Nutrient Detail Report

Organization: Garden Grove USD **Session:** 2025-2026 School Year

Menu: 2025-2026 High School Lunch Menu

Number Source: Planned Dates: 09-01-2025 to 09-30-2025

Nutrient Summary

Date(s): 09-01-2025 to 09-30-2025

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	792.813*		750 min / 850 max	Pass		
Protein (g)	30.622*	15.45%				
Total Fat (g)	22.739*	25.813%				
Saturated Fat (g)	6.030*	6.845%	< 10%	Pass		
Trans Fat (g)	0.115*					
Carbohydrates (g)	117.966*	59.518%				
Cholesterol (mg)	65.779*					
Sodium (mg)	1,094.959*		≤ 1280	Pass		
Potassium (mg)	952.401*					
Fiber (g)	10.424*					
Sugars (g)	57.756*					
Added Sugars (g)	5.402*	2.725%				
Iron (g)	3.905*					
Calcium (mg)	391.097*					
Vitamin A, RAE (mcg)	118.427*					
Vitamin C (mg)	50.570*					
Vitamin D (mcg)	2.886*					

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 09-02-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)				
Lunch Entree									
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256				
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000				
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000				
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000				
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000				
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000				
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890				
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*				
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*				
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*				
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	258.520	28.910				
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000				
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617				
Creamy Cajun Chicken Pasta w/ Texas Toast 2.5M/2.25G	1423602	1 serving/1 cup + garlic toast	2000	575.898	46.147				
		Vegetables							
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000				
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000				
		Fruit							
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717				
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800				
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500				
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400				

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)		
Milk							
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000		
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000		
		Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000		
Mustard Packet	78839	1 packet	200	5.000	0.000		
Ranch Packet	78784	1 packet	500	70.000	1.000		
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850		
Mayo Packet	79027	1 packet	500	60.000	1.000		
Soy Sauce Packet	79044	1 packet	200	0.000	0.000		
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000		
Sriracha Packet	79058	1 each	200	9.000	1.701		
Total			5000				
Weighted Daily Average				809.29*	115.096*		
% of Calories				•	56.887%		

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 09-03-2025

Menu Detail									
Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)				
Lunch Entree									
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256				
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000				
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000				
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000				
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000				
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000				
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890				
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*				
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*				
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*				
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	258.520	28.910				
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000				
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617				
Bacon Western Cheeseburger Meal 2.5M/2G	79146	1 serving	2000	669.109	65.309				
		Vegetables							
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000				
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000				
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	100	105.000	16.992				
		Fruit							
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717				
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800				
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500				
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400				
		Milk							
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000				
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000				
		Misc.	T	T	T				
Ketchup Packet	78806	1 packet	1000	10.000	2.000				
Mustard Packet	78839	1 packet	200	5.000	0.000				
Ranch Packet	78784	1 packet	500	70.000	1.000				
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850				
Mayo Packet	79027	1 packet	500	60.000	1.000				
Soy Sauce Packet	79044	1 packet	200	0.000	0.000				

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				848.674*	123.1*
% of Calories					58.02%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 09-04-2025

Wicha Detail									
Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)				
Lunch Entree									
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256				
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000				
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000				
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000				
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000				
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000				
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890				
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*				
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*				
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*				
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	258.520	28.910				
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000				
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617				
Teriyaki Chicken with Garlic Noodles 3M/2G	1149738	1 serving./#8 scoop chix + #4 scoop noodles	2000	439.074	51.401				
		Vegetables							
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000				
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000				
		Fruit							
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717				
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800				
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500				
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400				
		Milk							
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000				
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000				
	1	Misc.		ı					
Ketchup Packet	78806	1 packet	1000	10.000	2.000				
Mustard Packet	78839	1 packet	200	5.000	0.000				
Ranch Packet	78784	1 packet	500	70.000	1.000				
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850				
Mayo Packet	79027	1 packet	500	60.000	1.000				
Soy Sauce Packet	79044	1 packet	200	0.000	0.000				
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000				
Sriracha Packet	79058	1 each	200	9.000	1.701				
Total			5000						
Weighted Daily Average				754.56*	117.198*				
% of Calories					62.128%				

