

Nutrient Detail Report

Organization: Garden Grove USD
Session: 2024-2025 School Year
Menu: 2024-2025 Afterschool Snack Menu
Number Source: Planned
Dates: 10-01-2024 to 10-31-2024

Nutrient Summary

Date(s): 10-01-2024 to 10-31-2024

| Nutrient | Menu Average | % of Calories | Target | Pass / Fail | Shortfall / Overage | Notes / Errors |
|-------------------|--------------|---------------|--------|-------------|---------------------|----------------|
| Calories (kcal) | 213.478 | | | | | |
| Protein (g) | 2.652 | 4.969% | | | | |
| Total Fat (g) | 4.493 | 18.941% | | | | |
| Saturated Fat (g) | 1.190 | 5.016% | | | | |
| Trans Fat (g) | 0.000 | | | | | |
| Carbohydrates (g) | 40.522 | 75.927% | | | | |
| Cholesterol (mg) | 2.246 | | | | | |
| Sodium (mg) | 152.899 | | | | | |
| Potassium (mg) | 296.812* | | | | | |
| Fiber (g) | 1.116 | | | | | |
| Sugars (g) | 26.203 | | | | | |
| Added Sugars (g) | 2.638* | 4.942% | | | | |
| Iron (g) | 0.690 | | | | | |
| Calcium (mg) | 60.652 | | | | | |
| Vitamin A (IU) | 56.522* | | | | | |
| Vitamin C (mg) | 0.000* | | | | | |
| Vitamin D (mcg) | 0.000* | | | | | |

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 10-01-2024

| Recipe Name | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|-------------------------------------|----------|--------------|---------------|-----------------|---------------|-------------------|-------------------|-------------|
| Fruit | | | | | | | | |
| Assorted Sun Cup Juice Box, 6.75 oz | 1339741 | 1 each | 3000 | 96.667 | 0.000 | 0.000 | 24.000 | 13.333 |
| Grains | | | | | | | | |
| Sun Chips, Garden Salsa 1.25G | 79116 | 1 each | 3000 | 140.000 | 6.000 | 1.000 | 19.000 | 150.000 |
| Total | | | 3000 | | | | | |
| Weighted Daily Average | | | | 236.667 | 6 | 1 | 43 | 163.333 |
| % of Calories | | | | | 22.817% | 3.803% | 72.676% | |

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Menu Detail

Date: 10-02-2024

| Recipe Name | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|---|----------|--------------|---------------|-----------------|---------------|-------------------|-------------------|-------------|
| Fruit | | | | | | | | |
| Assorted Sun Cup Juice Box, 6.75 oz | 1339741 | 1 each | 3000 | 96.667 | 0.000 | 0.000 | 24.000 | 13.333 |
| Grains | | | | | | | | |
| Crackers, Graham Sticks, Scooby, Cinnamon | 78923 | 1 bag | 3000 | 120.000 | 4.000 | 1.000 | 21.000 | 100.000 |
| Total | | | 3000 | | | | | |
| Weighted Daily Average | | | | 216.667 | 4 | 1 | 45 | 113.333 |
| % of Calories | | | | | 16.615% | 4.154% | 83.077% | |

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Menu Detail

Date: 10-03-2024

| Recipe Name | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|-------------------------------------|----------|--------------|---------------|-----------------|---------------|-------------------|-------------------|-------------|
| Fruit | | | | | | | | |
| Assorted Sun Cup Juice Box, 6.75 oz | 1339741 | 1 each | 3000 | 96.667 | 0.000 | 0.000 | 24.000 | 13.333 |
| Misc. | | | | | | | | |
| String Cheese 1M | 78782 | 1 each | 3000 | 80.000 | 6.000 | 3.500 | 0.000 | 210.000 |
| Total | | | 3000 | | | | | |
| Weighted Daily Average | | | | 176.667 | 6 | 3.5 | 24 | 223.333 |
| % of Calories | | | | | 30.566% | 17.83% | 54.34% | |

