Nutrient Detail Report

Organization: Garden Grove USD Session: 2024-2025 School Year Menu: 2024-2025 High School Breakfast Menu Number Source: Planned Dates: 09-02-2024 to 09-30-2024

Nutrient Summary

Date(s): 09-02-2024 to 09-30-2024

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	595.496		450 min / 600 max	Pass		
Protein (g)	17.353	11.656%				
Total Fat (g)	15.030	22.715%				
Saturated Fat (g)	5.984	9.044%	< 10%	Pass		
Trans Fat (g)	0.000*					
Carbohydrates (g)	99.542	66.863%				
Cholesterol (mg)	76.503*					
Sodium (mg)	604.524		≤ 640	Pass		
Potassium (mg)	284.429*					
Fiber (g)	6.078*					
Sugars (g)	64.014*					
Added Sugars (g)	4.433*	2.978%				
lron (g)	2.057*					
Calcium (mg)	347.071*					
Vitamin A (IU)	754.135*					
Vitamin C (mg)	46.232*					
Vitamin D (mcg)	0.336*					

* Indicates missing Nutrient Information.

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Menu Detail

Date: 09-03-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk	_				
Milk, 1% Low Fat, Clearbrook Farms	1225774		500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.	70000	a	4000	40.000	0.000
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				607.271	101.986
% of Calories					67.176%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 09-04-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	200	178.905	36.924
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk	_				
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				591.597	99.849
% of Calories				•	67.512%

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Menu Detail

Date: 09-05-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	400	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				564.071	91.906
% of Calories					65.173%

* Indicates missing Nutrient Information.

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Menu Detail

Date: 09-06-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)		
Breakfast Entree							
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000		
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000		
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815		
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886		
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200		
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000		

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					•
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				607.271	101.986
% of Calories					67.176%
* Indicates missing Nutrient Information					

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Menu Detail

Date: 09-09-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)			
Breakfast Entree								
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000			
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000			
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815			
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886			
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200			
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000			
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500			
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000			
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500			
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887			
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888			
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331			
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331			
Fruit								
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974			
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800			
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000			
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000			
Milk								
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000			
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000			
Misc.								
Ketchup Packet	78806	1 packet	1000	10.000	2.000			
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000			
Total			5000					
Weighted Daily Average				607.271	101.986			
% of Calories					67.176%			
* Indicatos missing Nutrient Information								

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Menu Detail

Date: 09-10-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				607.271	101.986
% of Calories					67.176%
* Indicates missing Nutrient Information					

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Menu Detail

Date: 09-11-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	200	178.905	36.924
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774		500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.			1		
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				591.597	99.849
% of Calories					67.512%

* Indicates missing Nutrient Information.

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Menu Detail

	1		1		1				
Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)				
Breakfast Entree									
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000				
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000				
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815				
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886				
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200				
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000				
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500				
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000				
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500				
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887				
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888				
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331				
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331				
Fruit									
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974				

Date: 09-12-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	400	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				564.071	91.906
% of Calories					65.173%

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Menu Detail

Date: 09-13-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Duice, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk	-		-		
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.			•		
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				607.271	101.986
% of Calories				•	67.176%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-16-2024

Recipe Name	Recipe #	Portion Size	Blan Quantity	Caloriaa (koal)	Carbobydratas (g)			
Recipe Name Recipe # Portion Size Plan Quantity Calories (kcal) Carbohydrates (g								
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000			
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000			
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815			
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886			
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200			
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000			
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500			
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000			
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500			
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887			
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888			
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331			
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331			
Fruit								
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974			
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800			
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000			
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000			
Milk								
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000			

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				607.271	101.986
% of Calories					67.176%

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-17-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit				-	
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.				l	
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				607.271	101.986
% of Calories					67.176%
* Indicates missing Nutrient Information.					

