



## SEIZE THE *Sunshine*

Use spring's longer days to try a new sport or outdoor activity. Join a local rec sports league, explore new places to walk or hike, or find a community pool that offers swim lessons.

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## *Turtle* TIDBITS

World Turtle Day (Thursday, May 23) is just around the corner! Here are a few fun facts about our slow-moving friends.

- Sea turtles have bright green skin because of the algae and seagrasses they eat
- Turtle shells aren't just one piece—they're made from more than 50 smaller bones
- The oldest-ever turtle was named Tu'i Malila, and lived to 188 years old



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## THE CONSOLATION OF *Apricots*

*Especially in early spring,  
when the sun offers a thin treacle of warmth,  
I love to sit outdoors  
and eat sense-ravishing apricots.*

-Diane Ackerman, American poet and essayist,  
(1948-present)

