

Nutrient Detail Report

Organization: Garden Grove USD
Session: 2025-2026 School Year
Menu: 2025-2026 Afterschool Snack Menu
Number Source: Planned
Dates: 09-01-2025 to 09-30-2025

Nutrient Summary

Date(s): 09-01-2025 to 09-30-2025

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	237.222					
Protein (g)	2.500	4.215%				
Total Fat (g)	4.159	15.778%				
Saturated Fat (g)	0.803	3.047%				
Trans Fat (g)	0.000*					
Carbohydrates (g)	47.881	80.736%				
Cholesterol (mg)	0.317*					
Sodium (mg)	123.929					
Potassium (mg)	27.302*					
Fiber (g)	3.865					
Sugars (g)	30.389					
Added Sugars (g)	2.413*	4.068%				
Iron (g)	0.703*					
Calcium (mg)	12.381*					
Vitamin A, RAE (mcg)	0.000*					
Vitamin C (mg)	0.000*					
Vitamin D (mcg)	0.000*					

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-02-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Fruit								
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*
Grains								
Sun Chips, Garden Salsa 1.25G	79116	1 each	2000	140.000	6.000	1.000	19.000	2.000
Total			2000					
Weighted Daily Average				255	6	1	47.5	27.5
% of Calories					21.176%	3.529%	74.51%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-03-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Fruit								
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*
Grains								
Crackers, Graham Sticks, Scooby, Cinnamon	78923	1 bag	2000	120.000	4.000	1.000	21.000	8.000
Total			2000					
Weighted Daily Average				235	4	1	49.5	33.5
% of Calories					15.319%	3.83%	84.255%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-04-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Fruit								
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*
Grains								
Chocolate Caramel Chex Snack Mix 1G	1671461	1 package	2000	130.000	4.000	0.000	22.000	6.000
Total			2000					
Weighted Daily Average				245	4	0	50.5	31.5
% of Calories					14.694%	0%	82.449%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-05-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Fruit								
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*
Grains								
Crackers, Assorted 1G	78763	1 each	2000	116.667	3.833	1.167	19.000	5.667
Total			2000					
Weighted Daily Average				231.667	3.833	1.167	47.5	31.167
% of Calories					14.892%	4.532%	82.014%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-08-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Fruit								
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*
Desserts								
Honey Belly Bear Crackers 1G	78605	1 package	2000	130.000	4.000	0.000	20.000	8.000
Total			2000					
Weighted Daily Average				245	4	0	48.5	33.5
% of Calories					14.694%	0%	79.184%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-09-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Fruit								
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*
Grains								
Baked Cheese Cheetos 1.25G	1648134	1 each	2000	120.000	4.500	1.000	16.000	1.000
Total			2000					
Weighted Daily Average				235	4.5	1	44.5	26.5
% of Calories					17.234%	3.83%	75.745%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-10-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Fruit								
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	25.500

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*
Grains								
Cinnamon Tiger Bites 1G	1844804	1 package	2000	120.000	4.000	1.000	21.000	8.000
Total			2000					
Weighted Daily Average				235	4	1	49.5	33.5
% of Calories					15.319%	3.83%	84.255%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-11-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Fruit								
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*
Grains								
Strawberry Chex Snack Mix 1G	1141496	1 package	2000	120.000	3.000	1.000	23.000	6.000
Total			2000					
Weighted Daily Average				235	3	1	51.5	31.5
% of Calories					11.489%	3.83%	87.66%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-12-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Fruit								
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*
Grains								
Crackers, Assorted 1G	78763	1 each	2000	116.667	3.833	1.167	19.000	5.667
Total			2000					
Weighted Daily Average				231.667	3.833	1.167	47.5	31.167
% of Calories					14.892%	4.532%	82.014%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-15-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Fruit								
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*
Grains								
Rainbow Goldfish Cheese Crackers 1G	78702	1 package	2000	100.000	3.500	0.600	14.000	0.000
Total			2000					
Weighted Daily Average				215	3.5	0.6	42.5	25.5
% of Calories					14.651%	2.512%	79.07%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-16-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Fruit								
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*
Grains								
Sun Chips, Garden Salsa 1.25G	79116	1 each	2000	140.000	6.000	1.000	19.000	2.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Total			2000					
Weighted Daily Average				255	6	1	47.5	27.5
% of Calories					21.176%	3.529%	74.51%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-17-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Fruit								
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*
Grains								
Crackers, Graham Sticks, Scooby, Cinnamon	78923	1 bag	2000	120.000	4.000	1.000	21.000	8.000
Total			2000					
Weighted Daily Average				235	4	1	49.5	33.5
% of Calories					15.319%	3.83%	84.255%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-18-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Fruit								
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*
Grains								
Chocolate Caramel Chex Snack Mix 1G	1671461	1 package	2000	130.000	4.000	0.000	22.000	6.000
Total			2000					
Weighted Daily Average				245	4	0	50.5	31.5
% of Calories					14.694%	0%	82.449%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-19-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Fruit								
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*
Grains								
Crackers, Assorted 1G	78763	1 each	2000	116.667	3.833	1.167	19.000	5.667
Total			2000					
Weighted Daily Average				231.667	3.833	1.167	47.5	31.167
% of Calories					14.892%	4.532%	82.014%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-22-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Fruit								
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*
Desserts								
Honey Belly Bear Crackers 1G	78605	1 package	2000	130.000	4.000	0.000	20.000	8.000
Total			2000					
Weighted Daily Average				245	4	0	48.5	33.5
% of Calories					14.694%	0%	79.184%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-23-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Fruit								
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*
Grains								
Baked Cheese Cheetos 1.25G	1648134	1 each	2000	120.000	4.500	1.000	16.000	1.000
Total			2000					
Weighted Daily Average				235	4.5	1	44.5	26.5
% of Calories					17.234%	3.83%	75.745%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-24-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Fruit								
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*
Grains								
Cinnamon Tiger Bites 1G	1844804	1 package	2000	120.000	4.000	1.000	21.000	8.000
Total			2000					
Weighted Daily Average				235	4	1	49.5	33.5
% of Calories					15.319%	3.83%	84.255%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-25-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Fruit								
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*
Grains								
Strawberry Chex Snack Mix 1G	1141496	1 package	2000	120.000	3.000	1.000	23.000	6.000
Total			2000					
Weighted Daily Average				235	3	1	51.5	31.5
% of Calories					11.489%	3.83%	87.66%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-26-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Fruit								
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*
Grains								
Crackers, Assorted 1G	78763	1 each	2000	116.667	3.833	1.167	19.000	5.667
Total			2000					
Weighted Daily Average				231.667	3.833	1.167	47.5	31.167
% of Calories					14.892%	4.532%	82.014%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-29-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Fruit								
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*
Grains								
Rainbow Goldfish Cheese Crackers 1G	78702	1 package	2000	100.000	3.500	0.600	14.000	0.000
Total			2000					
Weighted Daily Average				215	3.5	0.6	42.5	25.5
% of Calories					14.651%	2.512%	79.07%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-30-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Fruit								
Dried Fruit, Assorted	78632	1 each	2000	115.000	0.000	0.000	28.500	25.500
Assorted Apple & Eve Juice Box, 4.23 oz	1930358	1 each	2000	N/A*	N/A*	N/A*	N/A*	N/A*
Grains								
Sun Chips, Garden Salsa 1.25G	79116	1 each	2000	140.000	6.000	1.000	19.000	2.000
Total			2000					
Weighted Daily Average				255	6	1	47.5	27.5
% of Calories					21.176%	3.529%	74.51%	

* Indicates missing Nutrient Information.