| Homemade Choc Chip Banana Bread Muffin 2G  | 1434501  | 1 each                                    | 100           | 570.775         | 90.331            |
| Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G | 78843    | 1 each                                    | 100           | 320.000         | 32.000            |
| Breakfast Bars, Assorted 2G  | 78866    | 1 each                                    | 200           | 285.000         | 47.500            |
| Pan Dulce, Assorted 2G   | 78803    | 1 each                                    | 150           | 200.000         | 34.000            |
| Pop Tart & String Cheese 1M/1G   | 78821    | 1 serving                                 | 100           | 260.000         | 37.500            |
| Cereal w/ String Cheese 1M/1G  | 78643    | 1 serving                                 | 50            | 187.143         | 23.286            |
| Fruit  |          |   |               |                 |                   |
| Fruit, Fresh, Assorted (BKF)   | 78657    | 1 each                                    | 400           | 81.357          | 20.974            |
| Fruit Cup, Assorted  | 78625    | 0.5 cup                                   | 200           | 82.200          | 19.800            |
| Dried Fruit, Assorted  | 78632    | 1 each                                    | 100           | 112.500         | 28.000            |
| Juice, Assorted, 4 oz, Clearbrook Farms  | 1221539  | 1 each                                    | 700           | 60.000          | 14.000            |
| Milk   |          |   |               |                 |                   |
| Milk, 1% Low Fat, Clearbrook Farms   | 1225774  | 1 each                                    | 200           | 120.000         | 16.000            |
| Milk, Chocolate, Fat-free, Clearbrook Farms                                      | 1221537  | 1 each                                    | 400           | 120.000         | 23.000            |
| Misc.  |          |   |               |                 |                   |
| Ketchup  | 78887    | 1 tablespoon                              | 200           | 20.000          | 4.000             |
| Hot Sauce (Del Sol)  | 79899    | 1 packet                                  | 100           | 5.000           | 1.000             |
| Total  |          |   | 1000          |                 |                   |
| Weighted Daily Average   |          |   |               | 537.466         | 84.549            |
| % of Calories  |          |   |               |                 | 62.924%           |

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 10-08-2024

| Recipe Name  | Recipe # | Portion Size                              | Plan Quantity | Calories (kcal) | Carbohydrates (g) |
|--|----------|---|---------------|-----------------|-------------------|
| Breakfast Entree   |          |   |               |                 |                   |
| Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G             | 1617430  | 1 serving/2 links + 3 french toast sticks | 50            | 360.000         | 48.667            |
| Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G                              | 79884    | 1 each                                    | 50            | 461.741         | 35.274            |
| Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G                               | 78775    | 1 serving                                 | 50            | 558.657         | 43.886            |
| Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G                           | 78727    | 1 serving                                 | 50            | 478.320         | 39.690            |
| Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G                             | 78746    | 1 serving                                 | 50            | 586.477         | 43.200            |
| Homemade Banana Bread Muffin 2G  | 1434500  | 1 each                                    | 50            | 500.775         | 80.331            |
| Homemade Choc Chip Banana Bread Muffin 2G  | 1434501  | 1 each                                    | 100           | 570.775         | 90.331            |
| Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G | 78843    | 1 each                                    | 100           | 320.000         | 32.000            |
| Breakfast Bars, Assorted 2G  | 78866    | 1 each                                    | 200           | 285.000         | 47.500            |
| Pan Dulce, Assorted 2G   | 78803    | 1 each                                    | 150           | 200.000         | 34.000            |
| Pop Tart & String Cheese 1M/1G   | 78821    | 1 serving                                 | 100           | 260.000         | 37.500            |
| Cereal w/ String Cheese 1M/1G  | 78643    | 1 serving                                 | 50            | 187.143         | 23.286            |
| Fruit  |          |   |               |                 |                   |
| Fruit, Fresh, Assorted (BKF)   | 78657    | 1 each                                    | 400           | 81.357          | 20.974            |
| Fruit Cup, Assorted  | 78625    | 0.5 cup                                   | 200           | 82.200          | 19.800            |
| Dried Fruit, Assorted  | 78632    | 1 each                                    | 100           | 112.500         | 28.000            |
| Juice, Assorted, 4 oz, Clearbrook Farms  | 1221539  | 1 each                                    | 700           | 60.000          | 14.000            |

| Recipe Name                                 | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Carbohydrates (g) |
|---|----------|--------------|---------------|-----------------|-------------------|
| Milk  |          |              |               |                 |                   |
| Milk, 1% Low Fat, Clearbrook Farms          | 1225774  | 1 each       | 200           | 120.000         | 16.000            |
| Milk, Chocolate, Fat-free, Clearbrook Farms | 1221537  | 1 each       | 400           | 120.000         | 23.000            |
| Misc.                                       |          |              |               |                 |                   |
| Ketchup                                     | 78887    | 1 tablespoon | 200           | 20.000          | 4.000             |
| Hot Sauce (Del Sol)                         | 79899    | 1 packet     | 100           | 5.000           | 1.000             |
| Total                                       |          |              | 1000          |                 |                   |
| Weighted Daily Average                      |          |              |               | 537.466         | 84.549            |
| % of Calories                               |          |              |               |                 | 62.924%           |

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 10-09-2024

| Recipe Name  | Recipe # | Portion Size                              | Plan Quantity | Calories (kcal) | Carbohydrates (g) |
|--|----------|---|---------------|-----------------|-------------------|
| Breakfast Entree   |          |   |               |                 |                   |
| Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G             | 1617430  | 1 serving/2 links + 3 french toast sticks | 50            | 360.000         | 48.667            |
| Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G                              | 79884    | 1 each                                    | 50            | 461.741         | 35.274            |
| Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G                               | 78775    | 1 serving                                 | 50            | 558.657         | 43.886            |
| Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G                           | 78727    | 1 serving                                 | 50            | 478.320         | 39.690            |
| Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G                             | 78746    | 1 serving                                 | 50            | 586.477         | 43.200            |
| Homemade Banana Bread Muffin 2G  | 1434500  | 1 each                                    | 50            | 500.775         | 80.331            |
| Homemade Choc Chip Banana Bread Muffin 2G  | 1434501  | 1 each                                    | 100           | 570.775         | 90.331            |
| Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G | 78843    | 1 each                                    | 100           | 320.000         | 32.000            |
| Breakfast Bars, Assorted 2G  | 78866    | 1 each                                    | 200           | 285.000         | 47.500            |
| Pan Dulce, Assorted 2G   | 78803    | 1 each                                    | 150           | 200.000         | 34.000            |
| Pop Tart & String Cheese 1M/1G   | 78821    | 1 serving                                 | 100           | 260.000         | 37.500            |
| Cereal w/ String Cheese 1M/1G  | 78643    | 1 serving                                 | 50            | 187.143         | 23.286            |
| Fruit  |          |   |               |                 |                   |
| Fruit, Fresh, Assorted (BKF)   | 78657    | 1 each                                    | 400           | 81.357          | 20.974            |
| Fruit Cup, Assorted  | 78625    | 0.5 cup                                   | 200           | 82.200          | 19.800            |
| Dried Fruit, Assorted  | 78632    | 1 each                                    | 100           | 112.500         | 28.000            |
| Juice, Assorted, 4 oz, Clearbrook Farms  | 1221539  | 1 each                                    | 700           | 60.000          | 14.000            |
| Milk   |          |   |               |                 |                   |
| Milk, 1% Low Fat, Clearbrook Farms   | 1225774  | 1 each                                    | 200           | 120.000         | 16.000            |
| Milk, Chocolate, Fat-free, Clearbrook Farms                                      | 1221537  | 1 each                                    | 400           | 120.000         | 23.000            |
| Misc.  |          |   |               |                 |                   |
| Ketchup  | 78887    | 1 tablespoon                              | 200           | 20.000          | 4.000             |
| Hot Sauce (Del Sol)  | 79899    | 1 packet                                  | 100           | 5.000           | 1.000             |
| Total  |          |   | 1000          |                 |                   |
| Weighted Daily Average   |          |   |               | 537.466         | 84.549            |
| % of Calories  |          |   |               |                 | 62.924%           |