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-18-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree	-		I		
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	200	178.905	36.924
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk			-		
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.			1	1	
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Total			5000		
Weighted Daily Average				591.597	99.849
% of Calories					67.512%

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail				Date	e: 09-19-2024
Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree		•			
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit		•			•
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	400	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.		l	1	T	
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				564.071	91.906
% of Calories					65.173%
* In the star with the start with the former of the start				-	

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-20-2024

Breakfast Entree 78732 1 serving/2 pieces 200 420.000 52.000 Breakfast Sausage Pizza (2 pieces) HS 2M/3G 1227804 1 serving/2 pieces 200 415.000 52.000 Burrito, Chicken & Rice (HS) 2M/2G 1227804 1 serving 300 471.381 52.815 Burrito, Breakfast, Egg, Potato & Cheese J.SM/2.5G 78775 1 serving 100 558.657 43.886 Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G 78776 1 serving 500 586.477 43.200 Sandwich, Peanut Butter & Jelly Uncrustables, Z.6 oz, Assorted (BREAKFAST) 1M/1G 78846 1 serving 500 285.000 47.500 Pan Dulce, Assorted 2G 78866 1 each 500 285.000 37.500 Yogurt Parfalt m/ Granola (BKF) 1.25M/1G 1119665 1 serving 500 263.705 50.887 Homemade Banana Bread Muffin 2G 14345001 1 each 500 253.718 56.888 Homemade Choc Chip Banana Bread Muffin 2G 14345001 1 each 500 570.775 80.337 Homemade Choc Chip Bana					1	
Breakfast Sausage Pizza (2 pieces) HS 2M/3G 78732 1 serving/2 pieces 200 420.000 52.000 Egg. Sausage, Cheese English Muffin Sandwich 2M/2G 1227040 1 sandwich 400 415.000 220.00 Burrito, Chicken & Rice (HS) 2M/2G 78750 1 serving 300 471.381 52.815 Burrito, Breakfast, Egg. Potato & Cheese 2.5M/2.5G 78775 1 serving 500 586.477 43.200 Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G 78843 1 serving 500 285.000 471.000 Pan Duice, Assorted ZG 78803 1 each 500 285.000 475.000 Pop Tart & String Cheese 1M/1G 78803 1 each 500 285.000 475.000 Yogurt Pariati W Granola (BKF) 1.25M/1G 11819665 1 serving 300 260.000 37.500 Yogurt Pariati W Granola (BKF) 1.25M/1G 11819665 1 serving/12 oz cup + bar 600 253.418 56.888 Homemade Banana Bread Muffin 2G 1 434500 1 each 100 500.775 90.337 Frui	Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G 1227804 1 sandwich 400 415.000 26.000 Burrito, Chicken & Rice (HS) 2M/2G 78750 1 serving 300 471.381 52.815 Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G 78776 1 serving 100 558.657 43.886 Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G 78746 1 serving 500 586.477 43.200 Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G 78843 1 each 500 320.000 320.000 320.000 320.000 320.000 34.000 471.50 206.000 37.500 208.000 47.500 208.000 47.500 208.000 37.500 208.000 37.500 208.000 37.500 208.000 37.500 208.000 37.500 208.3705 55.887 Par Dute, Assorted 2G 78874 1 serving 300 260.000 37.500 208.705 50.887 Strawberry Banana Yogurt Smoothile with Omega Almond Bar 1M/1G 162699 1 serving 500 570.775 90		70700	1	200	400.000	50.000
Burrito, Chicken & Rice (HS) 2M/2G 78750 1 serving 300 471.381 52.815 Burrito, Chicken & Rice (HS) 2M/2G 78750 1 serving 100 558.657 43.886 Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G 78775 1 serving 500 586.477 43.200 Sandwich, Peant Buttre & Jolly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G 78843 1 each 500 320.000 32.000 Breekfast Bars, Assorted 2G 78866 1 each 500 220.000 34.000 Pop Tart & String Cheese 1M/1G 78821 1 serving 300 266.000 37.500 Yogurt Pariat W Granoia (BKF) 125M/1G 1119665 1 serving 500 2263.705 550.887 Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G 1624699 1 serving/12 oz cup + bar 600 253.418 56.886 Homemade Banana Bread Muffin 2G 1434501 1 each 500 570.775 80.337 Fruit Fresh, Assorted (BKF) 78657 1 each 3000 81.357 20.974 Fruit Vit, Ass						
