Nutrient Detail Report

Organization: Garden Grove USD Session: 2024-2025 School Year Menu: 2024-2025 High School Lunch Menu Number Source: Planned Dates: 09-02-2024 to 09-30-2024

Nutrient Summary

Date(s): 09-02-2024 to 09-30-2024

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	785.098*		750 min / 850 max	Pass		
Protein (g)	29.874*	15.22%				
Total Fat (g)	20.848*	23.899%				
Saturated Fat (g)	5.999*	6.877%	< 10%	Pass		
Trans Fat (g)	0.023*					
Carbohydrates (g)	121.118*	61.708%				
Cholesterol (mg)	54.770*					
Sodium (mg)	1,058.355*		≤ 1280	Pass		
Potassium (mg)	411.613*					
Fiber (g)	9.378*					
Sugars (g)	63.940*					
Added Sugars (g)	0.375*	0.191%				
Iron (g)	3.521*					
Calcium (mg)	426.940*					
Vitamin A (IU)	3,095.654*					
Vitamin C (mg)	57.933*					
Vitamin D (mcg)	0.288*					

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-03-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree	1		,		
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	402.597*	54.691*
Italian Pasta Salad 2M/4G	1381337	1 serving	100	717.122	93.524
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
General Tso Chicken w/ Vegetable Fried Rice & Cookie 2M/2G	79080	1 serving	1500	453.000	73.800
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Fruit		1	1		
Fruit, Fresh, Assorted		1 each	4000		16.717
Fruit Cup, Assorted		0.5 cup			19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
zz, Domino's, Cheese 16", WG, 1 Slicel/8 Cut 2M/2.75G 78955 1 slice 100 310.000 zz, Domino's, Pepperoni 16", WG, 1 Slicel/8 Cut 2M/2.75G 78930 1 slice 200 320.000 zz, Papa John's, Pepperoni, 16", Hiel/8 Cut 2M/3.5G 1136975 1 slice 100 390.000 zz, Papa John's, Pepperoni, 16", 1 slicel/8 Cut 2.5M/3.5G 1136975 1 slice 400 440.000 mburger Box w/ Seasoned Potato Wedges 2.5M/2.25G 78977 1 serving 100 550.000 lcy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2.5M/2.25G 78956 1 serving 500 502.000 lcy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2.5M/2.25G 78977 1 serving 100 352.591 lane Satal X2G 78973 1 serving 100 352.591 lane Satal X2G 78937 1 serving 100 352.591 lane Satal ZMMG 138137 1 serving 100 717.122 sorted Hommande Sandwiches-HS (Boar's Head) 2M/2G 78735 1 each 500 630.000 gaut Paralt W Granola ZM/2G 7785 1 each 500 630.000 gaut Paralt W Granola ZM/2G 78824 0.5 cup 3000 34.615					
					16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.	70000	4	1000	40.000	0.000
·					2.000
					0.000
					1.000
Ranch Dressing					0.850
Mayo Packet					1.000
Soy Sauce Packet		•			0.000
Hot Sauce (Del Sol)					1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				763.655*	126.422*

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
% of Calories					66.219%

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Menu Detail

Date: 09-04-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal) (arbohydrates (g)
Lunch Entree	Necipe #	Fortion Size	n ian Quantity		and on yurates (g)
	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	402.597*	54.691*
Italian Pasta Salad 2M/4G	1381337	1 serving	100	717.122	93.524
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Chicken Wings (5 pcs) w/ Buffalo Sauce & Ranch Dressing + Dinner Roll 2.5M/2G	1337037	1 serving/5 wings + 1 dinner roll	1500	698.990	31.336
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Beans, Assorted, 1/2 cup	83041	¹ / ₂ cup	500	120.537	21.128
Fruit			1	1	
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk	1005774		500	400.000	10.000
Milk, 1% Low Fat, Clearbrook Farms	1225774		500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc. Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
	78813		1000	27.101	0.850
Ranch Dressing	79027	1 tablespoon 1 packet	500	60.000	1.000
Mayo Packet	79027		200	0.000	0.000
Soy Sauce Packet	79044	1 packet	200	5.000	1.000
Hot Sauce (Del Sol) Sriracha Packet		1 packet			
	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				849.505*	115.795*
% of Calories					54.524%

* Indicates missing Nutrient Information.

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Menu Detail

			Plan	Calories	Carbohydrates
Recipe Name	Recipe #	Portion Size	Quantity	(kcal)	(g)
Lunch Entree	-				-
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	402.597*	54.691*
Italian Pasta Salad 2M/4G	1381337	1 serving	100	717.122	93.524
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Teriyaki Chicken with Garlic Noodles 3M/2G	1149738	1 serving./#8 scoop chix + #4 scoop noodles	1500	444.894	47.292
Vegetables					

Date: 09-05-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk		•			
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.		-			
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				761.223*	118.469*
% of Calories					62.252%

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Menu Detail

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree			=		(00.050
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G		1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975		100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	402.597*	54.691*
Italian Pasta Salad 2M/4G	1381337	1 serving	100	717.122	93.524
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Seasoned Popcorn Chicken w/ Waffle Fries & Sweet Chili Sauce + Chocolate Chip Cookie 2M/2G	79109	1 serving	1500	520.450	54.397
Vegetables	1	U	1	1	
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.			1	1	
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total	•		5000		-
Weighted Daily Average				783.89*	120.601*
% of Calories				•	61.54%

* Indicates missing Nutrient Information.

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Date: 09-06-2024

					e. 09-09-2024
Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree	4570000	. ·	500	500.400	100.050
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G		1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	402.597*	54.691*
Italian Pasta Salad 2M/4G	1381337	1 serving	100	717.122	93.524
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Breaded Chicken Fillet w/ Hamburger Bun 4", 2M/3G	1308461	1 serving	1500	390.000	51.000
Vegetables		•			•
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	¹ / ₂ cup	500	52.480	11.152
Fruit	-	r	1	I	
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Strawberry Mango Italian Ice Cup	1647919	1 each	1500	90.000	23.000
Milk		1	1	1	
Milk, 1% Low Fat, Clearbrook Farms	-	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.	70000	4	4000	40.000	0.000
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Pickles	78984	1 serving	1500	1.667	0.000
Total			5000		
Weighted Daily Average				777.503*	127.597*
% of Calories					65.644%

