

Nutrient Detail Report

Organization: Garden Grove USD
Session: 2025-2026 School Year
Menu: 2025-2026 Super Snack Menu
Number Source: Planned
Dates: 10-01-2025 to 10-31-2025

Nutrient Summary

Date(s): 10-01-2025 to 10-31-2025

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	564.486					
Protein (g)	22.443*	15.903%				
Total Fat (g)	16.769	26.736%				
Saturated Fat (g)	5.508	8.782%				
Trans Fat (g)	0.000*					
Carbohydrates (g)	80.742	57.214%				
Cholesterol (mg)	38.236					
Sodium (mg)	755.621					
Potassium (mg)	648.054*					
Fiber (g)	7.403					
Sugars (g)	46.353					
Added Sugars (g)	6.317*	4.476%				
Iron (g)	3.208*					
Calcium (mg)	495.783*					
Vitamin A, RAE (mcg)	72.404*					
Vitamin C (mg)	28.527*					
Vitamin D (mcg)	3.408*					

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-01-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Lunch Entree									
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	59.167	19.458
Baked Cheese Cheetos with Sunflower Seeds & Beef Jerky Bites 2M/1G	1811178	1 serving	3000	440.000	30.500	7.500	26.000	808.000	4.000
Vegetables									
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	65.000	4.000
Fruit									
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	0.200	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	2.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	0.872	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	8.000	13.600
Milk									
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	150.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	135.000	18.000
Misc.									
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	50.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	70.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	99.870	0.714
Total			3000						
Weighted Daily Average				662.663	31.394	7.831	73.671	1007.272	42.027
% of Calories					42.637%	10.635%	44.47%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-02-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Lunch Entree									
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	59.167	19.458
Whole Muscle Breaded Chicken Bites 2.25M/1G (5 pcs) ELEM	78851	5 Pieces	2500	213.158	7.895	1.579	18.158	386.842	0.789
Whole Muscle Breaded Chicken Bites 2.25M/1G (6 pcs) INT/HS	1432883	6 Pieces	500	255.789	9.474	1.895	21.789	464.211	0.947
Vegetables									
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	65.000	4.000
Fruit									
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	0.200	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	2.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	0.872	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	8.000	13.600
Milk									
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	150.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	135.000	18.000
Misc.									
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	50.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	70.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	99.870	0.714
Total			3000						
Weighted Daily Average				442.926	9.051	1.962	66.434	599.009	38.843
% of Calories					18.392%	3.987%	59.996%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-03-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Lunch Entree									
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	59.167	19.458
Ham & Swiss Cheese Croissant w/ Trix Yogurt 2M/1.5G (Super Snack)	1761462	1 serving	3000	400.000	15.500	9.500	42.000	630.000	18.000
Vegetables									
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	65.000	4.000
Fruit									
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	0.200	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	2.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	0.872	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	8.000	13.600
Milk									
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	150.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	135.000	18.000
Misc.									
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	50.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	70.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	99.870	0.714
Total			3000						
Weighted Daily Average				622.663	16.394	9.831	89.671	829.272	56.027
% of Calories					23.695%	14.209%	57.605%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-06-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Lunch Entree									
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	59.167	19.458
Lucky Charms Cereal w/ String Cheese & Honey Roasted Sunflower Seeds 2M/1G	1806074	1 serving	3000	360.000	22.500	5.500	28.000	540.000	7.000
Vegetables									
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	65.000	4.000
Fruit									
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	0.200	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	2.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	0.872	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	8.000	13.600
Milk									
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	150.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	135.000	18.000
Misc.									
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	50.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	70.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	99.870	0.714
Total			3000						
Weighted Daily Average				582.663	23.394	5.831	75.671	739.272	45.027
% of Calories					36.134%	9.006%	51.948%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-07-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Lunch Entree									
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	59.167	19.458
Pizza, Papa John's, Cheese, 16", 1 slice/10 cut 2M/2.75G	78692	1 slice	500	330.000	10.000	4.000	40.000	670.000	5.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/10 cut 2M/2.75G	78708	1 slice	2500	320.000	10.000	4.000	36.000	780.000	4.000
Vegetables									
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	65.000	4.000
Fruit									
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	0.200	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	2.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	0.872	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	8.000	13.600
Milk									
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	150.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	135.000	18.000
Misc.									
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	50.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	70.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	99.870	0.714
Total			3000						
Weighted Daily Average				544.33	10.894	4.331	84.338	960.939	42.194
% of Calories					18.011%	7.16%	61.976%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-08-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Lunch Entree									
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	59.167	19.458
Trix Yogurt w/ Granola & String Cheese 2M/2G	1777326	1 serving	3000	420.000	11.500	4.500	57.000	345.000	25.000