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 10-10-2024

| Recipe Name  | Recipe # | Portion Size                              | Plan Quantity | Calories (kcal) | Carbohydrates (g) |
|--|----------|---|---------------|-----------------|-------------------|
| Breakfast Entree   |          |   |               |                 |                   |
| Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G             | 1617430  | 1 serving/2 links + 3 french toast sticks | 50            | 360.000         | 48.667            |
| Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G                              | 79884    | 1 each                                    | 50            | 461.741         | 35.274            |
| Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G                               | 78775    | 1 serving                                 | 50            | 558.657         | 43.886            |
| Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G                           | 78727    | 1 serving                                 | 50            | 478.320         | 39.690            |
| Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G                             | 78746    | 1 serving                                 | 50            | 586.477         | 43.200            |
| Homemade Banana Bread Muffin 2G  | 1434500  | 1 each                                    | 50            | 500.775         | 80.331            |
| Homemade Choc Chip Banana Bread Muffin 2G  | 1434501  | 1 each                                    | 100           | 570.775         | 90.331            |
| Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G | 78843    | 1 each                                    | 100           | 320.000         | 32.000            |
| Breakfast Bars, Assorted 2G  | 78866    | 1 each                                    | 200           | 285.000         | 47.500            |
| Pan Dulce, Assorted 2G   | 78803    | 1 each                                    | 150           | 200.000         | 34.000            |
| Pop Tart & String Cheese 1M/1G   | 78821    | 1 serving                                 | 100           | 260.000         | 37.500            |
| Cereal w/ String Cheese 1M/1G  | 78643    | 1 serving                                 | 50            | 187.143         | 23.286            |
| Fruit  |          |   |               |                 |                   |
| Fruit, Fresh, Assorted (BKF)   | 78657    | 1 each                                    | 400           | 81.357          | 20.974            |
| Fruit Cup, Assorted  | 78625    | 0.5 cup                                   | 200           | 82.200          | 19.800            |
| Dried Fruit, Assorted  | 78632    | 1 each                                    | 100           | 112.500         | 28.000            |
| Juice, Assorted, 4 oz, Clearbrook Farms  | 1221539  | 1 each                                    | 700           | 60.000          | 14.000            |
| Milk   |          |   |               |                 |                   |
| Milk, 1% Low Fat, Clearbrook Farms   | 1225774  | 1 each                                    | 200           | 120.000         | 16.000            |
| Milk, Chocolate, Fat-free, Clearbrook Farms                                      | 1221537  | 1 each                                    | 400           | 120.000         | 23.000            |
| Misc.  |          |   |               |                 |                   |
| Ketchup  | 78887    | 1 tablespoon                              | 200           | 20.000          | 4.000             |
| Hot Sauce (Del Sol)  | 79899    | 1 packet                                  | 100           | 5.000           | 1.000             |
| Total  |          |   | 1000          |                 |                   |

| Recipe Name            | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Carbohydrates (g) |
|------------------------|----------|--------------|---------------|-----------------|-------------------|
| Weighted Daily Average |          |              |               | 537.466         | 84.549            |
| % of Calories          |          |              |               |                 | 62.924%           |

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 10-11-2024

| Recipe Name  | Recipe # | Portion Size                              | Plan Quantity | Calories (kcal) | Carbohydrates (g) |
|--|----------|---|---------------|-----------------|-------------------|
| <b>Breakfast Entree</b>  |          |   |               |                 |                   |
| Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G             | 1617430  | 1 serving/2 links + 3 french toast sticks | 50            | 360.000         | 48.667            |
| Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G                              | 79884    | 1 each                                    | 50            | 461.741         | 35.274            |
| Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G                               | 78775    | 1 serving                                 | 50            | 558.657         | 43.886            |
| Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G                           | 78727    | 1 serving                                 | 50            | 478.320         | 39.690            |
| Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G                             | 78746    | 1 serving                                 | 50            | 586.477         | 43.200            |
| Homemade Banana Bread Muffin 2G  | 1434500  | 1 each                                    | 50            | 500.775         | 80.331            |
| Homemade Choc Chip Banana Bread Muffin 2G  | 1434501  | 1 each                                    | 100           | 570.775         | 90.331            |
| Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G | 78843    | 1 each                                    | 100           | 320.000         | 32.000            |
| Breakfast Bars, Assorted 2G  | 78866    | 1 each                                    | 200           | 285.000         | 47.500            |
| Pan Dulce, Assorted 2G   | 78803    | 1 each                                    | 150           | 200.000         | 34.000            |
| Pop Tart & String Cheese 1M/1G   | 78821    | 1 serving                                 | 100           | 260.000         | 37.500            |
| Cereal w/ String Cheese 1M/1G  | 78643    | 1 serving                                 | 50            | 187.143         | 23.286            |
| <b>Fruit</b>   |          |   |               |                 |                   |
| Fruit, Fresh, Assorted (BKF)   | 78657    | 1 each                                    | 400           | 81.357          | 20.974            |
| Fruit Cup, Assorted  | 78625    | 0.5 cup                                   | 200           | 82.200          | 19.800            |
| Dried Fruit, Assorted  | 78632    | 1 each                                    | 100           | 112.500         | 28.000            |
| Juice, Assorted, 4 oz, Clearbrook Farms  | 1221539  | 1 each                                    | 700           | 60.000          | 14.000            |
| <b>Milk</b>  |          |   |               |                 |                   |
| Milk, 1% Low Fat, Clearbrook Farms   | 1225774  | 1 each                                    | 200           | 120.000         | 16.000            |
| Milk, Chocolate, Fat-free, Clearbrook Farms                                      | 1221537  | 1 each                                    | 400           | 120.000         | 23.000            |
| <b>Misc.</b>   |          |   |               |                 |                   |
| Ketchup  | 78887    | 1 tablespoon                              | 200           | 20.000          | 4.000             |
| Hot Sauce (Del Sol)  | 79899    | 1 packet                                  | 100           | 5.000           | 1.000             |
| Total  |          |   | 1000          |                 |                   |
| Weighted Daily Average   |          |   |               | 537.466         | 84.549            |
| % of Calories  |          |   |               |                 | 62.924%           |