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Menu Detail

Date: 09-10-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohvdrates (g)
Lunch Entree	Recipe #	Portion Size		Calories (kcal)	Carbonyurates (g)
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	402.597*	54.691*
Italian Pasta Salad 2M/4G	1381337	1 serving	100	717.122	93.524
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Spaghetti w/ Bosco's Cheesy Breadstick (INT/HS) 2M/3G	79194	1 serving	1500	415.113*	50.692*
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)		
Milk		-	-				
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000		
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000		
Misc.							
Ketchup Packet	78806	1 packet	1000	10.000	2.000		
Mustard Packet	78839	1 packet	200	5.000	0.000		
Ranch Packet	78784	1 packet	500	70.000	1.000		
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850		
Mayo Packet	79027	1 packet	500	60.000	1.000		
Soy Sauce Packet	79044	1 packet	200	0.000	0.000		
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000		
Sriracha Packet	79058	1 each	200	9.000	1.701		
Total			5000				
Weighted Daily Average				752.288*	119.489*		
% of Calories					63.534%		

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Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree	• •				, , , , , , , , , , , , , , , , , , , ,
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	402.597*	54.691*
Italian Pasta Salad 2M/4G	1381337	1 serving	100	717.122	93.524
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Bacon Western Cheeseburger Meal 2.5M/2.25G	79146	1 serving	1500	719.109	66.909
Vegetables	•			•	
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Beans, Assorted, 1/2 cup	83041	¹ / ₂ cup	500	120.537	21.128
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk			1	1	1
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.	70000	4 1 4	1000	10.000	0.000
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				855.541*	126.467*
% of Calories					59.128%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-12-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	402.597*	54.691*
Italian Pasta Salad 2M/4G	1381337	1 serving	100	717.122	93.524
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Tuscan Chicken with Rotini Pasta & Cheesy Breadstick 2M/2G	79250	1 serving/#4 scoop pasta + breadstick	1500	468.973	41.323
Vegetables	-	1		P	r
Salad, Romaine, 3 Way, 1 cup	1418267		500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Fruit		[· ·			
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk		· ·		(00.000	10.000
Milk, 1% Low Fat, Clearbrook Farms	1225774		500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.	70000	4	1000	40.000	0.000
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				768.446*	116.678*
% of Calories					60.735%

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Recipe Name Recipe # Portion Size Plan Quantity Lunch Entree Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G 1576693 1 serving 500 Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G 78955 1 slice 100 Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G 78930 1 slice 200 Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G 1136975 1 slice 100 Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G 1136976 1 slice 400	Calories (kcal) 526.190 310.000 320.000 390.000 440.000	Carbohydrates (g) 100.256 39.000 39.000 47.000
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G 1576693 1 serving 500 Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G 78955 1 slice 100 Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G 78930 1 slice 200 Pizza, Damino's, Cheese, 16", 1 slice/8 Cut 2M/2.75G 1 slice 100	310.000 320.000 390.000	39.000 39.000
Carrots 2M/2G 15706951 Serving 500 Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G 78955 1 slice 100 Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G 78930 1 slice 200 Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G 1136975 1 slice 100	310.000 320.000 390.000	39.000 39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G 78930 1 slice 200 Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G 1136975 1 slice 100	320.000 390.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G 1136975 1 slice 100	390.000	
		47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G 1136976 1 slice 400	440.000	
		47.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G 78977 1 serving 100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G 78956 1 serving 400	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G 1398973 1 serving 500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G 78992 1 serving 100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS) 79009 1 serving 100	402.597*	54.691*
Italian Pasta Salad 2M/4G 1381337 1 serving 100	717.122	93.524
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G 1624672 1 serving 200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G 78735 1 each 500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G 78884 1 serving 200	421.059	79.617
Whole Muscle Breaded Chicken Bites (7 pcs), Crinkle Cut Fries & Special Dipping 1 serving/7 pcs chix + 1/2 c fries+ sauce 1500 Sauce + Texas Toast 1 serving/7 pcs chix + 1/2 c fries+ sauce 1500	566.524	58.697
Vegetables		
Salad, Romaine, 3 Way, 1 cup 1418267 1 cup 500	15.000	3.000
Grab-it Carrots, 1/2 cup 78824 0.5 cup 3000	34.615	8.077
Fruit		
Fruit, Fresh, Assorted 78755 1 each 4000	65.147	16.717
Fruit Cup, Assorted 78625 0.5 cup 2000	82.200	19.800
Dried Fruit, Assorted 78632 1 each 1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 5000	60.000	14.000
Milk		
Milk, 1% Low Fat, Clearbrook Farms 1225774 1 each 500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000	120.000	23.000
Misc.		
Ketchup Packet 78806 1 packet 1000	10.000	2.000

Date: 09-13-2024

Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
78839	1 packet	200	5.000	0.000
78784	1 packet	500	70.000	1.000
78813	1 tablespoon	1000	27.101	0.850
79027	1 packet	500	60.000	1.000
79044	1 packet	200	0.000	0.000
79899	1 packet	500	5.000	1.000
79058	1 each	200	9.000	1.701
		5000		
			797.712*	121.891*
				61.12%
	78784 78813 79027 79044 79899	78839 1 packet 78784 1 packet 78813 1 tablespoon 79027 1 packet 79044 1 packet 79899 1 packet	Recipe # Portion Size Quantity 78839 1 packet 200 7874 1 packet 500 78813 1 tablespoon 1000 79027 1 packet 500 79044 1 packet 200 79899 1 packet 500 79058 1 each 200	Recipe # Portion Size Quantity (kcal) 78839 1 packet 200 5.000 78784 1 packet 500 70.000 78813 1 tablespoon 1000 27.101 79027 1 packet 500 60.000 79044 1 packet 200 0.000 79899 1 packet 500 5.000 79058 1 each 200 9.000

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Menu Detail

Date: 09-16-2024

Mend Belan Buter of							
Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)		
Lunch Entree							
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G		1 serving	500	526.190	100.256		
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000		
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000		
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000		
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000		
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600		
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	595.000	51.600		
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000		
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460		
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	402.597*	54.691*		
Italian Pasta Salad 2M/4G	1381337	1 serving	100	717.122	93.524		
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*		
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000		
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617		
Sweet and Sour Chicken w/ Vegetable Fried Rice & Cookie 2M/2G	1647929	1 serving	1500	423.000	68.800		
Vegetables		5					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000		
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077		
Corn, Yellow, Canned 1/2 cup	78932	¹ / ₂ cup	500	52.480	11.152		
Fruit				•			
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717		
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800		
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000		
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000		
Milk				•			
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000		
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000		
Misc.		Г <u> </u>	1	1			
Ketchup Packet	78806	1 packet	1000	10.000	2.000		
Mustard Packet	78839	1 packet	200	5.000	0.000		
Ranch Packet	78784	1 packet	500	70.000	1.000		
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850		
Mayo Packet	79027	1 packet	500	60.000	1.000		
Soy Sauce Packet	79044	1 packet	200	0.000	0.000		
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000		
Sriracha Packet	79058	1 each	200	9.000	1.701		
Total			5000				
Weighted Daily Average			•	759.903*	126.037*		
% of Calories					66.344%		
* In dia sha a minaina Nukainak Information							

