Nutrient Detail Report

Organization: Garden Grove USD
Session: 2023-24 School Year
Menu: 2023-2024 High School Lunch Menu
Number Source: Planned
Dates: 09-01-2023 to 09-29-2023

Nutrient Summary

Date(s): 09-01-2023 to 09-29-2023

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	734.691*					
Protein (g)	29.535*	16.08%				
Total Fat (g)	20.049*	24.56%				
Saturated Fat (g)	5.811*	7.119%	< 10%	Pass		
Trans Fat (g)	0.010*					
Carbohydrates (g)	109.072*	59.384%				
Cholesterol (mg)	52.886*					
Sodium (mg)	1,101.375*		≤ 1280	Pass		
Potassium (mg)	258.577*					
Fiber (g)	8.016*					
Sugars (g)	57.579*					
Iron (g)	3.155*					
Calcium (mg)	410.087*					
Vitamin A (IU)	1,870.457*					
Vitamin C (mg)	44.318*					
Vitamin D (mcg)	0.264*					

* Indicates missing Nutrient Information.
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Menu Detail

Date: 09-01-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Lunch Entree							
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	0.500	75.085	749.691
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	39.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	39.000	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	50.600	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	51.600	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	63.000	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	42.460	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	0.985*	57.659*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	29.535	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	30.368	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	48.552*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	64.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	79.617	195.689
Seasoned Popcorn Chicken w/ Waffle Fries & Sweet Chili Sauce + Chocolate Chip Cookie 2M/2G	79109	1 serving	1250	520.450	4.369	54.397	798.938
Vegetables							
Salad, 4 Way, 1 cup	78810	1 cup	500	10.000	0.000	2.000	7.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	8.077	63.462
Fruit							
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	16.717	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000*	28.000	1.250
Milk							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	23.000	200.000
Misc.							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	1.000	75.000
Mayonnaise Packet	79027	1 packet	200	60.000	1.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	1.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	1.701	225.000
Total			5000				
Weighted Daily Average				728.486*	5.093*	108.185*	1064.038*

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
% of Calories					6.292%	59.403%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 09-05-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Lunch Entree							
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	0.500	75.085	749.691
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	39.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	39.000	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	50.600	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	51.600	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	63.000	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	42.460	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	0.985*	57.659*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	29.535	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	30.368	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	48.552*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	64.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	79.617	195.689
Breaded Chicken Fillet w/ Hamburger Bun 4", 2M/3G	1308461	1 serving	1250	380.000	1.500	50.000	910.000
Vegetables							
Salad, 4 Way, 1 cup	78810	1 cup	500	10.000	0.000	2.000	7.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	8.077	63.462
Fruit							
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	16.717	0.872
Cherry Lime Italian Ice Cup	1328913	1 each	1250	99.000	0.000	25.000	15.000
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000*	28.000	1.250
Milk							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	23.000	200.000
Misc.							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	1.000	75.000
Mayonnaise Packet	79027	1 packet	200	60.000	1.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	1.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	1.701	225.000
Total			5000				
Weighted Daily Average				718.123*	4.376*	113.336*	1095.553*
% of Calories					5.484%	63.129%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 09-06-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Lunch Entree							
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	0.500	75.085	749.691
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	39.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	39.000	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	50.600	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	51.600	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	63.000	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	42.460	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	0.985*	57.659*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	29.535	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	30.368	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	48.552*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	64.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	79.617	195.689
Shake Ramen (Chicken) 2M/2G	1328616	1 serving	1200	422.358	2.254	61.615	656.547
Shake Ramen (Tofu & Edamame) 2M/2G	1339144	1 serving	50	450.245	0.994	66.568	490.372
Vegetables							
Salad, 4 Way, 1 cup	78810	1 cup	500	10.000	0.000	2.000	7.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	8.077	63.462

