



October 2022

ELEMENTARY BREAKFAST & LUNCH MENU



MONDAY

Breakfast

3

Assorted Pan Dulce

Lunch

Chicken Corn Dog
or
Grilled Cheese Sandwich

TUESDAY

Breakfast

4

Turkey Sausage Pizza

Lunch

Breaded Chicken Drumstick
with Emoji Waffle
or
Cheese Cup with Tortilla Chips
& Sunflower Seeds

WEDNESDAY

Breakfast

5

Banana Chocolate Chunk
Breakfast Bar

Lunch

Spaghetti with Meat Sauce
& Cheesy Breadstick
or
Wowbutter & Jelly Sandwich

THURSDAY

Breakfast

6

Strawberry Crisp Bar

Lunch

Breaded Chicken Patty
Sandwich
or
Cheese Cup with Tortilla Chips
& Sunflower Seeds

FRIDAY

Breakfast

7

Pork Sausage Links* with
Pancake & Syrup

Lunch

Turkey Taco Pocket
or
Wowbutter & Jelly Sandwich
Brownie Cup

Breakfast

10

Cinnamon Roll with Glaze

Lunch

Macaroni and Cheese
or
Cheese Cup with Tortilla Chips
& Sunflower Seeds
Chocolate Chip Cookie

Breakfast

11

Bagel Cheese
Pizza

Lunch

Mini Cheeseburger Sliders
or
Cheese Cup with Tortilla Chips
& Sunflower Seeds

Breakfast

12

Trix Yogurt with Mini
Banana Muffin

Lunch

Chicken Nuggets
or
Grilled Cheese Sandwich
Baked Potato Smiles

Breakfast

13

Mini Chocolate Chip
French Toast Bites

Lunch

Orange Popcorn Chicken with
Vegetable Fried Rice
or
Wowbutter & Jelly Sandwich

Breakfast

14

Waffle Battered Chicken
Bites & Syrup

Lunch

Cheese or Pepperoni*
Personal Pizza
or
Cheese Cup with Tortilla Chips
& Sunflower Seeds

* =CONTAINS PORK

ADDITIONAL MENU INFO

Breakfast is served with choice of fruit, 100% fruit juice, 1% low-fat unflavored or fat-free chocolate milk. Cereal is offered daily as a breakfast choice.

Lunch is served with the choices from the fruit & vegetable salad bar, 100% fruit juice, and 1% low-fat unflavored or fat-free chocolate milk.

OFFERED DAILY

Lactose-free Yami yogurt & granola is a lunch option.



School Breakfast and Lunch is Available to All GGUSD Students at No Charge!

17

Breakfast
Assorted Pan Dulce

Lunch
Cheesy Pizza Pocket
or
Cheese Cup with Tortilla Chips & Sunflower Seeds

18

Breakfast
Turkey Sausage Pizza

Lunch
Seasoned Chicken **New!**
with Buttered Noodles
or
Wowbutter & Jelly Sandwich

19

Breakfast
Banana Chocolate
Chunk Bar

Lunch
Cheesy Pull Apart Bread with
Marinara Sauce Cup
or
Cheese Cup with Tortilla Chips & Sunflower Seeds

20

Breakfast
Strawberry Crisp Bar

Lunch
Chicken Tenders
or
Wowbutter & Jelly Sandwich

Seasoned Crinkle Cut Fries

21

Breakfast
Pork Sausage Links*
with Pancake & Syrup

Lunch
Chicken Double Dogs
or
Cheese Cup with Tortilla Chips & Sunflower Seeds

24

Breakfast
Cinnamon Roll with Glaze

Lunch
Grilled Bean and Cheese Burrito
or
Wowbutter & Jelly Sandwich

Pumpkin Cookie

25

Breakfast
Bagel Cheese Pizza

Lunch
Breaded Popcorn Chicken
or
Grilled Cheese Sandwich

26

Breakfast
Trix Yogurt with Mini
Banana Muffin

Lunch
Hamburger or Cheeseburger

Nacho Cheese Doritos

27

Breakfast
Mini Chocolate Chip
French Toast Bites

Lunch
Marinara Meatballs with
Garlic Knot Roll
or
Wowbutter & Jelly Sandwich

28

Breakfast
Waffle Battered Chicken
Bites & Syrup

Lunch
Cheese or Pepperoni*
French Bread Pizza
or
Cheese Cup with Tortilla Chips & Sunflower Seeds

31

Breakfast
Assorted Pan Dulce

Lunch
Chicken Corn Dog
or
Grilled Cheese Sandwich

HALLOWEEN WORD SCRAMBLE

- UPMKPIN _____
- KLCBA ATC _____
- EAOLEWHNL _____
- TOMCUSE _____
- MYMMU _____
- PISERD _____
- TRETA _____
- OKYPOS _____
- OWAERCRC _____
- PEMVIRA _____

Brought a lunch from home?
Grab a Lunch Pal!
-free for GGUSD students-
Includes juice, milk, baby carrots + access to the salad bar

**Adult/Non-GGUSD
Student/Ala Carte Pricing**
Breakfast: \$3.00
Lunch: \$5.00

