## **Nutrient Detail Report**

**Organization:** Garden Grove USD **Session:** 2024-2025 School Year

Menu: 2024-2025 Intermediate Breakfast Menu

Number Source: Planned Dates: 09-02-2024 to 09-30-2024

## **Nutrient Summary**

Date(s): 09-02-2024 to 09-30-2024

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	537.466		400 min / 550 max	Pass		
Protein (g)	16.171	12.035%				
Total Fat (g)	15.877	26.587%				
Saturated Fat (g)	6.573	11.007%	< 10%	Fail	1.007	Too much Saturated Fat (11.01 of 10.00)
Trans Fat (g)	0.000*					
Carbohydrates (g)	84.549	62.924%				
Cholesterol (mg)	97.055*					
Sodium (mg)	528.896		≤ 600	Pass		
Potassium (mg)	230.385*					
Fiber (g)	4.728*					
Sugars (g)	52.282*					
Added Sugars (g)	6.247*	4.649%				
Iron (g)	2.256*					
Calcium (mg)	321.112*					
Vitamin A (IU)	697.527*					
Vitamin C (mg)	30.423*					
Vitamin D (mcg)	0.531*				_	

<sup>\*</sup> Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 09-03-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)	
Breakfast Entree						
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667	
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274	
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886	
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690	
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200	
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331	
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331	
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000	
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500	
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000	
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500	
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286	
Fruit						
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974	
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800	
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000	
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000	
Milk				1		
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000	
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000	
Misc.					1	
Ketchup	78887	1 tablespoon	200	20.000	4.000	
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000	
Total			1000			
Weighted Daily Average				537.466	84.549	
% of Calories					62.924%	

<sup>\*</sup> Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 09-04-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				537.466	84.549
% of Calories				· · · · · · · · · · · · · · · · · · ·	62.924%

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 09-05-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree	Trecipe #	i ordon olze	i ian Quantity	Daiories (Real)	carbonydrates (g)
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286
Fruit	•				
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total 1000					
Weighted Daily Average					84.549
% of Calories					62.924%

<sup>\*</sup> Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 09-06-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				537.466	84.549
% of Calories					62.924%

