

Nutrient Detail Report

Organization: Garden Grove USD
Session: 2025-2026 School Year
Menu: 2025-2026 Super Snack Menu
Number Source: Planned
Dates: 09-01-2025 to 09-30-2025

Nutrient Summary

Date(s): 09-01-2025 to 09-30-2025

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	560.917					
Protein (g)	22.728*	16.208%				
Total Fat (g)	16.131	25.882%				
Saturated Fat (g)	5.210	8.359%				
Trans Fat (g)	0.000*					
Carbohydrates (g)	81.411	58.055%				
Cholesterol (mg)	35.935					
Sodium (mg)	754.508					
Potassium (mg)	623.478*					
Fiber (g)	7.640					
Sugars (g)	46.258					
Added Sugars (g)	6.355*	4.532%				
Iron (g)	3.200*					
Calcium (mg)	520.992*					
Vitamin A, RAE (mcg)	72.404*					
Vitamin C (mg)	28.838*					
Vitamin D (mcg)	3.432*					

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-02-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Lunch Entree								
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	19.458
Pizza, Papa John's, Cheese, 16", 1 slice/10 cut 2M/2.75G	78692	1 slice	500	330.000	10.000	4.000	40.000	5.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/10 cut 2M/2.75G	78708	1 slice	2500	320.000	10.000	4.000	36.000	4.000
Vegetables								
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	4.000
Fruit								
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	13.600
Milk								
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	18.000
Misc.								
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	0.714
Total			3000					
Weighted Daily Average				544.33	10.894	4.331	84.338	42.194
% of Calories					18.011%	7.16%	61.976%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-03-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Lunch Entree								
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	19.458
Garden Salsa Sun Chips with Sunflower Seeds & Beef Jerky Bites 2M/1G	1844799	1 serving	3000	430.000	30.000	6.500	25.000	4.000
Vegetables								
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	4.000
Fruit								
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	13.600
Milk								
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	18.000
Misc.								
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	0.714
Total			3000					
Weighted Daily Average				652.663	30.894	6.831	72.671	42.027
% of Calories					42.601%	9.419%	44.538%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-04-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Lunch Entree								
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	19.458
Whole Muscle Breaded Chicken Bites 2.25M/1G (5 pcs) ELEM	78851	5 Pieces	2500	213.158	7.895	1.579	18.158	0.789
Whole Muscle Breaded Chicken Bites 2.25M/1G (6 pcs) INT/HS	1432883	6 Pieces	500	255.789	9.474	1.895	21.789	0.947
Vegetables								
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	4.000
Fruit								
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	13.600
Milk								
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	18.000
Misc.								
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	0.714
Total			3000					
Weighted Daily Average				442.926	9.051	1.962	66.434	38.843
% of Calories					18.392%	3.987%	59.996%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-05-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Lunch Entree								
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	19.458
Ham & Swiss Cheese Croissant w/ Trix Yogurt 2M/1.5G (Super Snack)	1761462	1 serving	3000	400.000	15.500	9.500	42.000	18.000
Vegetables								
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	4.000
Fruit								
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	13.600
Milk								
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	18.000
Misc.								
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	0.714
Total			3000					
Weighted Daily Average				622.663	16.394	9.831	89.671	56.027
% of Calories					23.695%	14.209%	57.605%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-08-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Lunch Entree								
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	19.458
Lucky Charms Cereal w/ String Cheese & Honey Roasted Sunflower Seeds 2M/1G	1806074	1 serving	3000	360.000	22.500	5.500	28.000	7.000
Vegetables								
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	4.000
Fruit								
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	13.600
Milk								
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	18.000
Misc.								
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	0.714
Total			3000					
Weighted Daily Average				582.663	23.394	5.831	75.671	45.027
% of Calories					36.134%	9.006%	51.948%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-09-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Lunch Entree								
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	19.458
Pizza, Papa John's, Cheese, 16", 1 slice/10 cut 2M/2.75G	78692	1 slice	500	330.000	10.000	4.000	40.000	5.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/10 cut 2M/2.75G	78708	1 slice	2500	320.000	10.000	4.000	36.000	4.000
Vegetables								
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	4.000
Fruit								
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	13.600
Milk								
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	18.000
Misc.								
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	0.714
Total			3000					
Weighted Daily Average				544.33	10.894	4.331	84.338	42.194
% of Calories					18.011%	7.16%	61.976%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-10-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Lunch Entree								
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	19.458
Trix Yogurt w/ Granola & String Cheese 2M/2G	1777326	1 serving	3000	420.000	11.500	4.500	57.000	25.000
Vegetables								
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	4.000
Fruit								
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	13.600
Milk								
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	18.000
Misc.								
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	0.714
Total			3000					
Weighted Daily Average				642.663	12.394	4.831	104.671	63.027
% of Calories					17.356%	6.765%	65.148%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-11-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Lunch Entree								
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	19.458
Mini Chicken Corn Dogs 2M/2G (6 pcs) ELEM	78961	1 serving/6 pcs	2500	260.000	12.000	3.500	30.000	7.000
Mini Chicken Corn Dogs 2.25M/2.25G (7pcs) INT/HS	1431645	1 serving/7 pcs	500	303.388	14.003	4.084	35.006	8.168
Vegetables								
Grab-It Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	4.000
Fruit								
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	13.600
Milk								
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	18.000
Misc.								
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	0.714
Total			3000					
Weighted Daily Average				489.895	13.227	3.928	78.506	45.222
% of Calories					24.3%	7.216%	64.1%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-12-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Lunch Entree								
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	19.458
Sliders, Mini Cheeseburger 2M/2G	78922	1 serving	3000	290.000	13.000	4.500	30.000	5.000
Vegetables								
Grab-It Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	4.000
Fruit								
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	13.600
Milk								
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	18.000
Misc.								
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	0.714
Total			3000					
Weighted Daily Average				512.663	13.894	4.831	77.671	43.027
% of Calories					24.391%	8.48%	60.602%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-15-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Lunch Entree								
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	19.458
Cocoa Puffs Cereal w/ String Cheese & Honey Roasted Sunflower Seeds 2M/1G	1712804	1 serving	3000	360.000	22.000	5.500	31.000	9.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Vegetables								