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-17-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	595.000	51.600

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	402.597*	54.691*
Italian Pasta Salad 2M/4G	1381337	1 serving	100	717.122	93.524
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Chicken Alfredo w/ Penne Pasta & Garlic Knot Roll 2M/3.5G	1303712	1 serving/#4 scoop + garlic knot roll	1500	665.198	68.259
Vegetables			I	1	
Salad, Romaine, 3 Way, 1 cup	1418267		500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Fruit	70755	4	4000	05.447	10 717
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted		0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk	4005774	4	500	400.000	10.000
Milk, 1% Low Fat, Clearbrook Farms	1225774		500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms Misc.	1221537	1 each	3000	120.000	23.000
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000	0.000	
Weighted Daily Average			0000	827.314*	124.759*
% of Calories					60.32%

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-18-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					(g)
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	402.597*	54.691*
Italian Pasta Salad 2M/4G	1381337	1 serving	100	717.122	93.524
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Chicken Wings (5 pcs) w/ Buffalo Sauce & Ranch Dressing + Dinner Roll 2.5M/2G	1337037	1 serving/5 wings + 1 dinner roll	1500	698.990	31.336
Vegetables				1	
Salad, Romaine, 3 Way, 1 cup	1418267		500	15.000	3.000
Grab-it Carrots, 1/2 cup		0.5 cup	3000	34.615	8.077
Beans, Assorted, 1/2 cup	83041	¹ / ₂ cup	500	120.537	21.128
Fruit					
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted		0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk Milk. 1% Low Fat, Clearbrook Farms	1225774	1 aaab	500	120.000	16.000
Milk, 1% Low Fat, Clearbrook Farms Milk, Chocolate, Fat-free, Clearbrook Farms		1 each	3000	120.000	23.000
Milk, Chocolate, Fat-free, Clearbrook Farms Misc.	1221007	Teach	3000	120.000	23.000
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
	10000	i puoliot	000	0.000	1.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				849.505*	115.795*
% of Calories					54.524%

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Menu Detail

Date: 09-19-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree	Recipe #	Portion Size	Fian Quantity	Calories (kcal)	Carbonyurates (g)
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	402.597*	54.691*
Italian Pasta Salad 2M/4G	1381337	1 serving	100	717.122	93.524
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Shake Ramen (Chicken) 2M/2G	1328616	1 serving	1300	420.481	61.038
Shake Ramen (Tofu & Edamame) 2M/2G	1339144	1 serving	200	448.369	65.991
Vegetables	•				
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Fruit		1	1	1	
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk	T	I			
Milk, 1% Low Fat, Clearbrook Farms	-	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.	70000	d maakat	1000	10.000	2,000
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899 79058	1 packet	500 200	5.000 9.000	1.000
Sriracha Packet	19058	1 each		9.000	1.701
Total			5000		
Weighted Daily Average				755.014*	122.791*
% of Calories					65.054%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-20-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree			-		
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	402.597*	54.691*
Italian Pasta Salad 2M/4G	1381337	1 serving	100	717.122	93.524
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Seasoned Popcorn Chicken w/ Waffle Fries & Sweet Chili Sauce + Chocolate Chip Cookie 2M/2G	79109	1 serving	1500	520.450	54.397

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Fruit	1	1		-	1
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk					1
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.	1	1			1
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				783.89*	120.601*
% of Calories					61.54%

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Menu Detail

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree				_	
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	402.597*	54.691*
Italian Pasta Salad 2M/4G	1381337	1 serving	100	717.122	93.524
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Breaded Chicken Fillet w/ Hamburger Bun 4", 2M/3G	1308461	1 serving	1500	390.000	51.000
Vegetables	•		•		
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	¹ / ₂ cup	500	52.480	11.152
Fruit		•		•	•
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Strawberry Mango Italian Ice Cup	1647919	1 each	1500	90.000	23.000
Milk		1		P	1
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.		1		1	
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Pickles	78984	1 serving	1500	1.667	0.000
Total			5000		
Weighted Daily Average				777.503*	127.597*
% of Calories					65.644%

* Indicates missing Nutrient Information.