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 09-09-2024

Breakfast Entree   Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.5G   1617430   1 serving/2 links + 3 french toast sticks   50   360.000   48.667   360.000   48.667   360.000   360.000   37.500   360.000				I	T	
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.55G   1617430   1 serving/2 links + 3 french toast sticks   50   360.000   48.667   Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2.66   78875   1 serving   50   461.741   35.274   35.274   Surrito, Breakfast, Egg, Potato & Cheese 2.5M/2.66   78775   1 serving   50   558.657   43.886   36.000   39.690	Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G   79884   1 each   50   461.741   35.274		1617420	1 convince/2 links + 2 franch toget sticks	50	360,000	19 667
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G 78775 1 serving 50 558.657 43.886 Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2.6G 78727 1 serving 50 478.320 39.690 Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G 78746 1 serving 50 586.477 43.200 Homemade Banana Bread Muffin 2G 1434500 1 each 50 50.77.75 80.331 Homemade Choc Chip Banana Bread Muffin 2G 1434501 1 each 100 570.775 90.331 Bandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G 78843 1 each 100 320.000 32.000 Breakfast Bars, Assorted 2G 78866 1 each 200 285.000 47.500 Pan Dulce, Assorted 2G 78803 1 each 150 200.000 34.000 Pop Tart & String Cheese 1M/1G 78843 1 serving 100 260.000 37.500 Cereal w/ String Cheese 1M/1G 78843 1 serving 50 187.143 23.286 Fruit Fruit, Fresh, Assorted (BKF) 78657 1 each 400 81.357 20.974 Fruit Cup, Assorted 78652 0.5 cup 200 82.200 19.800 Juice, Assorted 4 oz, Clearbrook Farms 1221539 1 each 700 60.000 14.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 400 120.000 23.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 400 120.000 23.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 400 120.000 23.000 Milksc.	<u> </u>					
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G 78727 1 serving 50 478.320 39.690  Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G 78746 1 serving 50 586.477 43.200  Homemade Banana Bread Muffin 2G 1434500 1 each 50 500.775 80.331  Homemade Choc Chip Banana Bread Muffin 2G 1434501 1 each 100 570.775 90.331  Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G 78843 1 each 100 320.000 32.000  Breakfast Bars, Assorted 2G 78803 1 each 150 200.000 34.000  Pop Tart & String Cheese 1M/1G 78821 1 serving 100 260.000 37.500  Cereal w/ String Cheese 1M/1G 78843 1 serving 50 187.143 23.286  Fruit Fruit, Fresh, Assorted (BKF) 78657 1 each 400 81.357 20.974  Fruit Cup, Assorted (BKF) 78652 0.5 cup 200 82.200 19.800  Dried Fruit, Assorted 50 76832 1 each 100 112.500 28.000  Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 200 120.000 14.000  Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 200 120.000 20.000  Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 200 120.000 23.000  Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 200 120.000 23.000  Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 200 120.000 23.000  Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 200 120.000 23.000  Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 200 20.000 4.000  Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 200 20.000 4.000  Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 200 20.000 4.000						
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G 78746 1 serving 50 586.477 43.200 Homemade Banana Bread Muffin 2G 1434500 1 each 50 500.775 80.331 Homemade Choc Chip Banana Bread Muffin 2G 1434501 1 each 100 570.775 90.331 Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/16 78843 1 each 100 320.000 32.000 Para Dulce, Assorted 2G 78860 1 each 150 200.000 34.000 Pop Tart & String Cheese 1M/1G 78821 1 serving 100 260.000 37.500 Cereal w/ String Cheese 1M/1G 78643 1 serving 50 187.143 23.286 Fruit Freit, Fresh, Assorted (BKF) 78657 1 each 400 81.357 20.974 Fruit Cup, Assorted (BKF) 78652 1 each 400 81.357 20.974 Fruit Cup, Assorted 78625 0.5 cup 200 82.200 19.800 Dried Fruit, Assorted 78632 1 each 100 112.500 28.000 Juice, Assorted, 4 oz, Clearbrook Farms 1221539 1 each 700 60.000 14.000 Milk, Low Fat, Clearbrook Farms 1225774 1 each 200 120.000 23.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1225774 1 each 400 120.000 23.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1225774 1 each 400 120.000 23.000 Milk, Chocolate, Fat-free, Clearbrook Farms 1221537 1 each 400 120.000 40.000 Milk.			•			
Homemade Banana Bread Muffin 2G	, , , , , , , , , , , , , , , , , , , ,		C			
Homemade Choc Chip Banana Bread Muffin 2G	Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G					
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G         78843         1 each         100         320.000         32.000           Breakfast Bars, Assorted 2G         78866         1 each         200         285.000         47.500           Pan Dulce, Assorted 2G         78803         1 each         150         200.000         34.000           Pop Tart & String Cheese 1M/1G         78821         1 serving         100         260.000         37.500           Cereal w/ String Cheese 1M/1G         78643         1 serving         50         187.143         23.286           Fruit         Fruit, Fresh, Assorted (BKF)         78657         1 each         400         81.357         20.974           Fruit Cup, Assorted         78625         0.5 cup         200         82.200         19.800           Dried Fruit, Assorted, 4 oz, Clearbrook Farms         1221539         1 each         100         112.500         28.000           Julice, Assorted, 4 oz, Clearbrook Farms         1225774         1 each         200         120.000         16.000           Milk, 1% Low Fat, Clearbrook Farms         1225774         1 each         400         120.000         23.000           Milks.         Ketchup         7887         1 tablespoon<	Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Breakfast Bars, Assorted 2G         78866         1 each         200         285.000         47.500           Pan Duice, Assorted 2G         78803         1 each         150         200.000         34.000           Pop Tart & String Cheese 1M/1G         78821         1 serving         100         260.000         37.500           Cereal w/ String Cheese 1M/1G         78643         1 serving         50         187.143         23.286           Fruit         Fruit, Fresh, Assorted (BKF)         78657         1 each         400         81.357         20.974           Fruit Cup, Assorted         78625         0.5 cup         200         82.200         19.800           Dried Fruit, Assorted, 4 oz, Clearbrook Farms         78632         1 each         100         112.500         28.000           Julice, Assorted, 4 oz, Clearbrook Farms         1221539         1 each         700         60.000         14.000           Milk, 1% Low Fat, Clearbrook Farms         1225774         1 each         200         120.000         16.000           Milk, Chocolate, Fat-free, Clearbrook Farms         1221537         1 each         400         120.000         23.000           Misc.         