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	4.000
Fruit								
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	13.600
Milk								
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	18.000
Misc.								
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	0.714
Total			3000					
Weighted Daily Average				582.663	22.894	5.831	78.671	47.027
% of Calories					35.362%	9.006%	54.008%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-16-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Lunch Entree								
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	19.458
Pizza, Papa John's, Cheese, 16", 1 slice/10 cut 2M/2.75G	78692	1 slice	500	330.000	10.000	4.000	40.000	5.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/10 cut 2M/2.75G	78708	1 slice	2500	320.000	10.000	4.000	36.000	4.000
Vegetables								
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	4.000
Fruit								
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	13.600
Milk								
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	18.000
Misc.								
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	0.714
Total			3000					
Weighted Daily Average				544.33	10.894	4.331	84.338	42.194
% of Calories					18.011%	7.16%	61.976%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-17-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Lunch Entree								
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	19.458
Garden Salsa Sun Chips with Sunflower Seeds & Beef Jerky Bites 2M/1G	1844799	1 serving	3000	430.000	30.000	6.500	25.000	4.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Vegetables								
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	4.000
Fruit								
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	13.600
Milk								
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	18.000
Misc.								
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	0.714
Total			3000					
Weighted Daily Average				652.663	30.894	6.831	72.671	42.027
% of Calories					42.601%	9.419%	44.538%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-18-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Lunch Entree								
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	19.458
Whole Muscle Breaded Chicken Bites 2.25M/1G (5 pcs) ELEM	78851	5 Pieces	2500	213.158	7.895	1.579	18.158	0.789
Whole Muscle Breaded Chicken Bites 2.25M/1G (6 pcs) INT/HS	1432883	6 Pieces	500	255.789	9.474	1.895	21.789	0.947
Vegetables								
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	4.000
Fruit								
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	13.600
Milk								
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	18.000
Misc.								
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	0.714
Total			3000					
Weighted Daily Average				442.926	9.051	1.962	66.434	38.843
% of Calories					18.392%	3.987%	59.996%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-19-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Lunch Entree								
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	19.458
Ham & Swiss Cheese Croissant w/ Trix Yogurt 2M/1.5G (Super Snack)	1761462	1 serving	3000	400.000	15.500	9.500	42.000	18.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Vegetables								
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	4.000
Fruit								
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	13.600
Milk								
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	18.000
Misc.								
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	0.714
Total			3000					
Weighted Daily Average				622.663	16.394	9.831	89.671	56.027
% of Calories					23.695%	14.209%	57.605%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-22-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Lunch Entree								
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	19.458
Lucky Charms Cereal w/ String Cheese & Honey Roasted Sunflower Seeds 2M/1G	1806074	1 serving	3000	360.000	22.500	5.500	28.000	7.000
Vegetables								
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	4.000
Fruit								
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	13.600
Milk								
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	18.000
Misc.								
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	0.714
Total			3000					
Weighted Daily Average				582.663	23.394	5.831	75.671	45.027
% of Calories					36.134%	9.006%	51.948%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-23-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Lunch Entree								
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	19.458
Pizza, Papa John's, Cheese, 16", 1 slice/10 cut 2M/2.75G	78692	1 slice	500	330.000	10.000	4.000	40.000	5.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Pizza, Papa John's, Pepperoni, 16", 1 slice/10 cut 2M/2.75G	78708	1 slice	2500	320.000	10.000	4.000	36.000	4.000
Vegetables								
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	4.000
Fruit								
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	13.600
Milk								
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	18.000
Misc.								
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	0.714
Total			3000					
Weighted Daily Average				544.33	10.894	4.331	84.338	42.194
% of Calories					18.011%	7.16%	61.976%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-24-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Lunch Entree								
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	19.458
Trix Yogurt w/ Granola & String Cheese 2M/2G	1777326	1 serving	3000	420.000	11.500	4.500	57.000	25.000
Vegetables								
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	4.000
Fruit								
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	13.600
Milk								
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	18.000
Misc.								
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	0.714
Total			3000					
Weighted Daily Average				642.663	12.394	4.831	104.671	63.027
% of Calories					17.356%	6.765%	65.148%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-25-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Lunch Entree								
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	19.458
Mini Chicken Corn Dogs 2M/2G (6 pcs) ELEM	78961	1 serving/6 pcs	2500	260.000	12.000	3.500	30.000	7.000
Mini Chicken Corn Dogs 2.25M/2.25G (7pcs) INT/HS	1431645	1 serving/7 pcs	500	303.388	14.003	4.084	35.006	8.168
Vegetables								
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	4.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Fruit								
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	13.600
Milk								
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	18.000
Misc.								
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	0.714
Total			3000					
Weighted Daily Average				489.895	13.227	3.928	78.506	45.222
% of Calories					24.3%	7.216%	64.1%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-26-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Lunch Entree								
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	19.458
Sliders, Mini Cheeseburger 2M/2G	78922	1 serving	3000	290.000	13.000	4.500	30.000	5.000
Vegetables								
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	4.000
Fruit								
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	13.600
Milk								
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	18.000
Misc.								
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	0.714
Total			3000					
Weighted Daily Average				512.663	13.894	4.831	77.671	43.027
% of Calories					24.391%	8.48%	60.602%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-29-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Lunch Entree								
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	19.458
Cocoa Puffs Cereal w/ String Cheese & Honey Roasted Sunflower Seeds 2M/1G	1712804	1 serving	3000	360.000	22.000	5.500	31.000	9.000
Vegetables								
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	4.000
Fruit								
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	25.500