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Beans, Assorted, 1/2 cup	83041	1/2 cup	200	116.999	0.024	20.215	139.997
Fruit							
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	16.717	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000*	28.000	1.250
Milk							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	23.000	200.000
Misc.							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	1.000	75.000
Mayonnaise Packet	79027	1 packet	200	60.000	1.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	1.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	1.701	225.000
Total			5000				
Weighted Daily Average				708.922*	4.553*	110.848*	1032.378*
% of Calories					5.78%	62.544%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 09-07-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Lunch Entree							
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	0.500	75.085	749.691
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	39.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	39.000	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	50.600	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	51.600	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	63.000	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	42.460	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	0.985*	57.659*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	29.535	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	30.368	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	48.552*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	64.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	79.617	195.689
Chicken Wings (5 pcs) w/ Buffalo Sauce & Ranch Dressing + Dinner Roll 2.5M/2G	1337037	1 serving/5 wings + 1 dinner roll	1250	688.990	11.567	30.336	1,151.166
Vegetables							
Salad, 4 Way, 1 cup	78810	1 cup	500	10.000	0.000	2.000	7.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	8.077	63.462
Fruit							
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	16.717	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000*	28.000	1.250
Milk							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	23.000	200.000
Misc.							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	1.000	75.000
Mayonnaise Packet	79027	1 packet	200	60.000	1.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	1.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	1.701	225.000
Total			5000				
Weighted Daily Average				770.621*	6.893*	102.17*	1152.095*
% of Calories					8.05%	53.033%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 09-08-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Lunch Entree							
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	0.500	75.085	749.691
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	39.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	39.000	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	50.600	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	51.600	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	63.000	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	42.460	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	0.985*	57.659*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	29.535	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	30.368	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	48.552*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	64.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	79.617	195.689
Whole Muscle Breaded Chicken Bites (7 pcs), Crinkle Cut Fries & Special Dipping Sauce + Texas Toast	1182539	1 serving/7 pcs chix + 1/2 c fries+ sauce cup + toast	1250	562.103	3.493	57.076	1,302.441
Vegetables							
Salad, 4 Way, 1 cup	78810	1 cup	500	10.000	0.000	2.000	7.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	8.077	63.462
Fruit							
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	16.717	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000*	28.000	1.250
Milk							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	23.000	200.000
Misc.							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	1.000	75.000
Mayonnaise Packet	79027	1 packet	200	60.000	1.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	1.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	1.701	225.000
Total			5000				
Weighted Daily Average				738.899*	4.874*	108.855*	1189.914*
% of Calories					5.937%	58.928%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 09-11-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Lunch Entree							
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	0.500	75.085	749.691
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	39.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	39.000	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	50.600	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	51.600	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	63.000	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	42.460	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	0.985*	57.659*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	29.535	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	30.368	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	48.552*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	64.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	79.617	195.689
General Tso Chicken w/ Vegetable Fried Rice & Cookie 2M/2G	79080	1 serving	1250	470.000	2.000	77.000	686.000
Vegetables							
Salad, 4 Way, 1 cup	78810	1 cup	500	10.000	0.000	2.000	7.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	8.077	63.462
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	200	64.993	0.000	14.998	14.998
Fruit							
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	16.717	0.872

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000*	28.000	1.250
Milk							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	23.000	200.000
Misc.							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	1.000	75.000
Mayonnaise Packet	79027	1 packet	200	60.000	1.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	1.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	1.701	225.000
Total			5000				
Weighted Daily Average				718.473*	4.501*	114.436*	1036.403*
% of Calories					5.638%	63.711%	