Ketchup         7887         1 tablespoon         200	Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Pan Dulce, Assorted 2G         78803         1 each         150         200.000         34.000           Pop Tart & String Cheese 1M/1G         78821         1 serving         100         260.000         37.500           Cereal w/ String Cheese 1M/1G         78643         1 serving         50         187.143         23.286           Fruit         Fruit, Fresh, Assorted (BKF)         78657         1 each         400         81.357         20.974           Fruit Cup, Assorted         78625         0.5 cup         200         82.200         19.800           Dried Fruit, Assorted         78632         1 each         100         112.500         28.000           Julce, Assorted, 4 oz, Clearbrook Farms         1221539         1 each         700         60.000         14.000           Milk, 1% Low Fat, Clearbrook Farms         1225774         1 each         200         120.000         16.000           Milk, Chocolate, Fat-free, Clearbrook Farms         1221537         1 each         400         120.000         23.000           Misc.           Ketchup         7887         1 tablespoon         200         20.000         4.000	Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Pop Tart & String Cheese 1M/1G         78821         1 serving         100         260.000         37.500           Cereal w/ String Cheese 1M/1G         78643         1 serving         50         187.143         23.286           Fruit         Fruit, Fresh, Assorted (BKF)         78657         1 each         400         81.357         20.974           Fruit Cup, Assorted         78625         0.5 cup         200         82.200         19.800           Dried Fruit, Assorted         78632         1 each         100         112.500         28.000           Juice, Assorted, 4 oz, Clearbrook Farms         1221539         1 each         700         60.000         14.000           Milk, 1% Low Fat, Clearbrook Farms         1225774         1 each         200         120.000         16.000           Milk, Chocolate, Fat-free, Clearbrook Farms         1221537         1 each         400         120.000         23.000           Misc.           Ketchup         78887         1 tablespoon         200         20.000         4.000	Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Cereal w/ String Cheese 1M/1G         78643         1 serving         50         187.143         23.286           Fruit         Fruit, Fresh, Assorted (BKF)         78657         1 each         400         81.357         20.974           Fruit Cup, Assorted         78625         0.5 cup         200         82.200         19.800           Dried Fruit, Assorted         78632         1 each         100         112.500         28.000           Juice, Assorted, 4 oz, Clearbrook Farms         1221539         1 each         700         60.000         14.000           Milk, 1% Low Fat, Clearbrook Farms         1225774         1 each         200         120.000         16.000           Milk, Chocolate, Fat-free, Clearbrook Farms         1221537         1 each         400         120.000         23.000           Misc.           Ketchup         7887         1 tablespoon         200         20.000         4.000	Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Fruit           Fruit, Fresh, Assorted (BKF)         78657         1 each         400         81.357         20.974           Fruit Cup, Assorted         78625         0.5 cup         200         82.200         19.800           Dried Fruit, Assorted         78632         1 each         100         112.500         28.000           Juice, Assorted, 4 oz, Clearbrook Farms         1221539         1 each         700         60.000         14.000           Milk, 1% Low Fat, Clearbrook Farms         1225774         1 each         200         120.000         16.000           Milk, Chocolate, Fat-free, Clearbrook Farms         1221537         1 each         400         120.000         23.000           Misc.           Ketchup         7887         1 tablespoon         200         20.000         4.000	Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Fruit, Fresh, Assorted (BKF)     78657     1 each     400     81.357     20.974       Fruit Cup, Assorted     78625     0.5 cup     200     82.200     19.800       Dried Fruit, Assorted     78632     1 each     100     112.500     28.000       Juice, Assorted, 4 oz, Clearbrook Farms     1221539     1 each     700     60.000     14.000       Milk, 1% Low Fat, Clearbrook Farms     1225774     1 each     200     120.000     16.000       Milk, Chocolate, Fat-free, Clearbrook Farms     1221537     1 each     400     120.000     23.000       Misc.       Ketchup     7887     1 tablespoon     200     20.000     4.000	Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286
Fruit Cup, Assorted         78625         0.5 cup         200         82.200         19.800           Dried Fruit, Assorted         78632         1 each         100         112.500         28.000           Juice, Assorted, 4 oz, Clearbrook Farms         1221539         1 each         700         60.000         14.000           Milk, 1% Low Fat, Clearbrook Farms         1225774         1 each         200         120.000         16.000           Milk, Chocolate, Fat-free, Clearbrook Farms         1221537         1 each         400         120.000         23.000           Misc.           Ketchup         78887         1 tablespoon         200         20.000         4.000	Fruit					
Dried Fruit, Assorted         78632         1 each         100         112.500         28.000           Juice, Assorted, 4 oz, Clearbrook Farms         1221539         1 each         700         60.000         14.000           Milk, 1% Low Fat, Clearbrook Farms         1225774         1 each         200         120.000         16.000           Milk, Chocolate, Fat-free, Clearbrook Farms         1221537         1 each         400         120.000         23.000           Misc.           Ketchup         7887         1 tablespoon         200         20.000         4.000	Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Juice, Assorted, 4 oz, Clearbrook Farms     1221539 1 each     700     60.000     14.000       Milk, 1% Low Fat, Clearbrook Farms     1225774 1 each     200     120.000     16.000       Milk, Chocolate, Fat-free, Clearbrook Farms     1221537 1 each     400     120.000     23.000       Misc.       Ketchup     7887 1 tablespoon     200     20.000     4.000	Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Milk           Milk, 1% Low Fat, Clearbrook Farms         1225774   each         200   120.000   16.000           Milk, Chocolate, Fat-free, Clearbrook Farms         1221537   each         400   120.000   23.000           Misc.         Ketchup         7887   1 tablespoon         200   20.000   4.000	Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Milk, 1% Low Fat, Clearbrook Farms         1225774   each         200         120.000         16.000           Milk, Chocolate, Fat-free, Clearbrook Farms         1221537   each         400         120.000         23.000           Misc.           Ketchup         7887   1 tablespoon         200   20.000   4.000	Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk, Chocolate, Fat-free, Clearbrook Farms         1221537 1 each         400         120.000         23.000           Misc.           Ketchup         7887 1 tablespoon         200         20.000         4.000	Milk					
Misc.           Ketchup         7887         1 tablespoon         200         20.000         4.000	Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Ketchup         7887         1 tablespoon         200         20.000         4.000	Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
	Misc.					
Hot Sauce (Del Sol) 79899   1 packet 100 5.000 1.000	Ketchup	78887	1 tablespoon	200	20.000	4.000
	Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total 1000	Total 1000					
Weighted Daily Average         537.466         84.549	Weighted Daily Average					84.549
% of Calories 62.924%	% of Calories		·			62.924%