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.6G 78775 1 serving 100 558.657 43.886 Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G 78746 1 serving 500 586.477 43.200 Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G 78843 1 each 500 320.000 322.000 Preakfast Bras, Assorted 2G 78803 1 each 500 280.000 34.000 Pan Dulce, Assorted 2G 78803 1 each 500 280.000 37.500 Yogurt Parfait w/ Granola (BKF) 1.25M/1G 119665 1 serving 300 260.000 37.500 Yogurt Parfait w/ Granola (BKF) 1.25M/1G 119665 1 serving 500 283.470 508.87 Strawbery Banana Yogurt Smoothie with Omega Almond Bar 1M/1G 1624999 1 serving/12 oz cup + bar 600 253.418 56.88 Homemade Banana Bread Muffin 2G 1434500 1 each 500 570.775 90.337 Fruit Fresh, Assorted (BKF) 78657 1 each 3000 81.357 20.974						
Burrito. Breakfast, Sausage, Egg & Cheese 3.75M/2.6G 78746 1 serving 500 586.477 43.200 Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G 78843 1 each 500 320.000 34.000 Pan Dulce, Assorted 2G 78803 1 each 500 263.705 50.887 Yogurt Parfait w/ Granola (BKF) 1.25M/1G 1119665 1 serving/12 oz cup + bar 600 253.418 568.888 Homemade Banana Bread Muffin 2G 1 434500 1 each 500 570.775 90.337 Fruit Tresh, Assorted (BKF) 78657 1 each 3000 81.357 20.974 Fruit Cup, Assorted 78652 0.5 cup 2000 82.200 19.800 <			1 serving			
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G 78843 1 each 500 320.000 320.000 Breakfast Bars, Assorted 2G 78803 1 each 500 285.000 47.500 Pan Duice, Assorted 2G 78803 1 each 500 280.000 34.000 Pop Tart & String Cheese 1M/1G 78821 1 serving 300 260.000 37.500 Yogurt Parfait W Granola (BKF) 1.25M/1G 1119665 1 serving 500 283.705 50.887 Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G 1624699 1 serving/12 oz cup + bar 600 253.418 56.888 Homemade Banana Bread Muffin 2G 1434500 1 each 500 570.775 80.337 Fruit Freint 78657 1 each 500 81.357 20.974 Fruit Cup, Assorted (BKF) 78657 1 each 1000 81.357 20.974 Fruit Cup, Assorted 0.5 cup 2000 82.200 19.800 Dried Fruit, Assorted 0.5 cup 2000 82.200 </th <th>Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G</th> <th></th> <th>1 serving</th> <th></th> <th></th> <th></th>	Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G		1 serving			
Breakfast Bars, Assorted 2G 78866 1 each 500 285.000 47.500 Pan Dulce, Assorted 2G 78803 1 each 500 200.000 34.000 Pop Tat & String Cheese 1M/1G 78821 1 serving 300 260.000 37.500 Yogurt Parfait w/ Granola (BKF) 1.25M/1G 1119665 1 serving 500 263.705 50.887 Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G 1624699 1 serving/12 oz cup + bar 600 253.418 56.886 Homemade Banana Bread Muffin 2G 1434500 1 each 100 500.775 80.337 Homemade Box Choc Chip Banana Bread Muffin 2G 1434501 1 each 500 570.775 90.337 Fruit Freish, Assorted (BKF) 78657 1 each 3000 81.357 20.974 Fruit Cup, Assorted, 4 oz, Clearbrook Farms 1225774 1 each 1000 112.500 28.000 Milk, '% Low Fat, Clearbrook Farms 1225774 1 each 500 120.000 16.000 Milk, '% Low Fat, Clearbrook Farms 1225774 1 each </th <th>Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G</th> <th>78746</th> <th>1 serving</th> <th>500</th> <th>586.477</th> <th>43.200</th>	Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Pan Dulce, Assorted 2G 78803 1 each 500 200.000 34.000 Pop Tart & String Cheese 1M/1G 78801 1 serving 300 260.000 37.500 Yogurt Partait w/ Granola (BKF) 1.25M/1G 1119665 1 serving 500 263.705 50.887 Strawberry Banana Vogurt Smoothie with Omega Almond Bar 1M/1G 1624699 1 serving/12 oz cup + bar 600 253.418 56.886 Homemade Banana Bread Muffin 2G 1434500 1 each 100 500.775 80.337 