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 09-05-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)			
Lunch Entree								
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256			
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000			
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000			
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000			
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000			
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000			
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890			
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*			
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*			
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*			
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	258.520	28.910			
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000			
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617			
Seasoned Popcorn Chicken w/ Waffle Fries & Sweet Chili Sauce + Chocolate Chip Cookie 2M/2G	79109	1 serving	2000	520.450	54.397			
	Г	Vegetables		1				
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000			
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000			
Furth Furth Asserted	70755	Fruit	4000	05 447	40.747			
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717			
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800			
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500			
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400			
Milk, 1% Low Fat, Hollandia	1832144	Milk 1 each	500	120.000	16.000			
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000			
wilk, Chocolate, Fat-free, Hollandia	1032140	Misc.	2300	110.000	20.000			
Ketchup Packet	78806	1 packet	1000	10.000	2.000			
Mustard Packet	78839	1 packet	200	5.000	0.000			
Ranch Packet	78784	1 packet	500	70.000	1.000			
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850			
Mayo Packet	79027	1 packet	500	60.000	1.000			
Soy Sauce Packet	79044	1 packet	200	0.000	0.000			
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000			
Sriracha Packet	79058	1 each	200	9.000	1.701			
Total			5000					
Weighted Daily Average				787.111*	118.396*			
% of Calories					60.167%			

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 09-08-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)			
Lunch Entree								
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256			
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000			
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000			
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000			
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000			
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000			
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890			

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	258.520	28.910
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
"Walking" Beef Taco w/ Doritos Chips with Cheese 2.5M/2G (HS)	1690737	1 serving/#8 scoop meat + #24 scoop cheese+ chips	2000	451.684	30.636
		Vegetables			
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	¹ / ₂ cup	500	52.480	11.152
Lettuce, Iceberg, Shredded, 1/2 cup	79088	0.5 cup	1000	5.040	1.069
	, ,	Fruit	r	1	
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
		Milk	T	T	
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
	Г	Misc.	Π	T	
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Salsa Cup	1733541	1 each	2000	25.000	5.000
Total			5000		
Weighted Daily Average				775.86*	112.221*
% of Calories					57.856%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 09-09-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)				
Lunch Entree									
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256				
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000				
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000				
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000				
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000				
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000				
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890				
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*				
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*				
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*				
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	258.520	28.910				
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000				
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617				
Tuscan Chicken with Rotini Pasta & Cheesy Breadstick 2M/2G	79250	1 serving/#4 scoop pasta + breadstick	2000	468.973	41.323				

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)				
Vegetables									
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000				
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000				
		Fruit							
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717				
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800				
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500				
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400				
		Milk							
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000				
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000				
		Misc.							
Ketchup Packet	78806	1 packet	1000	10.000	2.000				
Mustard Packet	78839	1 packet	200	5.000	0.000				
Ranch Packet	78784	1 packet	500	70.000	1.000				
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850				
Mayo Packet	79027	1 packet	500	60.000	1.000				
Soy Sauce Packet	79044	1 packet	200	0.000	0.000				
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000				
Sriracha Packet	79058	1 each	200	9.000	1.701				
Total			5000						
Weighted Daily Average				766.52*	113.166*				
% of Calories	·			- <u>-</u>	59.055%				

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 09-10-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)					
Lunch Entree										
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256					
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000					
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000					
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000					
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000					
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000					
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890					
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*					
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*					
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*					
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	258.520	28.910					
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000					
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617					
Chicken Wings (5 pcs) w/ Buffalo Sauce & Ranch Dressing + Dinner Roll 2.5M/2G	1337037	1 serving/5 wings + 1 dinner roll	2000	718.990	33.336					
		Vegetables	ľ	T						
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000					
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000					
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	100	105.000	16.992					
		Fruit								
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717					
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800					
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500					
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400					
		Milk								
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)	
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000	
		Misc.				
Ketchup Packet	78806	1 packet	1000	10.000	2.000	
Mustard Packet	78839	1 packet	200	5.000	0.000	
Ranch Packet	78784	1 packet	500	70.000	1.000	
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850	
Mayo Packet	79027	1 packet	500	60.000	1.000	
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000	
Sriracha Packet	79058	1 each	200	9.000	1.701	
Total 5000						
Weighted Daily Average				868.627*	110.311*	
% of Calories						

