

Nutrient Detail Report

Organization: Garden Grove USD
Session: 2025-2026 School Year
Menu: 2025-2026 Afterschool Snack Menu
Number Source: Planned
Dates: 10-01-2025 to 10-31-2025

Nutrient Summary

Date(s): 10-01-2025 to 10-31-2025

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	237.319					
Protein (g)	2.500	4.214%				
Total Fat (g)	4.094	15.527%				
Saturated Fat (g)	0.784	2.973%				
Trans Fat (g)	0.000					
Carbohydrates (g)	48.065	81.014%				
Cholesterol (mg)	0.362					
Sodium (mg)	122.283					
Potassium (mg)	32.464*					
Fiber (g)	3.819					
Sugars (g)	30.732					
Added Sugars (g)	3.623*	6.107%				
Iron (g)	0.719*					
Calcium (mg)	13.913*					
Vitamin A, RAE (mcg)	0.000*					
Vitamin C (mg)	0.000*					
Vitamin D (mcg)	0.000*					

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-01-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Fruit									
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	2.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Grains									
Crackers, Graham Sticks, Scooby, Cinnamon	78923	1 bag	2000	120.000	4.000	1.000	21.000	100.000	8.000
Total			2000						
Weighted Daily Average				235	4	1	49.5	102.5	33.5
% of Calories					15.319%	3.83%	84.255%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-02-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Fruit									
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	2.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Grains									
Chocolate Caramel Chex Snack Mix 1G	1671461	1 package	2000	130.000	4.000	0.000	22.000	50.000	6.000
Total			2000						
Weighted Daily Average				245	4	0	50.5	52.5	31.5
% of Calories					14.694%	0%	82.449%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-03-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Fruit									
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	2.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Grains									
Crackers, Assorted 1G	78763	1 each	2000	116.667	3.833	1.167	19.000	135.000	5.667
Total			2000						
Weighted Daily Average				231.667	3.833	1.167	47.5	137.5	31.167
% of Calories					14.892%	4.532%	82.014%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-06-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Fruit									
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	2.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Desserts									
Honey Belly Bear Crackers 1G	78605	1 package	2000	130.000	4.000	0.000	20.000	100.000	8.000
Total			2000						
Weighted Daily Average				245	4	0	48.5	102.5	33.5
% of Calories					14.694%	0%	79.184%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-07-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Fruit									
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	2.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Grains									
Baked Cheese Cheetos 1.25G	1648134	1 each	2000	120.000	4.500	1.000	16.000	200.000	1.000
Total			2000						
Weighted Daily Average				235	4.5	1	44.5	202.5	26.5
% of Calories					17.234%	3.83%	75.745%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-08-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Fruit									
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	2.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Grains									
Goldfish French Toast Crackers 1G	1966007	1 Bag	2000	130.000	4.500	1.000	21.000	140.000	8.000
Total			2000						
Weighted Daily Average				245	4.5	1	49.5	142.5	33.5
% of Calories					16.531%	3.673%	80.816%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-09-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Fruit									
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	2.500	25.500

