

# Nutrient Detail Report

**Organization:** Garden Grove USD  
**Session:** 2023-24 School Year  
**Menu:** 2023-2024 Elementary Breakfast Menu  
**Number Source:** Planned  
**Dates:** 09-01-2023 to 09-29-2023

## Nutrient Summary

Date(s): 09-01-2023 to 09-29-2023

| Nutrient          | Menu Average | % of Calories | Target | Pass / Fail | Shortfall / Overage | Notes / Errors |
|-------------------|--------------|---------------|--------|-------------|---------------------|----------------|
| Calories (kcal)   | 504.944      |               |        |             |                     |                |
| Protein (g)       | 17.130*      | 13.57%        |        |             |                     |                |
| Total Fat (g)     | 8.732*       | 15.564%       |        |             |                     |                |
| Saturated Fat (g) | 2.880        | 5.133%        | < 10%  | Pass        |                     |                |
| Trans Fat (g)     | 0.000*       |               |        |             |                     |                |
| Carbohydrates (g) | 92.076*      | 72.939%       |        |             |                     |                |
| Cholesterol (mg)  | 29.439*      |               |        |             |                     |                |
| Sodium (mg)       | 525.638      |               | ≤ 540  | Pass        |                     |                |
| Potassium (mg)    | 502.037*     |               |        |             |                     |                |
| Fiber (g)         | 5.777*       |               |        |             |                     |                |
| Sugars (g)        | 62.273*      |               |        |             |                     |                |
| Iron (g)          | 2.683*       |               |        |             |                     |                |
| Calcium (mg)      | 471.279*     |               |        |             |                     |                |
| Vitamin A (IU)    | 917.006*     |               |        |             |                     |                |
| Vitamin C (mg)    | 45.378*      |               |        |             |                     |                |
| Vitamin D (mcg)   | 0.920*       |               |        |             |                     |                |

\* Indicates missing Nutrient Information.  
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## Menu Detail

Date: 09-01-2023

| Recipe Name                                          | Recipe # | Portion Size     | Plan Quantity | Calories (kcal) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|------------------------------------------------------|----------|------------------|---------------|-----------------|-------------------|-------------------|-------------|
| Breakfast Entree                                     |          |                  |               |                 |                   |                   |             |
| Cereal, Assorted 1G                                  | 78730    | 1 container      | 995           | 107.321         | 0.000             | 23.329            | 149.286     |
| Special Meal (B)                                     | 1341338  | 1 serving        | 5             | N/A*            | N/A*              | N/A*              | N/A*        |
| Breaded Waffle Flavored Chicken Chunks 1M/1G (6 pcs) | 217612   | 1 serving/ 6 pcs | 4000          | 210.000         | 2.000             | 13.000            | 320.000     |
| Fruit                                                |          |                  |               |                 |                   |                   |             |
| Fruit, Fresh, Assorted (BKF)                         | 78657    | 1 each           | 5000          | 81.357          | 0.065             | 20.974            | 0.890       |
| Juice, Assorted, 4 oz, Clearbrook Farms              | 1221539  | 1 each           | 5000          | 60.000          | 0.000             | 14.000            | 3.333       |
| Milk                                                 |          |                  |               |                 |                   |                   |             |
| Milk, Chocolate, Fat-free, Clearbrook Farms          | 1221537  | 8 fl oz          | 4000          | 120.000         | 0.000             | 23.000            | 200.000     |
| Milk, 1% Low Fat, Clearbrook Farms                   | 1225774  | 1 each           | 1000          | 120.000         | 1.500             | 16.000            | 135.000     |
| Misc.                                                |          |                  |               |                 |                   |                   |             |
| String Cheese 1M                                     | 78782    | 1 each           | 995           | 80.000          | 3.500             | 0.000             | 210.000     |
| Syrup Cup                                            | 78716    | 1 each           | 4000          | 120.000         | 0.000             | 30.000            | 30.000      |
| Total                                                |          |                  | 5000          |                 |                   |                   |             |
| Weighted Daily Average                               |          |                  |               | 562.634*        | 2.661*            | 95.616*           | 542.721*    |
| % of Calories                                        |          |                  |               |                 | 4.257%            | 67.977%           |             |

\* Indicates missing Nutrient Information.  
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## Menu Detail

