

# OFFERED DAILY BREAKFAST

Berry Banana Yogurt Smoothie & Pretzels  
*(Seasonal)*

Pork Sausage Links with French Toast & Syrup

Turkey Sausage Breakfast Pizza

Homemade Breakfast Sandwich

pork sausage/egg/cheese/english muffin

Homemade Burritos

*chicken & rice*

*pork sausage/egg/cheese/potato*

*egg/cheese/potato*

Peanut Butter & Jelly Uncrustables Sandwich

Breakfast Bars

Pan Dulce

Pop Tart & String Cheese

Yogurt Parfait with Granola

## LUNCH

SPECIAL OF THE DAY (see back page)

Orange Chicken Rice Bowl

Domino's or Papa John's Pizza

Hamburger/Cheeseburger with Fries

Spicy Chicken Burger with Fries

Chef Salad

Homemade Turkey Sandwiches

Spicy Chicken Wrap

PB & Jelly Uncrustables Sandwich

Yogurt Parfait with Fruit & Granola

## SIDES & BEVERAGES

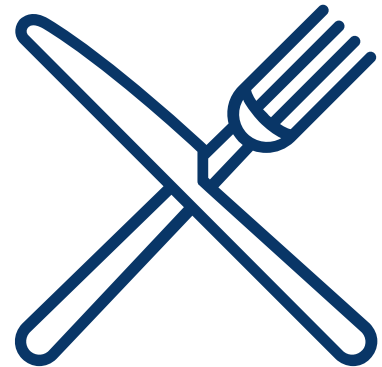
1% Low-fat Unflavored Milk or Fat-free  
Chocolate Milk

100% Fruit Juice

Assorted Fruits

Assorted Vegetables (lunch only)

*Menu subject to change based on product availability.*



**2022-2023  
GGUSD**

**HIGH SCHOOL  
MENU**



# DAILY LUNCH SPECIALS

## SEPTEMBER 2022



MON	TUES	WED	THURS	FRI
			1 General Tso Chicken Fried Rice Chocolate Chip Cookie	2 Chicken Box Spicy Wedges Dinner Roll
5  HAPPY LABOR DAY	6 Spaghetti with Meat Sauce Cheesy Bread Stick	7 Nacho Cheese with Taco Meat Tortilla Chips	8 Tuscan Chicken Pasta Cheesy Breadstick	9 Seasoned Popcorn Chicken Waffle Cut Fries Sweet Chili Sauce Chocolate Chip Cookie
12 Beef Hot Dog Spicy Wedges	13 Teriyaki Chicken with Garlic Noodles Topped with Scallions	14 Bacon Western Cheeseburger Assorted Chips BBQ Sauce	15 General Tso Chicken Fried Rice Chocolate Chip Cookie	16 Chicken Box Spicy Wedges Dinner Roll
19 Marinara Meatball Sandwich on Sub Roll	20 Tuscan Chicken Pasta Cheesy Breadstick	21 Nacho Cheese with Taco Meat Tortilla Chips	22 Spaghetti with Meat Sauce Cheesy Bread Stick	23 Seasoned Popcorn Chicken Waffle Cut Fries Sweet Chili Sauce
26 Beef Hot Dog Spicy Wedges	27 Teriyaki Chicken with Garlic Noodles Topped with Scallions	28 Bacon Western Cheeseburger Assorted Chips BBQ Sauce	29 General Tso Chicken Fried Rice Chocolate Chip Cookie	30  Chicken Box Spicy Wedges Dinner Roll

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This institution is an equal opportunity employer and provider.



**Adult/Ala Carte**  
Breakfast: \$3.00  
Lunch: \$5.00

Scan QR code to  
download menu



Meals are available for all  
GGUSD students at no cost.

For more information about our menus, please visit:  
[gardengrove.healtheliving.net](http://gardengrove.healtheliving.net)



Quote of the  
Month  
"Never let the fear of  
striking out stop you  
from playing the game"  
-Babe Ruth