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Date: 09-23-2024

Menu Detail

Date: 09-24-2024

Lunch Entree Steamed Broccoli and Carrots 2M/2G 1576693 1 serving 500 526.190 100.256 Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G 78955 1 slice 100 310.000 39.000 Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G 78930 1 slice 200 320.000 39.000 Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/3.5G 1136975 1 slice 100 390.000 47.000 Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G 1136976 1 slice 400 440.000 47.000 Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G 1136976 1 slice 400 440.000 47.000 Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G 78977 1 serving 100 540.000 50.600 Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G 78956 1 serving 400 595.000 51.600 Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G 1398973 1 serving 500 502.000 63.000 Chiese Chicken Salad w/ 2 oz Dinner Roll 2M/2.5G 78992 1 s	Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Bowl: Orange Popcon Chicken wi White Rice (1 cup) & Steamed Broccoll and Carrots 2M2G 15 reving 500 526.190 100.256 Pizza, Domion's, Nepser, 16", 1 slicek 0 L12M2.75G 78955 1 slice 100 310.000 339.000 Pizza, Domion's, Repser, 16", 1 slicek 0 L12M2.75G 78955 1 slice 200 320.000 339.000 Pizza, Papa John's, Cheese, 16", 1 slicek 0 L12M2.75G 1 slice 100 440.000 47.000 Harburger Box W Seasoned Potato Wedges 2.87M2.26G 78957 1 serving 100 550.000 551.600 Shick Chicken Fild Muche Box W Spicy Potato Wedges 2.87M2.26G 78956 1 serving 100 440.000 647.000 Chicken Fild Muche Box W Spicy Potato Wedges 2.87M2.26G 78957 1 serving 100 4352.591 42.460 Chicken Fild Muche Box W Spicy Potato Wedges 2.87M2.26G 78962 1 serving 100 771.722 550.000 65.000 64.091* Shick Chicken Fild W Add Conter Roll 2.87Z Side Muche Box W Spicy Potato Wedges 2.87M2.26G 78384 1 serving 100 717.722 59.52.000 N/A* N/A* Sandrothom		Kecipe #	1 01001 0120	r lan Quantity	Galories (Redi)	Sarbonyurates (g)
Pizza, Domino's, Cheese 16*, WG, 1 Slice/S 0ut 2Wi2/75G 78955 1 slice 100 310.000 930.000 Pizza, Domino's, Pepproni, 16*, WG, 1 Slice/S Cut 2Wi2/75G 78930 1 slice 200 330.000 47.000 Pizza, Papa John's, Cheese, 16*, 1 slice/S cut 2Wi3/5G 1136975 1 slice 400 440.000 47.000 Pizza, Papa John's, Pepproni, 16*, 1 slice/S cut 2SWi3/G 1136975 1 serving 100 540.000 50.000 Cheeseburger Box w/ Seasond Potato Wedges 2SWi2.25G 78957 1 serving 100 352.000 63.000 Chesseburger Box w/ Seasond Potato Wedges 2Mi3.25G 1 389873 1 serving 100 402.597* 54.691* Talian Pasts Salad 2WaG 1 381337 1 serving 100 402.597* 54.691* Talian Pasts Salad 2WaG 200 Inner Roll ZWAG (NTHS) 79006 1 serving 100 402.597* 54.691* Sandwicher Stad 20 zo Dinner Roll ZWAG (NTHS) 200 RA/2.406 78952 1 serving 100 471.059 79.617 Sandwicher Stad 20 ac Dinner Roll ZWAG (NTHS) ZWAG 78135 <th></th> <th>1576693 1</th> <th>servina</th> <th>500</th> <th>526,190</th> <th>100.256</th>		1576693 1	servina	500	526,190	100.256
Pizza, Depanino's, Pepperoni, I*', Wd, 1 Silce Cut 2W2.75G 78930 1 silce 200 330.000 930.000 Pizza, Papa John's, Cheses, I\$', I silce R cut 2M3.5G 1136976 1 silce 400 447.000 Pizza, Papa John's, Reperoni, I\$'', I silce R cut 2M3.5G 1136976 1 serving 400 444.000 47.000 Hemburge Box W Seasoned Potato Wedges 27M2.2SG 78957 1 serving 400 595.000 51.600 Splcy Chicken Fillet Sandwich Box W Spicy Potato Wedges 2M3.2SG 1398973 1 serving 100 342.521 42.460 Chinese Chicken Salad W/2 oz Dinner Roll 2M2G (NTHS) 79902 1 serving 100 717.122 93.521 42.460 Chinese Chicken Salad 2M/4G 1381331 1 serving 100 717.122 93.521 42.460 Sandwich, Peanut Butter & Jolly Uncrustables, 5.3 oz, Assorted (HSINT) 2M2G 78384 1 serving 100 717.122 93.524 Sandwich, Peanut Butter & Jolly Uncrustables, 5.3 oz, Assorted (HSINT) 2M2G 78384 1 serving 100 421.5137 50.692 Sandwich, Peanut Butter & Jolly Uncrustables, 5.3 oz, Assorted (HSINT) 2M2G			0	100	310.000	
Pizz, Papa John's, Onese, 16", 1 slicoli cut 2M3.56 1136976 1 slicoli 100 390.000 47.000 Pizz, Papa John's, Onese, 16", 1 slicoli cut 2.5M3.6 1136976 1 slicoli 400 440.000 47.000 Pizz, Papa John's, Onese, 16", 1 slicoli cut 2.5M3.25G 78977 1 serving 400 595.000 551.000 Onesesburger Box wi Seasoned Potato Wedges 2.5M2.25G 78992 1 serving 100 352.591 424.60 Opicy Chicken Faol ZM2.5G 78992 1 serving 100 402.597' 54.691' Titalian Past Salad X/2 oz Dinner Roll ZM2G (NT/HS) 79009 1 serving 100 471.722 89.524 Sandwich, Peant Butter & Jeily Uncurstables, S.ox, Assorted (HS/HT) ZM/2G 787.51 1 serving 100 472.597' 54.691' Sandwich, Peant Butter & Jeily Uncurstables, S.ox, Assorted (HS/HT) ZM/2G 787.51 1 serving 100 717.722 89.54 Sandwich, Peant Butter & Jeily Uncurstables, S.ox, Assorted (HS/HT) ZM/2G 788.41 1 serving 1500 450.000 60.000 140.00 150.600 60.000 140.01 50.692			slice	200	320.000	
Pizza, Papa John's, Pepperoni, 16', 1 slice ut 2.8M3G 1136976 1 slice 400 440.000 47.000 Hamburger Box wi Seasoned Potato Wedges 2.75M/2.25G 78977 1 serving 100 540.000 50.000 Sheesburger Box wi Seasoned Potato Wedges 2.75M/2.25G 1398973 1 serving 100 550.000 651.600 Shey Chicken Fillet Sandwich Box wi Spice Potato Wedges 2M3.25G 1398973 1 serving 100 422.597 54.691* Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (NT/HS) 79009 1 serving 100 77.7.22 93.524 Sandwich, Peanut Butter 5, Jelly Uncrustables, 5.3 oz, Ascorted (MSINT) 2M/2G 78735 1 each 500 63.000 64.000 Yogethalt M Geoso's Cheese Breadstick (INT/HS) 2M/3G 78874 1 serving 200 N/A* N/A* Sandwich, Sanoted 717.122 93.504 15.000 415.113 50.692* Sandwich, Peanut Butter 5, Jelly Uncrustables, 5.3 oz, Ascorted (MSINT) 2M/2G 78755 1 each 500 15.000 3.000 Sandwich Bosov 12 cuop 78625 1 each 1000 15.000 </th <th></th> <th>1136975 1</th> <th>slice</th> <th>100</th> <th>390.000</th> <th>47.000</th>		1136975 1	slice	100	390.000	47.000