Fruit Freint 500 570.775 90.337 Fruit Cup, Assorted (BKF) 78657 1 each 3000 81.357 20.974 Fruit Gu, Assorted (BKF) 78657 1 each 3000 81.357 20.974 Fruit Gu, Assorted (BKF) 78657 1 each 3000 81.357 20.974 Fruit Gu, Assorted (BKF) 78657 1 each 3000 81.357 20.974 Fruit Gu, Assorted (BKF) 78657 1 each 3000 81.357 20.974 Fruit Gu, A	Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Pop Tart & String Cheese 1M/1G 78821 1 serving 300 260.000 37.500 Yogurt Parfait w/ Granola (BKF) 1.25M/1G 1119665 1 serving 500 263.705 50.887 Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G 1624699 1 serving/12 oz cup + bar 600 253.418 56.888 Homemade Banana Bread Muffin 2G 1434500 1 each 100 500.775 80.331 Homemade Choc Chip Banana Bread Muffin 2G 1434501 1 each 500 570.775 90.331 Fruit Fresh, Assorted (BKF) 78657 1 each 3000 81.357 20.974 Fruit Cup, Assorted 78625 0.5 cup 2000 82.200 19.800 Dried Fruit, Assorted 78627 1 each 3000 81.357 20.974 Strik Chocolate, Fat-free, Clearbrook Farms 1221539 1 each 4000 60.000 14.000 Juice, Assorted 78627 1 each 3000 120.000 14.000 Milk, 1% Low Fat, Clearbrook Farms 1221539 1 each	Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Yogurt Parlait w Granola (BKF) 1.25M/1G 1119665 1 serving 500 263.705 50.887 Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G 1624699 1 serving/12 oz cup + bar 600 253.418 56.886 Homemade Banana Bread Muffin 2G 1434500 1 each 100 500.775 80.337 Homemade Choc Chip Banana Bread Muffin 2G 1434501 1 each 500 570.775 90.337 Fruit Fruit Cup, Assorted (BKF) 78657 1 each 3000 81.357 20.974 Fruit Cup, Assorted Truit, Assorted 78625 0.5 cup 2000 82.200 19.800 Dried Fruit, Assorted 78632 1 each 1000 112.500 28.000 Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 500 120.000 14.000 Milk, 1% Low Fat, Clearbrook Farms 1225774 1 each 500 120.000 23.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 1000 120.000 23.000 Milk, Chocolate, Fat-free, Clearbro	Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Strawberry Banana Yogurt Smoothle with Omega Almond Bar 1M/1G 1624699 1 serving/12 oz cup + bar 600 253.418 56.886 Homemade Banana Bread Muffin 2G 1434500 1 each 100 500.775 80.331 Homemade Choc Chip Banana Bread Muffin 2G 1434501 1 each 500 570.775 90.331 Fruit Fruit 78657 1 each 3000 81.357 20.974 Fruit Cup, Assorted 78657 1 each 1000 50.00 82.200 19.800 Dried Fruit, Assorted 78652 0.5 cup 2000 82.200 19.800 Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 1000 112.500 28.000 Milk, 1% Low Fat, Clearbrook Farms 1225774 1 each 500 120.000 16.000 Milk, 1% Low Fat, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Milk, 1% Low Fat, Clearbrook Farms 1225774 1 each 500 120.000 23.000 Milk, 1% Low Fat, Clearbrook Farms 1221537 1 eac	Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Homemade Banana Bread Muffin 2G 1434500 1 each 100 500.775 80.331 Homemade Choc Chip Banana Bread Muffin 2G 1434501 1 each 500 570.775 90.331 Fruit Fruit 78657 1 each 3000 81.357 20.974 Fruit Cup, Assorted (BKF) 78657 1 each 3000 81.357 20.974 Fruit Cup, Assorted 78625 0.5 cup 2000 82.200 19.800 Dried Fruit, Assorted 78632 1 each 1000 112.500 28.000 Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 4000 60.000 14.000 Milk Milk 1225774 1 each 500 120.000 16.000 Milk, 1% Low Fat, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Milk, 1% Low Fat, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Milk, 1% Low Fat, Clearbrook Farms 1221537 1 each 3000 120.000 23.000	Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Homemade Choc Chip Banana Bread Muffin 2G 1434501 1 each 500 570.775 90.331 Fruit Fruit, Fresh, Assorted (BKF) 78657 1 each 3000 81.357 20.974 Fruit Cup, Assorted 78625 0.5 cup 2000 82.200 19.800 Dried Fruit, Assorted 78632 1 each 1000 112.500 28.000 Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 4000 60.000 14.000 Milk Milk 1225774 1 each 500 120.000 160.000 Milk, 1% Low Fat, Clearbrook Farms 1225774 1 each 3000 120.000 160.000 Milk, 1% Low Fat, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Milk, 1% Low Fat, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Milk, 1% Low Fat, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Milk, 1% Low Fat, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Milk, 1% Low Fat, Clearbrook Farms 78806	Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888
