



# SEPTEMBER 2022

# PRESCHOOL BREAKFAST & LUNCH MENU



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

**SCHOOL BREAKFAST AND LUNCH IS AVAILABLE TO ALL STUDENTS AT NO CHARGE!**

Our district is committed to providing every student with the tools they need to succeed, including nutritious meals they enjoy! The Community Eligibility Provision ensures all students have access to healthy school meals at no cost.

Please complete a **School Funding Data Collection form** annually to ensure your child's school gets the funding it deserves. The form can be completed online at: [gardengrove.healtheliving.net](http://gardengrove.healtheliving.net)



1

### Breakfast

Cheese Croissant Sandwich

### Lunch

Beef Meatballs in Marinara Sauce with Garlic Knot Roll  
Mixed Vegetables  
Fruit Cup

2

### Breakfast

Pork Sausage Links\* with Pancake & Syrup

### Lunch

Cheese French Bread Pizza  
Edamame  
Fresh Orange Slices

5

### Breakfast

Cereal with String Cheese

### Lunch

Chicken Corn Dog  
Steamed Corn  
Diced Peaches

6

### Breakfast

Trix Yogurt with Mini Banana Muffin

### Lunch

Spaghetti with Meat Sauce & Cheesy Breadstick  
Steamed Green Peas  
Fresh Apple Slices

7

8

### Breakfast

Mini Chocolate Chip French Toast Bites

### Lunch

Breaded Chicken Patty Sandwich  
Steamed Corn  
Fruit Cup

9

### Breakfast

Waffle Battered Chicken Bites & Syrup

### Lunch

Turkey Taco Pocket  
Edamame  
Fresh Orange Slices

HELLO Autumn



**=CONTAINS PORK**

### ADDITIONAL MENU INFO

**Breakfast** is served with choice of fruit, 100% fruit juice, and 1% low-fat unflavored milk.

**Lunch** is served with a variety of fruits & vegetables, and 1% low-fat unflavored milk.



[GARDENGROVE.HEALTHELIVING.NET](http://GARDENGROVE.HEALTHELIVING.NET)



12

**Breakfast**

Cereal with String Cheese

**Lunch**

Grilled Bean & Cheese Burrito  
Steamed Corn  
Diced Peaches

13

**Breakfast**

Turkey Sausage Pizza

**Lunch**

Mini Cheeseburger Sliders  
Cucumber Coins  
Fresh Banana

14

**Breakfast**

Cereal with String Cheese

**Lunch**

Chicken Nuggets  
Baked Potato Smiles  
Fresh Apple Slices

15

**Breakfast**

Cheese Croissant Sandwich

**Lunch**

Teriyaki Beef Dippers with  
Vegetable Fried Rice  
Mixed Vegetables  
Fruit Cup

16

**Breakfast**

Pork Sausage Links\*  
with Pancake & Syrup

**Lunch**

Cheese Personal Pizza  
Edamame  
Fresh Orange Slices

19

**Breakfast**

Cereal with String Cheese

**Lunch**

Macaroni & Cheese  
Steamed Corn  
Diced Peaches

20

**Breakfast**

Bagel Cheese Pizza

**Lunch**

Pork Sausage Patties\*  
with Belgian Waffle & Syrup  
Cucumber Coins  
Fresh Banana

21

**Breakfast**

Trix Yogurt with Mini  
Blueberry Muffin

**Lunch**

Cheesy Pull Apart Bread  
with Marinara Sauce Cup  
Green Salad  
Fresh Apple Slices

22

**Breakfast**

Mini Chocolate Chip  
French Toast Bites

**Lunch**

Chicken Tenders  
Steamed Corn  
Fruit Cup

23

**Breakfast**

Waffle Battered Chicken  
Bites & Syrup

**Lunch**

Chicken Double Dogs  
Edamame  
Fresh Orange Slices

26

**Breakfast**

Cereal with String Cheese

**Lunch**

Sicilian Cheese Calzone  
Steamed Corn  
Diced Peaches

27

**Breakfast**

Turkey Sausage Pizza

**Lunch**

Breaded Popcorn Chicken  
Cucumber Coins  
Fresh Banana

28

**Breakfast**

Trix Yogurt with Mini Banana  
Muffin

**Lunch**

Hamburger  
Green Salad  
Fresh Apple Slices

29

**Breakfast**

Cereal with String Cheese

**Lunch**

Beef Soft Taco  
Steamed Corn  
Fruit Cup

30

**Breakfast**

Pork Sausage Links\*  
with Pancake & Syrup

**Lunch**

Cheese French Bread Pizza  
Edamame  
Fresh Orange Slices

**This institution is an equal opportunity provider. Menu is subject to change depending on product availability.**

**Adult/Non-GGUSD  
Student/Ala Carte Pricing  
Breakfast: \$3.00  
Lunch: \$5.00**

**SCHOOL MEALS INCLUDE: WHOLE GRAIN RICH ITEMS, PROTEIN, MILK, FRUIT, AND VEGETABLES**