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.2G 798961 1 serving 400 595.000 631.000 Spicy Chcken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.2G 1398973 1 serving 500 502.000 633.000 Chrines Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS) 79090 1 serving 100 422.507 54.691* Italian Pasta Salad ZMAG 1381337 1 serving 100 717.122 93.524 Assorted Homerade Sandwiches-HS (Boar's Head) 2M/2G 178735 1 serving 200 N/A* N/A* Sandwich, Peanut Butter 3.Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G 78735 1 serving 200 421.059 79.617 Synger Bariat Wird Granola 2M/2G 179735 1 serving 1500 450.000 630.000 640.000 Synger Bariat Wird Granola 2M/2G 179735 1 serving 200 421.059 79.617 Sandwich, Panut Butter 3.Jelly Uncrustables, S.3 oz, Assorted (HS/INT) 2M/2G 797855 1 cach 4000 65.147 16.60.07 Salad, Romaine, 3 Wey, 1 cup 1416267 1 cup 500.00						
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.2G 798961 1 serving 400 595.000 631.000 Spicy Chcken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.2G 1398973 1 serving 500 502.000 633.000 Chrines Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS) 79090 1 serving 100 422.507 54.691* Italian Pasta Salad ZMAG 1381337 1 serving 100 717.122 93.524 Assorted Homerade Sandwiches-HS (Boar's Head) 2M/2G 178735 1 serving 200 N/A* N/A* Sandwich, Peanut Butter 3.Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G 78735 1 serving 200 421.059 79.617 Synger Bariat Wird Granola 2M/2G 179735 1 serving 1500 450.000 630.000 640.000 Synger Bariat Wird Granola 2M/2G 179735 1 serving 200 421.059 79.617 Sandwich, Panut Butter 3.Jelly Uncrustables, S.3 oz, Assorted (HS/INT) 2M/2G 797855 1 cach 4000 65.147 16.60.07 Salad, Romaine, 3 Wey, 1 cup 1416267 1 cup 500.00		78977 1	servina	100	540.000	50.600
Chef Salad w/2 oz Dinner Roll 2M/2.50 78992 1 serving 100 352.591 42.460 Chinese Chicken Salad w/2 oz Dinner Roll 2M/2G (NT/HS) 79009 1 serving 100 402.597* 554.691* Halan Pasts Balad 2M/4G 1381337 1 serving 100 777.122 93.524 Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G 1624672 1 serving 200 N/A* N/A* Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HSINT) 2M/2G 78735 1 each 500 630.000 64.000 Ogurt Parafit W/ Granota 2M/2G 78844 1 serving 1500 421.659 79.617 Spaghetti w/ Bosco's Cheesy Breadstick (INTHS) 2M/3G 79194 1 serving 1500 43.000 65.022* Vegetables 5 78824 0.5 cup 3000 34.615 8.077 Fruit Fresh, Assorted 78655 1 each 4000 65.147 16.717 Fruit, Fresh, Assorted 78652 1 each 1000 112.500 28.000 Dried Fruit, Assorted 78623 <th>Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G</th> <td></td> <td>Ū.</td> <td>400</td> <td>595.000</td> <td>51.600</td>	Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G		Ū.	400	595.000	51.600
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G 78992 1 serving 100 352.591 42.460 Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (NT/HS) 7909 1 serving 100 402.597* 54.691* Hialan Pasta Salad 2M/4G 1381337 1 serving 100 717.122 93.524 Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G 1624672 1 serving 200 N/A* N/A* Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G 7873 1 each 500 630.000 64.000 Orgunt Pariaft W/ Granola 2M/2G 78844 1 serving 100 421.659 79.617 Stade, Romaine, 3 Way,1 cup 1 serving 100 415.113* 50.692* Vagetables	Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973 1	serving	500	502.000	63.000
Chinese Chicken Salad w/2 oz Dinner Roll 2M/2G (INT/HS) 79009 1 serving 100 402.597* 54.691* Italian Pasta Salad 2M/4G 1381337 1 serving 100 717.122 93.524 Asordet Homemade Sandwiches-HS (Boar's Head) 2M/2G 1624672 1 serving 200 N/A* N/A* Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G 78735 1 each 500 630.000 64.000 Yogutet JW Bocs'os Cheosy Breadstick (INT/HS) 2M/3G 79194 1 serving 1500 415.113* 50.692* Yagethet JW Bocs'os Cheosy Breadstick (INT/HS) 2M/3G 79194 1 serving 100 415.00 3.000 Yagethet JW Bocs'os Cheosy Breadstick (INT/HS) 2M/3G 79194 1 serving 100 415.00 3.000 Yagethet JW Bocs'os Cheosy Breadstick (INT/HS) 2M/3G 79194 1 serving 100 15.000 3.000 Yagethet JW Bocs'os Cheosy Breadstick (INT/HS) 2M/3G 79194 1 serving 100 15.000 3.000 Grade Carch 7845 1 cup 500 15.000 3.000		78992 1	serving	100	352.591	42,460
Italian Pasta Salad 2M/4G 1381337 1 serving 100 717.122 93.524 Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G 162/4672 1 serving 200 N/A N/A* Sandwich, Pearunt Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/NT) 2M/2G 78755 1 each 500 630.000 64.000 Yogurt Partait w/ Granola 2M/2G 7884 1 serving 200 4/21.059 79.617 Spaghetti w/ Bosco's Cheesy Breadstick (INT/HS) 2M/3G 7884 1 serving 1500 4/51.13* 50.692* Vegetables 7804 1 desco's Cheesy Breadstick (INT/HS) 2M/3G 7862 0.5 cup 3000 34.615 8.077 Fuit Carrots, 1/2 cup 500 15.000 3.000 Grab-It Carrots, 1/2 cup 500 15.000 19.800 Fruit Cup, Assorted 78652 1 each 4000 65.147 16.717 Fruit Cup, Assorted 78632 1 each 5000 60.000 14.000 Milk 1/k 1 con Kastred 78632 1 each 5000 60.000	Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)			100	402.597*	54.691*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G 78735 1 each 500 630.000 64.000 Yogut Parfait W Granola 2M/2G 78884 1 serving 200 421.059 79.117 Spaghetti W Bosco's Cheesy Breadstick (INT/HS) 2M/3G 79194 1 serving 1500 415.113* 500.692* Vegetables 1418267 1 cup 500 150.00 3.000 Grab-It Carots, 1/2 cup 78824 0.5 cup 3000 34.615 8.077 Fruit Fresh, Assorted 78625 0.5 cup 2000 42.200 19.800 Dried Fruit, Assorted 78632 1 each 4000 65.147 16.717 Fruit Cup, Assorted, A cz, Clearbrook Farms 1221539 1 each 5000 60.000 14.000 Mik, 1% Low Fat, Clearbrook Farms 1225774 1 each 500 120.000 16.000 Mik, 1% Low Fat, Clearbrook Farms 1225774 1 each 500 120.000 16.000 Mik, 1% Low Fat, Clearbrook Farms 1225774 1 each 500	Italian Pasta Salad 2M/4G	1381337 1	serving	100	717.122	93.524