Date: 09-05-2023

| Recipe Name                                 | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|---------------------------------------------|----------|--------------|---------------|-----------------|-------------------|-------------------|-------------|
| Breakfast Entree                            |          |              |               |                 |                   |                   |             |
| Cereal, Assorted 1G                         | 78730    | 1 container  | 995           | 107.321         | 0.000             | 23.329            | 149.286     |
| Special Meal (B)                            | 1341338  | 1 serving    | 5             | N/A*            | N/A*              | N/A*              | N/A*        |
| Pan Dulce, Assorted 2G                      | 78803    | 1 each       | 4000          | 200.000         | 1.500             | 34.000            | 90.000      |
| Fruit                                       |          |              |               |                 |                   |                   |             |
| Fruit, Fresh, Assorted (BKF)                | 78657    | 1 each       | 5000          | 81.357          | 0.065             | 20.974            | 0.890       |
| Juice, Assorted, 4 oz, Clearbrook Farms     | 1221539  | 1 each       | 5000          | 60.000          | 0.000             | 14.000            | 3.333       |
| Milk                                        |          |              |               |                 |                   |                   |             |
| Milk, Chocolate, Fat-free, Clearbrook Farms | 1221537  | 8 fl oz      | 4000          | 120.000         | 0.000             | 23.000            | 200.000     |
| Milk, 1% Low Fat, Clearbrook Farms          | 1225774  | 1 each       | 1000          | 120.000         | 1.500             | 16.000            | 135.000     |
| Misc.                                       |          |              |               |                 |                   |                   |             |
| String Cheese 1M                            | 78782    | 1 each       | 995           | 80.000          | 3.500             | 0.000             | 210.000     |
| Total                                       |          |              | 5000          |                 |                   |                   |             |
| Weighted Daily Average                      |          |              |               | 458.634*        | 2.261*            | 88.416*           | 334.721*    |

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**Date:** 09-06-2023

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

**Date:** 09-07-2023

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

**Date:** 09-08-2023

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

| Recipe Name                                  | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|----------------------------------------------|----------|--------------|---------------|-----------------|-------------------|-------------------|-------------|
| Breakfast Entree                             |          |              |               |                 |                   |                   |             |
| Cereal, Assorted 1G                          | 78730    | 1 container  | 995           | 107.321         | 0.000             | 23.329            | 149.286     |
| Special Meal (B)                             | 1341338  | 1 serving    | 5             | N/A*            | N/A*              | N/A*              | N/A*        |
| Cinnamon Roll w/ Glaze 2.25G (Bake Crafters) | 1295610  | 1 each       | 4000          | 300.000         | 1.500             | 54.000            | 230.000     |
| Fruit                                        |          |              |               |                 |                   |                   |             |
| Fruit, Fresh, Assorted (BKF)                 | 78657    | 1 each       | 5000          | 81.357          | 0.065             | 20.974            | 0.890       |
| Juice, Assorted, 4 oz, Clearbrook Farms      | 1221539  | 1 each       | 5000          | 60.000          | 0.000             | 14.000            | 3.333       |
| Milk                                         |          |              |               |                 |                   |                   |             |
| Milk, Chocolate, Fat-free, Clearbrook Farms  | 1221537  | 8 fl oz      | 4000          | 120.000         | 0.000             | 23.000            | 200.000     |
| Milk, 1% Low Fat, Clearbrook Farms           | 1225774  | 1 each       | 1000          | 120.000         | 1.500             | 16.000            | 135.000     |
| Misc.                                        |          |              |               |                 |                   |                   |             |
| String Cheese 1M                             | 78782    | 1 each       | 995           | 80.000          | 3.500             | 0.000             | 210.000     |
| Total                                        |          |              | 5000          |                 |                   |                   |             |
| Weighted Daily Average                       |          |              |               | 538.634*        | 2.261*            | 104.416*          | 446.721*    |
| % of Calories                                |          |              |               |                 | 3.778%            | 77.541%           |             |

\* Indicates missing Nutrient Information.