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	13.600
Milk								
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	18.000
Misc.								
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	0.714
Total			3000					
Weighted Daily Average				582.663	22.894	5.831	78.671	47.027
% of Calories					35.362%	9.006%	54.008%	

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-30-2025

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Carbohydrates (g)	Sugars (g)
Lunch Entree								
Special Meal (L)	1340566	1 serving	1	N/A*	N/A*	N/A*	N/A*	N/A*
Lunch Pal	1252730	1 bag	1	92.500	0.000	0.000	21.479	19.458
Pizza, Papa John's, Cheese, 16", 1 slice/10 cut 2M/2.75G	78692	1 slice	500	330.000	10.000	4.000	40.000	5.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/10 cut 2M/2.75G	78708	1 slice	2500	320.000	10.000	4.000	36.000	4.000
Vegetables								
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	30.000	0.000	0.000	7.000	4.000
Fruit								
Fruit Cup, Assorted	78625	0.5 cup	1000	82.200	0.000	0.000	19.800	12.000
Dried Fruit, Assorted	78632	1 each	500	115.000	0.000	0.000	28.500	25.500
Fruit, Fresh, Assorted	78755	1 each	1000	65.147	0.188	0.050	16.717	11.755
Juice, Assorted, 4 oz, Hollandia	1832150	1 each	2000	57.000	0.000	0.000	14.400	13.600
Milk								
Milk, 1% Low Fat, Hollandia	1832144	1 each	500	120.000	2.500	1.500	16.000	14.000
Milk, Chocolate, Fat-free, Hollandia	1832146	1 each	1500	110.000	0.000	0.000	20.000	18.000
Misc.								
Ketchup	78887	1 tablespoon	1000	20.000	0.000	0.000	4.000	4.000
Mustard Packet	78839	1 packet	100	5.000	0.000	0.000	0.000	0.000
Ranch Dressing	78813	1 tablespoon	500	27.101	2.486	0.384	0.850	0.714
Total			3000					
Weighted Daily Average				544.33	10.894	4.331	84.338	42.194
% of Calories					18.011%	7.16%	61.976%	

* Indicates missing Nutrient Information.