



Use your credit card to pay for meals on our Titan Parent Portal!

Go to family.titank12.com and follow the directions.

A convenience fee is charged for each transaction.



Important Food Services Update



Food and supply shortages are nation wide, and our district is also experiencing unavailable items or last minute substitutions. Menus are subject to change, but we will do our best to notify the school sites if there are any changes.

We appreciate your patience and understanding. We look forward to serving all of our students breakfast and lunch this school year.



All Grain Products are either Whole Grain or 51% Whole Wheat.
 *= Food Contains Pork
 Menu Is Subject to Change.

October 1

Breakfast

Pork Sausage Links*(2) with Mini Maple Pancakes & Syrup

Lunch

Turkey Taco Pocket
 Green Salad
 Baby Carrots
 Dried Fruit

Breakfast		Lunch	
Adult/Non-GGUSD student	\$2.70	Adult/Non-GGUSD student	\$4.50
Extra meal for GGUSD student	\$1.25	Extra meal for GGUSD student	\$2.00
Adult/Non-GGUSD student	\$0.75	Adult/Non-GGUSD student	\$0.75
Student Milk	\$0.50	Student Milk	\$0.50

Available Daily

Breakfast

All breakfast meals are served with choices of fruit, 100% fruit juice, 1% low-fat white milk & fat-free chocolate milk. Reduced sugar cereal are offered daily with string cheese.

Lunch

All lunch meals are served with a variety of fruits and vegetables including dark green, red/orange, starchy vegetables & legumes, 100% fruit juice, 1% low-fat white milk or fat-free chocolate milk.

October 4

Breakfast

Cinnamon Crumb Square & String Cheese

Lunch

Grilled Cheese Sandwich
 Green Salad
 Yellow Corn
 Chilled Fruit Cup
 Mini Rice Krispies Treat

October 5

Breakfast

Bagel Cheese Pizza

Lunch

Chicken Tenders (4 pcs)
 Green Salad
 Garbanzo Beans
 Fresh Banana

October 6

Breakfast

Banana Chocolate Chip Breakfast Bar & Trix Yogurt

Lunch

Cheese or Pepperoni* Papa John's Pizza
 Green Salad
 Yellow Corn
 Fresh Apple Slices

October 7

Breakfast

Mini Strawberry Pancakes & String Cheese

Lunch

Spaghetti with Meat Sauce & Cheesy Breadstick
 Green Salad
 Mixed Vegetables
 Chilled Fruit Cup

October 8

Breakfast

Waffle Battered Chicken Chunks (8 pcs) & Syrup

Lunch

Grilled Bean and Cheese Burrito
 Green Salad
 Baby Carrots
 Dried Fruit

October 11

Breakfast
Assorted Pan Dulce & String Cheese

Lunch
Hamburger/Cheeseburger
Green Salad
Seasoned Potato Wedges
Chilled Fruit Cup
Garden Salsa Sun Chips

October 12

Breakfast
Breakfast Turkey Sausage Pizza (2 pcs)

Lunch
Chicken Tenders (4 pcs)
Green Salad
Tater Tots
Fresh Banana

October 13

Breakfast
Assorted Trix Yogurt with Mini Banana Muffin

Lunch
Cheesy Pull Apart Bread with Marinara Sauce Cup
Green Salad
Yellow Corn
Fresh Apple Slices

October 14

Breakfast
Mini Chocolate Chip French Toast Bites & String Cheese

Lunch
Orange Popcorn Chicken with Vegetable Fried Rice
Green Salad
Mixed Vegetables
Chilled Fruit Cup

October 15

Breakfast
Pork Sausage Links* (2) with Mini Maple Pancakes & Syrup

Lunch
Chicken Pretzel Dog
Green Salad
Baby Carrots
Dried Fruit



October 18

Breakfast
Cinnamon Crumb Square & String Cheese

Lunch
Breaded Chicken Drumstick
Green Salad
Chilled Fruit Cup
Dinner Roll
Mini Double Chocolate Chip Muffin

October 19

Breakfast
Bagel Cheese Pizza

Lunch
Beef Soft Tacos
Green Salad
Garbanzo Beans
Fresh Banana

October 20

Breakfast
Banana Chocolate Chip Breakfast Bar & Trix Yogurt

Lunch
Cheese or Pepperoni* Papa John's Pizza
Green Salad
Yellow Corn
Fresh Apple Slices

October 21

Breakfast
Mini Strawberry Pancakes & String Cheese

Lunch
Mini Cheeseburger Sliders
Green Salad
Mixed Vegetables
Fresh Grapes

October 22

Breakfast
Waffle Battered Chicken Chunks (8 pcs) & Syrup

Lunch
Macaroni and Cheese
Green Salad
Baby Carrots
Dried Fruit
Chocolate Chip Cookie

October 25

Breakfast
Assorted Pan Dulce & String Cheese

Lunch
Pork Sausage Patties* (2 pcs) with French Toast (2)
Green Salad
Yellow Corn
Chilled Fruit Cup

October 26

Breakfast
Breakfast Turkey Sausage Pizza (2 pcs)

Lunch
Breaded Chicken Patty Sandwich
Green Salad
Seasoned Potato Wedges
Fresh Banana

October 27

Breakfast
Assorted Trix Yogurt with Mini Banana Muffin

Lunch
Chicken Pretzel Dog
Green Salad
Yellow Corn
Fresh Apple Slices
Pumpkin Cookie with Sprinkles

October 28

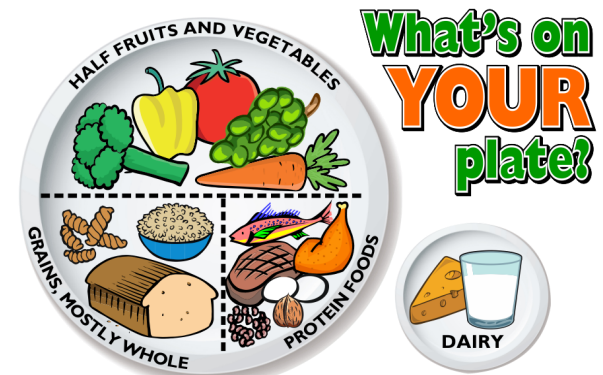
Breakfast
Mini Chocolate Chip French Toast Bites & String Cheese

Lunch
Teriyaki Chicken with Vegetable Fried Rice
Green Salad
Mixed Vegetables
Chilled Fruit Cup

October 29

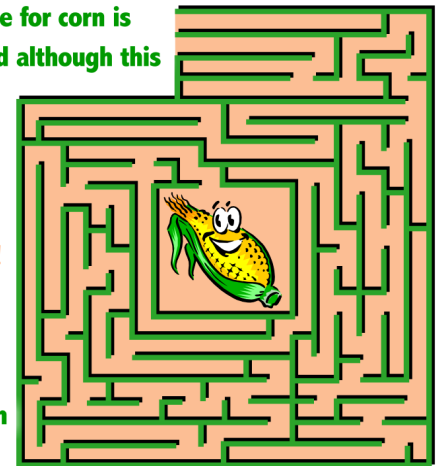
Breakfast
Pork Sausage Links* (2) with Mini Maple Pancakes & Syrup

Lunch
Turkey Taco Pocket
Green Salad
Baby Carrots
Dried Fruit



Can you solve the Amazing Maze o' Maize?

Another name for corn is "maize," and although this may not be the biggest maize maze in the world, it's still FUN! Can you find your way to the delicious ear of corn in the center?



Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html