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| Recipe Name                                 | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|---------------------------------------------|----------|--------------|---------------|-----------------|-------------------|-------------------|-------------|
| Breakfast Entree                            |          |              |               |                 |                   |                   |             |
| Cereal, Assorted 1G                         | 78730    | 1 container  | 995           | 107.321         | 0.000             | 23.329            | 149.286     |
| Special Meal (B)                            | 1341338  | 1 serving    | 5             | N/A*            | N/A*              | N/A*              | N/A*        |
| Breakfast Sausage Pizza 1M/1.5G             | 78684    | 1 serving    | 4000          | 210.000         | 2.000             | 26.000            | 480.000     |
| Fruit                                       |          |              |               |                 |                   |                   |             |
| Fruit, Fresh, Assorted (BKF)                | 78657    | 1 each       | 5000          | 81.357          | 0.065             | 20.974            | 0.890       |
| Juice, Assorted, 4 oz, Clearbrook Farms     | 1221539  | 1 each       | 5000          | 60.000          | 0.000             | 14.000            | 3.333       |
| Milk                                        |          |              |               |                 |                   |                   |             |
| Milk, Chocolate, Fat-free, Clearbrook Farms | 1221537  | 8 fl oz      | 4000          | 120.000         | 0.000             | 23.000            | 200.000     |
| Milk, 1% Low Fat, Clearbrook Farms          | 1225774  | 1 each       | 1000          | 120.000         | 1.500             | 16.000            | 135.000     |
| Misc.                                       |          |              |               |                 |                   |                   |             |
| String Cheese 1M                            | 78782    | 1 each       | 995           | 80.000          | 3.500             | 0.000             | 210.000     |
| Total                                       |          |              | 5000          |                 |                   |                   |             |
| Weighted Daily Average                      |          |              |               | 466.634*        | 2.661*            | 82.016*           | 646.721*    |
| % of Calories                               |          |              |               |                 | 5.132%            | 70.304%           |             |

\* Indicates missing Nutrient Information.

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| Recipe Name                                 | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|---------------------------------------------|----------|--------------|---------------|-----------------|-------------------|-------------------|-------------|
| Breakfast Entree                            |          |              |               |                 |                   |                   |             |
| Cereal, Assorted 1G                         | 78730    | 1 container  | 995           | 107.321         | 0.000             | 23.329            | 149.286     |
| Special Meal (B)                            | 1341338  | 1 serving    | 5             | N/A*            | N/A*              | N/A*              | N/A*        |
| Breakfast Bar, Oatmeal Chocolate Chips 2G   | 78832    | 1 serving    | 4000          | 290.000         | 3.000             | 47.000            | 240.000     |
| Fruit                                       |          |              |               |                 |                   |                   |             |
| Fruit, Fresh, Assorted (BKF)                | 78657    | 1 each       | 5000          | 81.357          | 0.065             | 20.974            | 0.890       |
| Juice, Assorted, 4 oz, Clearbrook Farms     | 1221539  | 1 each       | 5000          | 60.000          | 0.000             | 14.000            | 3.333       |
| Milk                                        |          |              |               |                 |                   |                   |             |
| Milk, Chocolate, Fat-free, Clearbrook Farms | 1221537  | 8 fl oz      | 4000          | 120.000         | 0.000             | 23.000            | 200.000     |
| Milk, 1% Low Fat, Clearbrook Farms          | 1225774  | 1 each       | 1000          | 120.000         | 1.500             | 16.000            | 135.000     |
| Misc.                                       |          |              |               |                 |                   |                   |             |
| String Cheese 1M                            | 78782    | 1 each       | 995           | 80.000          | 3.500             | 0.000             | 210.000     |
| Total                                       |          |              | 5000          |                 |                   |                   |             |
| Weighted Daily Average                      |          |              |               | 530.634*        | 3.461*            | 98.816*           | 454.721*    |
| % of Calories                               |          |              |               |                 | 5.87%             | 74.489%           |             |

\* Indicates missing Nutrient Information.

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| Recipe Name         | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|---------------------|----------|--------------|---------------|-----------------|-------------------|-------------------|-------------|
| Breakfast Entree    |          |              |               |                 |                   |                   |             |
| Cereal, Assorted 1G | 78730    | 1 container  | 995           | 107.321         | 0.000             | 23.329            | 149.286     |
| Special Meal (B)    | 1341338  | 1 serving    | 5             | N/A*            | N/A*              | N/A*              | N/A*        |

| Recipe Name                                 | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|---------------------------------------------|----------|--------------|---------------|-----------------|-------------------|-------------------|-------------|
| Mini Chocolate Chip French Toast Bites 2G   | 78756    | 1 serving    | 4000          | 210.000         | 1.500             | 35.000            | 260.000     |
| Fruit                                       |          |              |               |                 |                   |                   |             |
| Fruit, Fresh, Assorted (BKF)                | 78657    | 1 each       | 5000          | 81.357          | 0.065             | 20.974            | 0.890       |
| Juice, Assorted, 4 oz, Clearbrook Farms     | 1221539  | 1 each       | 5000          | 60.000          | 0.000             | 14.000            | 3.333       |
| Milk                                        |          |              |               |                 |                   |                   |             |
| Milk, Chocolate, Fat-free, Clearbrook Farms | 1221537  | 8 fl oz      | 4000          | 120.000         | 0.000             | 23.000            | 200.000     |
| Milk, 1% Low Fat, Clearbrook Farms          | 1225774  | 1 each       | 1000          | 120.000         | 1.500             | 16.000            | 135.000     |
| Misc.                                       |          |              |               |                 |                   |                   |             |
| String Cheese 1M                            | 78782    | 1 each       | 995           | 80.000          | 3.500             | 0.000             | 210.000     |
| Total                                       |          |              | 5000          |                 |                   |                   |             |
| Weighted Daily Average                      |          |              |               | 466.634*        | 2.261*            | 89.216*           | 470.721*    |
| % of Calories                               |          |              |               |                 | 4.361%            | 76.476%           |             |