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## Menu Detail

Date: 10-14-2024

| Recipe Name  | Recipe # | Portion Size                              | Plan Quantity | Calories (kcal) | Carbohydrates (g) |
|--|----------|---|---------------|-----------------|-------------------|
| <b>Breakfast Entree</b>  |          |   |               |                 |                   |
| Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G             | 1617430  | 1 serving/2 links + 3 french toast sticks | 50            | 360.000         | 48.667            |
| Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G                              | 79884    | 1 each                                    | 50            | 461.741         | 35.274            |
| Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G                               | 78775    | 1 serving                                 | 50            | 558.657         | 43.886            |
| Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G                           | 78727    | 1 serving                                 | 50            | 478.320         | 39.690            |
| Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G                             | 78746    | 1 serving                                 | 50            | 586.477         | 43.200            |
| Homemade Banana Bread Muffin 2G  | 1434500  | 1 each                                    | 50            | 500.775         | 80.331            |
| Homemade Choc Chip Banana Bread Muffin 2G  | 1434501  | 1 each                                    | 100           | 570.775         | 90.331            |
| Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G | 78843    | 1 each                                    | 100           | 320.000         | 32.000            |
| Breakfast Bars, Assorted 2G  | 78866    | 1 each                                    | 200           | 285.000         | 47.500            |
| Pan Dulce, Assorted 2G   | 78803    | 1 each                                    | 150           | 200.000         | 34.000            |
| Pop Tart & String Cheese 1M/1G   | 78821    | 1 serving                                 | 100           | 260.000         | 37.500            |
| Cereal w/ String Cheese 1M/1G  | 78643    | 1 serving                                 | 50            | 187.143         | 23.286            |
| <b>Fruit</b>   |          |   |               |                 |                   |
| Fruit, Fresh, Assorted (BKF)   | 78657    | 1 each                                    | 400           | 81.357          | 20.974            |
| Fruit Cup, Assorted  | 78625    | 0.5 cup                                   | 200           | 82.200          | 19.800            |
| Dried Fruit, Assorted  | 78632    | 1 each                                    | 100           | 112.500         | 28.000            |
| Juice, Assorted, 4 oz, Clearbrook Farms  | 1221539  | 1 each                                    | 700           | 60.000          | 14.000            |
| <b>Milk</b>  |          |   |               |                 |                   |
| Milk, 1% Low Fat, Clearbrook Farms   | 1225774  | 1 each                                    | 200           | 120.000         | 16.000            |
| Milk, Chocolate, Fat-free, Clearbrook Farms                                      | 1221537  | 1 each                                    | 400           | 120.000         | 23.000            |
| <b>Misc.</b>   |          |   |               |                 |                   |
| Ketchup  | 78887    | 1 tablespoon                              | 200           | 20.000          | 4.000             |
| Hot Sauce (Del Sol)  | 79899    | 1 packet                                  | 100           | 5.000           | 1.000             |
| Total  |          |   | 1000          |                 |                   |
| Weighted Daily Average   |          |   |               | 537.466         | 84.549            |
| % of Calories  |          |   |               |                 | 62.924%           |

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## Menu Detail

Date: 10-15-2024

| Recipe Name  | Recipe # | Portion Size                              | Plan Quantity | Calories (kcal) | Carbohydrates (g) |
|--|----------|---|---------------|-----------------|-------------------|
| Breakfast Entree   |          |   |               |                 |                   |
| Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G             | 1617430  | 1 serving/2 links + 3 french toast sticks | 50            | 360.000         | 48.667            |
| Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G                              | 79884    | 1 each                                    | 50            | 461.741         | 35.274            |
| Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G                               | 78775    | 1 serving                                 | 50            | 558.657         | 43.886            |
| Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G                           | 78727    | 1 serving                                 | 50            | 478.320         | 39.690            |
| Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G                             | 78746    | 1 serving                                 | 50            | 586.477         | 43.200            |
| Homemade Banana Bread Muffin 2G  | 1434500  | 1 each                                    | 50            | 500.775         | 80.331            |
| Homemade Choc Chip Banana Bread Muffin 2G  | 1434501  | 1 each                                    | 100           | 570.775         | 90.331            |
| Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G | 78843    | 1 each                                    | 100           | 320.000         | 32.000            |
| Breakfast Bars, Assorted 2G  | 78866    | 1 each                                    | 200           | 285.000         | 47.500            |
| Pan Dulce, Assorted 2G   | 78803    | 1 each                                    | 150           | 200.000         | 34.000            |
| Pop Tart & String Cheese 1M/1G   | 78821    | 1 serving                                 | 100           | 260.000         | 37.500            |
| Cereal w/ String Cheese 1M/1G  | 78643    | 1 serving                                 | 50            | 187.143         | 23.286            |
| Fruit  |          |   |               |                 |                   |
| Fruit, Fresh, Assorted (BKF)   | 78657    | 1 each                                    | 400           | 81.357          | 20.974            |
| Fruit Cup, Assorted  | 78625    | 0.5 cup                                   | 200           | 82.200          | 19.800            |
| Dried Fruit, Assorted  | 78632    | 1 each                                    | 100           | 112.500         | 28.000            |
| Juice, Assorted, 4 oz, Clearbrook Farms  | 1221539  | 1 each                                    | 700           | 60.000          | 14.000            |
| Milk   |          |   |               |                 |                   |
| Milk, 1% Low Fat, Clearbrook Farms   | 1225774  | 1 each                                    | 200           | 120.000         | 16.000            |
| Milk, Chocolate, Fat-free, Clearbrook Farms                                      | 1221537  | 1 each                                    | 400           | 120.000         | 23.000            |
| Misc.  |          |   |               |                 |                   |
| Ketchup  | 78887    | 1 tablespoon                              | 200           | 20.000          | 4.000             |
| Hot Sauce (Del Sol)  | 79899    | 1 packet                                  | 100           | 5.000           | 1.000             |
| Total  |          |   | 1000          |                 |                   |
| Weighted Daily Average   |          |   |               | 537.466         | 84.549            |
| % of Calories  |          |   |               |                 | 62.924%           |

