

# Nutrient Detail Report

**Organization:** Garden Grove USD  
**Session:** 2024-2025 School Year  
**Menu:** 2024-2025 Afterschool Snack Menu  
**Number Source:** Planned  
**Dates:** 09-03-2024 to 09-30-2024

## Nutrient Summary

Date(s): 09-03-2024 to 09-30-2024

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	213.000					
Protein (g)	2.500	4.695%				
Total Fat (g)	4.267	18.028%				
Saturated Fat (g)	1.143	4.831%				
Trans Fat (g)	0.000					
Carbohydrates (g)	41.100	77.183%				
Cholesterol (mg)	1.833					
Sodium (mg)	151.333					
Potassium (mg)	289.333*					
Fiber (g)	1.133					
Sugars (g)	26.333					
Added Sugars (g)	2.533*	4.757%				
Iron (g)	0.681					
Calcium (mg)	56.000					
Vitamin A (IU)	50.000*					
Vitamin C (mg)	0.000*					
Vitamin D (mcg)	0.000*					

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 09-03-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
<b>Grains</b>							
Sun Chips, Garden Salsa 1.25G	79116	1 each	3000	140.000	1.000	19.000	150.000
<b>Total</b>			3000				
<b>Weighted Daily Average</b>				236.667	1	43	163.333
<b>% of Calories</b>					3.803%	72.676%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 09-04-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
<b>Grains</b>							
Crackers, Graham Sticks, Scooby, Cinnamon	78923	1 bag	3000	120.000	1.000	21.000	100.000
<b>Total</b>			3000				
<b>Weighted Daily Average</b>				216.667	1	45	113.333
<b>% of Calories</b>					4.154%	83.077%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 09-05-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
<b>Misc.</b>							
String Cheese 1M	78782	1 each	3000	80.000	3.500	0.000	210.000
<b>Total</b>			3000				
<b>Weighted Daily Average</b>				176.667	3.5	24	223.333
<b>% of Calories</b>					17.83%	54.34%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 09-06-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
<b>Grains</b>							
Crackers, Assorted 1G	78763	1 each	3000	116.667	1.167	19.000	135.000
<b>Total</b>			3000				
<b>Weighted Daily Average</b>				213.333	1.167	43	148.333
<b>% of Calories</b>					4.922%	80.625%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 09-09-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
<b>Desserts</b>							
Honey Belly Bear Crackers 1G	78605	1 package	3000	130.000	0.000	20.000	100.000
<b>Total</b>			3000				
<b>Weighted Daily Average</b>				226.667	0	44	113.333
<b>% of Calories</b>					0%	77.647%	

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 09-10-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
<b>Grains</b>							
Baked Cheese Cheetos 1.25G	1648134	1 each	3000	120.000	1.000	16.000	200.000
<b>Total</b>			3000				
<b>Weighted Daily Average</b>				216.667	1	40	213.333
<b>% of Calories</b>					4.154%	73.846%	

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## Menu Detail

Date: 09-11-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
<b>Grains</b>							
Chocolate Tiger Bites 1G	1648220	1 package	3000	120.000	1.000	20.000	125.000
<b>Total</b>			3000				
<b>Weighted Daily Average</b>				216.667	1	44	138.333
<b>% of Calories</b>					4.154%	81.231%	

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## Menu Detail

Date: 09-12-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
<b>Grains</b>							
Strawberry Chex Snack Mix 1G	1141496	1 package	3000	120.000	1.000	23.000	55.000
<b>Total</b>			3000				
<b>Weighted Daily Average</b>				216.667	1	47	68.333
<b>% of Calories</b>					4.154%	86.769%	

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## Menu Detail

Date: 09-13-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Grains</b>							
Crackers, Assorted 1G	78763	1 each	3000	116.667	1.167	19.000	135.000
<b>Total</b>			3000				
<b>Weighted Daily Average</b>				213.333	1.167	43	148.333
<b>% of Calories</b>					4.922%	80.625%	

