

Nutrient Detail Report

Organization: Garden Grove USD
Session: 2025-2026 School Year
Menu: 2025-2026 High School Breakfast Menu
Number Source: Planned
Dates: 10-01-2025 to 10-31-2025

Nutrient Summary

Date(s): 10-01-2025 to 10-31-2025

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	592.190		450 min / 600 max	Pass		
Protein (g)	18.086	12.216%				
Total Fat (g)	15.086	22.927%				
Saturated Fat (g)	5.984	9.094%	< 10%	Pass		
Trans Fat (g)	0.000*					
Carbohydrates (g)	97.309	65.728%				
Cholesterol (mg)	76.889					
Sodium (mg)	564.892		≤ 640	Pass		
Potassium (mg)	459.947*					
Fiber (g)	5.866*					
Sugars (g)	61.302*					
Added Sugars (g)	6.828*	4.612%				
Iron (g)	1.965*					
Calcium (mg)	380.803*					
Vitamin A (mcg RAE)	63.789*					
Vitamin C (mg)	40.629*					
Vitamin D (mcg)	2.125*					

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-01-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	200	178.905	36.924
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				576.793	94.558
% of Calories					65.575%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-02-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				601.468	99.494
% of Calories					66.168%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-03-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				601.468	99.494
% of Calories					66.168%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-06-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				601.468	99.494

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
% of Calories					66.168%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-07-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	400	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	100	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Breakfast Bowl 2M	1381358	1 serving/#4 scoop	200	393.167	16.421
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				578.964	93.098
% of Calories					64.32%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-08-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	200	178.905	36.924
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				576.793	94.558
% of Calories					65.575%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-09-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				601.468	99.494
% of Calories					66.168%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-10-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				601.468	99.494
% of Calories					66.168%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-13-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				601.468	99.494
% of Calories					66.168%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-14-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	400	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	100	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Breakfast Bowl 2M	1381358	1 serving/#4 scoop	200	393.167	16.421
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				578.964	93.098
% of Calories					64.32%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-15-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	200	178.905	36.924
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				576.793	94.558
% of Calories					65.575%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-16-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				601.468	99.494
% of Calories					66.168%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-17-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				601.468	99.494
% of Calories					66.168%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-20-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				601.468	99.494
% of Calories					66.168%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-21-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	400	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	100	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Breakfast Bowl 2M	1381358	1 serving/#4 scoop	200	393.167	16.421
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				578.964	93.098

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
% of Calories					64.32%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-22-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	200	178.905	36.924
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				576.793	94.558
% of Calories					65.575%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-23-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				601.468	99.494
% of Calories					66.168%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-24-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				601.468	99.494
% of Calories					66.168%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-27-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				601.468	99.494
% of Calories					66.168%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-28-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	400	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	100	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Breakfast Bowl 2M	1381358	1 serving/#4 scoop	200	393.167	16.421
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				578.964	93.098
% of Calories				64.32%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-29-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	200	178.905	36.924
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	3500	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				576.793	94.558
% of Calories				65.575%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-30-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				601.468	99.494
% of Calories					66.168%

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-31-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	421.193	26.626
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	53.815
Burrito, Breakfast, Egg, Potato & Cheese 3M/2.25G	78775	1 serving	100	466.942	47.072
Burrito, Breakfast, Sausage, Egg & Cheese 4M/2.25G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Cereal Cups, Assorted 2G	1741805	1 each	5000	N/A*	N/A*
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.787	50.902
Berry Banana Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1706120	1 Smoothie + Bar	400	330.362	59.277
Orange Creamsicle Yogurt Smoothie w/ Omega Almond Bar 1M/1G	1620167	1 serving/12 oz cup	200	307.003	52.812
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	2000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				601.468	99.494
% of Calories					66.168%

* Indicates missing Nutrient Information.