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## Menu Detail

Date: 10-16-2024

| Recipe Name  | Recipe # | Portion Size                              | Plan Quantity | Calories (kcal) | Carbohydrates (g) |
|--|----------|---|---------------|-----------------|-------------------|
| Breakfast Entree   |          |   |               |                 |                   |
| Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G             | 1617430  | 1 serving/2 links + 3 french toast sticks | 50            | 360.000         | 48.667            |
| Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G                              | 79884    | 1 each                                    | 50            | 461.741         | 35.274            |
| Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G                               | 78775    | 1 serving                                 | 50            | 558.657         | 43.886            |
| Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G                           | 78727    | 1 serving                                 | 50            | 478.320         | 39.690            |
| Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G                             | 78746    | 1 serving                                 | 50            | 586.477         | 43.200            |
| Homemade Banana Bread Muffin 2G  | 1434500  | 1 each                                    | 50            | 500.775         | 80.331            |
| Homemade Choc Chip Banana Bread Muffin 2G  | 1434501  | 1 each                                    | 100           | 570.775         | 90.331            |
| Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G | 78843    | 1 each                                    | 100           | 320.000         | 32.000            |
| Breakfast Bars, Assorted 2G  | 78866    | 1 each                                    | 200           | 285.000         | 47.500            |
| Pan Dulce, Assorted 2G   | 78803    | 1 each                                    | 150           | 200.000         | 34.000            |
| Pop Tart & String Cheese 1M/1G   | 78821    | 1 serving                                 | 100           | 260.000         | 37.500            |
| Cereal w/ String Cheese 1M/1G  | 78643    | 1 serving                                 | 50            | 187.143         | 23.286            |
| Fruit  |          |   |               |                 |                   |
| Fruit, Fresh, Assorted (BKF)   | 78657    | 1 each                                    | 400           | 81.357          | 20.974            |
| Fruit Cup, Assorted  | 78625    | 0.5 cup                                   | 200           | 82.200          | 19.800            |
| Dried Fruit, Assorted  | 78632    | 1 each                                    | 100           | 112.500         | 28.000            |
| Juice, Assorted, 4 oz, Clearbrook Farms  | 1221539  | 1 each                                    | 700           | 60.000          | 14.000            |
| Milk   |          |   |               |                 |                   |
| Milk, 1% Low Fat, Clearbrook Farms   | 1225774  | 1 each                                    | 200           | 120.000         | 16.000            |
| Milk, Chocolate, Fat-free, Clearbrook Farms                                      | 1221537  | 1 each                                    | 400           | 120.000         | 23.000            |
| Misc.  |          |   |               |                 |                   |
| Ketchup  | 78887    | 1 tablespoon                              | 200           | 20.000          | 4.000             |
| Hot Sauce (Del Sol)  | 79899    | 1 packet                                  | 100           | 5.000           | 1.000             |
| Total  |          |   | 1000          |                 |                   |
| Weighted Daily Average   |          |   |               | 537.466         | 84.549            |
| % of Calories  |          |   |               |                 | 62.924%           |

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## Menu Detail

Date: 10-17-2024

| Recipe Name  | Recipe # | Portion Size                              | Plan Quantity | Calories (kcal) | Carbohydrates (g) |
|--|----------|---|---------------|-----------------|-------------------|
| Breakfast Entree   |          |   |               |                 |                   |
| Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G | 1617430  | 1 serving/2 links + 3 french toast sticks | 50            | 360.000         | 48.667            |
| Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G                  | 79884    | 1 each                                    | 50            | 461.741         | 35.274            |
| Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G                   | 78775    | 1 serving                                 | 50            | 558.657         | 43.886            |
| Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G               | 78727    | 1 serving                                 | 50            | 478.320         | 39.690            |



| Recipe Name  | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Carbohydrates (g) |
|--|----------|--------------|---------------|-----------------|-------------------|
| Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G                             | 78746    | 1 serving    | 50            | 586.477         | 43.200            |
| Homemade Banana Bread Muffin 2G  | 1434500  | 1 each       | 50            | 500.775         | 80.331            |
| Homemade Choc Chip Banana Bread Muffin 2G  | 1434501  | 1 each       | 100           | 570.775         | 90.331            |
| Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G | 78843    | 1 each       | 100           | 320.000         | 32.000            |
| Breakfast Bars, Assorted 2G  | 78866    | 1 each       | 200           | 285.000         | 47.500            |
| Pan Dulce, Assorted 2G   | 78803    | 1 each       | 150           | 200.000         | 34.000            |
| Pop Tart & String Cheese 1M/1G   | 78821    | 1 serving    | 100           | 260.000         | 37.500            |
| Cereal w/ String Cheese 1M/1G  | 78643    | 1 serving    | 50            | 187.143         | 23.286            |
| Fruit  |          |              |               |                 |                   |
| Fruit, Fresh, Assorted (BKF)   | 78657    | 1 each       | 400           | 81.357          | 20.974            |
| Fruit Cup, Assorted  | 78625    | 0.5 cup      | 200           | 82.200          | 19.800            |
| Dried Fruit, Assorted  | 78632    | 1 each       | 100           | 112.500         | 28.000            |
| Juice, Assorted, 4 oz, Clearbrook Farms  | 1221539  | 1 each       | 700           | 60.000          | 14.000            |
| Milk   |          |              |               |                 |                   |
| Milk, 1% Low Fat, Clearbrook Farms   | 1225774  | 1 each       | 200           | 120.000         | 16.000            |
| Milk, Chocolate, Fat-free, Clearbrook Farms                                      | 1221537  | 1 each       | 400           | 120.000         | 23.000            |
| Misc.  |          |              |               |                 |                   |
| Ketchup  | 78887    | 1 tablespoon | 200           | 20.000          | 4.000             |
| Hot Sauce (Del Sol)  | 79899    | 1 packet     | 100           | 5.000           | 1.000             |
| Total  |          |              | 1000          |                 |                   |
| Weighted Daily Average   |          |              |               | 537.466         | 84.549            |
| % of Calories  |          |              |               |                 | 62.924%           |

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## Menu Detail

Date: 10-18-2024

| Recipe Name  | Recipe # | Portion Size                              | Plan Quantity | Calories (kcal) | Carbohydrates (g) |
|--|----------|---|---------------|-----------------|-------------------|
| Breakfast Entree   |          |   |               |                 |                   |
| Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G             | 1617430  | 1 serving/2 links + 3 french toast sticks | 50            | 360.000         | 48.667            |
| Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G                              | 79884    | 1 each                                    | 50            | 461.741         | 35.274            |
| Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G                               | 78775    | 1 serving                                 | 50            | 558.657         | 43.886            |
| Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G                           | 78727    | 1 serving                                 | 50            | 478.320         | 39.690            |
| Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G                             | 78746    | 1 serving                                 | 50            | 586.477         | 43.200            |
| Homemade Banana Bread Muffin 2G  | 1434500  | 1 each                                    | 50            | 500.775         | 80.331            |
| Homemade Choc Chip Banana Bread Muffin 2G  | 1434501  | 1 each                                    | 100           | 570.775         | 90.331            |
| Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G | 78843    | 1 each                                    | 100           | 320.000         | 32.000            |
| Breakfast Bars, Assorted 2G  | 78866    | 1 each                                    | 200           | 285.000         | 47.500            |
| Pan Dulce, Assorted 2G   | 78803    | 1 each                                    | 150           | 200.000         | 34.000            |
| Pop Tart & String Cheese 1M/1G   | 78821    | 1 serving                                 | 100           | 260.000         | 37.500            |
| Cereal w/ String Cheese 1M/1G  | 78643    | 1 serving                                 | 50            | 187.143         | 23.286            |
| Fruit  |          |   |               |                 |                   |
| Fruit, Fresh, Assorted (BKF)   | 78657    | 1 each                                    | 400           | 81.357          | 20.974            |
| Fruit Cup, Assorted  | 78625    | 0.5 cup                                   | 200           | 82.200          | 19.800            |
| Dried Fruit, Assorted  | 78632    | 1 each                                    | 100           | 112.500         | 28.000            |
| Juice, Assorted, 4 oz, Clearbrook Farms  | 1221539  | 1 each                                    | 700           | 60.000          | 14.000            |
| Milk   |          |   |               |                 |                   |
| Milk, 1% Low Fat, Clearbrook Farms   | 1225774  | 1 each                                    | 200           | 120.000         | 16.000            |
| Milk, Chocolate, Fat-free, Clearbrook Farms                                      | 1221537  | 1 each                                    | 400           | 120.000         | 23.000            |
| Misc.  |          |   |               |                 |                   |
| Ketchup  | 78887    | 1 tablespoon                              | 200           | 20.000          | 4.000             |
| Hot Sauce (Del Sol)  | 79899    | 1 packet                                  | 100           | 5.000           | 1.000             |
| Total  |          |   | 1000          |                 |                   |
| Weighted Daily Average   |          |   |               | 537.466         | 84.549            |
| % of Calories  |          |   |               |                 | 62.924%           |