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### Menu Detail

Date: 09-16-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
<b>Grains</b>							
Rainbow Goldfish Cheese Crackers 1G	78702	1 package	3000	100.000	0.600	14.000	170.000
<b>Total</b>			3000				
<b>Weighted Daily Average</b>				196.667	0.6	38	183.333
<b>% of Calories</b>					2.746%	77.288%	

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### Menu Detail

Date: 09-17-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
<b>Grains</b>							
Sun Chips, Garden Salsa 1.25G	79116	1 each	3000	140.000	1.000	19.000	150.000
<b>Total</b>			3000				
<b>Weighted Daily Average</b>				236.667	1	43	163.333
<b>% of Calories</b>					3.803%	72.676%	

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### Menu Detail

Date: 09-18-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
<b>Grains</b>							
Crackers, Graham Sticks, Scooby, Cinnamon	78923	1 bag	3000	120.000	1.000	21.000	100.000
<b>Total</b>			3000				
<b>Weighted Daily Average</b>				216.667	1	45	113.333
<b>% of Calories</b>					4.154%	83.077%	

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### Menu Detail

Date: 09-19-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
<b>Misc.</b>							
String Cheese 1M	78782	1 each	3000	80.000	3.500	0.000	210.000
<b>Total</b>			3000				
<b>Weighted Daily Average</b>				176.667	3.5	24	223.333
<b>% of Calories</b>					17.83%	54.34%	

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### Menu Detail

Date: 09-20-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
<b>Grains</b>							
Crackers, Assorted 1G	78763	1 each	3000	116.667	1.167	19.000	135.000
<b>Total</b>			3000				
<b>Weighted Daily Average</b>				213.333	1.167	43	148.333

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
% of Calories					4.922%	80.625%	

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### Menu Detail

Date: 09-23-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
<b>Desserts</b>							
Honey Belly Bear Crackers 1G	78605	1 package	3000	130.000	0.000	20.000	100.000
Total			3000				
Weighted Daily Average				226.667	0	44	113.333
% of Calories					0%	77.647%	

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### Menu Detail

Date: 09-24-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
<b>Grains</b>							
Baked Cheese Cheetos 1.25G	1648134	1 each	3000	120.000	1.000	16.000	200.000
Total			3000				
Weighted Daily Average				216.667	1	40	213.333
% of Calories					4.154%	73.846%	

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### Menu Detail

Date: 09-25-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
<b>Grains</b>							
Chocolate Tiger Bites 1G	1648220	1 package	3000	120.000	1.000	20.000	125.000
Total			3000				
Weighted Daily Average				216.667	1	44	138.333
% of Calories					4.154%	81.231%	

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### Menu Detail

Date: 09-26-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
<b>Grains</b>							
Strawberry Chex Snack Mix 1G	1141496	1 package	3000	120.000	1.000	23.000	55.000
Total			3000				
Weighted Daily Average				216.667	1	47	68.333
% of Calories					4.154%	86.769%	

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### Menu Detail

Date: 09-27-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
<b>Grains</b>							
Crackers, Assorted 1G	78763	1 each	3000	116.667	1.167	19.000	135.000
Total			3000				
Weighted Daily Average				213.333	1.167	43	148.333
% of Calories					4.922%	80.625%	

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Menu Detail

Date: 09-30-2024

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Saturated Fat (g)	Carbohydrates (g)	Sodium (mg)
<b>Fruit</b>							
Assorted Sun Cup Juice Box, 6.75 oz	1339741	1 each	3000	96.667	0.000	24.000	13.333
<b>Grains</b>							
Rainbow Goldfish Cheese Crackers 1G	78702	1 package	3000	100.000	0.600	14.000	170.000
<b>Total</b>			3000				
<b>Weighted Daily Average</b>				196.667	0.6	38	183.333
<b>% of Calories</b>					2.746%	77.288%	

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