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-12-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Lunch Entree							
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	0.500	75.085	749.691
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	39.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	39.000	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	50.600	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	51.600	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	63.000	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	42.460	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	0.985*	57.659*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	29.535	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	30.368	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	48.552*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	64.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	79.617	195.689
Chicken Alfredo w/ Penne Pasta & Garlic Knot Roll 2M/3.5G	1303712	1 serving/#4 scoop + garlic knot roll	1250	663.301	15.746	67.570	761.710
Vegetables							
Salad, 4 Way, 1 cup	78810	1 cup	500	10.000	0.000	2.000	7.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	8.077	63.462
Fruit							
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	16.717	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000*	28.000	1.250
Milk							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	23.000	200.000
Misc.							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	1.000	75.000
Mayonnaise Packet	79027	1 packet	200	60.000	1.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	1.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	1.701	225.000
Total			5000				
Weighted Daily Average				764.199*	7.938*	111.479*	1054.731*
% of Calories					9.348%	58.351%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 09-13-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Lunch Entree							
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	0.500	75.085	749.691
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	39.000	660.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	39.000	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	50.600	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	51.600	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	63.000	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	42.460	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	0.985*	57.659*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	29.535	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	30.368	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	48.552*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	64.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	79.617	195.689
Bacon Western Cheeseburger Meal 2.5M/2.25G	79146	1 serving	1250	719.108	13.606	66.908	1,414.558
Vegetables							
Salad, 4 Way, 1 cup	78810	1 cup	500	10.000	0.000	2.000	7.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	8.077	63.462
Beans, Assorted, 1/2 cup	83041	1/2 cup	200	116.999	0.024	20.215	139.997
Fruit							
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	16.717	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000*	28.000	1.250
Milk							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	23.000	200.000
Misc.							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	1.000	75.000
Mayonnaise Packet	79027	1 packet	200	60.000	1.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	1.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	1.701	225.000
Total			5000				
Weighted Daily Average				782.831*	7.403*	112.122*	1223.543*
% of Calories					8.512%	57.29%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 09-14-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Lunch Entree							
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	0.500	75.085	749.691
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	39.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	39.000	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	50.600	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	51.600	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	63.000	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	42.460	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	0.985*	57.659*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	29.535	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	30.368	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	48.552*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	64.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	79.617	195.689
Spaghetti (1 cup) w/ Cheesy Breadstick (Bosco) 3M/2G	79045	1 serving	1250	415.628*	6.365*	50.794*	913.419*
Vegetables							
Salad, 4 Way, 1 cup	78810	1 cup	500	10.000	0.000	2.000	7.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	8.077	63.462
Fruit							
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	16.717	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000*	28.000	1.250
Milk							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	23.000	200.000
Misc.							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	1.000	75.000
Mayonnaise Packet	79027	1 packet	200	60.000	1.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	0.000	430.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	1.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	1.701	225.000
Total			5000				
Weighted Daily Average				702.281*	5.592*	107.285*	1092.658*
% of Calories					7.167%	61.106%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 09-15-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Lunch Entree							
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	0.500	75.085	749.691
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	39.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	39.000	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	50.600	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	51.600	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	63.000	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	42.460	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	0.985*	57.659*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	29.535	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	30.368	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	48.552*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	64.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	79.617	195.689
Seasoned Popcorn Chicken w/ Waffle Fries & Sweet Chili Sauce + Chocolate Chip Cookie 2M/2G	79109	1 serving	1250	520.450	4.369	54.397	798.938
Vegetables							
Salad, 4 Way, 1 cup	78810	1 cup	500	10.000	0.000	2.000	7.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	8.077	63.462
Fruit							
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	16.717	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000*	28.000	1.250
Milk							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	23.000	200.000
Misc.							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	1.000	75.000
Mayonnaise Packet	79027	1 packet	200	60.000	1.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	1.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	1.701	225.000
Total			5000				
Weighted Daily Average				728.486*	5.093*	108.185*	1064.038*
% of Calories					6.292%	59.403%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 09-18-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Lunch Entree							
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	0.500	75.085	749.691
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	39.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	39.000	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	50.600	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	51.600	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	63.000	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	42.460	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	0.985*	57.659*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	29.535	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	30.368	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	48.552*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	64.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	79.617	195.689
Breaded Chicken Fillet w/ Hamburger Bun 4", 2M/3G	1308461	1 serving	1250	380.000	1.500	50.000	910.000
Vegetables							

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Salad, 4 Way, 1 cup	78810	1 cup	500	10.000	0.000	2.000	7.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	8.077	63.462
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	200	64.993	0.000	14.998	14.998
Fruit							
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	16.717	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000*	28.000	1.250
Milk							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	23.000	200.000
Misc.							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	1.000	75.000
Mayonnaise Packet	79027	1 packet	200	60.000	1.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	1.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	1.701	225.000
Total			5000				
Weighted Daily Average				695.973*	4.376*	107.686*	1092.403*
% of Calories					5.659%	61.891%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 09-19-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Lunch Entree							
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	0.500	75.085	749.691
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	39.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	39.000	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	50.600	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	51.600	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	63.000	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	42.460	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	0.985*	57.659*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	29.535	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	30.368	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	48.552*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	64.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	79.617	195.689
Teriyaki Chicken with Garlic Noodles 3M/2G	1149738	1 serving./#8 scoop chix + #4 scoop noodles	1250	444.894	7.717	47.292	796.763
Vegetables							
Salad, 4 Way, 1 cup	78810	1 cup	500	10.000	0.000	2.000	7.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	8.077	63.462
Fruit							
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	16.717	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000*	28.000	1.250
Milk							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	23.000	200.000
Misc.							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	1.000	75.000
Mayonnaise Packet	79027	1 packet	200	60.000	1.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	1.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	1.701	225.000
Total			5000				
Weighted Daily Average				709.597*	5.93*	106.409*	1063.494*
% of Calories					7.522%	59.983%	