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## Menu Detail

Date: 10-21-2024

| Recipe Name  | Recipe # | Portion Size                              | Plan Quantity | Calories (kcal) | Carbohydrates (g) |
|--|----------|---|---------------|-----------------|-------------------|
| Breakfast Entree   |          |   |               |                 |                   |
| Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G             | 1617430  | 1 serving/2 links + 3 french toast sticks | 50            | 360.000         | 48.667            |
| Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G                              | 79884    | 1 each                                    | 50            | 461.741         | 35.274            |
| Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G                               | 78775    | 1 serving                                 | 50            | 558.657         | 43.886            |
| Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G                           | 78727    | 1 serving                                 | 50            | 478.320         | 39.690            |
| Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G                             | 78746    | 1 serving                                 | 50            | 586.477         | 43.200            |
| Homemade Banana Bread Muffin 2G  | 1434500  | 1 each                                    | 50            | 500.775         | 80.331            |
| Homemade Choc Chip Banana Bread Muffin 2G  | 1434501  | 1 each                                    | 100           | 570.775         | 90.331            |
| Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G | 78843    | 1 each                                    | 100           | 320.000         | 32.000            |
| Breakfast Bars, Assorted 2G  | 78866    | 1 each                                    | 200           | 285.000         | 47.500            |
| Pan Dulce, Assorted 2G   | 78803    | 1 each                                    | 150           | 200.000         | 34.000            |
| Pop Tart & String Cheese 1M/1G   | 78821    | 1 serving                                 | 100           | 260.000         | 37.500            |

| Recipe Name                                 | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Carbohydrates (g) |
|---|----------|--------------|---------------|-----------------|-------------------|
| Cereal w/ String Cheese 1M/1G               | 78643    | 1 serving    | 50            | 187.143         | 23.286            |
| Fruit                                       |          |              |               |                 |                   |
| Fruit, Fresh, Assorted (BKF)                | 78657    | 1 each       | 400           | 81.357          | 20.974            |
| Fruit Cup, Assorted                         | 78625    | 0.5 cup      | 200           | 82.200          | 19.800            |
| Dried Fruit, Assorted                       | 78632    | 1 each       | 100           | 112.500         | 28.000            |
| Juice, Assorted, 4 oz, Clearbrook Farms     | 1221539  | 1 each       | 700           | 60.000          | 14.000            |
| Milk  |          |              |               |                 |                   |
| Milk, 1% Low Fat, Clearbrook Farms          | 1225774  | 1 each       | 200           | 120.000         | 16.000            |
| Milk, Chocolate, Fat-free, Clearbrook Farms | 1221537  | 1 each       | 400           | 120.000         | 23.000            |
| Misc.                                       |          |              |               |                 |                   |
| Ketchup                                     | 78887    | 1 tablespoon | 200           | 20.000          | 4.000             |
| Hot Sauce (Del Sol)                         | 79899    | 1 packet     | 100           | 5.000           | 1.000             |
| Total                                       |          |              | 1000          |                 |                   |
| Weighted Daily Average                      |          |              |               | 537.466         | 84.549            |
| % of Calories                               |          |              |               |                 | 62.924%           |

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 10-22-2024

| Recipe Name  | Recipe # | Portion Size                              | Plan Quantity | Calories (kcal) | Carbohydrates (g) |
|--|----------|---|---------------|-----------------|-------------------|
| Breakfast Entree   |          |   |               |                 |                   |
| Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G             | 1617430  | 1 serving/2 links + 3 french toast sticks | 50            | 360.000         | 48.667            |
| Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G                              | 79884    | 1 each                                    | 50            | 461.741         | 35.274            |
| Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G                               | 78775    | 1 serving                                 | 50            | 558.657         | 43.886            |
| Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G                           | 78727    | 1 serving                                 | 50            | 478.320         | 39.690            |
| Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G                             | 78746    | 1 serving                                 | 50            | 586.477         | 43.200            |
| Homemade Banana Bread Muffin 2G  | 1434500  | 1 each                                    | 50            | 500.775         | 80.331            |
| Homemade Choc Chip Banana Bread Muffin 2G  | 1434501  | 1 each                                    | 100           | 570.775         | 90.331            |
| Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G | 78843    | 1 each                                    | 100           | 320.000         | 32.000            |
| Breakfast Bars, Assorted 2G  | 78866    | 1 each                                    | 200           | 285.000         | 47.500            |
| Pan Dulce, Assorted 2G   | 78803    | 1 each                                    | 150           | 200.000         | 34.000            |
| Pop Tart & String Cheese 1M/1G   | 78821    | 1 serving                                 | 100           | 260.000         | 37.500            |
| Cereal w/ String Cheese 1M/1G  | 78643    | 1 serving                                 | 50            | 187.143         | 23.286            |
| Fruit  |          |   |               |                 |                   |
| Fruit, Fresh, Assorted (BKF)   | 78657    | 1 each                                    | 400           | 81.357          | 20.974            |
| Fruit Cup, Assorted  | 78625    | 0.5 cup                                   | 200           | 82.200          | 19.800            |
| Dried Fruit, Assorted  | 78632    | 1 each                                    | 100           | 112.500         | 28.000            |
| Juice, Assorted, 4 oz, Clearbrook Farms  | 1221539  | 1 each                                    | 700           | 60.000          | 14.000            |
| Milk   |          |   |               |                 |                   |
| Milk, 1% Low Fat, Clearbrook Farms   | 1225774  | 1 each                                    | 200           | 120.000         | 16.000            |
| Milk, Chocolate, Fat-free, Clearbrook Farms                                      | 1221537  | 1 each                                    | 400           | 120.000         | 23.000            |
| Misc.  |          |   |               |                 |                   |
| Ketchup  | 78887    | 1 tablespoon                              | 200           | 20.000          | 4.000             |
| Hot Sauce (Del Sol)  | 79899    | 1 packet                                  | 100           | 5.000           | 1.000             |
| Total  |          |   | 1000          |                 |                   |
| Weighted Daily Average   |          |   |               | 537.466         | 84.549            |
| % of Calories  |          |   |               |                 | 62.924%           |