Vegetables									
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	65.000	4.000
Fruit									
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	0.200	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	2.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	0.872	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	8.000	13.600
Milk									
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	150.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	135.000	18.000
Misc.									
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	50.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	70.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	99.870	0.714
Total			3000						
Weighted Daily Average				642.663	12.394	4.831	104.671	544.272	63.027
% of Calories					17.356%	6.765%	65.148%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-09-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Lunch Entree									
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	59.167	19.458
Mini Chicken Corn Dogs 2M/2G (6 pcs) ELEM	78961	1 serving/6 pcs	2500	260.000	12.000	3.500	30.000	470.000	7.000
Mini Chicken Corn Dogs 2.25M/2.25G (7pcs) INT/HS	1431645	1 serving/7 pcs	500	303.388	14.003	4.084	35.006	548.431	8.168
Vegetables									
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	65.000	4.000
Fruit									
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	0.200	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	2.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	0.872	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	8.000	13.600
Milk									
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	150.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	135.000	18.000
Misc.									
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	50.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	70.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	99.870	0.714
Total			3000						
Weighted Daily Average				489.895	13.227	3.928	78.506	682.344	45.222
% of Calories					24.3%	7.216%	64.1%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-10-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Lunch Entree									
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	59.167	19.458
Sliders, Mini Cheeseburger 2M/2G	78922	1 serving	3000	290.000	13.000	4.500	30.000	270.000	5.000
Vegetables									
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	65.000	4.000
Fruit									
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	0.200	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	2.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	0.872	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	8.000	13.600
Milk									
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	150.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	135.000	18.000
Misc.									
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	50.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	70.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	99.870	0.714
Total			3000						
Weighted Daily Average				512.663	13.894	4.831	77.671	469.272	43.027
% of Calories					24.391%	8.48%	60.602%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-13-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Lunch Entree									
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	59.167	19.458
Cocoa Puffs Cereal w/ String Cheese & Honey Roasted Sunflower Seeds 2M/1G	1712804	1 serving	3000	360.000	22.000	5.500	31.000	480.000	9.000
Vegetables									
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	65.000	4.000
Fruit									
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	0.200	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	2.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	0.872	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	8.000	13.600
Milk									
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	150.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	135.000	18.000
Misc.									
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	50.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	70.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	99.870	0.714
Total			3000						
Weighted Daily Average				582.663	22.894	5.831	78.671	679.272	47.027
% of Calories					35.362%	9.006%	54.008%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-14-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Lunch Entree									
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	59.167	19.458
Pizza, Papa John's, Cheese, 16", 1 slice/10 cut 2M/2.75G	78692	1 slice	500	330.000	10.000	4.000	40.000	670.000	5.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/10 cut 2M/2.75G	78708	1 slice	2500	320.000	10.000	4.000	36.000	780.000	4.000
Vegetables									
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	65.000	4.000
Fruit									
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	0.200	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	2.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	0.872	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	8.000	13.600
Milk									
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	150.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	135.000	18.000
Misc.									
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	50.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	70.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	99.870	0.714
Total			3000						
Weighted Daily Average				544.33	10.894	4.331	84.338	960.939	42.194
% of Calories					18.011%	7.16%	61.976%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-15-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Lunch Entree									
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	59.167	19.458
Baked Cheese Cheetos with Sunflower Seeds & Beef Jerky Bites 2M/1G	1811178	1 serving	3000	440.000	30.500	7.500	26.000	808.000	4.000
Vegetables									
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	65.000	4.000
Fruit									
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	0.200	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	2.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	0.872	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	8.000	13.600
Milk									
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	150.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	135.000	18.000
Misc.									
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	50.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	70.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	99.870	0.714
Total			3000						
Weighted Daily Average				662.663	31.394	7.831	73.671	1007.272	42.027
% of Calories					42.637%	10.635%	44.47%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-16-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Lunch Entree									
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	59.167	19.458
Whole Muscle Breaded Chicken Bites 2.25M/1G (5 pcs) ELEM	78851	5 Pieces	2500	213.158	7.895	1.579	18.158	386.842	0.789