\* Indicates missing Nutrient Information.

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## Menu Detail

**Date:** 09-15-2023

| Recipe Name                                                  | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|--------------------------------------------------------------|----------|--------------|---------------|-----------------|-------------------|-------------------|-------------|
| <b>Breakfast Entree</b>                                      |          |              |               |                 |                   |                   |             |
| <b>Cereal, Assorted 1G</b>                                   | 78730    | 1 container  | 995           | 107.321         | 0.000             | 23.329            | 149.286     |
| <b>Special Meal (B)</b>                                      | 1341338  | 1 serving    | 5             | N/A*            | N/A*              | N/A*              | N/A*        |
| <b>Turkey Ham, Egg &amp; Cheese Croissant Sandwich 1M/2G</b> | 78761    | 1 serving    | 4000          | 298.621         | 2.986             | 32.848            | 527.563     |
| <b>Fruit</b>                                                 |          |              |               |                 |                   |                   |             |
| <b>Fruit, Fresh, Assorted (BKF)</b>                          | 78657    | 1 each       | 5000          | 81.357          | 0.065             | 20.974            | 0.890       |
| <b>Juice, Assorted, 4 oz, Clearbrook Farms</b>               | 1221539  | 1 each       | 5000          | 60.000          | 0.000             | 14.000            | 3.333       |
| <b>Milk</b>                                                  |          |              |               |                 |                   |                   |             |
| <b>Milk, Chocolate, Fat-free, Clearbrook Farms</b>           | 1221537  | 8 fl oz      | 4000          | 120.000         | 0.000             | 23.000            | 200.000     |
| <b>Milk, 1% Low Fat, Clearbrook Farms</b>                    | 1225774  | 1 each       | 1000          | 120.000         | 1.500             | 16.000            | 135.000     |
| <b>Misc.</b>                                                 |          |              |               |                 |                   |                   |             |
| <b>String Cheese 1M</b>                                      | 78782    | 1 each       | 995           | 80.000          | 3.500             | 0.000             | 210.000     |
| <b>Total</b>                                                 |          |              | 5000          |                 |                   |                   |             |
| <b>Weighted Daily Average</b>                                |          |              |               | 537.53*         | 3.45*             | 87.495*           | 684.772*    |
| <b>% of Calories</b>                                         |          |              |               |                 | 5.776%            | 65.109%           |             |

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## Menu Detail

**Date:** 09-18-2023

| Recipe Name                                 | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|---------------------------------------------|----------|--------------|---------------|-----------------|-------------------|-------------------|-------------|
| Breakfast Entree                            |          |              |               |                 |                   |                   |             |
| Pan Dulce, Assorted 2G                      | 78803    | 1 each       | 4000          | 200.000         | 1.500             | 34.000            | 90.000      |
| Cereal, Assorted 1G                         | 78730    | 1 container  | 995           | 107.321         | 0.000             | 23.329            | 149.286     |
| Special Meal (B)                            | 1341338  | 1 serving    | 5             | N/A*            | N/A*              | N/A*              | N/A*        |
| Fruit                                       |          |              |               |                 |                   |                   |             |
| Fruit, Fresh, Assorted (BKF)                | 78657    | 1 each       | 5000          | 81.357          | 0.065             | 20.974            | 0.890       |
| Juice, Assorted, 4 oz, Clearbrook Farms     | 1221539  | 1 each       | 5000          | 60.000          | 0.000             | 14.000            | 3.333       |
| Milk                                        |          |              |               |                 |                   |                   |             |
| Milk, Chocolate, Fat-free, Clearbrook Farms | 1221537  | 8 fl oz      | 4000          | 120.000         | 0.000             | 23.000            | 200.000     |
| Milk, 1% Low Fat, Clearbrook Farms          | 1225774  | 1 each       | 1000          | 120.000         | 1.500             | 16.000            | 135.000     |
| Misc.                                       |          |              |               |                 |                   |                   |             |
| String Cheese 1M                            | 78782    | 1 each       | 995           | 80.000          | 3.500             | 0.000             | 210.000     |
| Total                                       |          |              | 5000          |                 |                   |                   |             |
| Weighted Daily Average                      |          |              |               | 458.634*        | 2.261*            | 88.416*           | 334.721*    |
| % of Calories                               |          |              |               |                 | 4.437%            | 77.112%           |             |

\* Indicates missing Nutrient Information.