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 10-23-2024

| Recipe Name  | Recipe # | Portion Size                              | Plan Quantity | Calories (kcal) | Carbohydrates (g) |
|--|----------|---|---------------|-----------------|-------------------|
| Breakfast Entree   |          |   |               |                 |                   |
| Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G             | 1617430  | 1 serving/2 links + 3 french toast sticks | 50            | 360.000         | 48.667            |
| Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G                              | 79884    | 1 each                                    | 50            | 461.741         | 35.274            |
| Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G                               | 78775    | 1 serving                                 | 50            | 558.657         | 43.886            |
| Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G                           | 78727    | 1 serving                                 | 50            | 478.320         | 39.690            |
| Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G                             | 78746    | 1 serving                                 | 50            | 586.477         | 43.200            |
| Homemade Banana Bread Muffin 2G  | 1434500  | 1 each                                    | 50            | 500.775         | 80.331            |
| Homemade Choc Chip Banana Bread Muffin 2G  | 1434501  | 1 each                                    | 100           | 570.775         | 90.331            |
| Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G | 78843    | 1 each                                    | 100           | 320.000         | 32.000            |
| Breakfast Bars, Assorted 2G  | 78866    | 1 each                                    | 200           | 285.000         | 47.500            |
| Pan Dulce, Assorted 2G   | 78803    | 1 each                                    | 150           | 200.000         | 34.000            |
| Pop Tart & String Cheese 1M/1G   | 78821    | 1 serving                                 | 100           | 260.000         | 37.500            |
| Cereal w/ String Cheese 1M/1G  | 78643    | 1 serving                                 | 50            | 187.143         | 23.286            |
| Fruit  |          |   |               |                 |                   |
| Fruit, Fresh, Assorted (BKF)   | 78657    | 1 each                                    | 400           | 81.357          | 20.974            |
| Fruit Cup, Assorted  | 78625    | 0.5 cup                                   | 200           | 82.200          | 19.800            |
| Dried Fruit, Assorted  | 78632    | 1 each                                    | 100           | 112.500         | 28.000            |
| Juice, Assorted, 4 oz, Clearbrook Farms  | 1221539  | 1 each                                    | 700           | 60.000          | 14.000            |
| Milk   |          |   |               |                 |                   |



| Recipe Name                                 | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Carbohydrates (g) |
|---|----------|--------------|---------------|-----------------|-------------------|
| Milk, 1% Low Fat, Clearbrook Farms          | 1225774  | 1 each       | 200           | 120.000         | 16.000            |
| Milk, Chocolate, Fat-free, Clearbrook Farms | 1221537  | 1 each       | 400           | 120.000         | 23.000            |
| Misc.                                       |          |              |               |                 |                   |
| Ketchup                                     | 78887    | 1 tablespoon | 200           | 20.000          | 4.000             |
| Hot Sauce (Del Sol)                         | 79899    | 1 packet     | 100           | 5.000           | 1.000             |
| Total                                       |          |              | 1000          |                 |                   |
| Weighted Daily Average                      |          |              |               | 537.466         | 84.549            |
| % of Calories                               |          |              |               |                 | 62.924%           |

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## Menu Detail

Date: 10-24-2024

| Recipe Name  | Recipe # | Portion Size                              | Plan Quantity | Calories (kcal) | Carbohydrates (g) |
|--|----------|---|---------------|-----------------|-------------------|
| Breakfast Entree   |          |   |               |                 |                   |
| Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G             | 1617430  | 1 serving/2 links + 3 french toast sticks | 50            | 360.000         | 48.667            |
| Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G                              | 79884    | 1 each                                    | 50            | 461.741         | 35.274            |
| Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G                               | 78775    | 1 serving                                 | 50            | 558.657         | 43.886            |
| Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G                           | 78727    | 1 serving                                 | 50            | 478.320         | 39.690            |
| Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G                             | 78746    | 1 serving                                 | 50            | 586.477         | 43.200            |
| Homemade Banana Bread Muffin 2G  | 1434500  | 1 each                                    | 50            | 500.775         | 80.331            |
| Homemade Choc Chip Banana Bread Muffin 2G  | 1434501  | 1 each                                    | 100           | 570.775         | 90.331            |
| Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G | 78843    | 1 each                                    | 100           | 320.000         | 32.000            |
| Breakfast Bars, Assorted 2G  | 78866    | 1 each                                    | 200           | 285.000         | 47.500            |
| Pan Dulce, Assorted 2G   | 78803    | 1 each                                    | 150           | 200.000         | 34.000            |
| Pop Tart & String Cheese 1M/1G   | 78821    | 1 serving                                 | 100           | 260.000         | 37.500            |
| Cereal w/ String Cheese 1M/1G  | 78643    | 1 serving                                 | 50            | 187.143         | 23.286            |
| Fruit  |          |   |               |                 |                   |
| Fruit, Fresh, Assorted (BKF)   | 78657    | 1 each                                    | 400           | 81.357          | 20.974            |
| Fruit Cup, Assorted  | 78625    | 0.5 cup                                   | 200           | 82.200          | 19.800            |
| Dried Fruit, Assorted  | 78632    | 1 each                                    | 100           | 112.500         | 28.000            |
| Juice, Assorted, 4 oz, Clearbrook Farms  | 1221539  | 1 each                                    | 700           | 60.000          | 14.000            |
| Milk   |          |   |               |                 |                   |
| Milk, 1% Low Fat, Clearbrook Farms   | 1225774  | 1 each                                    | 200           | 120.000         | 16.000            |
| Milk, Chocolate, Fat-free, Clearbrook Farms                                      | 1221537  | 1 each                                    | 400           | 120.000         | 23.000            |
| Misc.  |          |   |               |                 |                   |
| Ketchup  | 78887    | 1 tablespoon                              | 200           | 20.000          | 4.000             |
| Hot Sauce (Del Sol)  | 79899    | 1 packet                                  | 100           | 5.000           | 1.000             |
| Total  |          |   | 1000          |                 |                   |
| Weighted Daily Average   |          |   |               | 537.466         | 84.549            |
| % of Calories  |          |   |               |                 | 62.924%           |