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-20-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Lunch Entree							
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	0.500	75.085	749.691
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	39.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	39.000	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	50.600	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	51.600	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	63.000	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	42.460	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	0.985*	57.659*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	29.535	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	30.368	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	48.552*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	64.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	79.617	195.689
Chicken Wings (5 pcs) w/ Buffalo Sauce & Ranch Dressing + Dinner Roll 2.5M/2G	1337037	1 serving/5 wings + 1 dinner roll	1250	688.990	11.567	30.336	1,151.166
Vegetables							
Salad, 4 Way, 1 cup	78810	1 cup	500	10.000	0.000	2.000	7.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	8.077	63.462
Beans, Assorted, 1/2 cup	83041	1/2 cup	200	116.999	0.024	20.215	139.997
Fruit							
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	16.717	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000*	28.000	1.250
Milk							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	23.000	200.000
Misc.							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	1.000	75.000
Mayonnaise Packet	79027	1 packet	200	60.000	1.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	1.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	1.701	225.000
Total			5000				
Weighted Daily Average				775.301*	6.894*	102.978*	1157.695*
% of Calories					8.003%	53.13%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 09-21-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Lunch Entree							
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	0.500	75.085	749.691
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	39.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	39.000	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	50.600	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	51.600	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	63.000	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	42.460	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	0.985*	57.659*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	29.535	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	30.368	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	48.552*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	64.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	79.617	195.689
Tuscan Chicken with Rotini Pasta & Cheesy Breadstick 2M/2G	79250	1 serving/#4 scoop pasta + breadstick	1250	472.312	13.210	42.065	731.833
Vegetables							
Salad, 4 Way, 1 cup	78810	1 cup	500	10.000	0.000	2.000	7.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	8.077	63.462
Fruit							

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	16.717	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000*	28.000	1.250
Milk							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	23.000	200.000
Misc.							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	1.000	75.000
Mayonnaise Packet	79027	1 packet	200	60.000	1.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	1.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	1.701	225.000
Total			5000				
Weighted Daily Average				716.451*	7.304*	105.102*	1047.262*
% of Calories					9.175%	58.679%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 09-22-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Lunch Entree							
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	0.500	75.085	749.691
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	39.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	39.000	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	50.600	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	51.600	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	63.000	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	42.460	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	0.985*	57.659*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	29.535	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	30.368	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	48.552*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	64.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	79.617	195.689
Whole Muscle Breaded Chicken Bites (7 pcs), Crinkle Cut Fries & Special Dipping Sauce + Texas Toast	1182539	1 serving/7 pcs chix + 1/2 c fries+ sauce cup + toast	1250	562.103	3.493	57.076	1,302.441
Vegetables							
Salad, 4 Way, 1 cup	78810	1 cup	500	10.000	0.000	2.000	7.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	8.077	63.462
Fruit							
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	16.717	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000*	28.000	1.250
Milk							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	23.000	200.000
Misc.							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	1.000	75.000
Mayonnaise Packet	79027	1 packet	200	60.000	1.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	1.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	1.701	225.000
Total			5000				
Weighted Daily Average				738.899*	4.874*	108.855*	1189.914*
% of Calories					5.937%	58.928%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 09-25-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Lunch Entree							
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	0.500	75.085	749.691
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	39.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	39.000	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	50.600	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	51.600	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	63.000	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	42.460	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	0.985*	57.659*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	29.535	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	30.368	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	48.552*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	64.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	79.617	195.689
General Tso Chicken w/ Vegetable Fried Rice & Cookie 2M/2G	79080	1 serving	1250	470.000	2.000	77.000	686.000
Vegetables							
Salad, 4 Way, 1 cup	78810	1 cup	500	10.000	0.000	2.000	7.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	8.077	63.462
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	200	64.993	0.000	14.998	14.998
Fruit							
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	16.717	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000*	28.000	1.250
Milk							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	23.000	200.000
Misc.							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	1.000	75.000
Mayonnaise Packet	79027	1 packet	200	60.000	1.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	1.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	1.701	225.000
Total			5000				
Weighted Daily Average				718.473*	4.501*	114.436*	1036.403*
% of Calories					5.638%	63.711%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 09-26-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Lunch Entree							
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	0.500	75.085	749.691
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	39.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	39.000	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	50.600	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	51.600	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	63.000	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	42.460	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	0.985*	57.659*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	29.535	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	30.368	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	48.552*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	64.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	79.617	195.689
Chicken Alfredo w/ Penne Pasta & Garlic Knot Roll 2M/3.5G	1303712	1 serving/#4 scoop + garlic knot roll	1250	663.301	15.746	67.570	761.710
Vegetables							
Salad, 4 Way, 1 cup	78810	1 cup	500	10.000	0.000	2.000	7.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	8.077	63.462
Fruit							
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	16.717	0.872