Fruit Fruit Fruit Freint State State <t< th=""><th>Homemade Banana Bread Muffin 2G</th><th>1434500</th><th>1 each</th><th>100</th><th>500.775</th><th>80.331</th></t<>	Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Fruit, Fresh, Assorted (BKF) 78657 1 each 3000 81.357 20.974 Fruit Cup, Assorted 78625 0.5 cup 2000 82.200 19.800 Dried Fruit, Assorted 78632 1 each 1000 112.500 28.000 Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 4000 60.000 14.000 Milk 1225774 1 each 500 120.000 16.000 Milk, 1% Low Fat, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Misc. Total 78806 1 packet 1000 10.000 2.000 Weighted Daily Average 5000 1.000 5.000 1.000	Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit Cup, Assorted 78625 0.5 cup 2000 82.200 19.800 Dried Fruit, Assorted 78632 1 each 1000 112.500 28.000 Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 4000 60.000 14.000 Milk Milk 1225774 1 each 500 120.000 16.000 Milk, 1% Low Fat, Clearbrook Farms 1221537 1 each 500 120.000 16.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Misc. Teach 78806 1 packet 1000 5.000 2.000 Hot Sauce (Del Sol) 79899 1 packet 1000 5.000 1.000 Total 5000 5000 5000 5000 5000 101.986	Fruit					
Dried Fuit, Assorted 78632 1 each 1000 112.500 28.000 Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 4000 60.000 14.000 Milk 1225774 1 each 500 120.000 16.000 Milk, 1% Low Fat, Clearbrook Farms 1221537 1 each 500 120.000 16.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Misc. Total 78806 1 packet 1000 5.000 1.000 Total 5000 5000 1.000 5.000 1.000 1.000	Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 4000 60.000 14.000 Milk Milk, 1% Low Fat, Clearbrook Farms 1225774 1 each 500 120.000 16.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Misc. Ketchup Packet 78806 1 packet 1000 10.000 2.000 Hot Sauce (Del Sol) 79899 1 packet 1000 5.000 1.000 Total 5000 5000 1.01.986	Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Milk 1225774 1 each 500 120.000 16.000 Milk, 1% Low Fat, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Misc. Total 78806 1 packet 1000 5.000 1.000 Total 5000 5000 101.986	Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Milk, 1% Low Fat, Clearbrook Farms 1225774 1 each 500 120.000 16.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Misc. Teach 78806 1 packet 1000 10.000 23.000 Misc. Teach 78806 1 packet 1000 10.000 2.000 Hot Sauce (Del Sol) 79899 1 packet 1000 5.000 1.000 Total 5000 5000 5.000 1.01.986	Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Misc. Total 78806 1 packet 1000 10.000 2.000 1.0	Milk					
Misc. 78806 1 packet 1000 10.000 2.000 Ketchup Packet 79899 1 packet 1000 5.000 1.000 Hot Sauce (Del Sol) 79899 1 packet 1000 5.000 1.000 Total 5000 607.271 101.986	Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Ketchup Packet 78806 1 packet 1000 10.000 2.000 Hot Sauce (Del Sol) 79899 1 packet 1000 5.000 1.000 Total 5000 5000 101.986 Weighted Daily Average 607.271 101.986	Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Hot Sauce (Del Sol) 79899 1 packet 1000 5.000 1.000 Total 5000 5000 5000 101.986 Weighted Daily Average 607.271 101.986 101.986	Misc.					
Total 5000 Weighted Daily Average 607.271 101.986	Ketchup Packet	78806	1 packet	1000	10.000	2.000
Weighted Daily Average 607.271 101.986	Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
	Total			5000		
	Weighted Daily Average				607.271	101.986
% of Calories 67.176%	% of Calories					67.176%