Yogurt Parfait w/ Granola 2M/2G 78.84 1 serving 200 421.059 79.617 Spaghetti w/ Bosco's Cheesy Breadstick (INT/HS) 2M/3G 79194 1 serving 1500 415.113* 50.692* Vagetables 381ad, Romaine, 3 Way, 1 cup 1418267 1 cup 500 15.000 3.000 Grab-It Carrots, 1/2 cup 78824 0.5 cup 3000 34.615 8.077 Fruit 78824 0.5 cup 3000 65.147 16.717 Fruit Fresh, Assorted 78625 0.5 cup 2000 82.200 19.800 Dried Fruit, Assorted 78625 0.5 cup 2000 82.200 19.800 Dried Fruit, Assorted 78625 0.5 cup 2000 82.200 19.800 Dried Fruit, Assorted 78625 1 each 1000 112.500 28.000 Mile, Assorted, 4 oz, Clearbrook Farms 1221537 1 each 5000 60.000 14.000 Milk, Chocalet, Fat-free, Clearbrook Farms 1221537 1 each 5000 120.000 23.000	Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G		U	200	N/A*	
Spaghetti w/ Bosco's Cheesy Breadstick (INT/HS) 2M/3G 79194 1 serving 1500 415.113* 50.692* Vegetables	Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735 1	each	500	630.000	64.000
Vegatables Vegatab	Yogurt Parfait w/ Granola 2M/2G	78884 1	serving	200	421.059	79.617
Salad, Romaine, 3 Way, 1 cup 1 cup 500 15.000 3.000 Grab-It Carrots, 1/2 cup 78824 0.5 cup 3000 34.615 8.077 Fruit Freith 78755 1 each 4000 65.147 16.717 Fruit Cup, Assorted 78625 0.5 cup 2000 82.200 19.800 Dried Fruit, Assorted 78632 1 each 1000 112.500 28.000 Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 5000 60.000 14.000 Milk 1% Low Fat, Clearbrook Farms 1221537 1 each 5000 120.000 16.000 Milk, 1% Low Fat, Clearbrook Farms 1221537 1 each 500 120.000 2.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 500 120.000 2.000 Milk 78806 1 packet 1000 10.000 2.000 Milk 78806 1 packet 200 5.000 0.000 Milk 78806 1 pack	Spaghetti w/ Bosco's Cheesy Breadstick (INT/HS) 2M/3G	79194 1	serving	1500	415.113*	50.692*
Grab-It Carrots, 1/2 cup 3000 34.615 8.077 Fruit 78755 1 each 4000 65.147 16.717 Fruit, Fresh, Assorted 78625 0.5 cup 2000 82.200 19.800 Dried Fruit, Assorted 78625 0.5 cup 2000 82.200 19.800 Dried Fruit, Assorted 78632 1 each 1000 112.500 28.000 Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 5000 60.000 14.000 Milk, 1w Low Fat, Clearbrook Farms 1221537 1 each 5000 120.000 28.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 5000 120.000 23.000 Milk, Chow Fat, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Milk, Chow Fat, Clearbrook Farms 1221537 1 each 500 0.000 2.000 Milk, Chow Fat, Each Fat-free, Clearbrook Farms 1221537 1 each 500 0.000 2.000 Milk, Chow Fat, Each Fat-free, Clearbrook Far	Vegetables		Ŭ			
Fruit 78755 1 each 4000 65.147 16.717 Fruit Cup, Assorted 78625 0.5 cup 2000 82.200 19.800 Dried Fruit, Assorted 78632 1 each 1000 112.500 28.000 Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 5000 60.000 14.000 Milk, 1% Low Fat, Clearbrook Farms 1225774 1 each 500 120.000 23.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 2.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Mils, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Mils, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 2.000 Mils, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 200	Salad, Romaine, 3 Way, 1 cup	1418267 1	cup	500	15.000	3.000
Fruit, Fresh, Assorted 78755 1 each 4000 65.147 16.717 Fruit Cup, Assorted 78625 0.5 cup 2000 82.200 19.800 Dried Fruit, Assorted 78622 1 each 1000 112.500 28.000 Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 5000 60.000 14.000 Milk Milk 1225774 1 each 500 120.000 16.000 Milk, Y Low Fat, Clearbrook Farms 1225774 1 each 3000 120.000 23.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Mils. 78806 1 packet 1000 10.000 2.000 Mustard Packet 78808 1 packet 200 5.000 0.000 Ranch Dressing 78813 1 tablespoon 1000 27.101 0.850 May Packet 79027 1 packet 500 60.000 1.000 Soy Sauce Packet 7904 1 packet </th <th>Grab-it Carrots, 1/2 cup</th> <th>78824 0</th> <th>).5 cup</th> <th>3000</th> <th>34.615</th> <th>8.077</th>	Grab-it Carrots, 1/2 cup	78824 0).5 cup	3000	34.615	8.077
Fruit Cup, Assorted 78625 0.5 cup 2000 82.200 19.800 Dried Fruit, Assorted 78632 1 each 1000 112.500 28.000 Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 5000 60.000 14.000 Milk Milk 1225774 1 each 500 120.000 16.000 Milk, 4/L cow Fat, Clearbrook Farms 1225774 1 each 3000 120.000 23.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 200 5.000 0.0000 Mustard Packet 78806 1 packet 200 5.000 0.0000 Ranch Packet 78874 1 packet 500 70.000 1.000 Ranch Packet 78874 1 packet 500 60.000 1.000 Ranch Packet 79027 1 packet 500 60.000 1.000 Syrace Packet 79027	Fruit			•		
Dried Fruit, Assorted 78632 1 each 1000 112.500 28.000 Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 5000 60.000 14.000 Milk 500 120.000 16.000 Milk, Chocolate, Fat, Fee, Clearbrook Farms 1225774 1 each 500 120.000 23.000 Milk, Chocolate, Fat, Free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Milk, Chocolate, Fat, Free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Milk, Chocolate, Fat, Free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Misc. 78806 1 packet 1000 10.000 2.000 Mustard Packet 78808 1 packet 500 70.000 1.000 Ranch Packet 78784 1 packet 500 60.000 1.000 Soy Sauce Packet 79027 1 packet 500 60.000 1.000 Soy	Fruit, Fresh, Assorted			4000	65.147	16.717
Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 500 60.000 14.000 Milk 1225774 1 each 500 120.000 16.000 Milk, 1% Low Fat, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Misc. 78806 1 packet 1000 10.000 2.000 Mustard Packet 78839 1 packet 200 5.000 0.000 Ranch Packet 78784 1 packet 500 70.000 1.000 Ranch Dressing 78813 1 tablespoon 1000 27.101 0.850 Mayo Packet 79027 1 packet 500 60.000 1.000 Soy Sauce Packet 79044 1 packet 500 5.000 1.000 Soy Sauce Packet 79058 1 each 200 9.000 1.701 Total 752.288* 119.489* 500 5.034% 119.489*	Fruit Cup, Assorted).5 cup			
Milk 1225774 1 each 500 120.000 16.000 Milk, 1% Low Fat, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Milsc. 78806 1 packet 1000 10.000 2.000 Mustard Packet 78839 1 packet 500 0.000 Ranch Packet 78841 1 packet 500 7.000 1.000 Ranch Packet 78813 1 tablespoon 1000 27.101 0.850 Mayo Packet 79027 1 packet 500 60.000 1.000 Soy Sauce Packet 79044 1 packet 500 5.000 1.000 Soy Sauce (Del Sol) 79058 1 each 200 9.000 1.701 Total			each		112.500	
Milk 1% Low Fat, Clearbrook Farms 1225774 1 each 500 120.000 16.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Mils. 1221537 1 each 3000 120.000 23.000 Misc. 78806 1 packet 1000 10.000 2.000 Mustard Packet 78839 1 packet 200 5.000 0.000 Ranch Packet 78784 1 packet 500 70.000 1.000 Ranch Dressing 78813 1 tablespoon 1000 27.101 0.850 Mayo Packet 79027 1 packet 500 60.000 1.000 Soy Sauce Packet 79027 1 packet 500 60.000 1.000 Soy Sauce Del Sol 79044 1 packet 500 5.000 1.000 Sriracha Packet 79058 1 each 200 9.000 1.701 Total		1221539 1	each	5000	60.000	14.000
Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 3000 120.000 23.000 Misc. Ketchup Packet 1 packet 1000 10.000 2.000 Mustard Packet 78806 1 packet 200 5.000 0.000 Ranch Packet 7874 1 packet 500 70.000 1.000 Ranch Dressing 78813 1 tablespoon 1000 27.101 0.850 Mayo Packet 79027 1 packet 500 60.000 1.000 Soy Sauce Packet 79027 1 packet 500 0.000 0.000 Hot Sauce (Del Sol) 79044 1 packet 500 5.000 1.000 Sriracha Packet 79058 1 each 200 9.000 1.000 Sriracha Packet 500 5.000 1.000 1.000 1.000 Sriracha Packet 500 5.000 1.000 1.000 1.000 Sriracha Packet 500 5.000 1.000 1.000 1.000 1.000 Sriracha Packet 500 5.000 1.000 1.000						
Misc. 78806 1 packet 1000 10.000 2.000 Mustard Packet 78839 1 packet 200 5.000 0.000 Ranch Packet 78784 1 packet 500 70.000 1.000 Ranch Dressing 78813 1 tablespoon 1000 27.101 0.850 Mayo Packet 79027 1 packet 500 60.000 1.000 Soy Sauce Packet 79027 1 packet 500 0.000 0.000 Hot Sauce (Del Sol) 79044 1 packet 500 5.000 1.000 Sriracha Packet 79058 1 each 200 9.000 1.701 Total 5000 5.000 1.701 5000 1.701 Weighted Daily Average 752.288* 119.489* 63.534%		-				
Ketchup Packet 78806 1 packet 1000 10.000 2.000 Mustard Packet 7839 1 packet 200 5.000 0.000 Ranch Packet 78784 1 packet 500 70.000 1.000 Ranch Dressing 78813 1 tablespoon 1000 27.101 0.850 Mayo Packet 79027 1 packet 500 60.000 1.000 Soy Sauce Packet 79027 1 packet 500 0.000 0.000 Hot Sauce (Del Sol) 79044 1 packet 500 5.000 1.000 Sriracha Packet 79058 1 each 200 9.000 1.701 Total 5000 5.000 1.701 5000 1.701 Weighted Daily Average 5000 5.000 1.701 50334% % of Calories 63.534% 63.534% 63.534%		1221537 1	each	3000	120.000	23.000
Mustard Packet 78839 1 packet 200 5.000 0.000 Ranch Packet 78784 1 packet 500 70.000 1.000 Ranch Dressing 78813 1 tablespoon 1000 27.101 0.850 Mayo Packet 79027 1 packet 500 60.000 1.000 Soy Sauce Packet 79044 1 packet 200 0.000 0.000 Hot Sauce (Del Sol) 79044 1 packet 500 5.000 1.000 Sriracha Packet 79058 1 each 200 9.000 1.701 Total		78806 1	packet	1000	10.000	2 000
Ranch Packet 78784 1 packet 500 70.000 1.000 Ranch Dressing 78813 1 tablespoon 1000 27.101 0.850 Mayo Packet 79027 1 packet 500 60.000 1.000 Soy Sauce Packet 79044 1 packet 500 60.000 1.000 Hot Sauce (Del Sol) 79044 1 packet 500 50.000 1.000 Srirach Packet 79058 1 each 200 9.000 1.000 Strighted Daily Average Yot Galories Yot Galories Strighted Daily Average Strighte	•		1			
Ranch Dressing 78813 1 tablespoon 1000 27.101 0.850 Mayo Packet 79027 1 packet 500 60.000 1.000 Soy Sauce Packet 79044 1 packet 200 0.000 0.000 Hot Sauce (Del Sol) 79058 1 each 200 9.000 1.000 Srirach Packet 79058 1 each 200 9.000 1.000 Striach Packet 5000 5.000 1.000 1.000 Striach Packet 500 5.000 1.000 1.000 Striach Packet 500 5.000 1.000 1.000 Striach Packet 5000 5.000 1.000 1.000 Striach Packet 5000 5.000 1.000 1.001 Weighted Daily Average 5.000 5.000 5.034% 119.489* % of Calories 5.534% 5.534% 5.534%			1			
Mayo Packet 79027 1 packet 500 60.000 1.000 Soy Sauce Packet 79044 1 packet 200 0.000 0.000 Hot Sauce (Del Sol) 79899 1 packet 500 5.000 1.000 Srirach Packet 79058 1 each 200 9.000 1.701 Total 5000 752.288* 119.489* 63.534% % of Calories 500 53.34%			1			
Soy Sauce Packet 79044 1 packet 200 0.000 0.000 Hot Sauce (Del Sol) 79899 1 packet 500 5.000 1.000 Sriracha Packet 79058 1 each 200 9.000 1.701 Total 5000 5000 119.489* % of Calories 752.288* 119.489*					-	
Hot Sauce (Del Sol) 79899 1 packet 500 5.000 1.000 Sriracha Packet 79058 1 each 200 9.000 1.701 Total 5000 752.288* 119.489* % of Calories 563.534%	-		1			
Sriracha Packet 79058 1 each 200 9.000 1.701 Total 5000 5000 5000 119.489* Weighted Daily Average 752.288* 119.489* 63.534%	•		•			
Total 5000 Weighted Daily Average 752.288* 119.489* % of Calories 63.534%						
Weighted Daily Average 752.288* 119.489* % of Calories 63.534%		79058 1	eacn		9.000	1.701
% of Calories 63.534%				5000	750.000*	110 1001
					/52.288*	
	% of Calories					63.534%

* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-25-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree	Recipe #	Fortion Size	Flan Quantity	Calories (Kcal)	Carbonyurates (g)
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	402.597*	54.691*
Italian Pasta Salad 2M/4G	1381337	1 serving	100	717.122	93.524
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Bacon Western Cheeseburger Meal 2.5M/2.25G	79146	1 serving	1500	719.109	66.909
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Beans, Assorted, 1/2 cup	83041	¹ / ₂ cup	500	120.537	21.128
Fruit		Г <u> </u>	I	Г	
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk				100.000	10.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.				-	
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				855.541*	126.467*
% of Calories					59.128%

Menu Detail

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Recipe Name	Recipe #	Portion Size	Plan
Lunch Entree			
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	
Italian Pasta Salad 2M/4G	1381337	1 serving	
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	
Creamy Cajun Chicken Pasta w/ Texas Toast 2.5M/2.25G	1423602	1 serving/1 cup + garlic toast	
Vegetables			
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	
Grab-it Carrots, 1/2 cup	78824	0.5 cup	
Fruit		-	
Fruit, Fresh, Assorted	78755	1 each	4
Fruit Cup, Assorted	78625	0.5 cup	1
Dried Fruit, Assorted	78632	1 each	
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	Ę
Milk	-		
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	

Date: 09-26-2024 an Quantity Calories (kcal) Carbohydrates (g)

100.256

39.000

39.000

47.000

47.000

50.600

51.600

63.000

42.460

54.691*

93.524

64.000

79.617

46.147

3.000

8.077

16.717

19.800

28.000

14.000

16.000

23.000

2.000

0.000

1.000

0.850

1.000

0.000

1.000

1.701

118.126* 59.024%

N/A*

526.190

310.000

320.000

390.000

440.000

540.000

595.000

502.000

352.591

402.597*

717.122

630.000

421.059

575.898

15.000

34.615

65.147

82.200

112.500

60.000

120.000

120.000

10.000

5.000

70.000

27.101

60.000

0.000

5.000

9.000

800.524*

N/A*

500

100

200

100

400

100

400

500

100

100

100

200

500

200

1500

500

3000

4000

2000

1000

5000

500

3000

1000

200

500

1000

500

200

500

200

5000

*	Indicates	missing	Nutrient	Information.	

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Misc. Ketchup Packet

Mustard Packet

Ranch Dressing Mayo Packet

Soy Sauce Packet

Sriracha Packet

% of Calories

Total

Hot Sauce (Del Sol)

Weighted Daily Average

Ranch Packet

Date: 09-27-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree					
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600

78806 1 packet

78839 1 packet

1 packet

1 packet

1 packet

1 packet

1 each

1 tablespoon

78784

78813

79027

79044

79899

79058

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	402.597*	54.691*
Italian Pasta Salad 2M/4G	1381337	1 serving	100	717.122	93.524
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Whole Muscle Breaded Chicken Bites (7 pcs), Crinkle Cut Fries & Special Dipping Sauce + Texas Toast	1182539	1 serving/7 pcs chix + 1/2 c fries+ sauce cup + toast	1500	566.524	58.697
Vegetables					
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup	78824	0.5 cup	3000	34.615	8.077
Fruit	-			1	r
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
Milk	T	r	1	1	
Milk, 1% Low Fat, Clearbrook Farms	1225774		500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	3000	120.000	23.000
Misc.			1000	10.000	
Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79044	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				797.712*	121.891*
% of Calories					61.12%
* Indicates missing Nutrient Information.					•

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 09-30-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Lunch Entree			, in guaranty	- aloneo (liouly	eanderly analos (g/
Bowl: Orange Popcorn Chicken w/ White Rice (1 cup) & Steamed Broccoli and Carrots 2M/2G	1576693	1 serving	500	526.190	100.256
Pizza, Domino's, Cheese 16", WG, 1 Slice/8 Cut 2M/2.75G	78955	1 slice	100	310.000	39.000
Pizza, Domino's, Pepperoni 16", WG, 1 Slice/8 Cut 2M/2.75G	78930	1 slice	200	320.000	39.000
Pizza, Papa John's, Cheese, 16", 1 slice/8 cut 2M/3.5G	1136975	1 slice	100	390.000	47.000
Pizza, Papa John's, Pepperoni, 16", 1 slice/8 cut 2.5M/3G	1136976	1 slice	400	440.000	47.000
Hamburger Box w/ Seasoned Potato Wedges 2.75M/2.25G	78977	1 serving	100	540.000	50.600
Cheeseburger Box w/ Seasoned Potato Wedges 2.5M/2.25G	78956	1 serving	400	595.000	51.600
Spicy Chicken Fillet Sandwich Box w/ Spicy Potato Wedges 2M/3.25G	1398973	1 serving	500	502.000	63.000
Chef Salad w/ 2 oz Dinner Roll 2M/2.5G	78992	1 serving	100	352.591	42.460
Chinese Chicken Salad w/ 2 oz Dinner Roll 2M/2G (INT/HS)	79009	1 serving	100	402.597*	54.691*
Italian Pasta Salad 2M/4G	1381337	1 serving	100	717.122	93.524
Assorted Homemade Sandwiches-HS (Boar's Head) 2M/2G	1624672	1 serving	200	N/A*	N/A*
Sandwich, Peanut Butter & Jelly Uncrustables, 5.3 oz, Assorted (HS/INT) 2M/2G	78735	1 each	500	630.000	64.000
Yogurt Parfait w/ Granola 2M/2G	78884	1 serving	200	421.059	79.617
Vegetables		1		P	
Salad, Romaine, 3 Way, 1 cup	1418267	1 cup	500	15.000	3.000
Grab-it Carrots, 1/2 cup		0.5 cup	3000	34.615	8.077
Corn, Yellow, Canned 1/2 cup	78932	¹ / ₂ cup	500	52.480	11.152
Fruit	1	1		1	
Fruit, Fresh, Assorted	78755	1 each	4000	65.147	16.717
Fruit Cup, Assorted	78625	0.5 cup	2000	82.200	19.800
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	5000	60.000	14.000
	4005774	4	500	400.000	40.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	500	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms Misc.	1221537	1 each	3000	120.000	23.000
Misc. Ketchup Packet	78806	1 packet	1000	10.000	2.000
Mustard Packet	78839	1 packet	200	5.000	0.000
Ranch Packet	78784	1 packet	500	70.000	1.000
Ranch Dressing	78813	1 tablespoon	1000	27.101	0.850
Mayo Packet	79027	1 packet	500	60.000	1.000
Soy Sauce Packet	79027	1 packet	200	0.000	0.000
Hot Sauce (Del Sol)	79899	1 packet	500	5.000	1.000
חטנ שמעני (שפו שטו)	19098	граскег	500	5.000	1.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Sriracha Packet	79058	1 each	200	9.000	1.701
Total			5000		
Weighted Daily Average				633.003*	105.397*
% of Calories					66.601%

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