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Grains									
Strawberry Chex Snack Mix 1G	1141496	1 package	2000	120.000	3.000	1.000	23.000	55.000	6.000
Total			2000						
Weighted Daily Average				235	3	1	51.5	57.5	31.5
% of Calories					11.489%	3.83%	87.66%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-10-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Fruit									
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	2.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Grains									
Crackers, Assorted 1G	78763	1 each	2000	116.667	3.833	1.167	19.000	135.000	5.667
Total			2000						
Weighted Daily Average				231.667	3.833	1.167	47.5	137.5	31.167
% of Calories					14.892%	4.532%	82.014%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-13-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Fruit									
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	2.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Grains									
Rainbow Goldfish Cheese Crackers 1G	78702	1 package	2000	100.000	3.500	0.600	14.000	170.000	0.000
Total			2000						
Weighted Daily Average				215	3.5	0.6	42.5	172.5	25.5
% of Calories					14.651%	2.512%	79.07%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-14-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Fruit									
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	2.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Grains									
Sun Chips, Garden Salsa 1.25G	79116	1 each	2000	140.000	6.000	1.000	19.000	150.000	2.000
Total			2000						
Weighted Daily Average				255	6	1	47.5	152.5	27.5
% of Calories					21.176%	3.529%	74.51%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-15-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Fruit									
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	2.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Grains									
Crackers, Graham Sticks, Scooby, Cinnamon	78923	1 bag	2000	120.000	4.000	1.000	21.000	100.000	8.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Total			2000						
Weighted Daily Average				235	4	1	49.5	102.5	33.5
% of Calories					15.319%	3.83%	84.255%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-16-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Fruit									
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	2.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Grains									
Chocolate Caramel Chex Snack Mix 1G	1671461	1 package	2000	130.000	4.000	0.000	22.000	50.000	6.000
Total			2000						
Weighted Daily Average				245	4	0	50.5	52.5	31.5
% of Calories					14.694%	0%	82.449%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-17-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Fruit									
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	2.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Grains									
Crackers, Assorted 1G	78763	1 each	2000	116.667	3.833	1.167	19.000	135.000	5.667
Total			2000						
Weighted Daily Average				231.667	3.833	1.167	47.5	137.5	31.167
% of Calories					14.892%	4.532%	82.014%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-20-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Fruit									
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	2.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Desserts									
Honey Belly Bear Crackers 1G	78605	1 package	2000	130.000	4.000	0.000	20.000	100.000	8.000
Total			2000						
Weighted Daily Average				245	4	0	48.5	102.5	33.5
% of Calories					14.694%	0%	79.184%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-21-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Fruit									
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	2.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Grains									
Baked Cheese Cheetos 1.25G	1648134	1 each	2000	120.000	4.500	1.000	16.000	200.000	1.000
Total			2000						
Weighted Daily Average				235	4.5	1	44.5	202.5	26.5
% of Calories					17.234%	3.83%	75.745%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-22-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Fruit									
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	2.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Grains									
Goldfish French Toast Crackers 1G	1966007	1 Bag	2000	130.000	4.500	1.000	21.000	140.000	8.000
Total			2000						
Weighted Daily Average				245	4.5	1	49.5	142.5	33.5
% of Calories					16.531%	3.673%	80.816%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-23-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Fruit									
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	2.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Grains									
Strawberry Chex Snack Mix 1G	1141496	1 package	2000	120.000	3.000	1.000	23.000	55.000	6.000
Total			2000						
Weighted Daily Average				235	3	1	51.5	57.5	31.5
% of Calories					11.489%	3.83%	87.66%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-24-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Fruit									
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	2.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Grains									
Crackers, Assorted 1G	78763	1 each	2000	116.667	3.833	1.167	19.000	135.000	5.667
Total			2000						
Weighted Daily Average				231.667	3.833	1.167	47.5	137.5	31.167
% of Calories					14.892%	4.532%	82.014%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-27-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Fruit									
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	2.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Grains									
Rainbow Goldfish Cheese Crackers 1G	78702	1 package	2000	100.000	3.500	0.600	14.000	170.000	0.000
Total			2000						
Weighted Daily Average				215	3.5	0.6	42.5	172.5	25.5
% of Calories					14.651%	2.512%	79.07%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-28-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Fruit									
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	2.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Grains									
Sun Chips, Garden Salsa 1.25G	79116	1 each	2000	140.000	6.000	1.000	19.000	150.000	2.000
Total			2000						
Weighted Daily Average				255	6	1	47.5	152.5	27.5
% of Calories					21.176%	3.529%	74.51%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-29-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Fruit									
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	2.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Grains									
Crackers, Graham Sticks, Scooby, Cinnamon	78923	1 bag	2000	120.000	4.000	1.000	21.000	100.000	8.000
Total			2000						
Weighted Daily Average				235	4	1	49.5	102.5	33.5
% of Calories					15.319%	3.83%	84.255%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-30-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Fruit									
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	2.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Grains									
Chocolate Caramel Chex Snack Mix 1G	1671461	1 package	2000	130.000	4.000	0.000	22.000	50.000	6.000
Total			2000						
Weighted Daily Average				245	4	0	50.5	52.5	31.5
% of Calories					14.694%	0%	82.449%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-31-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Fruit									
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	2.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Grains									
Crackers, Assorted 1G	78763	1 each	2000	116.667	3.833	1.167	19.000	135.000	5.667
Total			2000						
Weighted Daily Average				231.667	3.833	1.167	47.5	137.5	31.167
% of Calories					14.892%	4.532%	82.014%		

* Indicates missing Nutrient Information.