

# Nutrient Detail Report

Organization: Garden Grove USD

Session: 2022-23 School Year

Menu: Summer 2023 Elementary Breakfast Menu

Number Source: Planned

Dates: 06-07-2023 to 07-21-2023

## Nutrient Summary

Date(s): 06-07-2023 to 07-21-2023

Nutrient	Menu Average	% of Calories	Target	Pass / Fail	Shortfall / Overage	Notes / Errors
Calories (kcal)	476.569			Fail		
Protein (g)	12.996	10.908%				
Total Fat (g)	7.719	14.577%				
Saturated Fat (g)	2.906*	5.488%	< 10%	Pass		
Trans Fat (g)	0.000*					
Carbohydrates (mg)	89.844	75.409%				
Cholesterol (mg)	18.000*					
Sodium (mg)	382.325		≤ 540	Pass		
Potassium (mg)	450.872*					
Fiber (g)	4.667					
Sugars (g)	61.667					
Iron (g)	3.258*					
Calcium (mg)	368.082*					
Vitamin A (IU)	541.199*					
Vitamin C (mg)	28.734*					
Vitamin D (mcg)	0.697*					

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

## Menu Detail

Date: 06-07-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
<b>Breakfast Entree</b>					
Cereal w/ String Cheese 1M/1G	78643	1 serving	1000	187.321	23.329
<b>Fruit</b>					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	500	120.000	23.000
<b>Total</b>			1000		
<b>Weighted Daily Average</b>				443.821	80.029
<b>% of Calories</b>					72.127%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 06-08-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
<b>Breakfast Entree</b>					
Pan Dulce, Assorted 2G	78803	1 each	1000	200.000	34.000
<b>Fruit</b>					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	500	120.000	23.000
<b>Total</b>			1000		
<b>Weighted Daily Average</b>				428.199	82.698
<b>% of Calories</b>					77.252%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 06-09-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
<b>Breakfast Entree</b>					
Breakfast Bars, Assorted 2G	78866	1 each	1000	285.000	47.500

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
<b>Fruit</b>					
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	500	120.000	23.000
<b>Total</b>			1000		
<b>Weighted Daily Average</b>				541.5	104.2
<b>% of Calories</b>					76.971%

\* Indicates missing Nutrient Information.

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### Menu Detail

Date: 06-12-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
<b>Breakfast Entree</b>					
Cereal w/ String Cheese 1M/1G	78643	1 serving	1000	187.321	23.329
<b>Fruit</b>					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	500	120.000	23.000
<b>Total</b>			1000		
<b>Weighted Daily Average</b>				443.821	80.029
<b>% of Calories</b>					72.127%

\* Indicates missing Nutrient Information.

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### Menu Detail

Date: 06-13-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
<b>Breakfast Entree</b>					
Cinnamon Roll w/ Glaze 2.25G (Bake Crafters)	1295610	1 each	1000	300.000	54.000
<b>Fruit</b>					
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	500	120.000	23.000
<b>Total</b>			1000		
<b>Weighted Daily Average</b>				528.199	102.698
<b>% of Calories</b>					77.772%

\* Indicates missing Nutrient Information.

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### Menu Detail

Date: 06-14-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
<b>Breakfast Entree</b>					
Cereal w/ String Cheese 1M/1G	78643	1 serving	1000	187.321	23.329
<b>Fruit</b>					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	500	120.000	23.000
<b>Total</b>			1000		
<b>Weighted Daily Average</b>				443.821	80.029
<b>% of Calories</b>					72.127%

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### Menu Detail

Date: 06-15-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
<b>Breakfast Entree</b>					
Pan Dulce, Assorted 2G	78803	1 each	1000	200.000	34.000
<b>Fruit</b>					
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	500	120.000	23.000
Total			1000		
Weighted Daily Average				428.199	82.698
% of Calories					77.252%

\* Indicates missing Nutrient Information.

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### Menu Detail

Date: 06-16-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
Breakfast Entree					
Breakfast Bars, Assorted 2G	78666	1 each	1000	285.000	47.500
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	500	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Total			1000		
Weighted Daily Average				541.5	104.2
% of Calories					76.971%

\* Indicates missing Nutrient Information.