<sup>\*</sup> Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 09-10-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)				
Breakfast Entree									
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667				
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274				
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886				
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690				
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200				
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331				
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331				
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000				
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500				
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000				
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500				
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286				
Fruit									
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974				
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800				
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000				
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000				

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				537.466	84.549
% of Calories					62.924%

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 09-11-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				537.466	84.549
% of Calories					62.924%

<sup>\*</sup> Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 09-12-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk	•				
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total	•	-	1000		

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Weighted Daily Average				537.466	84.549
% of Calories					62.924%

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 09-13-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286
Fruit					•
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.			T		1
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total 1000					
Weighted Daily Average				537.466	84.549
% of Calories					62.924%

<sup>\*</sup> Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 09-16-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk	_				
Milk, 1% Low Fat, Clearbrook Farms	1225774		200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.	1			1	I
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total 1000					
Weighted Daily Average	•			537.466	84.549
% of Calories					62.924%

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 09-17-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree	•				
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk	•				
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.	T				1
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total		<u>-</u>	1000		
Weighted Daily Average				537.466	84.549
% of Calories		·			62.924%

<sup>\*</sup> Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 09-18-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree				` ` ` ` ` ` ` ` ` ` ` ` ` ` ` ` ` ` `	<b>J</b> (6)
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk	,				
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.	1			,	
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				537.466	84.549
% of Calories					62.924%

<sup>\*</sup> Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 09-19-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				537.466	84.549
% of Calories					62.924%

