



October 2022

MARK TWAIN BREAKFAST & LUNCH MENU



MONDAY

Breakfast

3

Trix Yogurt with Mini Muffin

Lunch

Grilled Cheese Sandwich
Steamed Carrots
Chilled Fruit

TUESDAY

Breakfast

4

Cinnamon Roll with Glaze

Lunch

Breaded Chicken Drumstick with
Emoji Waffle
Steamed Green Peas
Fresh Banana

WEDNESDAY

Breakfast

5

Cereal with String Cheese

Lunch

Spaghetti with Meat Sauce
& Cheesy Breadstick
Steamed Broccoli
Chilled Fruit

THURSDAY

Breakfast

6

Trix Yogurt with Mini Muffin

Lunch

Breaded Chicken Patty
Sandwich
Mashed Potatoes
Chilled Fruit

FRIDAY

Breakfast

7

Assorted Pan Dulce

Lunch

Turkey Taco Pocket
Refried Beans
Chilled Fruit
Brownie Cup

Breakfast

10

Trix Yogurt with Mini Muffin

Lunch

Macaroni and Cheese
Steamed Carrots
Chilled Fruit
Chocolate Chip Cookie

Breakfast

11

Banana Bread Square

Lunch

Mini Cheeseburger Sliders
Mashed Potatoes
Fresh Banana

Breakfast

12

Cereal with String Cheese

Lunch

Chicken Tenders
Refried Beans
Chilled Fruit

Breakfast

13

Trix Yogurt with Mini Muffin

Lunch

Orange Popcorn Chicken
Mashed Potatoes
Banana Muffin
Chilled Fruit

Breakfast

14

Chocolate Chip
Muffin

Lunch

Turkey Sausage Pizza
Steamed Broccoli
Chilled Fruit

* =CONTAINS PORK

ADDITIONAL MENU INFO

Breakfast is served with choice of fruit, 100% fruit juice, 1% low-fat unflavored or fat-free chocolate milk.

Lunch is served with a variety of fruits and vegetables, 100% fruit juice, and 1% low-fat unflavored or fat-free chocolate milk.

Halloween



School Breakfast and Lunch is Available to All GGUSD Students at No Charge!

17

Breakfast

Trix Yogurt with Mini Muffin

Lunch

Cheesy Pizza Pocket
Steamed Carrots
Chilled Fruit

18

Breakfast

Cinnamon Roll with Glaze

Lunch

Seasoned Chicken **New!**
with Buttered Noodles
Steamed Broccoli
Fresh Banana

19

Breakfast

Cereal with String Cheese

Lunch

Cheesy Pull Apart Bread with
Marinara Sauce Cup
Steamed Green Peas
Chilled Fruit

20

Breakfast

Trix Yogurt with Mini Muffin

Lunch

Chicken Tenders
Mashed Potatoes
Chilled Fruit

21

Breakfast

Assorted Pan Dulce

Lunch

Pork & Cheese Tamale*
Refried Beans
Chilled Fruit

24

Breakfast

Trix Yogurt with Mini Muffin

Lunch

Grilled Bean and Cheese Burrito
Steamed Carrots
Chilled Fruit

25

Breakfast

Banana Bread Square

Lunch

Breaded Popcorn Chicken
Refried Beans
Fresh Banana

26

Breakfast

Cereal with String Cheese

Lunch

Hamburger
Mashed Potatoes
Chilled Fruit
Nacho Cheese Doritos

27

Breakfast

Trix Yogurt with Mini Muffin

Lunch

Marinara Meatballs with
Garlic Knot Roll
Steamed Broccoli
Chilled Fruit

28

Breakfast

Large Chocolate Chip
Muffin

Lunch

Turkey Sausage Pizza
Steamed Green Peas
Chilled Fruit

31

Breakfast

Trix Yogurt with Mini Muffin

Lunch

Grilled Cheese Sandwich
Steamed Carrots
Chilled Fruit

HALLOWEEN WORD SCRAMBLE

- 1. UPMKPIN _____
- 2. KLCBA ATC _____
- 3. EAOLEWHNL _____
- 4. TOMCUSE _____
- 5. MYMMU _____
- 6. PISERD _____
- 7. TRETA _____
- 8. OKYPOS _____
- 9. OWAERCRC _____
- 10. PEMVIRA _____

Happy Halloween

Adult/Non-GGUSD
Student/Ala Carte Pricing
Breakfast: \$3.00
Lunch: \$5.00



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This institution is an equal opportunity provider. Menu is subject to change depending on product availability.