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## Menu Detail

**Date:** 09-19-2023

[illegible]

| Recipe Name            | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|------------------------|----------|--------------|---------------|-----------------|-------------------|-------------------|-------------|
| String Cheese 1M       | 78782    | 1 each       | 995           | 80.000          | 3.500             | 0.000             | 210.000     |
| Total                  |          |              | 5000          |                 |                   |                   |             |
| Weighted Daily Average |          |              |               | 452.234*        | 3.469*            | 79.744*           | 553.121*    |
| % of Calories          |          |              |               |                 | 6.904%            | 70.533%           |             |

\* Indicates missing Nutrient Information.

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Menu Detail

Date: 09-20-2023

| Recipe Name                                        | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|----------------------------------------------------|----------|--------------|---------------|-----------------|-------------------|-------------------|-------------|
| Breakfast Entree                                   |          |              |               |                 |                   |                   |             |
| Cereal, Assorted 1G                                | 78730    | 1 container  | 995           | 107.321         | 0.000             | 23.329            | 149.286     |
| Special Meal (B)                                   | 1341338  | 1 serving    | 5             | N/A*            | N/A*              | N/A*              | N/A*        |
| Colby Cheese Omelet w/ Mini Blueberry Muffin 2M/1G | 1417215  | 1 serving    | 4000          | 227.145         | 3.477             | 20.492            | 282.369     |
| Fruit                                              |          |              |               |                 |                   |                   |             |
| Fruit, Fresh, Assorted (BKF)                       | 78657    | 1 each       | 5000          | 81.357          | 0.065             | 20.974            | 0.890       |
| Juice, Assorted, 4 oz, Clearbrook Farms            | 1221539  | 1 each       | 5000          | 60.000          | 0.000             | 14.000            | 3.333       |
| Milk                                               |          |              |               |                 |                   |                   |             |
| Milk, Chocolate, Fat-free, Clearbrook Farms        | 1221537  | 8 fl oz      | 4000          | 120.000         | 0.000             | 23.000            | 200.000     |
| Milk, 1% Low Fat, Clearbrook Farms                 | 1225774  | 1 each       | 1000          | 120.000         | 1.500             | 16.000            | 135.000     |
| Misc.                                              |          |              |               |                 |                   |                   |             |
| String Cheese 1M                                   | 78782    | 1 each       | 995           | 80.000          | 3.500             | 0.000             | 210.000     |
| Total                                              |          |              | 5000          |                 |                   |                   |             |
| Weighted Daily Average                             |          |              |               | 480.35*         | 3.842*            | 77.61*            | 488.616*    |
| % of Calories                                      |          |              |               |                 | 7.199%            | 64.628%           |             |

\* Indicates missing Nutrient Information.

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Menu Detail

Date: 09-21-2023

| Recipe Name                                 | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|---------------------------------------------|----------|--------------|---------------|-----------------|-------------------|-------------------|-------------|
| Breakfast Entree                            |          |              |               |                 |                   |                   |             |
| Cereal, Assorted 1G                         | 78730    | 1 container  | 995           | 107.321         | 0.000             | 23.329            | 149.286     |
| Special Meal (B)                            | 1341338  | 1 serving    | 5             | N/A*            | N/A*              | N/A*              | N/A*        |
| Honey Oatmeal Bun 2G                        | 78695    | 1 each       | 4000          | 230.000         | 2.000             | 39.000            | 340.000     |
| Fruit                                       |          |              |               |                 |                   |                   |             |
| Fruit, Fresh, Assorted (BKF)                | 78657    | 1 each       | 5000          | 81.357          | 0.065             | 20.974            | 0.890       |
| Juice, Assorted, 4 oz, Clearbrook Farms     | 1221539  | 1 each       | 5000          | 60.000          | 0.000             | 14.000            | 3.333       |
| Milk                                        |          |              |               |                 |                   |                   |             |
| Milk, Chocolate, Fat-free, Clearbrook Farms | 1221537  | 8 fl oz      | 4000          | 120.000         | 0.000             | 23.000            | 200.000     |
| Milk, 1% Low Fat, Clearbrook Farms          | 1225774  | 1 each       | 1000          | 120.000         | 1.500             | 16.000            | 135.000     |
| Misc.                                       |          |              |               |                 |                   |                   |             |
| String Cheese 1M                            | 78782    | 1 each       | 995           | 80.000          | 3.500             | 0.000             | 210.000     |
| Total                                       |          |              | 5000          |                 |                   |                   |             |
| Weighted Daily Average                      |          |              |               | 482.634*        | 2.661*            | 92.416*           | 534.721*    |
| % of Calories                               |          |              |               |                 | 4.962%            | 76.593%           |             |

