



# October 2022

## PRESCHOOL BREAKFAST & LUNCH MENU



### MONDAY

#### Breakfast

3

Cereal with String Cheese

#### Lunch

Chicken Corn Dog  
Steamed Corn  
Chilled Diced Peaches

### TUESDAY

#### Breakfast

4

Turkey Sausage Pizza

#### Lunch

Chicken Nuggets with Emoji Waffle  
Cucumber Coins  
Fresh Banana

### WEDNESDAY

#### Breakfast

5

Trix Yogurt with Mini Blueberry Muffin

#### Lunch

Spaghetti with Meat Sauce & Cheesy Breadstick  
Green Salad  
Fresh Apple Slices

### THURSDAY

#### Breakfast

6

Cereal with String Cheese

#### Lunch

Breaded Chicken Patty Sandwich  
Mixed Vegetables  
Chilled Fruit Cup

### FRIDAY

#### Breakfast

7

Pork Sausage Links\* with Pancake & Syrup

#### Lunch

Turkey Taco Pocket  
Edamame  
Fresh Apple Slices

#### Breakfast

10

Cereal with String Cheese

#### Lunch

Macaroni and Cheese  
Steamed Corn  
Chilled Diced Peaches

#### Breakfast

11

Bagel Cheese Pizza

#### Lunch

Mini Cheeseburger Sliders  
Cucumber Coins  
Fresh Banana

#### Breakfast

12

Trix Yogurt with Mini Banana Muffin

#### Lunch

Chicken Nuggets  
Baked Potato Smiles  
Fresh Apple Slices

#### Breakfast

13

Mini Chocolate Chip French Toast Bites

#### Lunch

Orange Popcorn Chicken with Vegetable Fried Rice  
Mixed Vegetables  
Chilled Fruit Cup

#### Breakfast

14

Waffle Battered Chicken Bites & Syrup

#### Lunch

Cheese Personal Pizza  
Edamame  
Fresh Apple Slices

\* =CONTAINS PORK

### ADDITIONAL MENU INFO

**Breakfast** is served with choice of fruit, 100% fruit juice, 1% low-fat unflavored or fat-free chocolate milk.

Cereal is offered daily as a breakfast choice.

**Lunch** is served with the choices from the fruit & vegetable salad bar, 100% fruit juice, and 1% low-fat unflavored or fat-free chocolate milk.

## Halloween



School Breakfast and Lunch is Available to All GGUSD Students at No Charge!

**17**

**Breakfast**  
Cereal with String Cheese

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**Lunch**  
Cheesy Pizza Pocket  
Steamed Corn  
Chilled Mixed Fruit

**18**

**Breakfast**  
Turkey Sausage Pizza

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**Lunch**  
Seasoned Chicken **New!**  
with Buttered Noodles  
Cucumber Coins  
Fresh Banana

**19**

**Breakfast**  
Trix Yogurt with Mini Blueberry  
Muffin

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**Lunch**  
Cheesy Pull Apart Bread with  
Marinara Sauce Cup  
Green Salad  
Fresh Apple Slices

**20**

**Breakfast**  
Cereal with String Cheese

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**Lunch**  
Chicken Tenders  
Seasoned Crinkle Cut Fries  
Chilled Fruit Cup

**21**

**Breakfast**  
Pork Sausage Links\*  
with Pancake & Syrup

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**Lunch**  
Chicken Double Dogs  
Edamame  
Fresh Apple Slices

**24**

**Breakfast**  
Cereal with String Cheese

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**Lunch**  
Enchilada Taquito  
Steamed Corn  
Chilled Mixed Fruit

**25**

**Breakfast**  
Bagel Cheese Pizza

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**Lunch**  
Breaded Popcorn Chicken  
Cucumber Coins  
Fresh Banana

**26**

**Breakfast**  
Trix Yogurt with Mini  
Banana Muffin

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**Lunch**  
Hamburger  
Green Salad  
Fresh Apple Slices

**27**

**Breakfast**  
Mini Chocolate Chip  
French Toast Bites

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**Lunch**  
Marinara Meatballs with  
Garlic Knot Roll  
Mixed Vegetables  
Chilled Fruit Cup

**28**

**Breakfast**  
Waffle Battered Chicken  
Bites & Syrup

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**Lunch**  
Cheese French Bread Pizza  
Edamame  
Fresh Orange Slices

**31**

**Breakfast**  
Cereal with String Cheese

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**Lunch**  
Chicken Corn Dog  
Steamed Corn  
Chilled Mixed Fruit

**HALLOWEEN WORD SCRAMBLE**

- UPMKPIN \_\_\_\_\_
- KLCBA ATC \_\_\_\_\_
- EAOLEWHNL \_\_\_\_\_
- TOMCUSE \_\_\_\_\_
- MYMMU \_\_\_\_\_
- PISERD \_\_\_\_\_
- TRETA \_\_\_\_\_
- OKYPOS \_\_\_\_\_
- OWAERCRC \_\_\_\_\_
- PEMVIRA \_\_\_\_\_

**Happy Halloween**

Adult/Non-GGUSD  
Student/Ala Carte Pricing  
Breakfast: \$3.00  
Lunch: \$5.00



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This institution is an equal opportunity provider. Menu is subject to change depending on product availability.