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 09-11-2025

Michia Detail											
Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)						
Lunch Entree											
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256						
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000						
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000						
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000						
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000						
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000						
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890						
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*						
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*						
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*						
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	258.520	28.910						
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000						
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617						
Carnitas with Refried Beans and Seasoned Rice + Tortilla Chips 2M/2.25G	1721551	1 serving/#8 scoop carnitas + #8 scoop beans + #12 scoop rice + chips	2000	774.500	87.045						
		Vegetables									
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000						
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000						
	, ,	Fruit		T							
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717						
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800						
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500						
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400						
	, ,	Milk		T							
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000						
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000						
	T .	Misc.		T	T						
Ketchup Packet	78806	1 packet	1000	10.000	2.000						
Mustard Packet	78839	1 packet	200	5.000	0.000						
Ranch Packet	78784	1 packet	500	70.000	1.000						
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850						
Mayo Packet	79027	1 packet	500	60.000	1.000						
Soy Sauce Packet	79044	1 packet	200	0.000	0.000						
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000						
Sriracha Packet	79058	1 each	200	9.000	1.701						

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
5000 South					
Veighted Daily Average				888.73*	131.455*
% of Calories					

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 09-12-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)					
Lunch Entree										
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256					
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000					
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000					
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000					
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000					
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000					
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890					
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*					
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*					
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*					
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	258.520	28.910					
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000					
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617					
Whole Muscle Breaded Chicken Bites (7 pcs), Crinkle Cut Fries & Special Dipping Sauce + Texas Toast	1182539	1 serving/7 pcs chix + 1/2 c fries+ sauce cup + toast	2000	566.524	58.697					
		Vegetables								
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000					
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000					
	_	Fruit		1						
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717					
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800					
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500					
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400					
	I	Milk		I						
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000					
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000					
	T =====	Misc.		40.000						
Ketchup Packet	78806	1 packet	1000	10.000	2.000					
Mustard Packet	78839	1 packet	200	5.000	0.000					
Ranch Packet	78784	1 packet	500	70.000	1.000					
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850					
Mayo Packet	79027	1 packet	500	60.000	1.000					
Soy Sauce Packet	79044	1 packet	200	0.000	0.000					
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000					
Sriracha Packet	79058	1 each	200	9.000	1.701					
Total			5000							
Weighted Daily Average				805.54*	120.116*					
% of Calories					59.645%					

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 09-15-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
		Lunch Entree			

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	258.520	28.910
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
General Tso Chicken w/ Vegetable Fried Rice & Cookie 2M/2G	79080	1 serving	2000	453.000	73.800
		Vegetables		1	
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	¹ / ₂ cup	500	52.480	11.152
		Fruit		Ī	
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
		Milk			40.000
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
Katahun Packat	78806	Misc.	1000	10.000	2.000
Ketchup Packet Mustard Packet	78839	1 packet 1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Pressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
		. 54011		0.000	1
Total			5000		
Weighted Daily Average				765.379*	127.272*
% of Calories					66.515%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 09-16-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)					
Lunch Entree										
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256					
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000					
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000					
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000					
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000					
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000					
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890					
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*					
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	258.520	28.910
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Chicken Alfredo w/ Penne Pasta & Garlic Knot Roll 2M/3.5G	1303712	1 serving/#4 scoop + garlic knot roll	2000	683.865	70.926
		Vegetables	_		
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
		Fruit			
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
		Milk			
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
		Misc.			
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				852.476*	125.007*
% of Calories					58.656%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 09-17-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)					
Lunch Entree										
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256					
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000					
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000					
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000					
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000					
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000					
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890					
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*					
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*					
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*					
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	258.520	28.910					
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000					
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617					
		Vegetables								
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000					
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000					
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	100	105.000	16.992					
		Fruit								
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
		Milk			
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
		Misc.			
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average 581.031*					
% of Calories					66.762%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 09-18-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)					
Lunch Entree										
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256					
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000					
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000					
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000					
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000					
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000					
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890					
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*					
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*					
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*					
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	258.520	28.910					
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000					
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617					
Spaghetti w/ Bosco's Cheesy Breadstick (INT/HS) 2M/3G	79194	1 serving	2000	410.786*	50.692*					
		Vegetables								
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000					
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000					
		Fruit								
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717					
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800					
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500					
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400					
		Milk								
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000					
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000					
		Misc.								
Ketchup Packet	78806	1 packet	1000	10.000	2.000					
Mustard Packet	78839	1 packet	200	5.000	0.000					
Ranch Packet	78784	1 packet	500	70.000	1.000					
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)	
Mayo Packet	79027	1 packet	500	60.000	1.000	
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000	
Sriracha Packet	79058	1 each	200	9.000	1.701	
Total			5000			
Weighted Daily Average 743.245*						
% of Calories				•	62.921%	

