



SEPTEMBER 2023

MARK TWAIN BREAKFAST & LUNCH MENU

**MONDAY****TUESDAY****WEDNESDAY****THURSDAY****FRIDAY**

Farm to School

Old Grove Orange, a collective of small growers in SoCal is our featured farm this month!

Enjoy their delicious Valencia oranges every Friday in September. In addition to the daily offerings on our salad bar, we also have nectarines, plums and plumcots available throughout the month from other local farms!

**1****Breakfast**

Assorted Pan Dulce

Lunch

Turkey Sausage Pizza
Steamed Green Peas
Chilled Fruit Cup

4**Breakfast**

Trix Yogurt with Mini Muffin

Lunch

Grilled Cheese Sandwich
Steamed Green Peas
Chilled Fruit Cup

5**Breakfast**

Cereal with String Cheese

Lunch

Breaded Popcorn Chicken
Mashed Potatoes
Dinner Roll
Chilled Fruit Cup

6**Breakfast**

Banana Bread Square

Lunch

Buttered Noodles with Chicken
Steamed Broccoli
Chilled Fruit Cup

7**8****Breakfast**

Chocolate Chip Muffin

Lunch

Turkey Taco Pocket
Refried Beans
Chilled Fruit Cup
Brownie Cup

***=CONTAINS PORK**

ADDITIONAL MENU INFO

Breakfast is served with choice of fruit, 100% fruit juice, 1% low-fat unflavored or fat-free chocolate milk.

Lunch is served with a variety of fruits and vegetables, 100% fruit juice, and 1% low-fat unflavored or fat-free chocolate milk.



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What's in season?



Apples, plums, grapes, figs, green beans, tomatoes, bell peppers, and eggplants are in season in September!

11

Breakfast

Trix Yogurt with Mini Muffin

Lunch

Turkey Sausage Pizza
Steamed Green Peas
Chilled Fruit Cup

12

Breakfast

Cinnamon Roll with Glaze

Lunch

Pork Sausage Patties*
with French Toast
Steamed Carrots
Chilled Fruit Cup

13

Breakfast

Cereal with String Cheese

Lunch

Hamburger
Mashed Potatoes
Cool Ranch Doritos
Fresh Banana

14

Breakfast

Trix Yogurt with Mini Muffin

Lunch

Chicken Tenders (4 pcs) 
Steamed Broccoli
Chilled Fruit Cup

15

Breakfast

Assorted Pan Dulce

Lunch

Pork & Cheese Tamale*
Refried Beans
Chilled Fruit Cup

18

Breakfast

Trix Yogurt with Mini Muffin

Lunch

Turkey Gravy with
Mashed Potatoes
Dinner Roll
Chilled Fruit Cup

19

Breakfast

Banana Bread Square

Lunch

Chicken Tenders (4 pcs)
Mashed Potatoes
Chilled Fruit Cup
Birthday Graham Crackers

20

Breakfast

Cereal with String Cheese

Lunch

Spaghetti with Meat Sauce
& Cheesy Breadstick
Steamed Broccoli
Fresh Banana

21

Breakfast

Trix Yogurt with Mini Muffin

Lunch

Breaded Chicken Drumstick
with Belgian Waffles
Steamed Carrots
Chilled Fruit Cup

22

Breakfast

Chocolate Chip Muffin

Lunch

Turkey Sausage Pizza
Steamed Green Peas
Chilled Fruit Cup

25

Breakfast

Trix Yogurt with Mini Muffin

Lunch

Mini Cheeseburger Sliders
Mashed Potatoes
Chilled Fruit Cup

26

Breakfast

Cinnamon Roll with Glaze

Lunch

Macaroni & Cheese
Mashed Sweet Potatoes
Chilled Fruit Cup
Chocolate Chip Cookie

27

Breakfast

Cereal with String Cheese

Lunch

Breaded Chicken Fillet Sandwich
Steamed Carrots
Chilled Fruit Cup
Goldfish Mickey Crackers

28

Breakfast

Trix Yogurt with Mini Muffin

Lunch

Marinara Meatballs
with Garlic Knot Roll
Steamed Broccoli
Chilled Fruit Cup

29

Breakfast

Assorted Pan Dulce

Lunch

Turkey Sausage Pizza
Steamed Green Peas
Chilled Fruit Cup

**This institution is an equal opportunity provider.
Menu is subject to change depending on product availability.**

School meals include:
whole grain rich items, protein,
milk, fruits, and vegetables

**Adult/Non-GGUSD
Student/Ala Carte Pricing
Breakfast: \$4.50
Lunch: \$6.25**

