

# Nutrient Detail Report

**Organization:** Garden Grove USD  
**Session:** 2025-2026 School Year  
**Menu:** 2025-2026 Intermediate Lunch Menu  
**Number Source:** Planned  
**Dates:** 09-01-2025 to 09-30-2025

## Nutrient Summary

Date(s): 09-01-2025 to 09-30-2025

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	612.211*		600 min / 700 max	Pass		
Protein (g)	27.997*	18.292%				
Total Fat (g)	14.399*	21.167%				
Saturated Fat (g)	3.840*	5.646%	< 10%	Pass		
Trans Fat (g)	0.000*					
Carbohydrates (g)	93.002*	60.765%				
Cholesterol (mg)	42.078*					
Sodium (mg)	917.319*		≤ 1225	Pass		
Potassium (mg)	748.916*					
Fiber (g)	6.248*					
Sugars (g)	43.204*					
Added Sugars (g)	5.573*	3.641%				
Iron (g)	3.505*					
Calcium (mg)	503.897*					
Vitamin A, RAE (mcg)	110.406*					
Vitamin C (mg)	30.569*					
Vitamin D (mcg)	3.304*					

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 09-02-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	33.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	480.000	54.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	500	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	600	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	200	451.972*	62.566*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	272.020	27.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	300	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	1000	52.480	11.152
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				664.667*	101.405*
% of Calories					61.026%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 09-03-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	33.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	480.000	54.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	500	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	600	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	482.087	47.890
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	272.020	27.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	300	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Tomatoes, Cherry or Grape, 1/2 cup	79132	0.5 cup	1000	13.410	2.898
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				658.058	99.168
% of Calories					60.279%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 09-04-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	1000	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	3000	320.000	39.000
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	200	451.972*	62.566*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	400	272.020	27.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				529.693*	81.363*
% of Calories					61.442%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 09-05-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	33.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	480.000	54.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	500	490.000	49.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	600	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	482.087	47.890
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	272.020	27.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	300	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Beans, Kidney, Canned 1/2 cup	79124	0.5 cup	1000	118.154	22.646
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				679.007	103.117
% of Calories					60.746%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 09-08-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	1000	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	3000	320.000	39.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	482.087	47.890
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	400	272.020	27.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	500	52.480	11.152
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				536.145	81.891
% of Calories					61.096%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 09-09-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	33.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	480.000	54.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	500	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	600	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	200	451.972*	62.566*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	272.020	27.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	300	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Cucumbers, sliced, 1/2 cup	78772	0.5 cup	500	7.800	1.888
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				654.951*	99.364*
% of Calories					60.685%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 09-10-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	33.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	480.000	54.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	500	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	600	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	482.087	47.890
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	272.020	27.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	300	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Broccoli, raw, 1/2 cup	80769	0.5 cup	500	15.470	3.021
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				656.923	98.89
% of Calories					60.214%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 09-11-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	1000	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	3000	320.000	39.000
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	200	451.972*	62.566*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	400	272.020	27.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				529.693*	81.363*
% of Calories					61.442%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 09-12-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	33.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	480.000	54.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	500	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	600	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	482.087	47.890
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	272.020	27.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	300	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Beans, Garbanzo, Canned, 1/2 cup	79028	0.5 cup	500	105.000	16.992
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				665.876	100.287
% of Calories					60.244%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 09-15-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	1000	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	3000	320.000	39.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	482.087	47.890
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	400	272.020	27.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	500	52.480	11.152
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				536.145	81.891
% of Calories					61.096%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 09-16-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	1000	526.190	100.256



Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	33.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	480.000	54.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	500	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	600	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	200	451.972*	62.566*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	272.020	27.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	300	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Jicama sticks, raw, 1/2 cup	78994	0.5 cup	1000	23.000	5.500
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				658.771*	100.275*
% of Calories					60.886%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 09-17-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	33.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	480.000	54.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	500	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	600	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	482.087	47.890
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	272.020	27.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	300	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Tomatoes, Cherry or Grape, 1/4 cup	78868	0.25 cup	1000	6.705	1.449
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				656.717	98.878
% of Calories					60.226%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 09-18-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	1000	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	3000	320.000	39.000
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	200	451.972*	62.566*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	400	272.020	27.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Total			5000		
Weighted Daily Average				529.693*	81.363*
% of Calories					61.442%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 09-19-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	33.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	480.000	54.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	500	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	600	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	482.087	47.890
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	272.020	27.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	300	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Beans, Kidney, Canned 1/2 cup	79124	0.5 cup	1000	118.154	22.646
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				679.007	103.117
% of Calories					60.746%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 09-22-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	1000	310.000	39.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	3000	320.000	39.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	482.087	47.890
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	400	272.020	27.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	500	52.480	11.152
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				536.145	81.891
% of Calories					61.096%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 09-23-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	33.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	480.000	54.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	500	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	600	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	200	451.972*	62.566*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	272.020	27.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	300	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				654.171*	99.175*
% of Calories					60.642%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 09-24-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	33.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	480.000	54.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	500	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	600	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	482.087	47.890
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	272.020	27.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	300	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Total			5000		
Weighted Daily Average				655.376	98.588
% of Calories					60.172%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 09-25-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	1000	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	3000	320.000	39.000
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	200	451.972*	62.566*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	400	272.020	27.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				529.693*	81.363*
% of Calories					61.442%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 09-26-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	33.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	480.000	54.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	500	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	600	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	482.087	47.890
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	272.020	27.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	300	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				655.376	98.588
% of Calories					60.172%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 09-29-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	1000	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	3000	320.000	39.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	200	482.087	47.890
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	400	272.020	27.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	200	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Corn, Yellow, Canned 1/2 cup	78932	1/2 cup	500	52.480	11.152
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				536.145	81.891
% of Calories					61.096%

\* Indicates missing Nutrient Information.

## Menu Detail

Date: 09-30-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	21.479
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving/1 CUP chicken + 1 CUP rice + #8 scoop broccoli/carrots	1000	526.190	100.256
Personal Cheese Pizza (Tony's) 2M/2G	78958	1 each	200	310.000	31.000
Personal Pepperoni Pizza (Tony's) 2M/2G	78950	1 each	500	310.000	33.000
Chicken Box (Tyson) w/ Seasoned Wedges and 2 oz Dinner Roll 2M/2.5G	78914	1 serving	500	480.000	54.000
Hamburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78977	1 serving	500	490.000	49.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	600	545.000	50.000
Spicy Chicken Filet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	494.000	63.000
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2.25G (INT/HS)	79009	1 serving	200	451.972*	62.566*
Assorted Homemade Sandwiches-INT (Boar's Head) 2M/2G	1624606	1 serving	500	272.020	27.035
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	300	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	200	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	1000	30.000	7.000
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	1000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	500	82.200	19.800
Dried Fruit, Assorted	78632	1 each	500	115.000	28.500
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	5000	57.000	14.400
Milk					
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	3000	110.000	20.000
Misc.					
Ketchup	78887	1 tablespoon	1000	20.000	4.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mustard Packet	78839	1 packet	100	5.000	0.000
Mayo Packet	79027	1 packet	500	60.000	1.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	100	9.000	1.701
Soy Sauce Packet	79044	1 packet	100	0.000	0.000
Total			5000		
Weighted Daily Average				654.171*	99.175*
% of Calories					60.642%

\* Indicates missing Nutrient Information.