\* Indicates missing Nutrient Information.

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Menu Detail

Date: 09-22-2023

| Recipe Name                                 | Recipe # | Portion Size                  | Plan Quantity | Calories (kcal) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|---------------------------------------------|----------|-------------------------------|---------------|-----------------|-------------------|-------------------|-------------|
| Breakfast Entree                            |          |                               |               |                 |                   |                   |             |
| Cereal, Assorted 1G                         | 78730    | 1 container                   | 995           | 107.321         | 0.000             | 23.329            | 149.286     |
| Special Meal (B)                            | 1341338  | 1 serving                     | 5             | N/A*            | N/A*              | N/A*              | N/A*        |
| Pork Sausage Links (2) & Pancake 0.75M/1G   | 78671    | 1 serving/2 links + 1 pancake | 4000          | 230.000         | 3.500             | 26.000            | 450.000     |
| Fruit                                       |          |                               |               |                 |                   |                   |             |
| Fruit, Fresh, Assorted (BKF)                | 78657    | 1 each                        | 5000          | 81.357          | 0.065             | 20.974            | 0.890       |
| Juice, Assorted, 4 oz, Clearbrook Farms     | 1221539  | 1 each                        | 5000          | 60.000          | 0.000             | 14.000            | 3.333       |
| Milk                                        |          |                               |               |                 |                   |                   |             |
| Milk, Chocolate, Fat-free, Clearbrook Farms | 1221537  | 8 fl oz                       | 4000          | 120.000         | 0.000             | 23.000            | 200.000     |
| Milk, 1% Low Fat, Clearbrook Farms          | 1225774  | 1 each                        | 1000          | 120.000         | 1.500             | 16.000            | 135.000     |
| Misc.                                       |          |                               |               |                 |                   |                   |             |
| String Cheese 1M                            | 78782    | 1 each                        | 995           | 80.000          | 3.500             | 0.000             | 210.000     |
| Syrup Cup                                   | 78716    | 1 each                        | 4000          | 120.000         | 0.000             | 30.000            | 30.000      |
| Total                                       |          |                               | 5000          |                 |                   |                   |             |
| Weighted Daily Average                      |          |                               |               | 578.634*        | 3.861*            | 106.016*          | 646.721*    |
| % of Calories                               |          |                               |               |                 | 6.005%            | 73.287%           |             |

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

| Recipe Name                                  | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|----------------------------------------------|----------|--------------|---------------|-----------------|-------------------|-------------------|-------------|
| Breakfast Entree                             |          |              |               |                 |                   |                   |             |
| Cereal, Assorted 1G                          | 78730    | 1 container  | 995           | 107.321         | 0.000             | 23.329            | 149.286     |
| Special Meal (B)                             | 1341338  | 1 serving    | 5             | N/A*            | N/A*              | N/A*              | N/A*        |
| Cinnamon Roll w/ Glaze 2.25G (Bake Crafters) | 1295610  | 1 each       | 4000          | 300.000         | 1.500             | 54.000            | 230.000     |
| Fruit                                        |          |              |               |                 |                   |                   |             |
| Fruit, Fresh, Assorted (BKF)                 | 78657    | 1 each       | 5000          | 81.357          | 0.065             | 20.974            | 0.890       |
| Juice, Assorted, 4 oz, Clearbrook Farms      | 1221539  | 1 each       | 5000          | 60.000          | 0.000             | 14.000            | 3.333       |
| Milk                                         |          |              |               |                 |                   |                   |             |
| Milk, Chocolate, Fat-free, Clearbrook Farms  | 1221537  | 8 fl oz      | 4000          | 120.000         | 0.000             | 23.000            | 200.000     |
| Milk, 1% Low Fat, Clearbrook Farms           | 1225774  | 1 each       | 1000          | 120.000         | 1.500             | 16.000            | 135.000     |
| Misc.                                        |          |              |               |                 |                   |                   |             |
| String Cheese 1M                             | 78782    | 1 each       | 995           | 80.000          | 3.500             | 0.000             | 210.000     |
| Total                                        |          |              | 5000          |                 |                   |                   |             |
| Weighted Daily Average                       |          |              |               | 538.634*        | 2.261*            | 104.416*          | 446.721*    |
| % of Calories                                |          |              |               |                 | 3.778%            | 77.541%           |             |

\* Indicates missing Nutrient Information.