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Menu Detail

Date: 10-04-2024

| Recipe Name | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|-------------------------------------|----------|--------------|---------------|-----------------|---------------|-------------------|-------------------|-------------|
| Fruit | | | | | | | | |
| Assorted Sun Cup Juice Box, 6.75 oz | 1339741 | 1 each | 3000 | 96.667 | 0.000 | 0.000 | 24.000 | 13.333 |
| Grains | | | | | | | | |
| Crackers, Assorted 1G | 78763 | 1 each | 3000 | 116.667 | 3.833 | 1.167 | 19.000 | 135.000 |
| Total | | | 3000 | | | | | |
| Weighted Daily Average | | | | 213.333 | 3.833 | 1.167 | 43 | 148.333 |
| % of Calories | | | | | 16.172% | 4.922% | 80.625% | |

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Menu Detail

Date: 10-07-2024

| Recipe Name | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|-------------------------------------|----------|--------------|---------------|-----------------|---------------|-------------------|-------------------|-------------|
| Fruit | | | | | | | | |
| Assorted Sun Cup Juice Box, 6.75 oz | 1339741 | 1 each | 3000 | 96.667 | 0.000 | 0.000 | 24.000 | 13.333 |
| Desserts | | | | | | | | |
| Honey Belly Bear Crackers 1G | 78605 | 1 package | 3000 | 130.000 | 4.000 | 0.000 | 20.000 | 100.000 |
| Total | | | 3000 | | | | | |
| Weighted Daily Average | | | | 226.667 | 4 | 0 | 44 | 113.333 |
| % of Calories | | | | | 15.882% | 0% | 77.647% | |

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Menu Detail

Date: 10-08-2024

| Recipe Name | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|-------------------------------------|----------|--------------|---------------|-----------------|---------------|-------------------|-------------------|-------------|
| Fruit | | | | | | | | |
| Assorted Sun Cup Juice Box, 6.75 oz | 1339741 | 1 each | 3000 | 96.667 | 0.000 | 0.000 | 24.000 | 13.333 |
| Grains | | | | | | | | |
| Baked Cheese Cheetos 1.25G | 1648134 | 1 each | 3000 | 120.000 | 4.500 | 1.000 | 16.000 | 200.000 |
| Total | | | 3000 | | | | | |
| Weighted Daily Average | | | | 216.667 | 4.5 | 1 | 40 | 213.333 |
| % of Calories | | | | | 18.692% | 4.154% | 73.846% | |

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Menu Detail

Date: 10-09-2024

| Recipe Name | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|-------------------------------------|----------|--------------|---------------|-----------------|---------------|-------------------|-------------------|-------------|
| Fruit | | | | | | | | |
| Assorted Sun Cup Juice Box, 6.75 oz | 1339741 | 1 each | 3000 | 96.667 | 0.000 | 0.000 | 24.000 | 13.333 |
| Grains | | | | | | | | |
| Chocolate Tiger Bites 1G | 1648220 | 1 package | 3000 | 120.000 | 4.000 | 1.000 | 20.000 | 125.000 |
| Total | | | 3000 | | | | | |
| Weighted Daily Average | | | | 216.667 | 4 | 1 | 44 | 138.333 |
| % of Calories | | | | | 16.615% | 4.154% | 81.231% | |

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Menu Detail

Date: 10-10-2024

| Recipe Name | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|-------------------------------------|----------|--------------|---------------|-----------------|---------------|-------------------|-------------------|-------------|
| Fruit | | | | | | | | |
| Assorted Sun Cup Juice Box, 6.75 oz | 1339741 | 1 each | 3000 | 96.667 | 0.000 | 0.000 | 24.000 | 13.333 |
| Grains | | | | | | | | |
| Chocolate Caramel Chex Snack Mix 1G | 1671461 | 1 package | 3000 | 130.000 | 4.000 | 0.500 | 22.000 | 50.000 |
| Total | | | 3000 | | | | | |
| Weighted Daily Average | | | | 226.667 | 4 | 0.5 | 46 | 63.333 |
| % of Calories | | | | | 15.882% | 1.985% | 81.176% | |

