

Medical Statement to Request Special Meals and/or Accommodations

1. School District	2. Site Name	3. Site Phone Number																											
4. Name of Child	5. Student ID#	6. Date of Birth																											
7. Name of Parent/Guardian		8. Phone Number																											
9. Description of Child's Physical or Mental Impairment Affected:																													
10. Explanation of Diet Prescription and/or Accommodation:																													
11. Indicate When Special Meals Are Needed: <input type="checkbox"/> School Breakfast <input type="checkbox"/> School Lunch <input type="checkbox"/> Special Meal is Not Needed																													
12. Indicate Food Texture for Above Child: <input type="checkbox"/> Regular <input type="checkbox"/> Chopped <input type="checkbox"/> Ground <input type="checkbox"/> Pureed																													
13. Adaptive Equipment to be Used:																													
14. Foods to be Omitted and Appropriate Substitutions: <table><thead><tr><th colspan="2">Foods to Be Omitted</th><th>Suggested Substitutions</th></tr></thead><tbody><tr><td><input type="checkbox"/> Fluid Milk to Drink</td><td><input type="checkbox"/> All Dairy Products (cheese/yogurt/milk)</td><td>_____</td></tr><tr><td><input type="checkbox"/> Wheat/Gluten</td><td><input type="checkbox"/> All Items Containing Milk as an Ing.</td><td>_____</td></tr><tr><td><input type="checkbox"/> Whole Eggs</td><td><input type="checkbox"/> All Items Containing Eggs as an Ing.</td><td>_____</td></tr><tr><td><input type="checkbox"/> Peanuts</td><td><input type="checkbox"/> Tree Nuts</td><td>_____</td></tr><tr><td><input type="checkbox"/> Whole Soy (i.e.tofu)</td><td><input type="checkbox"/> All Items Containing Soy as an Ing.</td><td>_____</td></tr><tr><td>_____</td><td></td><td>_____</td></tr><tr><td>_____</td><td></td><td>_____</td></tr><tr><td>_____</td><td></td><td>_____</td></tr></tbody></table>			Foods to Be Omitted		Suggested Substitutions	<input type="checkbox"/> Fluid Milk to Drink	<input type="checkbox"/> All Dairy Products (cheese/yogurt/milk)	_____	<input type="checkbox"/> Wheat/Gluten	<input type="checkbox"/> All Items Containing Milk as an Ing.	_____	<input type="checkbox"/> Whole Eggs	<input type="checkbox"/> All Items Containing Eggs as an Ing.	_____	<input type="checkbox"/> Peanuts	<input type="checkbox"/> Tree Nuts	_____	<input type="checkbox"/> Whole Soy (i.e.tofu)	<input type="checkbox"/> All Items Containing Soy as an Ing.	_____	_____		_____	_____		_____	_____		_____
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15. Signature of State Licensed Healthcare Professional*																													
16. Printed Name	17. Phone Number	18. Date																											

*The following state licensed healthcare professionals are permitted: licensed physicians, physician assistants, or nurse practitioners.

*This form is also considered valid with a certified digital signature.

The information on this form is required to reflect the current medical and/or nutritional needs of the child.

Instructions

1. **School District:** Print the name of the school that is providing the form to the parent/guardian.
2. **Site:** Print the name of the site where meals will be served.
3. **Site Phone Number:** Print the phone number of site where meal will be served.
4. **Name of Child:** Print the name of the child to whom the information pertains.
5. **Student ID #:** Print the 7-digit Student ID # of the child
6. **Date of Birth of Child:** Print the date of birth of the child.
7. **Name of Parent/Guardian:** Print the name of the person requesting the child's medical statement.
8. **Phone Number:** Print the phone number of parent/guardian.
9. **Description of Child's Physical or Mental Impairment Affected:** Describe how the physical or mental impairment restricts the child's diet.
10. **Explanation of Diet Prescription and/or Accommodation:** Describe a specific diet or accommodation that has been prescribed by the state licensed healthcare professional.
11. **Indicate Participating School Meal Services:** If the child does not require a special meal, check "Special Meals Are Not Needed"
12. **Indicate Texture:** If the child does not need any modification, check "Regular".
13. **Adaptive Equipment to be Used:** Describe specific equipment required to assist the child with dining (e.g., sippy cup, large handled spoon, wheelchair accessible furniture, etc.).
14. **Foods to be Omitted:** List specific foods that must be omitted.
Suggested Substitutions: List specific foods to include in the diet.
15. **Signature of State Licensed Healthcare Professional:** Signature of state licensed healthcare professional requesting the special meal or accommodation.
16. **Printed Name:** Print name of state licensed healthcare professional.
17. **Phone Number:** Phone number of state licensed healthcare professional.
18. **Date:** Date state licensed healthcare professional signed the form.

Definitions

Disability means, with respect to an individual, a physical or mental impairment that substantially limits one or more of the major life activities of such individual; a record of such an impairment; or being regarded as having such an impairment.

Physical or mental impairment means, any physiological disorder or condition, cosmetic disfigurement, or anatomical loss affecting one or more body systems, such as: neurological, musculoskeletal, special sense organs, respiratory (including speech organs), cardiovascular, reproductive, digestive, genitourinary, immune, circulatory, hemic, lymphatic, skin, and endocrine; or any mental or psychological disorder such as intellectual disability, organic brain syndrome, emotional or mental illness, and specific learning disability.

Physical or mental impairment includes, but is not limited to, contagious and noncontagious diseases and conditions such as the following: orthopedic, visual, speech, and hearing impairments, and cerebral palsy, epilepsy, muscular dystrophy, multiple sclerosis, cancer, heart disease, diabetes, intellectual disability, emotional illness, dyslexia and other specific learning disabilities, Attention Deficit Hyperactivity Disorder, Human Immunodeficiency Virus infection (whether symptomatic or asymptomatic), tuberculosis, drug addiction, and alcoholism.

Major life activities include, but are not limited to, caring for oneself, performing manual tasks, seeing, hearing, eating, sleeping, walking, standing, sitting, reaching, lifting, bending, speaking, breathing, learning, reading, concentrating, thinking, writing, communicating, interacting with others, and working; and the operation of a major bodily function.

Major bodily function includes, the operation and functions of the immune system, special sense organs and skin, normal cell growth, and digestive, genitourinary, bowel, bladder, neurological, brain, respiratory, circulatory, cardiovascular, endocrine, hemic, lymphatic, musculoskeletal, and reproductive systems. The operation of a major bodily function includes the operation of an individual organ within a body system.

USDA Nondiscrimination Statement

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its agencies, offices, employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the state or local agency that administers the program or contact USDA through the Telecommunications Relay Service at 711 (voice and TTY). Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027at:

<https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, found online at How to File a Program Discrimination Complaint and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call 866-632-9992. Submit your completed form or letter to USDA by:

1. mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Mail Stop 9410, Washington, D.C. 20250-9410;
2. fax: 202-690-7442; or
3. email: Program.Intake@usda.gov.

This institution is an equal opportunity provider.