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### Menu Detail

Date: 06-19-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
Breakfast Entree					
Cereal w/ String Cheese 1M/1G	78643	1 serving	1000	187.321	23.329
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	500	120.000	23.000
Total			1000		
Weighted Daily Average				443.821	80.029
% of Calories					72.127%

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### Menu Detail

Date: 06-20-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
Breakfast Entree					
Cinnamon Roll w/ Glaze 2.25G (Bake Crafters)	1295610	1 each	1000	300.000	54.000
Fruit					
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	500	120.000	23.000
Total			1000		
Weighted Daily Average				528.199	102.698
% of Calories					77.772%

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### Menu Detail

Date: 06-21-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
Breakfast Entree					
Cereal w/ String Cheese 1M/1G	78643	1 serving	1000	187.321	23.329
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Milk					

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	500	120.000	23.000
Total			1000		
Weighted Daily Average				443.821	80.029
% of Calories					72.127%

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### Menu Detail

Date: 06-22-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
Breakfast Entree					
Pan Dulce, Assorted 2G	78803	1 each	1000	200.000	34.000
Fruit					
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	500	120.000	23.000
Total			1000		
Weighted Daily Average				428.199	82.698
% of Calories					77.252%

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### Menu Detail

Date: 06-23-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
Breakfast Entree					
Breakfast Bars, Assorted 2G	78866	1 each	1000	285.000	47.500
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	500	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Total			1000		
Weighted Daily Average				541.5	104.2
% of Calories					76.971%

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### Menu Detail

Date: 06-26-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
Breakfast Entree					
Cereal w/ String Cheese 1M/1G	78643	1 serving	1000	187.321	23.329
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	500	120.000	23.000
Total			1000		
Weighted Daily Average				443.821	80.029
% of Calories					72.127%

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### Menu Detail

Date: 06-27-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
Breakfast Entree					
Cinnamon Roll w/ Glaze 2.25G (Bake Crafters)	1295610	1 each	1000	300.000	54.000
Fruit					
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	500	120.000	23.000

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
Total			1000		
Weighted Daily Average				528.199	102.698
% of Calories					77.772%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 06-28-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
Breakfast Entree					
Cereal w/ String Cheese 1M/1G	78643	1 serving	1000	187.321	23.329
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	500	120.000	23.000
Total			1000		
Weighted Daily Average				443.821	80.029
% of Calories					72.127%

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## Menu Detail

Date: 06-29-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
Breakfast Entree					
Pan Dulce, Assorted 2G	78803	1 each	1000	200.000	34.000
Fruit					
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	500	120.000	23.000
Total			1000		
Weighted Daily Average				428.199	82.698
% of Calories					77.252%

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## Menu Detail

Date: 06-30-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
Breakfast Entree					
Breakfast Bars, Assorted 2G	78866	1 each	1000	285.000	47.500
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	500	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Total			1000		
Weighted Daily Average				541.5	104.2
% of Calories					76.971%

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## Menu Detail

Date: 07-03-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
Breakfast Entree					
Cereal w/ String Cheese 1M/1G	78643	1 serving	1000	187.321	23.329
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	500	120.000	23.000
Total			1000		
Weighted Daily Average				443.821	80.029

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
% of Calories					72.127%

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## Menu Detail

Date: 07-04-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
Breakfast Entree					
Cinnamon Roll w/ Glaze 2.25G (Bake Crafters)	1295610	1 each	1000	300.000	54.000
Fruit					
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	500	120.000	23.000
Total			1000		
Weighted Daily Average				528.199	102.698
% of Calories					77.772%

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## Menu Detail

Date: 07-05-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
Breakfast Entree					
Cereal w/ String Cheese 1M/1G	78643	1 serving	1000	187.321	23.329
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	500	120.000	23.000
Total			1000		
Weighted Daily Average				443.821	80.029
% of Calories					72.127%

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## Menu Detail

Date: 07-06-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
Breakfast Entree					
Pan Dulce, Assorted 2G	78803	1 each	1000	200.000	34.000
Fruit					
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Milk					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	500	120.000	23.000
Total			1000		
Weighted Daily Average				428.199	82.698
% of Calories					77.252%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 07-07-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
Breakfast Entree					
Breakfast Bars, Assorted 2G	78866	1 each	1000	285.000	47.500
Fruit					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
Milk					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	500	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Total			1000		
Weighted Daily Average				541.5	104.2
% of Calories					76.971%

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Menu Detail

Date: 07-10-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
<b>Breakfast Entree</b>					
Cereal w/ String Cheese 1M/1G	78643	1 serving	1000	187.321	23.329
<b>Fruit</b>					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	500	120.000	23.000
<b>Total</b>			1000		
<b>Weighted Daily Average</b>				443.821	80.029
<b>% of Calories</b>					72.127%