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Menu Detail

Date: 10-11-2024

| Recipe Name | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|-------------------------------------|----------|--------------|---------------|-----------------|---------------|-------------------|-------------------|-------------|
| Fruit | | | | | | | | |
| Assorted Sun Cup Juice Box, 6.75 oz | 1339741 | 1 each | 3000 | 96.667 | 0.000 | 0.000 | 24.000 | 13.333 |

| Recipe Name | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|-------------------------------|----------|--------------|---------------|-----------------|---------------|-------------------|-------------------|-------------|
| Grains | | | | | | | | |
| Crackers, Assorted 1G | 78763 | 1 each | 3000 | 116.667 | 3.833 | 1.167 | 19.000 | 135.000 |
| Total | | | 3000 | | | | | |
| Weighted Daily Average | | | | 213.333 | 3.833 | 1.167 | 43 | 148.333 |
| % of Calories | | | | | 16.172% | 4.922% | 80.625% | |

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Menu Detail

Date: 10-14-2024

| Recipe Name | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|-------------------------------------|----------|--------------|---------------|-----------------|---------------|-------------------|-------------------|-------------|
| Fruit | | | | | | | | |
| Assorted Sun Cup Juice Box, 6.75 oz | 1339741 | 1 each | 3000 | 96.667 | 0.000 | 0.000 | 24.000 | 13.333 |
| Grains | | | | | | | | |
| Rainbow Goldfish Cheese Crackers 1G | 78702 | 1 package | 3000 | 100.000 | 3.500 | 0.600 | 14.000 | 170.000 |
| Total | | | 3000 | | | | | |
| Weighted Daily Average | | | | 196.667 | 3.5 | 0.6 | 38 | 183.333 |
| % of Calories | | | | | 16.017% | 2.746% | 77.288% | |

* Indicates missing Nutrient Information.

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Menu Detail

Date: 10-15-2024

| Recipe Name | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|-------------------------------------|----------|--------------|---------------|-----------------|---------------|-------------------|-------------------|-------------|
| Fruit | | | | | | | | |
| Assorted Sun Cup Juice Box, 6.75 oz | 1339741 | 1 each | 3000 | 96.667 | 0.000 | 0.000 | 24.000 | 13.333 |
| Grains | | | | | | | | |
| Sun Chips, Garden Salsa 1.25G | 79116 | 1 each | 3000 | 140.000 | 6.000 | 1.000 | 19.000 | 150.000 |
| Total | | | 3000 | | | | | |
| Weighted Daily Average | | | | 236.667 | 6 | 1 | 43 | 163.333 |
| % of Calories | | | | | 22.817% | 3.803% | 72.676% | |

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Menu Detail

Date: 10-16-2024

| Recipe Name | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|---|----------|--------------|---------------|-----------------|---------------|-------------------|-------------------|-------------|
| Fruit | | | | | | | | |
| Assorted Sun Cup Juice Box, 6.75 oz | 1339741 | 1 each | 3000 | 96.667 | 0.000 | 0.000 | 24.000 | 13.333 |
| Grains | | | | | | | | |
| Crackers, Graham Sticks, Scooby, Cinnamon | 78923 | 1 bag | 3000 | 120.000 | 4.000 | 1.000 | 21.000 | 100.000 |
| Total | | | 3000 | | | | | |
| Weighted Daily Average | | | | 216.667 | 4 | 1 | 45 | 113.333 |
| % of Calories | | | | | 16.615% | 4.154% | 83.077% | |

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Menu Detail

Date: 10-17-2024

| Recipe Name | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|-------------------------------------|----------|--------------|---------------|-----------------|---------------|-------------------|-------------------|-------------|
| Fruit | | | | | | | | |
| Assorted Sun Cup Juice Box, 6.75 oz | 1339741 | 1 each | 3000 | 96.667 | 0.000 | 0.000 | 24.000 | 13.333 |
| Misc. | | | | | | | | |
| String Cheese 1M | 78782 | 1 each | 3000 | 80.000 | 6.000 | 3.500 | 0.000 | 210.000 |
| Total | | | 3000 | | | | | |
| Weighted Daily Average | | | | 176.667 | 6 | 3.5 | 24 | 223.333 |
| % of Calories | | | | | 30.566% | 17.83% | 54.34% | |