* Indicates missing Nutrient Information.

Menu Detail

Date: 09-23-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk	1			1	
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.	1			1	
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				607.271	101.986
% of Calories					67.176%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-24-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk			1		
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.			I		
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total 5000					
Weighted Daily Average				607.271	101.986
% of Calories					67.176%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

					5. 00 20 2024
Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree			<u> </u>		
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	300	570.775	90.331
Cinnamon Roll w/ Homemade Cream Cheese Frosting 2G	1436047	1 serving	200	178.905	36.924
Fruit		• •	•		
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.					
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total			5000		
Weighted Daily Average				591.597	99.849
% of Calories				•	67.512%

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-26-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)	
Breakfast Entree						
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000	
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000	
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815	
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886	
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200	
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000	
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500	
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000	
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500	
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887	
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888	
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331	
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331	
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974	
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800	
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000	
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	400	60.000	14.000	
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000	
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000	
Misc.						
Ketchup Packet	78806	1 packet	1000	10.000	2.000	
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000	
Total 5000						
Weighted Daily Average				564.071	91.906	
% of Calories					65.173%	
				-		

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 09-27-202					e: 09-27-2024	
Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)	
Breakfast Entree						
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000	

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000
Milk					1
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.	-		1		1
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000
Total 5000					
Weighted Daily Average				607.271	101.986
% of Calories					67.176%
					•

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-30-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)	
Breakfast Entree						
Breakfast Sausage Pizza (2 pieces) HS 2M/3G	78732	1 serving/2 pieces	200	420.000	52.000	
Egg, Sausage, Cheese English Muffin Sandwich 2M/2G	1227804	1 sandwich	400	415.000	26.000	
Burrito, Chicken & Rice (HS) 2M/2G	78750	1 serving	300	471.381	52.815	
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	100	558.657	43.886	
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	500	586.477	43.200	
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	500	320.000	32.000	
Breakfast Bars, Assorted 2G	78866	1 each	500	285.000	47.500	
Pan Dulce, Assorted 2G	78803	1 each	500	200.000	34.000	
Pop Tart & String Cheese 1M/1G	78821	1 serving	300	260.000	37.500	
Yogurt Parfait w/ Granola (BKF) 1.25M/1G	1119665	1 serving	500	263.705	50.887	
Strawberry Banana Yogurt Smoothie with Omega Almond Bar 1M/1G	1624699	1 serving/12 oz cup + bar	600	253.418	56.888	
Homemade Banana Bread Muffin 2G	1434500	1 each	100	500.775	80.331	
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	500	570.775	90.331	
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	3000	81.357	20.974	
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800	
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000	
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	4000	60.000	14.000	
Milk						
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000	
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000	
Misc.						
Ketchup Packet	78806	1 packet	1000	10.000	2.000	
Hot Sauce (Del Sol)	79899	1 packet	1000	5.000	1.000	
Total 5000						
Weighted Daily Average			607.271	101.986		
% of Calories					67.176%	

* Indicates missing Nutrient Information.

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