Whole Muscle Breaded Chicken Bites 2.25M/1G (6 pcs) INT/HS	1432883	6 Pieces	500	255.789	9.474	1.895	21.789	464.211	0.947
Vegetables									
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	65.000	4.000
Fruit									
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	0.200	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	2.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	0.872	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	8.000	13.600
Milk									
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	150.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	135.000	18.000
Misc.									
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	50.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	70.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	99.870	0.714
Total			3000						
Weighted Daily Average				442.926	9.051	1.962	66.434	599.009	38.843
% of Calories					18.392%	3.987%	59.996%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-17-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Lunch Entree									
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	59.167	19.458
Ham & Swiss Cheese Croissant w/ Trix Yogurt 2M/1.5G (Super Snack)	1761462	1 serving	3000	400.000	15.500	9.500	42.000	630.000	18.000
Vegetables									
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	65.000	4.000
Fruit									
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	0.200	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	2.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	0.872	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	8.000	13.600
Milk									
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	150.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	135.000	18.000
Misc.									
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	50.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	70.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	99.870	0.714
Total			3000						
Weighted Daily Average				622.663	16.394	9.831	89.671	829.272	56.027
% of Calories					23.695%	14.209%	57.605%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-20-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Lunch Entree									
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	59.167	19.458
Lucky Charms Cereal w/ String Cheese & Honey Roasted Sunflower Seeds 2M/1G	1806074	1 serving	3000	360.000	22.500	5.500	28.000	540.000	7.000
Vegetables									
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	65.000	4.000
Fruit									
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	0.200	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	2.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	0.872	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	8.000	13.600
Milk									
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	150.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	135.000	18.000
Misc.									
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	50.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	70.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	99.870	0.714
Total			3000						
Weighted Daily Average				582.663	23.394	5.831	75.671	739.272	45.027
% of Calories					36.134%	9.006%	51.948%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-21-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Lunch Entree									
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	59.167	19.458
Pizza, Papa John's, Cheese, 16", 1 slice/10 cut 2M/2.75G	78692	1 slice	500	330.000	10.000	4.000	40.000	670.000	5.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/10 cut 2M/2.75G	78708	1 slice	2500	320.000	10.000	4.000	36.000	780.000	4.000
Vegetables									
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	65.000	4.000
Fruit									
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	0.200	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	2.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	0.872	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	8.000	13.600
Milk									
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	150.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	135.000	18.000
Misc.									
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	50.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	70.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	99.870	0.714
Total			3000						
Weighted Daily Average				544.33	10.894	4.331	84.338	960.939	42.194
% of Calories					18.011%	7.16%	61.976%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-22-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Lunch Entree									
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	59.167	19.458
Trix Yogurt w/ Granola & String Cheese 2M/2G	1777326	1 serving	3000	420.000	11.500	4.500	57.000	345.000	25.000
Vegetables									
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	65.000	4.000
Fruit									
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	0.200	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	2.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	0.872	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	8.000	13.600
Milk									
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	150.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	135.000	18.000
Misc.									
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	50.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	70.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	99.870	0.714
Total			3000						
Weighted Daily Average				642.663	12.394	4.831	104.671	544.272	63.027
% of Calories					17.356%	6.765%	65.148%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-23-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Lunch Entree									
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	59.167	19.458
Mini Chicken Corn Dogs 2M/2G (6 pcs) ELEM	78961	1 serving/6 pcs	2500	260.000	12.000	3.500	30.000	470.000	7.000
Mini Chicken Corn Dogs 2.25M/2.25G (7pcs) INT/HS	1431645	1 serving/7 pcs	500	303.388	14.003	4.084	35.006	548.431	8.168
Vegetables									
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	65.000	4.000
Fruit									
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	0.200	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	2.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	0.872	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	8.000	13.600
Milk									
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	150.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	135.000	18.000
Misc.									
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	50.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	70.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	99.870	0.714
Total			3000						
Weighted Daily Average				489.895	13.227	3.928	78.506	682.344	45.222
% of Calories					24.3%	7.216%	64.1%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-24-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Lunch Entree									