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| Recipe Name                                 | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|---------------------------------------------|----------|--------------|---------------|-----------------|-------------------|-------------------|-------------|
| Breakfast Entree                            |          |              |               |                 |                   |                   |             |
| Cereal, Assorted 1G                         | 78730    | 1 container  | 995           | 107.321         | 0.000             | 23.329            | 149.286     |
| Special Meal (B)                            | 1341338  | 1 serving    | 5             | N/A*            | N/A*              | N/A*              | N/A*        |
| Breakfast Sausage Pizza 1M/1.5G             | 78684    | 1 serving    | 4000          | 210.000         | 2.000             | 26.000            | 480.000     |
| Fruit                                       |          |              |               |                 |                   |                   |             |
| Fruit, Fresh, Assorted (BKF)                | 78657    | 1 each       | 5000          | 81.357          | 0.065             | 20.974            | 0.890       |
| Juice, Assorted, 4 oz, Clearbrook Farms     | 1221539  | 1 each       | 5000          | 60.000          | 0.000             | 14.000            | 3.333       |
| Milk                                        |          |              |               |                 |                   |                   |             |
| Milk, Chocolate, Fat-free, Clearbrook Farms | 1221537  | 8 fl oz      | 4000          | 120.000         | 0.000             | 23.000            | 200.000     |
| Milk, 1% Low Fat, Clearbrook Farms          | 1225774  | 1 each       | 1000          | 120.000         | 1.500             | 16.000            | 135.000     |
| Misc.                                       |          |              |               |                 |                   |                   |             |
| String Cheese 1M                            | 78782    | 1 each       | 995           | 80.000          | 3.500             | 0.000             | 210.000     |
| Total                                       |          |              | 5000          |                 |                   |                   |             |
| Weighted Daily Average                      |          |              |               | 466.634*        | 2.661*            | 82.016*           | 646.721*    |
| % of Calories                               |          |              |               |                 | 5.132%            | 70.304%           |             |

\* Indicates missing Nutrient Information.

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| Recipe Name                                 | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|---------------------------------------------|----------|--------------|---------------|-----------------|-------------------|-------------------|-------------|
| Breakfast Entree                            |          |              |               |                 |                   |                   |             |
| Cereal, Assorted 1G                         | 78730    | 1 container  | 995           | 107.321         | 0.000             | 23.329            | 149.286     |
| Special Meal (B)                            | 1341338  | 1 serving    | 5             | N/A*            | N/A*              | N/A*              | N/A*        |
| Breakfast Bar, Banana Chocolate 2G          | 78768    | 1 each       | 4000          | 280.000         | 3.000             | 48.000            | 220.000     |
| Fruit                                       |          |              |               |                 |                   |                   |             |
| Fruit, Fresh, Assorted (BKF)                | 78657    | 1 each       | 5000          | 81.357          | 0.065             | 20.974            | 0.890       |
| Juice, Assorted, 4 oz, Clearbrook Farms     | 1221539  | 1 each       | 5000          | 60.000          | 0.000             | 14.000            | 3.333       |
| Milk                                        |          |              |               |                 |                   |                   |             |
| Milk, Chocolate, Fat-free, Clearbrook Farms | 1221537  | 8 fl oz      | 4000          | 120.000         | 0.000             | 23.000            | 200.000     |
| Milk, 1% Low Fat, Clearbrook Farms          | 1225774  | 1 each       | 1000          | 120.000         | 1.500             | 16.000            | 135.000     |
| Misc.                                       |          |              |               |                 |                   |                   |             |
| String Cheese 1M                            | 78782    | 1 each       | 995           | 80.000          | 3.500             | 0.000             | 210.000     |
| Total                                       |          |              | 5000          |                 |                   |                   |             |
| Weighted Daily Average                      |          |              |               | 522.634*        | 3.461*            | 99.616*           | 438.721*    |
| % of Calories                               |          |              |               |                 | 5.96%             | 76.241%           |             |

\* Indicates missing Nutrient Information.