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## Menu Detail

Date: 10-25-2024

| Recipe Name  | Recipe # | Portion Size                              | Plan Quantity | Calories (kcal) | Carbohydrates (g) |
|--|----------|---|---------------|-----------------|-------------------|
| Breakfast Entree   |          |   |               |                 |                   |
| Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G             | 1617430  | 1 serving/2 links + 3 french toast sticks | 50            | 360.000         | 48.667            |
| Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G                              | 79884    | 1 each                                    | 50            | 461.741         | 35.274            |
| Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G                               | 78775    | 1 serving                                 | 50            | 558.657         | 43.886            |
| Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G                           | 78727    | 1 serving                                 | 50            | 478.320         | 39.690            |
| Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G                             | 78746    | 1 serving                                 | 50            | 586.477         | 43.200            |
| Homemade Banana Bread Muffin 2G  | 1434500  | 1 each                                    | 50            | 500.775         | 80.331            |
| Homemade Choc Chip Banana Bread Muffin 2G  | 1434501  | 1 each                                    | 100           | 570.775         | 90.331            |
| Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G | 78843    | 1 each                                    | 100           | 320.000         | 32.000            |
| Breakfast Bars, Assorted 2G  | 78866    | 1 each                                    | 200           | 285.000         | 47.500            |
| Pan Dulce, Assorted 2G   | 78803    | 1 each                                    | 150           | 200.000         | 34.000            |
| Pop Tart & String Cheese 1M/1G   | 78821    | 1 serving                                 | 100           | 260.000         | 37.500            |
| Cereal w/ String Cheese 1M/1G  | 78643    | 1 serving                                 | 50            | 187.143         | 23.286            |
| Fruit  |          |   |               |                 |                   |
| Fruit, Fresh, Assorted (BKF)   | 78657    | 1 each                                    | 400           | 81.357          | 20.974            |
| Fruit Cup, Assorted  | 78625    | 0.5 cup                                   | 200           | 82.200          | 19.800            |
| Dried Fruit, Assorted  | 78632    | 1 each                                    | 100           | 112.500         | 28.000            |
| Juice, Assorted, 4 oz, Clearbrook Farms  | 1221539  | 1 each                                    | 700           | 60.000          | 14.000            |
| Milk   |          |   |               |                 |                   |
| Milk, 1% Low Fat, Clearbrook Farms   | 1225774  | 1 each                                    | 200           | 120.000         | 16.000            |
| Milk, Chocolate, Fat-free, Clearbrook Farms                                      | 1221537  | 1 each                                    | 400           | 120.000         | 23.000            |
| Misc.  |          |   |               |                 |                   |
| Ketchup  | 78887    | 1 tablespoon                              | 200           | 20.000          | 4.000             |
| Hot Sauce (Del Sol)  | 79899    | 1 packet                                  | 100           | 5.000           | 1.000             |
| Total  |          |   | 1000          |                 |                   |
| Weighted Daily Average   |          |   |               | 537.466         | 84.549            |

| Recipe Name   | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Carbohydrates (g) |
|---------------|----------|--------------|---------------|-----------------|-------------------|
| % of Calories |          |              |               |                 | 62.924%           |

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## Menu Detail

Date: 10-28-2024

| Recipe Name  | Recipe # | Portion Size                              | Plan Quantity | Calories (kcal) | Carbohydrates (g) |
|--|----------|---|---------------|-----------------|-------------------|
| <b>Breakfast Entree</b>  |          |   |               |                 |                   |
| Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G             | 1617430  | 1 serving/2 links + 3 french toast sticks | 50            | 360.000         | 48.667            |
| Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G                              | 79884    | 1 each                                    | 50            | 461.741         | 35.274            |
| Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G                               | 78775    | 1 serving                                 | 50            | 558.657         | 43.886            |
| Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G                           | 78727    | 1 serving                                 | 50            | 478.320         | 39.690            |
| Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G                             | 78746    | 1 serving                                 | 50            | 586.477         | 43.200            |
| Homemade Banana Bread Muffin 2G  | 1434500  | 1 each                                    | 50            | 500.775         | 80.331            |
| Homemade Choc Chip Banana Bread Muffin 2G  | 1434501  | 1 each                                    | 100           | 570.775         | 90.331            |
| Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G | 78843    | 1 each                                    | 100           | 320.000         | 32.000            |
| Breakfast Bars, Assorted 2G  | 78866    | 1 each                                    | 200           | 285.000         | 47.500            |
| Pan Dulce, Assorted 2G   | 78803    | 1 each                                    | 150           | 200.000         | 34.000            |
| Pop Tart & String Cheese 1M/1G   | 78821    | 1 serving                                 | 100           | 260.000         | 37.500            |
| Cereal w/ String Cheese 1M/1G  | 78643    | 1 serving                                 | 50            | 187.143         | 23.286            |
| <b>Fruit</b>   |          |   |               |                 |                   |
| Fruit, Fresh, Assorted (BKF)   | 78657    | 1 each                                    | 400           | 81.357          | 20.974            |
| Fruit Cup, Assorted  | 78625    | 0.5 cup                                   | 200           | 82.200          | 19.800            |
| Dried Fruit, Assorted  | 78632    | 1 each                                    | 100           | 112.500         | 28.000            |
| Juice, Assorted, 4 oz, Clearbrook Farms  | 1221539  | 1 each                                    | 700           | 60.000          | 14.000            |
| <b>Milk</b>  |          |   |               |                 |                   |
| Milk, 1% Low Fat, Clearbrook Farms   | 1225774  | 1 each                                    | 200           | 120.000         | 16.000            |
| Milk, Chocolate, Fat-free, Clearbrook Farms                                      | 1221537  | 1 each                                    | 400           | 120.000         | 23.000            |
| <b>Misc.</b>   |          |   |               |                 |                   |
| Ketchup  | 78887    | 1 tablespoon                              | 200           | 20.000          | 4.000             |
| Hot Sauce (Del Sol)  | 79899    | 1 packet                                  | 100           | 5.000           | 1.000             |
| Total  |          |   | 1000          |                 |                   |
| Weighted Daily Average   |          |   |               | 537.466         | 84.549            |
| % of Calories  |          |   |               |                 | 62.924%           |

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 10-29-2024

| Recipe Name  | Recipe # | Portion Size                              | Plan Quantity | Calories (kcal) | Carbohydrates (g) |
|--|----------|---|---------------|-----------------|-------------------|
| <b>Breakfast Entree</b>  |          |   |               |                 |                   |
| Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G             | 1617430  | 1 serving/2 links + 3 french toast sticks | 50            | 360.000         | 48.667            |
| Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G                              | 79884    | 1 each                                    | 50            | 461.741         | 35.274            |
| Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G                               | 78775    | 1 serving                                 | 50            | 558.657         | 43.886            |
| Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G                           | 78727    | 1 serving                                 | 50            | 478.320         | 39.690            |
| Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G                             | 78746    | 1 serving                                 | 50            | 586.477         | 43.200            |
| Homemade Banana Bread Muffin 2G  | 1434500  | 1 each                                    | 50            | 500.775         | 80.331            |
| Homemade Choc Chip Banana Bread Muffin 2G  | 1434501  | 1 each                                    | 100           | 570.775         | 90.331            |
| Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G | 78843    | 1 each                                    | 100           | 320.000         | 32.000            |
| Breakfast Bars, Assorted 2G  | 78866    | 1 each                                    | 200           | 285.000         | 47.500            |
| Pan Dulce, Assorted 2G   | 78803    | 1 each                                    | 150           | 200.000         | 34.000            |
| Pop Tart & String Cheese 1M/1G   | 78821    | 1 serving                                 | 100           | 260.000         | 37.500            |
| Cereal w/ String Cheese 1M/1G  | 78643    | 1 serving                                 | 50            | 187.143         | 23.286            |
| <b>Fruit</b>   |          |   |               |                 |                   |
| Fruit, Fresh, Assorted (BKF)   | 78657    | 1 each                                    | 400           | 81.357          | 20.974            |
| Fruit Cup, Assorted  | 78625    | 0.5 cup                                   | 200           | 82.200          | 19.800            |
| Dried Fruit, Assorted  | 78632    | 1 each                                    | 100           | 112.500         | 28.000            |
| Juice, Assorted, 4 oz, Clearbrook Farms  | 1221539  | 1 each                                    | 700           | 60.000          | 14.000            |
| <b>Milk</b>  |          |   |               |                 |                   |
| Milk, 1% Low Fat, Clearbrook Farms   | 1225774  | 1 each                                    | 200           | 120.000         | 16.000            |
| Milk, Chocolate, Fat-free, Clearbrook Farms                                      | 1221537  | 1 each                                    | 400           | 120.000         | 23.000            |
| <b>Misc.</b>   |          |   |               |                 |                   |
| Ketchup  | 78887    | 1 tablespoon                              | 200           | 20.000          | 4.000             |
| Hot Sauce (Del Sol)  | 79899    | 1 packet                                  | 100           | 5.000           | 1.000             |
| Total  |          |   | 1000          |                 |                   |
| Weighted Daily Average   |          |   |               | 537.466         | 84.549            |
| % of Calories  |          |   |               |                 | 62.924%           |

