

OFFERED DAILY

BREAKFAST

Berry Banana Yogurt Smoothie & Crackers

Tropical Fruit Yogurt Smoothie & Crackers

Turkey Sausage Breakfast Pizza

Homemade Breakfast Sandwich

pork sausage/egg/cheese/english muffin

Homemade Burritos

chicken & rice

pork sausage/egg/cheese/potato

egg/cheese/potato

Peanut Butter & Jelly Uncrustables Sandwich

Breakfast Bars

Pan Dulce

Pop Tart & String Cheese

Yogurt Parfait with Granola

LUNCH

SPECIAL OF THE DAY (see back page)

Orange Chicken Rice Bowl

Domino's or Papa John's Pizza

Hamburger/Cheeseburger with Fries

Spicy Chicken Sandwich with Fries

Chef Salad

Chinese Chicken Salad

Homemade Turkey Sandwiches

Asian Chicken Wrap

PB & Jelly Uncrustables Sandwich

Yogurt Parfait with Fruit & Granola

SIDES & BEVERAGES

1% Low-fat Unflavored Milk or Fat-free

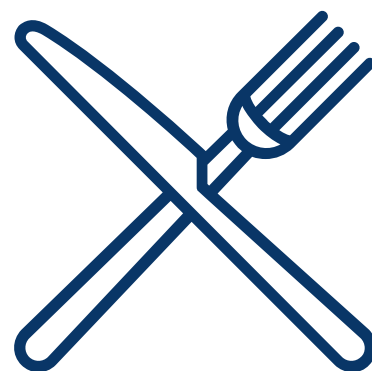
Chocolate Milk

100% Fruit Juice

Assorted Fruits

Assorted Vegetables (lunch only)

Menu subject to change based on product availability.



2023-2024 GGUSD

HIGH SCHOOL MENU



DAILY LUNCH SPECIALS

SEPTEMBER 2023



MON

TUES

WED

THURS

FRI



1
Seasoned Popcorn Chicken
Waffle Cut Fries
Sweet Chili Sauce
Chocolate Chip Cookie



5
Chicken Fillet Sandwich
Pickles
Cherry/Lime Italian Ice Cup

6
Shake Ramen
Chicken
or
Tofu & Edamame

7
Bone-In Chicken Wings
Drizzled with Buffalo and
Homemade Ranch Dressing
Dinner Roll

8
Breaded Chicken Bites
Crinkle Cut Fries
Special Dipping Sauce
Texas Toast

11
General Tso Chicken
Fried Rice
Chocolate Chip Cookie

12
Chicken Alfredo with
Penne Pasta
Garlic Knot Roll

13
Bacon Western Cheeseburger
Assorted Chips
BBQ Sauce

14
Spaghetti with Meat Sauce
Cheesy Bread Stick

15
Seasoned Popcorn Chicken
Waffle Cut Fries
Sweet Chili Sauce
Chocolate Chip Cookie



18
Chicken Fillet Sandwich
Pickles
Cherry/Lime Italian Ice Cup

19
Teriyaki Chicken with Garlic
Noodles
Topped with Scallions

20
Bone-In Chicken Wings
Drizzled with Buffalo and
Homemade Ranch Dressing
Dinner Roll

21
Tuscan Chicken Pasta
Cheesy Breadstick

22
Breaded Chicken Bites
Crinkle Cut Fries
Special Dipping Sauce
Texas Toast



25
General Tso Chicken
Fried Rice
Chocolate Chip Cookie

26
Chicken Alfredo with
Penne Pasta
Garlic Knot Roll



27
Bacon Western Cheeseburger
Assorted Chips
BBQ Sauce

28
Spaghetti with Meat Sauce
Cheesy Bread Stick

29
Seasoned Popcorn Chicken
Waffle Cut Fries
Sweet Chili Sauce
Chocolate Chip Cookie

GARDENGROVE.HEALTHELIVING.NET

This institution is an equal opportunity
employer and provider.



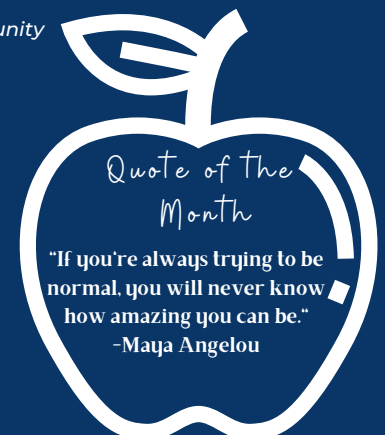
Adult/Ala Carte
Breakfast: \$4.50
Lunch: \$6.25

Scan QR code to
download menu



Meals are available for all
GGUSD students at no cost.

For more information about our menus, please visit:
gardengrove.healtheliving.net.



Quote of The
Month

"If you're always trying to be
normal, you will never know
how amazing you can be."
-Maya Angelou