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| Recipe Name         | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|---------------------|----------|--------------|---------------|-----------------|-------------------|-------------------|-------------|
| Breakfast Entree    |          |              |               |                 |                   |                   |             |
| Cereal, Assorted 1G | 78730    | 1 container  | 995           | 107.321         | 0.000             | 23.329            | 149.286     |
| Special Meal (B)    | 1341338  | 1 serving    | 5             | N/A*            | N/A*              | N/A*              | N/A*        |

| Recipe Name                                 | Recipe # | Portion Size | Plan Quantity | Calories (kcal) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|---------------------------------------------|----------|--------------|---------------|-----------------|-------------------|-------------------|-------------|
| Mini Chocolate Chip French Toast Bites 2G   | 78756    | 1 serving    | 4000          | 210.000         | 1.500             | 35.000            | 260.000     |
| Fruit                                       |          |              |               |                 |                   |                   |             |
| Fruit, Fresh, Assorted (BKF)                | 78657    | 1 each       | 5000          | 81.357          | 0.065             | 20.974            | 0.890       |
| Juice, Assorted, 4 oz, Clearbrook Farms     | 1221539  | 1 each       | 5000          | 60.000          | 0.000             | 14.000            | 3.333       |
| Milk                                        |          |              |               |                 |                   |                   |             |
| Milk, Chocolate, Fat-free, Clearbrook Farms | 1221537  | 8 fl oz      | 4000          | 120.000         | 0.000             | 23.000            | 200.000     |
| Milk, 1% Low Fat, Clearbrook Farms          | 1225774  | 1 each       | 1000          | 120.000         | 1.500             | 16.000            | 135.000     |
| Misc.                                       |          |              |               |                 |                   |                   |             |
| String Cheese 1M                            | 78782    | 1 each       | 995           | 80.000          | 3.500             | 0.000             | 210.000     |
| Total                                       |          |              | 5000          |                 |                   |                   |             |
| Weighted Daily Average                      |          |              |               | 466.634*        | 2.261*            | 89.216*           | 470.721*    |
| % of Calories                               |          |              |               |                 | 4.361%            | 76.476%           |             |

\* Indicates missing Nutrient Information.

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Menu Detail

Date: 09-29-2023

| Recipe Name                                          | Recipe # | Portion Size     | Plan Quantity | Calories (kcal) | Saturated Fat (g) | Carbohydrates (g) | Sodium (mg) |
|------------------------------------------------------|----------|------------------|---------------|-----------------|-------------------|-------------------|-------------|
| Breakfast Entree                                     |          |                  |               |                 |                   |                   |             |
| Cereal, Assorted 1G                                  | 78730    | 1 container      | 995           | 107.321         | 0.000             | 23.329            | 149.286     |
| Special Meal (B)                                     | 1341338  | 1 serving        | 5             | N/A*            | N/A*              | N/A*              | N/A*        |
| Breaded Waffle Flavored Chicken Chunks 1M/1G (6 pcs) | 217612   | 1 serving/ 6 pcs | 4000          | 210.000         | 2.000             | 13.000            | 320.000     |
| Fruit                                                |          |                  |               |                 |                   |                   |             |
| Fruit, Fresh, Assorted (BKF)                         | 78657    | 1 each           | 5000          | 81.357          | 0.065             | 20.974            | 0.890       |
| Juice, Assorted, 4 oz, Clearbrook Farms              | 1221539  | 1 each           | 5000          | 60.000          | 0.000             | 14.000            | 3.333       |
| Milk                                                 |          |                  |               |                 |                   |                   |             |
| Milk, Chocolate, Fat-free, Clearbrook Farms          | 1221537  | 8 fl oz          | 4000          | 120.000         | 0.000             | 23.000            | 200.000     |
| Milk, 1% Low Fat, Clearbrook Farms                   | 1225774  | 1 each           | 1000          | 120.000         | 1.500             | 16.000            | 135.000     |
| Misc.                                                |          |                  |               |                 |                   |                   |             |
| String Cheese 1M                                     | 78782    | 1 each           | 995           | 80.000          | 3.500             | 0.000             | 210.000     |
| Syrup Cup                                            | 78716    | 1 each           | 4000          | 120.000         | 0.000             | 30.000            | 30.000      |
| Total                                                |          |                  | 5000          |                 |                   |                   |             |
| Weighted Daily Average                               |          |                  |               | 562.634*        | 2.661*            | 95.616*           | 542.721*    |
| % of Calories                                        |          |                  |               |                 | 4.257%            | 67.977%           |             |

\* Indicates missing Nutrient Information.

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