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 09-19-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)				
Lunch Entree									
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256				
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000				
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000				
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000				
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000				
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000				
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890				
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*				
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*				
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*				
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	258.520	28.910				
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000				
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617				
Seasoned Popcorn Chicken w/ Waffle Fries & Sweet Chili Sauce + Chocolate Chip Cookie 2M/2G	79109	1 serving	2000	520.450	54.397				
	1	Vegetables		I					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000				
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000				
	<u> </u>	Fruit		I					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717				
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800				
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500				
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400				
	4000444	Milk	500	400.000	40.000				
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000				
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000				
Katahan Bashat	70006	Misc.	1000	10.000	2,000				
Ketchup Packet Mustard Packet	78806 78839	1 packet 1 packet	1000 200	10.000 5.000	2.000 0.000				
Ranch Packet	78784	1 packet	500	70.000	1.000				
Ranch Pressing	78813		1000	27.101	0.850				
Mayo Packet	79027	1 tablespoon 1 packet	500	60.000	1.000				
Soy Sauce Packet	79027	1 packet	200	0.000	0.000				
Hot Sauce (Del Sol)	79044	1 packet	500	5.000	1.000				
Sriracha Packet	79058	1 each	200	9.000	1.701				
SIII ACIIA F AURUL	1 9000	। च्यला	200	9.000	1.701				
Total			5000						
Weighted Daily Average				787.111*	118.396*				
% of Calories					60.167%				

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 09-22-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
		Lunch Entree			
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	258.520	28.910
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
"Walking" Beef Taco w/ Doritos Chips with Cheese 2.5M/2G (HS)	1690737	1 serving/#8 scoop meat + #24 scoop cheese+ chips	2000	451.684	30.636
		Vegetables		T	
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	¹ / ₂ cup	500	52.480	11.152
Lettuce, Iceberg, Shredded, 1/2 cup	79088	0.5 cup	2000	5.040	1.069
		Fruit		I	
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Mills 40/ Law Est Hallandia	1022144	Milk	F00	120,000	16.000
Milk, 1% Low Fat, Hollandia Milk, Chocolate, Fat-free, Hollandia	1832144 1832146	1 each	500 2500	120.000 110.000	16.000 20.000
wilk, Chocolate, Fat-free, Hollandia	1032140	Misc.	2300	110.000	20.000
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Salsa Cup	1733541	1 each	2000	25.000	5.000
Total			5000		
Weighted Daily Average				776.868*	112.435*
% of Calories				1	57.891%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 09-23-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)				
Lunch Entree									
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256				
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000				
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000				
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000				

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	258.520	28.910
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Tuscan Chicken with Rotini Pasta & Cheesy Breadstick 2M/2G	79250	1 serving/#4 scoop pasta + breadstick	2000	468.973	41.323
		Vegetables			
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000
		Fruit			
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
		Milk			
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
		Misc.	ı	T	
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				766.52*	113.166*
% of Calories					59.055%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 09-24-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)			
Lunch Entree								
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256			
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000			
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000			
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000			
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000			
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000			
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890			
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*			
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*			
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*			
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	258.520	28.910			
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000			
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617			
Chicken Wings (5 pcs) w/ Buffalo Sauce & Ranch Dressing + Dinner Roll 2.5M/2G	1337037	1 serving/5 wings + 1 dinner roll	2000	718.990	33.336			

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)				
Vegetables									
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000				
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000				
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	100	105.000	16.992				
		Fruit							
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717				
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800				
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500				
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400				
		Milk							
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000				
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000				
	_	Misc.							
Ketchup Packet	78806	1 packet	1000	10.000	2.000				
Mustard Packet	78839	1 packet	200	5.000	0.000				
Ranch Packet	78784	1 packet	500	70.000	1.000				
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850				
Mayo Packet	79027	1 packet	500	60.000	1.000				
Soy Sauce Packet	79044	1 packet	200	0.000	0.000				
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000				
Sriracha Packet	79058	1 each	200	9.000	1.701				
Total			5000						
Weighted Daily Average				868.627*	110.311*				
% of Calories					50.798%				