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 10-30-2024

| Recipe Name  | Recipe # | Portion Size                              | Plan Quantity | Calories (kcal) | Carbohydrates (g) |
|--|----------|---|---------------|-----------------|-------------------|
| <b>Breakfast Entree</b>  |          |   |               |                 |                   |
| Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G             | 1617430  | 1 serving/2 links + 3 french toast sticks | 50            | 360.000         | 48.667            |
| Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G                              | 79884    | 1 each                                    | 50            | 461.741         | 35.274            |
| Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G                               | 78775    | 1 serving                                 | 50            | 558.657         | 43.886            |
| Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G                           | 78727    | 1 serving                                 | 50            | 478.320         | 39.690            |
| Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G                             | 78746    | 1 serving                                 | 50            | 586.477         | 43.200            |
| Homemade Banana Bread Muffin 2G  | 1434500  | 1 each                                    | 50            | 500.775         | 80.331            |
| Homemade Choc Chip Banana Bread Muffin 2G  | 1434501  | 1 each                                    | 100           | 570.775         | 90.331            |
| Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G | 78843    | 1 each                                    | 100           | 320.000         | 32.000            |
| Breakfast Bars, Assorted 2G  | 78866    | 1 each                                    | 200           | 285.000         | 47.500            |
| Pan Dulce, Assorted 2G   | 78803    | 1 each                                    | 150           | 200.000         | 34.000            |
| Pop Tart & String Cheese 1M/1G   | 78821    | 1 serving                                 | 100           | 260.000         | 37.500            |
| Cereal w/ String Cheese 1M/1G  | 78643    | 1 serving                                 | 50            | 187.143         | 23.286            |
| <b>Fruit</b>   |          |   |               |                 |                   |
| Fruit, Fresh, Assorted (BKF)   | 78657    | 1 each                                    | 400           | 81.357          | 20.974            |
| Fruit Cup, Assorted  | 78625    | 0.5 cup                                   | 200           | 82.200          | 19.800            |
| Dried Fruit, Assorted  | 78632    | 1 each                                    | 100           | 112.500         | 28.000            |
| Juice, Assorted, 4 oz, Clearbrook Farms  | 1221539  | 1 each                                    | 700           | 60.000          | 14.000            |
| <b>Milk</b>  |          |   |               |                 |                   |
| Milk, 1% Low Fat, Clearbrook Farms   | 1225774  | 1 each                                    | 200           | 120.000         | 16.000            |
| Milk, Chocolate, Fat-free, Clearbrook Farms                                      | 1221537  | 1 each                                    | 400           | 120.000         | 23.000            |
| <b>Misc.</b>   |          |   |               |                 |                   |
| Ketchup  | 78887    | 1 tablespoon                              | 200           | 20.000          | 4.000             |
| Hot Sauce (Del Sol)  | 79899    | 1 packet                                  | 100           | 5.000           | 1.000             |
| Total  |          |   | 1000          |                 |                   |
| Weighted Daily Average   |          |   |               | 537.466         | 84.549            |
| % of Calories  |          |   |               |                 | 62.924%           |

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 10-31-2024

| Recipe Name  | Recipe # | Portion Size                              | Plan Quantity | Calories (kcal) | Carbohydrates (g) |
|--|----------|---|---------------|-----------------|-------------------|
| <b>Breakfast Entree</b>  |          |   |               |                 |                   |
| Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G             | 1617430  | 1 serving/2 links + 3 french toast sticks | 50            | 360.000         | 48.667            |
| Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G                              | 79884    | 1 each                                    | 50            | 461.741         | 35.274            |
| Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G                               | 78775    | 1 serving                                 | 50            | 558.657         | 43.886            |
| Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G                           | 78727    | 1 serving                                 | 50            | 478.320         | 39.690            |
| Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G                             | 78746    | 1 serving                                 | 50            | 586.477         | 43.200            |
| Homemade Banana Bread Muffin 2G  | 1434500  | 1 each                                    | 50            | 500.775         | 80.331            |
| Homemade Choc Chip Banana Bread Muffin 2G  | 1434501  | 1 each                                    | 100           | 570.775         | 90.331            |
| Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G | 78843    | 1 each                                    | 100           | 320.000         | 32.000            |
| Breakfast Bars, Assorted 2G  | 78866    | 1 each                                    | 200           | 285.000         | 47.500            |
| Pan Dulce, Assorted 2G   | 78803    | 1 each                                    | 150           | 200.000         | 34.000            |
| Pop Tart & String Cheese 1M/1G   | 78821    | 1 serving                                 | 100           | 260.000         | 37.500            |
| Cereal w/ String Cheese 1M/1G  | 78643    | 1 serving                                 | 50            | 187.143         | 23.286            |
| <b>Fruit</b>   |          |   |               |                 |                   |
| Fruit, Fresh, Assorted (BKF)   | 78657    | 1 each                                    | 400           | 81.357          | 20.974            |
| Fruit Cup, Assorted  | 78625    | 0.5 cup                                   | 200           | 82.200          | 19.800            |
| Dried Fruit, Assorted  | 78632    | 1 each                                    | 100           | 112.500         | 28.000            |
| Juice, Assorted, 4 oz, Clearbrook Farms  | 1221539  | 1 each                                    | 700           | 60.000          | 14.000            |
| <b>Milk</b>  |          |   |               |                 |                   |
| Milk, 1% Low Fat, Clearbrook Farms   | 1225774  | 1 each                                    | 200           | 120.000         | 16.000            |
| Milk, Chocolate, Fat-free, Clearbrook Farms                                      | 1221537  | 1 each                                    | 400           | 120.000         | 23.000            |
| <b>Misc.</b>   |          |   |               |                 |                   |
| Ketchup  | 78887    | 1 tablespoon                              | 200           | 20.000          | 4.000             |
| Hot Sauce (Del Sol)  | 79899    | 1 packet                                  | 100           | 5.000           | 1.000             |
| Total  |          |   | 1000          |                 |                   |
| Weighted Daily Average   |          |   |               | 537.466         | 84.549            |
| % of Calories  |          |   |               |                 | 62.924%           |

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