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Menu Detail

Date: 10-18-2024

| Recipe Name | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|-------------------------------------|----------|--------------|---------------|-----------------|---------------|-------------------|-------------------|-------------|
| Fruit | | | | | | | | |
| Assorted Sun Cup Juice Box, 6.75 oz | 1339741 | 1 each | 3000 | 96.667 | 0.000 | 0.000 | 24.000 | 13.333 |
| Grains | | | | | | | | |
| Crackers, Assorted 1G | 78763 | 1 each | 3000 | 116.667 | 3.833 | 1.167 | 19.000 | 135.000 |
| Total | | | 3000 | | | | | |
| Weighted Daily Average | | | | 213.333 | 3.833 | 1.167 | 43 | 148.333 |

| Recipe Name | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|---------------|----------|--------------|---------------|-----------------|---------------|-------------------|-------------------|-------------|
| % of Calories | | | | | 16.172% | 4.922% | 80.625% | |

* Indicates missing Nutrient Information.

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Menu Detail

Date: 10-21-2024

| Recipe Name | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|-------------------------------------|----------|--------------|---------------|-----------------|---------------|-------------------|-------------------|-------------|
| Fruit | | | | | | | | |
| Assorted Sun Cup Juice Box, 6.75 oz | 1339741 | 1 each | 3000 | 96.667 | 0.000 | 0.000 | 24.000 | 13.333 |
| Desserts | | | | | | | | |
| Honey Belly Bear Crackers 1G | 78605 | 1 package | 3000 | 130.000 | 4.000 | 0.000 | 20.000 | 100.000 |
| Total | | | 3000 | | | | | |
| Weighted Daily Average | | | | 226.667 | 4 | 0 | 44 | 113.333 |
| % of Calories | | | | | 15.882% | 0% | 77.647% | |

* Indicates missing Nutrient Information.

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Menu Detail

Date: 10-22-2024

| Recipe Name | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|-------------------------------------|----------|--------------|---------------|-----------------|---------------|-------------------|-------------------|-------------|
| Fruit | | | | | | | | |
| Assorted Sun Cup Juice Box, 6.75 oz | 1339741 | 1 each | 3000 | 96.667 | 0.000 | 0.000 | 24.000 | 13.333 |
| Grains | | | | | | | | |
| Baked Cheese Cheetos 1.25G | 1648134 | 1 each | 3000 | 120.000 | 4.500 | 1.000 | 16.000 | 200.000 |
| Total | | | 3000 | | | | | |
| Weighted Daily Average | | | | 216.667 | 4.5 | 1 | 40 | 213.333 |
| % of Calories | | | | | 18.692% | 4.154% | 73.846% | |

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Menu Detail

Date: 10-23-2024

| Recipe Name | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|-------------------------------------|----------|--------------|---------------|-----------------|---------------|-------------------|-------------------|-------------|
| Fruit | | | | | | | | |
| Assorted Sun Cup Juice Box, 6.75 oz | 1339741 | 1 each | 3000 | 96.667 | 0.000 | 0.000 | 24.000 | 13.333 |
| Grains | | | | | | | | |
| Chocolate Tiger Bites 1G | 1648220 | 1 package | 3000 | 120.000 | 4.000 | 1.000 | 20.000 | 125.000 |
| Total | | | 3000 | | | | | |
| Weighted Daily Average | | | | 216.667 | 4 | 1 | 44 | 138.333 |
| % of Calories | | | | | 16.615% | 4.154% | 81.231% | |

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Menu Detail

Date: 10-24-2024

| Recipe Name | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|-------------------------------------|----------|--------------|---------------|-----------------|---------------|-------------------|-------------------|-------------|
| Fruit | | | | | | | | |
| Assorted Sun Cup Juice Box, 6.75 oz | 1339741 | 1 each | 3000 | 96.667 | 0.000 | 0.000 | 24.000 | 13.333 |
| Grains | | | | | | | | |
| Chocolate Caramel Chex Snack Mix 1G | 1671461 | 1 package | 3000 | 130.000 | 4.000 | 0.500 | 22.000 | 50.000 |
| Total | | | 3000 | | | | | |
| Weighted Daily Average | | | | 226.667 | 4 | 0.5 | 46 | 63.333 |
| % of Calories | | | | | 15.882% | 1.985% | 81.176% | |