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000*	28.000	1.250
Milk							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	23.000	200.000
Misc.							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	1.000	75.000
Mayonnaise Packet	79027	1 packet	200	60.000	1.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	1.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	1.701	225.000
Total			5000				
Weighted Daily Average				764.199*	7.938*	111.479*	1054.731*
% of Calories					9.348%	58.351%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 09-27-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Lunch Entree							
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	0.500	75.085	749.691
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	39.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	39.000	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	50.600	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	51.600	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	63.000	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	42.460	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	0.985*	57.659*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	29.535	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	30.368	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	48.552*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	64.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	79.617	195.689
Bacon Western Cheeseburger Meal 2.5M/2.25G	79146	1 serving	1250	719.108	13.606	66.908	1,414.558
Vegetables							
Salad, 4 Way, 1 cup	78810	1 cup	500	10.000	0.000	2.000	7.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	8.077	63.462
Beans, Assorted, 1/2 cup	83041	1/2 cup	200	116.999	0.024	20.215	139.997
Fruit							
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	16.717	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000*	28.000	1.250
Milk							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	23.000	200.000
Misc.							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	1.000	75.000
Mayonnaise Packet	79027	1 packet	200	60.000	1.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	1.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	1.701	225.000
Total			5000				
Weighted Daily Average				782.831*	7.403*	112.122*	1223.543*
% of Calories					8.512%	57.29%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 09-28-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Lunch Entree							
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	0.500	75.085	749.691
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	39.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	39.000	630.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	50.600	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	51.600	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	63.000	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	42.460	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	0.985*	57.659*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	29.535	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	30.368	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	48.552*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	64.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	79.617	195.689
Spaghetti (1 cup) w/ Cheesy Breadstick (Bosco) 3M/2G	79045	1 serving	1250	415.628*	6.365*	50.794*	913.419*
Vegetables							
Salad, 4 Way, 1 cup	78810	1 cup	500	10.000	0.000	2.000	7.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	8.077	63.462
Fruit							
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	16.717	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000*	28.000	1.250
Milk							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	23.000	200.000
Misc.							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	1.000	75.000
Mayonnaise Packet	79027	1 packet	200	60.000	1.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	0.000	430.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	1.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	1.701	225.000
Total			5000				
Weighted Daily Average				702.281*	5.592*	107.285*	1092.658*
% of Calories					7.167%	61.106%	

* Indicates missing Nutrient Information.

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Menu Detail

Date: 09-29-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Lunch Entree							
Bowl: Orange Popcorn Chicken w/ Vegetable Fried Rice (1 cup) 2M/2G	78898	1 serving	500	430.424	0.500	75.085	749.691
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	1000	320.000	4.000	39.000	660.000
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	3.500	39.000	630.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	10.000	50.600	1,220.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	500	594.999	12.500	51.600	1,354.999
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	2.600	63.000	1,160.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	3.674	42.460	799.130
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	50	417.951*	0.985*	57.659*	931.632*
Turkey Deli/Ham Sandwich 2M/2G	79011	1 serving	50	247.520	1.503	29.535	721.800
Turkey Deli/Ham and Cheese Sandwich 2M/2G	78995	1 serving	100	285.019	3.753	30.368	783.466
Asian Chicken Wrap 2M/2G	1291069	1 serving	50	424.720*	4.235*	48.552*	1,020.382*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	7.000	64.000	625.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	1.134	79.617	195.689
Seasoned Popcorn Chicken w/ Waffle Fries & Sweet Chili Sauce + Chocolate Chip Cookie 2M/2G	79109	1 serving	1250	520.450	4.369	54.397	798.938
Vegetables							
Salad, 4 Way, 1 cup	78810	1 cup	500	10.000	0.000	2.000	7.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	2000	34.615	0.000	8.077	63.462
Fruit							
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	0.000	14.000	3.333
Fruit, Fresh, Assorted	78755	1 each	2000	65.147	0.050	16.717	0.872
Fruit Cup, Assorted	78625	0.5 cup	2000	84.199	0.000	19.998	0.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	0.000*	28.000	1.250
Milk							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	1.500	16.000	135.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	3000	120.000	0.000	23.000	200.000
Misc.							
Ketchup Packet	78806	1 packet	1000	10.000	0.000	0.000	25.000
Mustard Packet	78839	1 packet	250	5.000	0.000	0.000	70.000
Ranch Packet	78784	1 packet	1000	70.000	1.000	1.000	75.000
Mayonnaise Packet	79027	1 packet	200	60.000	1.000	1.000	60.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	0.000	430.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	0.000	1.000	110.000
Sriracha Packet	79058	1 each	500	9.000	0.000	1.701	225.000
Total			5000				
Weighted Daily Average				728.486*	5.093*	108.185*	1064.038*
% of Calories					6.292%	59.403%	

* Indicates missing Nutrient Information.

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