

Nutrient Detail Report

Organization: Garden Grove USD
Session: 2024-2025 School Year
Menu: 2024-2025 High School Breakfast Menu
Number Source: Planned
Dates: 09-02-2024 to 09-30-2024

Nutrient Summary

Date(s): 09-02-2024 to 09-30-2024

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	595.496		450 min / 600 max	Pass		
Protein (g)	17.353	11.656%				
Total Fat (g)	15.030	22.715%				
Saturated Fat (g)	5.984	9.044%	< 10%	Pass		
Trans Fat (g)	0.000*					
Carbohydrates (g)	99.542	66.863%				
Cholesterol (mg)	76.503*					
Sodium (mg)	604.524		≤ 640	Pass		
Potassium (mg)	284.429*					
Fiber (g)	6.078*					
Sugars (g)	64.014*					
Added Sugars (g)	4.433*	2.978%				
Iron (g)	2.057*					
Calcium (mg)	347.071*					
Vitamin A (IU)	754.135*					
Vitamin C (mg)	46.232*					
Vitamin D (mcg)	0.336*					

* Indicates missing Nutrient Information.
WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-03-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				607.271	101.986
% of Calories					67.176%

* Indicates missing Nutrient Information.
WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-04-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	200	178.905	36.924
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				591.597	99.849
% of Calories					67.512%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-05-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	400	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				564.071	91.906
% of Calories					65.173%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-06-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				607.271	101.986
% of Calories					67.176%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-09-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				607.271	101.986
% of Calories					67.176%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-10-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				607.271	101.986
% of Calories					67.176%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-11-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	200	178.905	36.924
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				591.597	99.849
% of Calories					67.512%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-12-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	400	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				564.071	91.906
% of Calories					65.173%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-13-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				607.271	101.986
% of Calories					67.176%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-16-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				607.271	101.986
% of Calories					67.176%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-17-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				607.271	101.986
% of Calories					67.176%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-18-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	200	178.905	36.924
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Total			5000		
Weighted Daily Average				591.597	99.849
% of Calories					67.512%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-19-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	400	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				564.071	91.906
% of Calories					65.173%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-20-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				607.271	101.986
% of Calories					67.176%

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-23-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				607.271	101.986
% of Calories					67.176%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-24-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				607.271	101.986
% of Calories					67.176%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-25-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	200	178.905	36.924
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				591.597	99.849
% of Calories					67.512%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-26-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	400	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				564.071	91.906
% of Calories					65.173%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-27-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				607.271	101.986
% of Calories					67.176%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-30-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				607.271	101.986
% of Calories					67.176%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.