

Nutrient Detail Report

Organization: Garden Grove USD
Session: 2024-2025 School Year
Menu: 2024-2025 Intermediate Lunch Menu
Number Source: Planned
Dates: 10-01-2024 to 10-31-2024

Nutrient Summary

Date(s): 10-01-2024 to 10-31-2024

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	629.286*		600 min / 700 max	Pass		
Protein (g)	27.247*	17.319%				
Total Fat (g)	18.058*	25.827%				
Saturated Fat (g)	5.692*	8.14%	< 10%	Pass		
Trans Fat (g)	0.000*					
Carbohydrates (g)	90.934*	57.801%				
Cholesterol (mg)	51.071*					
Sodium (mg)	1,010.037*		≤ 1225	Pass		
Potassium (mg)	270.000*					
Fiber (g)	6.498*					
Sugars (g)	41.200*					
Added Sugars (g)	0.376*	0.239%				
Iron (g)	3.265*					
Calcium (mg)	381.080*					
Vitamin A (IU)	1,779.950*					
Vitamin C (mg)	29.752*					
Vitamin D (mcg)	0.264*					

* Indicates missing Nutrient Information.
WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 10-01-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Breaded Chicken Mashed Potatoes Bowl w/ Corn and Cheese 2M/1G	1601097	1 serving	1500	383.663	49.880
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	1000	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	200	402.597*	54.691*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Cucumbers, sliced, 1/2 cup	78772	0.5 cup	500	7.800	1.888
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Brookie Treat, 1G	1480324	1 serving	5000	116.100	19.221
Total			5000		
Weighted Daily Average				724.708*	102.441*
% of Calories					56.542%

* Indicates missing Nutrient Information.
WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 10-02-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	1000	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Tomatoes, Cherry or Grape, 1/2 cup	79132	0.5 cup	100	13.410	2.898
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				642.235	92.887
% of Calories					57.852%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 10-03-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	1000	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	2000	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	500	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	800	440.000	47.000
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	200	402.597*	54.691*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	200	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	100	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				529.757*	77.169*
% of Calories					58.267%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 10-04-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	1000	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	100	105.000	16.992
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				644.067	93.169
% of Calories					57.863%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 10-07-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	500	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	39.000
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	250	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	250	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	1000	52.480	11.152
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				593.785	86.806
% of Calories					58.476%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 10-08-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Breaded Chicken Mashed Potatoes Bowl w/ Corn and Cheese 2M/1G	1601097	1 serving	1500	383.663	49.880
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	1000	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	200	402.597*	54.691*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Jicama sticks, raw, 1/2 cup	78994	0.5 cup	500	23.000	5.500
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Brookie Treat, 1G	1480324	1 serving	5000	116.100	19.221
Total			5000		
Weighted Daily Average				726.228*	102.802*
% of Calories					56.623%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 10-09-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	1000	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Broccoli, raw, 1/2 cup	80769	0.5 cup	100	15.470	3.021
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				642.277	92.89
% of Calories					57.85%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 10-10-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	1000	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	2000	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	500	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	800	440.000	47.000
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	200	402.597*	54.691*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	200	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	100	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				529.757*	77.169*
% of Calories					58.267%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 10-11-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	1000	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	329.187	32.368

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Beans, Black, 1/2 cup	79025	0.5 cup	100	108.996	19.872
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Cool Tropic Fruit Slush, Assorted	1227508	1 each	1000	66.667	16.667
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				657.48	96.56
% of Calories					58.745%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 10-14-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	500	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	39.000
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	250	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	250	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	1000	52.480	11.152
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				593.785	86.806
% of Calories					58.476%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 10-15-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Breaded Chicken Mashed Potatoes Bowl w/ Corn and Cheese 2M/1G	1601097	1 serving	1500	383.663	49.880
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	1000	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	200	402.597*	54.691*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Cucumbers, sliced, 1/2 cup	78772	0.5 cup	500	7.800	1.888
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Brookie Treat, 1G	1480324	1 serving	5000	116.100	19.221
Total			5000		
Weighted Daily Average				724.708*	102.441*
% of Calories					56.542%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 10-16-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	1000	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Tomatoes, Cherry or Grape, 1/2 cup	79132	0.5 cup	100	13.410	2.898
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Total			5000		
Weighted Daily Average				642.235	92.887
% of Calories					57.852%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 10-17-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	1000	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	2000	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	500	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	800	440.000	47.000
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	200	402.597*	54.691*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	200	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	100	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				529.757*	77.169*
% of Calories					58.267%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 10-18-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	1000	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	100	105.000	16.992
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				644.067	93.169
% of Calories					57.863%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 10-21-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	500	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	39.000
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	250	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	250	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	1000	52.480	11.152
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				593.785	86.806
% of Calories					58.476%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 10-22-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Breaded Chicken Mashed Potatoes Bowl w/ Corn and Cheese 2M/1G	1601097	1 serving	1500	383.663	49.880
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	1000	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	200	402.597*	54.691*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Jicama sticks, raw, 1/2 cup	78994	0.5 cup	500	23.000	5.500
Fruit					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Brookie Treat, 1G	1480324	1 serving	5000	116.100	19.221
Total			5000		
Weighted Daily Average				726.228*	102.802*
% of Calories					56.623%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 10-23-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	1000	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Broccoli, raw, 1/2 cup	80769	0.5 cup	100	15.470	3.021
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				642.277	92.89
% of Calories					57.85%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 10-24-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	1000	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	2000	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	500	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	800	440.000	47.000
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	200	402.597*	54.691*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	200	329.187	32.368

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	100	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				529.757*	77.169*
% of Calories					58.267%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 10-25-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	1000	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Beans, Black, 1/2 cup	79025	0.5 cup	500	108.996	19.872
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Cool Tropic Fruit Slush, Assorted	1227508	1 each	1000	66.667	16.667
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				666.2	98.15
% of Calories					58.931%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 10-28-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	500	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	39.000
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	250	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	250	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	1000	52.480	11.152
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				593.785	86.806
% of Calories					58.476%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 10-29-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Breaded Chicken Mashed Potatoes Bowl w/ Corn and Cheese 2M/1G	1601097	1 serving	1500	383.663	49.880
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	1000	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	200	402.597*	54.691*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Cucumbers, sliced, 1/2 cup	78772	0.5 cup	500	7.800	1.888
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Brookie Treat, 1G	1480324	1 serving	5000	116.100	19.221

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Total			5000		
Weighted Daily Average				724.708*	102.441*
% of Calories					56.542%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 10-30-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	31.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	460.000	52.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	200	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	1000	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	352.591	42.460
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Tomatoes, Cherry or Grape, 1/2 cup	79132	0.5 cup	100	13.410	2.898
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				642.235	92.887
% of Calories					57.852%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 10-31-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	1000	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	2000	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	500	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	800	440.000	47.000
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	200	402.597*	54.691*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	200	329.187	32.368
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	100	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	34.615	8.077
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	2000	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				529.757*	77.169*
% of Calories					58.267%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.