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	59.167	19.458
Sliders, Mini Cheeseburger 2M/2G	78922	1 serving	3000	290.000	13.000	4.500	30.000	270.000	5.000
Vegetables									
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	65.000	4.000
Fruit									
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	0.200	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	2.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	0.872	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	8.000	13.600
Milk									
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	150.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	135.000	18.000
Misc.									
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	50.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	70.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	99.870	0.714
Total			3000						
Weighted Daily Average				512.663	13.894	4.831	77.671	469.272	43.027
% of Calories					24.391%	8.48%	60.602%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-27-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Lunch Entree									
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	59.167	19.458
Cocoa Puffs Cereal w/ String Cheese & Honey Roasted Sunflower Seeds 2M/1G	1712804	1 serving	3000	360.000	22.000	5.500	31.000	480.000	9.000
Vegetables									
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	65.000	4.000
Fruit									
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	0.200	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	2.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	0.872	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	8.000	13.600
Milk									
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	150.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	135.000	18.000
Misc.									
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	50.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	70.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	99.870	0.714
Total			3000						
Weighted Daily Average				582.663	22.894	5.831	78.671	679.272	47.027
% of Calories					35.362%	9.006%	54.008%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-28-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Lunch Entree									
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	59.167	19.458
Pizza, Papa John's, Cheese, 16", 1 slice/10 cut 2M/2.75G	78692	1 slice	500	330.000	10.000	4.000	40.000	670.000	5.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/10 cut 2M/2.75G	78708	1 slice	2500	320.000	10.000	4.000	36.000	780.000	4.000
Vegetables									
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	65.000	4.000
Fruit									
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	0.200	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	2.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	0.872	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	8.000	13.600
Milk									
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	150.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	135.000	18.000
Misc.									
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	50.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	70.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	99.870	0.714
Total			3000						
Weighted Daily Average				544.33	10.894	4.331	84.338	960.939	42.194
% of Calories					18.011%	7.16%	61.976%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-29-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Lunch Entree									
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	59.167	19.458
Baked Cheese Cheetos with Sunflower Seeds & Beef Jerky Bites 2M/1G	1811178	1 serving	3000	440.000	30.500	7.500	26.000	808.000	4.000
Vegetables									
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	65.000	4.000
Fruit									
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	0.200	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	2.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	0.872	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	8.000	13.600
Milk									
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	150.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	135.000	18.000
Misc.									
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	50.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	70.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	99.870	0.714
Total			3000						
Weighted Daily Average				662.663	31.394	7.831	73.671	1007.272	42.027
% of Calories					42.637%	10.635%	44.47%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-30-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Lunch Entree									
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	59.167	19.458
Whole Muscle Breaded Chicken Bites 2.25M/1G (5 pcs) ELEM	78851	5 Pieces	2500	213.158	7.895	1.579	18.158	386.842	0.789
Whole Muscle Breaded Chicken Bites 2.25M/1G (6 pcs) INT/HS	1432883	6 Pieces	500	255.789	9.474	1.895	21.789	464.211	0.947
Vegetables									
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	65.000	4.000
Fruit									
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	0.200	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	2.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	0.872	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	8.000	13.600
Milk									
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	150.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	135.000	18.000
Misc.									
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	50.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	70.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	99.870	0.714
Total			3000						
Weighted Daily Average				442.926	9.051	1.962	66.434	599.009	38.843
% of Calories					18.392%	3.987%	59.996%		

* Indicates missing Nutrient Information.

Menu Detail

Date: 10-31-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)	Sugars (g)
Lunch Entree									
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	59.167	19.458
Ham & Swiss Cheese Croissant w/ Trix Yogurt 2M/1.5G (Super Snack)	1761462	1 serving	3000	400.000	15.500	9.500	42.000	630.000	18.000
Vegetables									
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	65.000	4.000
Fruit									
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	0.200	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	2.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	0.872	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	8.000	13.600
Milk									
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	150.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	135.000	18.000
Misc.									
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	50.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	70.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	99.870	0.714
Total			3000						
Weighted Daily Average				622.663	16.394	9.831	89.671	829.272	56.027
% of Calories					23.695%	14.209%	57.605%		

* Indicates missing Nutrient Information.