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 09-25-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)					
Lunch Entree										
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256					
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000					
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000					
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000					
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000					
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000					
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890					
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*					
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*					
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*					
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	258.520	28.910					
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000					
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617					
Carnitas with Refried Beans and Seasoned Rice + Tortilla Chips 2M/2.25G	1721551	1 serving/#8 scoop carnitas + #8 scoop beans + #12 scoop rice + chips	2000	774.500	87.045					
		Vegetables								
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000					
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000					
		Fruit								
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717					
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800					
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500					
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400					
		Milk								

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000
		Misc.			
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average	·	·	·	888.73*	131.455*
% of Calories					59.165%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 09-26-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)				
Lunch Entree									
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256				
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000				
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000				
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000				
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000				
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000				
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890				
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*				
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*				
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*				
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	258.520	28.910				
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000				
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617				
Whole Muscle Breaded Chicken Bites (7 pcs), Crinkle Cut Fries & Special Dipping Sauce + Texas Toast	1182539	1 serving/7 pcs chix + 1/2 c fries+ sauce cup + toast	2000	566.524	58.697				
		Vegetables							
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000				
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000				
	1	Fruit		ı					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717				
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800				
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500				
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400				
		Milk		I					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000				
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000				
		Misc.	1000						
Ketchup Packet	78806	1 packet	1000	10.000	2.000				
Mustard Packet	78839	1 packet	200	5.000	0.000				
Ranch Packet	78784	1 packet	500	70.000	1.000				
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850				
Mayo Packet	79027	1 packet	500	60.000	1.000				
Soy Sauce Packet	79044	1 packet	200	0.000	0.000				
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000				

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				805.54*	120.116*
% of Calories					59.645%

^{*} Indicates missing Nutrient Information.

Menu Detail Date: 09-29-2025

Mona Botan	ond Betail					
Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)	
		Lunch Entree				
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256	
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000	
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000	
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000	
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000	
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000	
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890	
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*	
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*	
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*	
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	258.520	28.910	
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000	
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617	
General Tso Chicken w/ Vegetable Fried Rice & Cookie 2M/2G	79080	1 serving	2000	453.000	73.800	
		Vegetables				
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000	
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000	
Corn, Yellow, Canned 1/2 cup	78932	¹ / ₂ cup	500	52.480	11.152	
		Fruit				
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717	
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800	
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500	
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400	
		Milk				
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000	
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000	
	T .	Misc.	T	T		
Ketchup Packet	78806	1 packet	1000	10.000	2.000	
Mustard Packet	78839	1 packet	200	5.000	0.000	
Ranch Packet	78784	1 packet	500	70.000	1.000	
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850	
Mayo Packet	79027	1 packet	500	60.000	1.000	
Soy Sauce Packet	79044	1 packet	200	0.000	0.000	
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000	
Sriracha Packet	79058	1 each	200	9.000	1.701	
Total			5000			
Weighted Daily Average				765.379*	127.272*	
% of Calories					66.515%	

^{*} Indicates missing Nutrient Information.

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)				
Lunch Entree									
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	500	526.190	100.256				
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000				
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000				
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	100	490.000	49.000				
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	545.000	50.000				
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000				
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	482.087	47.890				
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	100	451.972*	62.566*				
Turkey Bacon Club Wrap 2M/2G	1731504	1 serving	100	613.004	48.946*				
Italian Pasta Salad 2M/4G (Updated)	1381337	1 serving	100	1,150.472*	95.538*				
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	258.520	28.910				
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	400	630.000	64.000				
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617				
Spaghetti w/ Bosco's Cheesy Breadstick (INT/HS) 2M/3G	79194	1 serving	2000	410.786*	50.692*				
		Vegetables							
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000				
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	7.000				
	1	Fruit							
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717				
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800				
Dried Fruit, Assorted	78632	1 each	1000	115.000	28.500				
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400				
		Milk							
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000				
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	2500	110.000	20.000				
W. L. D. L.	70000	Misc.	4000	40.000	2.000				
Ketchup Packet	78806	1 packet	1000	10.000	2.000				
Mustard Packet	78839	1 packet	200	5.000	0.000				
Ranch Packet	78784	1 packet	500	70.000	1.000				
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850				
Mayo Packet	79027	1 packet	500	60.000	1.000				
Soy Sauce Packet	79044	1 packet	200	0.000	0.000				
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000				
Sriracha Packet	79058	1 each	200	9.000	1.701				
Total			5000						
Weighted Daily Average				743.245*	116.914*				
% of Calories					62.921%				

^{*} Indicates missing Nutrient Information.