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Menu Detail

Date: 07-11-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
<b>Breakfast Entree</b>					
Cinnamon Roll w/ Glaze 2.25G (Bake Crafters)	1295610	1 each	1000	300.000	54.000
<b>Fruit</b>					
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	500	120.000	23.000
<b>Total</b>			1000		
<b>Weighted Daily Average</b>				528.199	102.698
<b>% of Calories</b>					77.772%

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Menu Detail

Date: 07-12-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
<b>Breakfast Entree</b>					
Cereal w/ String Cheese 1M/1G	78643	1 serving	1000	187.321	23.329
<b>Fruit</b>					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	500	120.000	23.000
<b>Total</b>			1000		
<b>Weighted Daily Average</b>				443.821	80.029
<b>% of Calories</b>					72.127%

\* Indicates missing Nutrient Information.

WARNING: TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.

Menu Detail

Date: 07-13-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
<b>Breakfast Entree</b>					
Pan Dulce, Assorted 2G	78803	1 each	1000	200.000	34.000
<b>Fruit</b>					
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
<b>Milk</b>					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	500	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
<b>Total</b>			1000		
<b>Weighted Daily Average</b>				428.199	82.698
<b>% of Calories</b>					77.252%

\* Indicates missing Nutrient Information.

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Menu Detail

Date: 07-14-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
<b>Breakfast Entree</b>					
Breakfast Bars, Assorted 2G	78866	1 each	1000	285.000	47.500
<b>Fruit</b>					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
<b>Milk</b>					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	500	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
<b>Total</b>			1000		
<b>Weighted Daily Average</b>				541.5	104.2
<b>% of Calories</b>					76.971%

\* Indicates missing Nutrient Information.

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Menu Detail

Date: 07-17-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
<b>Breakfast Entree</b>					
Cereal w/ String Cheese 1M/1G	78643	1 serving	1000	187.321	23.329
<b>Fruit</b>					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	500	120.000	23.000
<b>Total</b>			1000		
<b>Weighted Daily Average</b>				443.821	80.029
<b>% of Calories</b>					72.127%

\* Indicates missing Nutrient Information.

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Menu Detail

Date: 07-18-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
<b>Breakfast Entree</b>					
Cinnamon Roll w/ Glaze 2.25G (Bake Crafters)	1295610	1 each	1000	300.000	54.000
<b>Fruit</b>					
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	500	120.000	23.000
<b>Total</b>			1000		
<b>Weighted Daily Average</b>				528.199	102.698
<b>% of Calories</b>					77.772%

\* Indicates missing Nutrient Information.

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Menu Detail

Date: 07-19-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
<b>Breakfast Entree</b>					
Cereal w/ String Cheese 1M/1G	78643	1 serving	1000	187.321	23.329
<b>Fruit</b>					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
<b>Milk</b>					
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	500	120.000	23.000
<b>Total</b>			1000		
<b>Weighted Daily Average</b>				443.821	80.029
<b>% of Calories</b>					72.127%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 07-20-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
<b>Breakfast Entree</b>					
Pan Dulce, Assorted 2G	78803	1 each	1000	200.000	34.000
<b>Fruit</b>					
Fruit Cup, Assorted	78625	0.5 cup	1000	84.199	19.998
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
<b>Milk</b>					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	500	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
<b>Total</b>			1000		
<b>Weighted Daily Average</b>				428.199	82.698
<b>% of Calories</b>					77.252%

\* Indicates missing Nutrient Information.

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## Menu Detail

Date: 07-21-2023

Recipe Name	Recipe #	Portion Size	Plan Quantity	Calories (kcal)	Carbohydrates (mg)
<b>Breakfast Entree</b>					
Breakfast Bars, Assorted 2G	78866	1 each	1000	285.000	47.500
<b>Fruit</b>					
Dried Fruit, Assorted	78632	1 each	1000	112.500	28.000
Juice, Assorted, 4 oz, Clearbrook Farms	1221539	1 each	1000	60.000	14.000
<b>Milk</b>					
Milk, Chocolate, Fat-free, Clearbrook Farms	1221537	8 fl oz	500	120.000	23.000
Milk, 1% Low Fat, Clearbrook Farms	1225774	1 each	200	120.000	16.000
<b>Total</b>			1000		
<b>Weighted Daily Average</b>				541.5	104.2
<b>% of Calories</b>					76.971%

\* Indicates missing Nutrient Information.

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