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 09-20-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree	· · · · ·		<u> </u>		(g/
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				537.466	84.549
% of Calories					62.924%

<sup>\*</sup> Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 09-23-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)				
Breakfast Entree									
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667				
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274				
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886				
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690				
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200				
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331				
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331				
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000				
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500				
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000				
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500				

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average	•		•	537.466	84.549
% of Calories		·			62.924%

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 09-24-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree	recorpe #	1 Official Office	rian Quantity	outeries (Rout)	carbony arates (g)
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total			1000		
Weighted Daily Average				537.466	84.549
% of Calories					62.924%

<sup>\*</sup> Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 09-25-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Breakfast Entree					
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286
Fruit					
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000
Milk					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000
Misc.					
Ketchup	78887	1 tablespoon	200	20.000	4.000
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000
Total 1000					
Weighted Daily Average 537.466					84.549
% of Calories					62.924%

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 09-26-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)		
Breakfast Entree							
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667		
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274		
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886		
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690		
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200		
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331		
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331		
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000		
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500		
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000		
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500		
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286		
Fruit							
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974		
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800		
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000		
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000		
Milk							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000		
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000		
Misc.							
Ketchup	78887	1 tablespoon	200	20.000	4.000		
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000		
Total 1000							
Weighted Daily Average				537.466	84.549		
% of Calories					62.924%		

<sup>\*</sup> Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail Date: 09-27-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)		
Breakfast Entree							
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667		
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274		
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886		
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690		
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200		
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331		
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331		
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000		
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500		
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000		
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500		
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286		
Fruit							
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974		
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800		
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000		
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000		
Milk							
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000		
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000		
Misc.							
Ketchup	78887	1 tablespoon	200	20.000	4.000		
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000		
Total			1000				
Weighted Daily Average				537.466	84.549		

Recipe Name	Recipe #	Portion Size	Plan Quantity Calories (kcal)	Carbohydrates (g)
of Calories				62.924%

<sup>\*</sup> Indicates missing Nutrient Information.

Menu Detail Date: 09-30-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (g)		
Breakfast Entree							
Pork Sausage Links (2) & French Toast Sticks (3) & Syrup 2.25M/2.25G	1617430	1 serving/2 links + 3 french toast sticks	50	360.000	48.667		
Sandwich, Breakfast, Sausage, Egg & Cheese 3.25M/2G	79884	1 each	50	461.741	35.274		
Burrito, Breakfast, Egg, Potato & Cheese 2.5M/2.5G	78775	1 serving	50	558.657	43.886		
Burrito, Breakfast, Egg, Ham, Potato & Cheese 2.25M/2G	78727	1 serving	50	478.320	39.690		
Burrito, Breakfast, Sausage, Egg & Cheese 3.75M/2.5G	78746	1 serving	50	586.477	43.200		
Homemade Banana Bread Muffin 2G	1434500	1 each	50	500.775	80.331		
Homemade Choc Chip Banana Bread Muffin 2G	1434501	1 each	100	570.775	90.331		
Sandwich, Peanut Butter & Jelly Uncrustables, 2.6 oz, Assorted (BREAKFAST) 1M/1G	78843	1 each	100	320.000	32.000		
Breakfast Bars, Assorted 2G	78866	1 each	200	285.000	47.500		
Pan Dulce, Assorted 2G	78803	1 each	150	200.000	34.000		
Pop Tart & String Cheese 1M/1G	78821	1 serving	100	260.000	37.500		
Cereal w/ String Cheese 1M/1G	78643	1 serving	50	187.143	23.286		
Fruit	,						
Fruit, Fresh, Assorted (BKF)	78657	1 each	400	81.357	20.974		
Fruit Cup, Assorted	78625	0.5 cup	200	82.200	19.800		
Dried Fruit, Assorted	78632	1 each	100	112.500	28.000		
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	700	60.000	14.000		
Milk				1			
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000		
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	1 each	400	120.000	23.000		
Misc.							
Ketchup	78887	1 tablespoon	200	20.000	4.000		
Hot Sauce (Del Sol)	79899	1 packet	100	5.000	1.000		
Total 1000							
Weighted Daily Average				537.466	84.549		
% of Calories					62.924%		

<sup>\*</sup> Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.