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Menu Detail

Date: 10-25-2024

| Recipe Name | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|-------------------------------------|----------|--------------|---------------|-----------------|---------------|-------------------|-------------------|-------------|
| Fruit | | | | | | | | |
| Assorted Sun Cup Juice Box, 6.75 oz | 1339741 | 1 each | 3000 | 96.667 | 0.000 | 0.000 | 24.000 | 13.333 |
| Grains | | | | | | | | |
| Crackers, Assorted 1G | 78763 | 1 each | 3000 | 116.667 | 3.833 | 1.167 | 19.000 | 135.000 |
| Total | | | 3000 | | | | | |
| Weighted Daily Average | | | | 213.333 | 3.833 | 1.167 | 43 | 148.333 |
| % of Calories | | | | | 16.172% | 4.922% | 80.625% | |

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Menu Detail

Date: 10-28-2024

| Recipe Name | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|-------------------------------------|----------|--------------|---------------|-----------------|---------------|-------------------|-------------------|-------------|
| Fruit | | | | | | | | |
| Assorted Sun Cup Juice Box, 6.75 oz | 1339741 | 1 each | 3000 | 96.667 | 0.000 | 0.000 | 24.000 | 13.333 |
| Grains | | | | | | | | |
| Rainbow Goldfish Cheese Crackers 1G | 78702 | 1 package | 3000 | 100.000 | 3.500 | 0.600 | 14.000 | 170.000 |
| Total | | | 3000 | | | | | |
| Weighted Daily Average | | | | 196.667 | 3.5 | 0.6 | 38 | 183.333 |
| % of Calories | | | | | 16.017% | 2.746% | 77.288% | |

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Menu Detail

Date: 10-29-2024

| Recipe Name | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|-------------------------------------|----------|--------------|---------------|-----------------|---------------|-------------------|-------------------|-------------|
| Fruit | | | | | | | | |
| Assorted Sun Cup Juice Box, 6.75 oz | 1339741 | 1 each | 3000 | 96.667 | 0.000 | 0.000 | 24.000 | 13.333 |
| Grains | | | | | | | | |
| Sun Chips, Garden Salsa 1.25G | 79116 | 1 each | 3000 | 140.000 | 6.000 | 1.000 | 19.000 | 150.000 |
| Total | | | 3000 | | | | | |
| Weighted Daily Average | | | | 236.667 | 6 | 1 | 43 | 163.333 |
| % of Calories | | | | | 22.817% | 3.803% | 72.676% | |

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Menu Detail

Date: 10-30-2024

| Recipe Name | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|---|----------|--------------|---------------|-----------------|---------------|-------------------|-------------------|-------------|
| Fruit | | | | | | | | |
| Assorted Sun Cup Juice Box, 6.75 oz | 1339741 | 1 each | 3000 | 96.667 | 0.000 | 0.000 | 24.000 | 13.333 |
| Grains | | | | | | | | |
| Crackers, Graham Sticks, Scooby, Cinnamon | 78923 | 1 bag | 3000 | 120.000 | 4.000 | 1.000 | 21.000 | 100.000 |
| Total | | | 3000 | | | | | |
| Weighted Daily Average | | | | 216.667 | 4 | 1 | 45 | 113.333 |
| % of Calories | | | | | 16.615% | 4.154% | 83.077% | |

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Menu Detail

Date: 10-31-2024

| Recipe Name | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Total Fat (g) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|-------------------------------------|----------|--------------|---------------|-----------------|---------------|-------------------|-------------------|-------------|
| Fruit | | | | | | | | |
| Assorted Sun Cup Juice Box, 6.75 oz | 1339741 | 1 each | 3000 | 96.667 | 0.000 | 0.000 | 24.000 | 13.333 |
| Misc. | | | | | | | | |
| String Cheese 1M | 78782 | 1 each | 3000 | 80.000 | 6.000 | 3.500 | 0.000 | 210.000 |
| Total | | | 3000 | | | | | |
| Weighted Daily Average | | | | 176.667 | 6 | 3.5 | 24 | 223.333 |
| % of Calories | | | | | 30.566% | 17.83% | 54.34% | |

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